

Wellness Committee Meeting Minutes

October 27, 2020

1:00 pm

Cave City High School Cafeteria

Cave City High School

Cave City Public School District

Called to order at 1:15pm by Marc Walling

Members Present: Elaine Nix, Diana Gore, Marc Walling and Justin Stauffer

Members Absent: Sarah Vinson, Jamie King, Ashley Beller

Old Business: None

New Business: Review Current Menus/Opaa Food Service

BMI Reports for 2019-2020 school year

Dealing with Covid 19

Discussion:

*Menu items offered

*Number of meals being served in Cafeteria and for virtual students

* Content of afternoon snacks being offered by food service

* BMI results from 2019-2020

*Changes within our school related to Covid 19

No new motions made

Meeting adjourned at 1:50pm

*Next Health and Wellness Meeting is scheduled for November 17, 2020 @1pm

Wellness Committee Meeting Minutes

November 17, 2020

1:00pm

Cave City High School Cafeteria
Cave City High School
Cave City Public School District

Called to order at 1:05pm by Marc Walling

Members present: Diana Gore, Justin Stuffer, Elaine Nix and Marc Walling

Members absent: Jamie King, Sarah Vinson, Ashley Beller

Old Business: Afternoon snacks

New Business: Review current menu/Opaa Food Service

Covid 19 halting fundraiser events/ Field trips

Dealing with Covid 19

School Health Index

Discussion:

Menu items

Afternoon snacks

Meals being served total for in school and virtual students

School Health Index for Cave City Elementary

Vending machine choices

No new motions made

Meeting adjourned at 1:39pm

*Next Health and Wellness meeting will be January 12, 2021 @ 1pm in the HS Cafeteria

Wellness Committee Meeting Minutes

March 10, 2021

Start time: 1:16pm

Ending time: 1:43 pm

Cave City High School Cafeteria
Cave City Public School District

Called to order at 1:16 pm by Marc Walling

Members present: Marc Walling, Diana Gore, LPN, Ashley Beller, Justin Stauffer

Members Absent: Jamie King, Sarah Vinson Elaine Nix

Old Business: Oppa Food Service

New Business: Menus, Wellness Policy, Nursing update of state mandated screenings

Discussion:

Menu items: New and Old

Cold and Hot Menu line choices offered

Possible AI a Cart line

Carb count on menus incorrect (OPPA)

Hearing and Vision Screens, BMI screens, 8th grade scoliosis screens

Wellness Policy reviewed

No new motions made

Meeting adjourned at 1:43

Will advise of next Health and Wellness Meeting via email for April 2021

Wellness Committee Meeting Minutes

5/12/2021

Start Time: 1300

End Time: 1341

Cave City High School Cafeteria
Cave City Public School District

Called to order at 1300 by Marc Walling

Members Present: Marc Walling, Diana Gore, Elaine Nix, Ashley Beller

Members Absent: Jamie King, Sarah Vinson, Justin Stauffer

Old business: Al a Cart line

BMI, Scoliosis

New Business: Wellness Policy

- Concession stands

- May lunch menu

- Organization of Wellness Committees within the individual campuses

- Vending Machines

- Lunch Menu items/ Student Involvement/ Taste testing

- Farm to Table (3 yr plan)

No new motions made

Meeting adjourned at 1341

Will send email to schedule next Health and Wellness meeting when school resumes Aug 2021