

AR
Cave City Elementary School (Cave City School District)
P.O. Box 600
Cave City AR 72521
870-283-5393

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Cave City Elementary
School LEA Number:	6802001

School Year: 2020-2021

Section II: Needs Assessment

School Health Index Assessment

Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	159188
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Reviewer Comments:

Body Mass Index (BMI)

<input checked="" type="checkbox"/> The school has conducted an analysis of the School Level Body Mass Index screening data.
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Develop a brief narrative of student BMI trends based on the analysis of the data. By comparing 2018-2019 and 2019-2020 data it has been concluded increasing physical activity, nutritional education and providing carefully planned nutritional meals our BMI reports conclude a downward trend in obesity within our students.

Other Health and Wellness Related Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following Act 1220 requirements:

- ✓ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
- ✓ The LEA will ensure that the district policy is in compliance with state and federal mandates.

Goal 1: The LEA will provide coordination and support to create a healthy nutrition environment for students.

Goal 1 Measurable Objective

A higher percentage of students will participate in the school meal programs and the teachers will complete a unit on nutrition and healthy eating habits.

Goal 1

Activity	Person Responsible	Timeline
Lunches offer vs. serve in all elementary grades pre-k through 5	Elaine Nix	2020-2021
Breakfast offer vs. serve in all elementary grades pre-k through 5	Elaine Nix	2020-2021
Grade appropriate healthy nutrition will be taught and encouraged	Debbie Asberry	2020-2021

Reviewer Comments:

Goal 2: The LEA will provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students.

Goal 2 Measurable Objective

Students in grades K-5 will be provided the state mandated 40 minutes per membership day of supervised unstructured physical activity. During inclement weather, every effort will be made to provide indoor activities that will provide physical activity. K-5 students will also be provided with 40 minutes of Physical Education per week.

Goal 2

Activity	Person Responsible	Timeline
Utilize Go Noodle and other indoor activities in the event of inclement weather	Debbie Asberry	2020-2021

Reviewer Comments:

Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.

Goal 3 Measurable Objective

Encourage staff to attend Coop training/school health conference. Professional development will be offered to staff on nutrition and activity.

Goal 3

Activity	Person Responsible	Timeline
Staff will be offered professional development through training by food service department and food venues.	Debbie Asberry Candi Herrin Elaine Nix	2020-2021

Reviewer Comments:

Goal 4: (Optional) The LEA will provide coordination to support a safe and healthy learning environment.

Goal 4 Measurable Objective

Goal 4

Activity	Person Responsible	Timeline

Reviewer Comments:

Reviewer Response:

Reviewer Comments:

AR
Cave City Middle School (Cave City School District)
P.O. Box 600
Cave City AR 72521
870-283-5392

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Cave City Middle School
School LEA Number:	6802007

School Year: 2020-2021

Section II: Needs Assessment

School Health Index Assessment

Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	159188
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Reviewer Comments:

Body Mass Index (BMI)

<input checked="" type="checkbox"/> The school has conducted an analysis of the School Level Body Mass Index screening data.
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Develop a brief narrative of student BMI trends based on the analysis of the data. By comparing 2018-2019 and 2019-2020 data it has been concluded continuing to implement physical activity, nutritional education and providing carefully planned nutritional meals our BMI reports conclude a downward trend in obesity within our students.

Other Health and Wellness Related Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following Act 1220 requirements:

- ✓ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
- ✓ The LEA will ensure that the district policy is in compliance with state and federal mandates.

Goal 1: The LEA will provide coordination and support to create a healthy nutrition environment for students.

Goal 1 Measurable Objective

A higher percentage of students in the middle school will participate in the school meal program. Middle school students will be offered nutrition and wellness classes in health and physical education classes.

Goal 1

Activity	Person Responsible	Timeline
Offer versus serve in grades 6-8 for all meals	Elaine Nix	2020-2021
Nutrition/wellness information will be announced daily.	Office personnel	2020-2021
Nutritional bulletin boards will be displayed and changed periodically.	Elaine Nix	2020-2021

Reviewer Comments:

Goal 2: The LEA will provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students.

Goal 2 Measurable Objective

Students will be offered courses in physical education and be encouraged in extracurricular sports activities.

Goal 2

Activity	Person Responsible	Timeline
Master schedule showing physical education courses	Mark Smith	2020-2021
Sports activities schedules	Coaches	2020-2021

Reviewer Comments:

Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.

Goal 3 Measurable Objective

Encourage staff to attend coop training and school health conference. Professional development will be offered on school nutrition and physical activity.

Goal 3

Activity	Person Responsible	Timeline
Staff will be offered professional development through by food service department and food venues	Candi Herrin Mark Smith Elaine Nix	2020-2021

Reviewer Comments:

Goal 4: (Optional) The LEA will provide coordination to support a safe and healthy learning environment.

Goal 4 Measurable Objective

Goal 4

Activity	Person Responsible	Timeline

Reviewer Comments:

Reviewer Response:

Reviewer Comments:

AR
Cave City High School (Cave City School District)
P.O. Box 600
Cave City AR 72521
870-283-3333

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Cave City High School
School LEA Number:	6802703

School Year: 2020-2021

Section II: Needs Assessment

School Health Index Assessment

Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	159188
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Reviewer Comments:

Body Mass Index (BMI)

The school has conducted an analysis of the School Level Body Mass Index screening data.

Develop a brief narrative of student BMI trends based on the analysis of the data. By comparing 2018-2019 and 2019-2020 data it has been concluded continuing to implement physical activity, nutritional education and providing carefully planned nutritional meals our BMI reports conclude a downward trend in obesity within our students.

Other Health and Wellness Related Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following Act 1220 requirements:

- ✓ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
 - ✓ The LEA will ensure that the district policy is in compliance with state and federal mandates.
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Goal 1: The LEA will provide coordination and support to create a healthy nutrition environment for students.

Goal 1 Measurable Objective

High school students will be offered nutritional and wellness classes in FACS and health classes. More students will participate in the school meals program.

Goal 1

Activity	Person Responsible	Timeline
Offer vs. serve in grades 9-12	Elaine Nix	2020-2021
Nutritional/Wellness information will be announced daily	Marc Walling	2020-2021
Nutritional bulletin boards will be displayed and changed seasonally.	Suzanne Parsley	2020-2021

Reviewer Comments:

Goal 2: The LEA will provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students.

Goal 2 Measurable Objective

Students will be offered courses in Physical Education and be allowed to participate in extracurricular sports

activities.

Goal 2

Activity	Person Responsible	Timeline
Master schedule showing Physical Education courses	Marc Walling	2020-2021
Sport activity schedules	Coaches	2020-2021

Reviewer Comments:

Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.

Goal 3 Measurable Objective

Encourage staff to attend Coop training and school health conference.

Professional development will be offered on nutrition and physical activities.

Goal 3

Activity	Person Responsible	Timeline
Food service Department and other venues	Marc Walling Candi Herrin Elaine Nix	2020-2021

Reviewer Comments:

Goal 4: (Optional) The LEA will provide coordination to support a safe and healthy learning environment.

Goal 4 Measurable Objective

Goal 4

Activity	Person Responsible	Timeline

Reviewer Comments:

Reviewer Response:

Reviewer Comments: