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Cave City Elementary School (Cave City School District) P.O. Box 600 Cave City AR 72521 870-283-5393

Health and Wellness School Improvement Priority

	hool Name:	T	
THE REAL PROPERTY.	hool LEA Number:	Cave City Elementary	
		1	6802001
Sc	hool Year: 2020-2021		
ion II	: Needs Assessment		
Sc	nool Health Index Assessmen	n o	
Check box if completing the SHI Assessment online			
If completing the SHI Assess Reference Number:		159188	reference number must be provided.
Rev	viewer Comments:		
Boo	ly Mass Index (BMI)		

Develop a brief narrative of student BMI trends based on the analysis of the data. By comparing 2018-2019 and 2019-2020 data it has been concluded increasing physical activity, nutritional education and providing carefully planned nutritional meals our BMI reports conclude a downward trend in obesity within our students.

	Develop a brief narrative of other b	00 lible and 11		
	Develop a brief narrative of other h	ealth and wellness data	. (Optional)	
	Reviewer Comments:			
cti	on III: Health and Wellness Goals			
lica	ate the LEA's compliance with the following Act 1220	0 requirements:		
The line	e LEA will coordinate with child nutrition personnel tess committee.	to ensure menus are revie	wed quarterly by the distri	
The	LEA will ensure that the district policy is in compli	ance with state and federa	al mandates.	
	Goal 1: The LEA will provide coordination and support to create a healthy nutrition environment for students.			
ã.	A higher percentage of students will participate in a unit on nutrition and healthy eating habits. Goal 1	n the school meal program	ns and the teachers will con	
8	Goal 1		ns and the teachers will con	
i -	Goal 1 Activity Lunches offer vs. serve in all elementary grades pre-k through 5	Person Responsible Elaine Nix	Timeline	
ê.	Goal 1 Activity Lunches offer vs. serve in all elementary grades pre-k through 5 Breakfast offer vs. serve in all elementary grades pre-k through 5	Person Responsible Elaine Nix Elaine Nix	Timeline	
d	Goal 1 Activity Lunches offer vs. serve in all elementary grades pre-k through 5 Breakfast offer vs. serve in all elementary grades	Person Responsible Elaine Nix Elaine Nix	Timeline 2020-2021	
,	Goal 1 Activity Lunches offer vs. serve in all elementary grades pre-k through 5 Breakfast offer vs. serve in all elementary grades pre-k through 5 Grade appropriate healthy nutrition will be taught	Person Responsible Elaine Nix Elaine Nix	Timeline 2020-2021 2020-2021	
	Goal 1 Activity Lunches offer vs. serve in all elementary grades pre-k through 5 Breakfast offer vs. serve in all elementary grades pre-k through 5 Grade appropriate healthy nutrition will be taught	Person Responsible Elaine Nix Elaine Nix	Timeline 2020-2021 2020-2021	

Students in grades K-5 will be provided the state mandated 40 minutes per membership day of supervised unstructured physical activity. During inclement weather, every effort will be made to provide indoor activities that will provide physical activity. K-5 students will also be provided with 40 minutes of Physical Education per week.

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Goa	. 11	Ga.
11.50 (CH) 200	ш	11

Activity	Person Responsible	Timeline
Utilize Go Noodle and other indoor activities in the event of inclement weather	Debbie Asberry	2020-2021
		

Reviewer	Comments:
ucaicmel.	Comments

Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.

Goal 3 Measurable Objective

Encourage staff to attend Coop training/school health conference. Professional development will be offered to staff on nutrition and activity.

Goal 3

Activity	Person Responsible	ENG 20
Staff will be offered professional development through training by food service department and food venues.	Dobbio A-L	Timeline 2020-2021

Reviewer Comments:

Goal 4: (Optional) The LEA will provide coordination to support a safe and healthy learning environment.

Goal 4 Measurable Objective

Activity	Person Responsible	Timeline
		1 anneanne
AND		
Wester and the complete analysis of the complete and the		

Reviewer Comments:	
Reviewer Response:	
response:	
Reviewer Comments:	

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Cave City Middle School (Cave City School District) P.O. Box 600 Cave City AR 72521 870-283-5392

Health and Wellness School Improvement Priority

School Name:	
School LEA Number:	Cave City Middle School
21 22 4 1 6 6 1 11 2 6 1 1	6802007
School Year: 2020-2021	
on II: Needs Assessment	
School Health Index Asse	essment
Check box if completing t	
If completing the SH	HI Assessment online, a reference number must be provided.
Reference	
	159188
Number:	
number:	
number:	
Reviewer Comments:	
Reviewer Comments:	
Reviewer Comments:	

By comparing 2018-2019 and 2019-2020 data it has been concluded continuing to implement physical activity, nutritional education and providing carefully planned nutritional meals our BMI reports conclude a downward trend in obesity within our students.

	Reviewer Comments:			
ction III:	Health and Wellness Goals	-		
icate the L	EA's compliance with the following Act 1220	requirements:		
iness comi	ill coordinate with child nutrition personnel to mittee. ill ensure that the district policy is in complia			
Goal envii	Goal 1: The LEA will provide coordination and support to create a healthy nutrition environment for students.			
Goal A higl	1 Measurable Objective her percentage of students in the middle sch ol students will be offered nutrition and welln	ool will participate in the s ess classes in health and p	school meal program. Mohysical education class	
Goal A higi	1 Measurable Objective ther percentage of students in the middle sch of students will be offered nutrition and welln	ool will participate in the s ess classes in health and p	school meal program. Mohysical education class	
Goal A high school	Measurable Objective ther percentage of students in the middle sch of students will be offered nutrition and welln Activity	ess classes in health and p	school meal program. Mohysical education class	
Goal Goal Offer	Measurable Objective her percentage of students in the middle sch ol students will be offered nutrition and welln	ess classes in health and p Person Responsible Elaine Nix	Timeline 2020-2021	
Goal Goal Offer	1 Measurable Objective ther percentage of students in the middle school students will be offered nutrition and wellned Activity Versus serve in grades 6-8 for all meals stion/wellness information will be announced	ess classes in health and p	physical education class	
Goal A high school Goal Offer Nutrit daily.	1 Measurable Objective ther percentage of students in the middle school students will be offered nutrition and wellned Activity Versus serve in grades 6-8 for all meals stion/wellness information will be announced	ess classes in health and p Person Responsible Elaine Nix	Timeline 2020-2021	
Goal A high school Goal Offer Nutrit daily.	1 Measurable Objective ther percentage of students in the middle school students will be offered nutrition and wellness 1 Activity Tiversus serve in grades 6-8 for all meals ition/wellness information will be announced itional bulletin boards will be displayed and	Person Responsible Elaine Nix Office personnel	Timeline 2020-2021	

Goal 2 Measurable Objective

Goal 2

Activity	Person Responsible	Timeline
Master schedule showing physical education courses	Mark Smith	2020-2021
Sports activities schedules	Coaches	2020-2021

Reviewer Comments:

Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.

Goal 3 Measurable Objective

Encourage staff to attend coop training and school health conference. Professional development will be offered on school nutrition and physical activity.

Goal 3

Activity	Person Responsible	Timeline
Staff will be offered professional development through by food service department and food venues	Candi Herrin Mark Smith Elaine Nix	2020-2021

Reviewer Comments:

Goal 4: (Optional) The LEA will provide coordination to support a safe and healthy learning environment.

Goal 4 Measurable Objective

Goal 4

Activity	Person Responsible	Timeline

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/	Reviewer Comments:	
Revi	ewer Response:	
Revi	ewer Comments:	

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Cave City High School (Cave City School District) P.O. Box 600 Cave City AR 72521 870-283-3333

Health and Wellness School Improvement Priority

		20' A S S S S S S S S S S S S S S S S S S	
-	nool Name:		Cave City High School
Sch	ool LEA Number:		6802703
Sch	ool Year: 2020-2021		
		·	
ion II:	Needs Assessment		
Sch	ool Health Index Assessi	ment	
	heck box if completing the		a
	If completing the SHI A Reference Number:	Assessment online, a r	eference number must be provided.
Revi	iewer Comments:		
Bod	y Mass Index (BMI)		

Develop a brief narrative of student BMI trends based on the analysis of the data. By comparing 2018-2019 and 2019-2020 data it has been concluded continuing to implement physical activity, nutritional education and providing carefully planned nutritional meals our BMI reports conclude a downward trend in obesity within our students.

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0	evelop a brief narrative of other he	ealth and wellness data.	(Optional)
R	eviewer Comments:		
Section III: Hea	Ith and Wellness Goals		
Indicate the LEA's	compliance with the following Act 1220) requirements:	
	ordinate with child nutrition personnel to the compliance. Soure that the district policy is in compliance.		
Goal 1: T environm	he LEA will provide coordination an ent for students.	nd support to create a he	ealthy nutrition
High school	easurable Objective of students will be offered nutritional ar will participate in the school meals progr	nd wellness classes in FACS ram.	and health classes. More
Goal 1			
	Activity	Person Responsible	Timeline
Offer vs. s	erve in grades 9-12	Elaine Nix	2020-2021
Nutritional announced	/Wellness information will be I daily	Marc Walling	2020-2021
Nutritional changed s	bulletin boards will be displayed and easonally.	Suzanne Parsley	2020-2021
Reviewer	Comments:		
Goal 2: The promotes	ne LEA will provide coordination and physical activity and provides qual	d support to create an e lity physical education fo	nvironment that

Goal 2 Measurable Objective
Students will be offered courses in Physical Education and be allowed to participate in extracurricular sports

Goal 2

Activity	Person Responsible	Timeline
Master schedule showing Physical Education courses	Marc Walling	2020-2021
Sport activity schedules	Coaches	2020-2021

Reviewer Comments:

Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.

Goal 3 Measurable Objective

Encourage staff to attend Coop training and school health conference.

Professional development will be offered on nutrition and physical activities.

Goal 3

Activity	Person Responsible	Timeline
Food service Department and other venues	Marc Walling Candi Herrin Elaine Nix	
33		

Reviewer Comments:

Goal 4: (Optional) The LEA will provide coordination to support a safe and healthy learning environment.

Goal 4 Measurable Objective

Goal 4

Activity	Person Responsible	Timeline

		1
Reviewer Comments:		
Davience Decree		
Reviewer Response:		
Reviewer Comments:		