

Winning at Alma-Pepin...

HAVING FUN

LEARNING WHILE WE COMPETE

IMPROVING OUR SKILLS

BEING OUR BEST

SUPPORTING OUR TEAMMATES

APPRECIATING OUR OPPONENT

ACTING & PORTRAYING CLASS

DEVELOPING STAR QUALITIES

Is more than just winning!

RESPONSIBILITY*RESPECT*PASSION*COURAGE*COMMITMENT*SELF-CONFIDENCE

Alma Jr-Sr High School Co-Curricular Code

Participation on Alma School District's athletic teams and co-curricular activities is an integral part of the Alma School experience and is a privilege which should elicit great pride in both the student and his/her family. While our number one goal as a school district is to provide a sound academic foundation for all of our students, athletic and co-curricular activities provide unique opportunities for students to promote their mental, physical, social, and emotional development. By providing strong athletic and co-curricular programs, Alma School District extends the opportunity of enriching the mind and body to any student who meets district, Wisconsin Interscholastic Athletic Association (WIAA), and other applicable governing bodies' requirements. Like anything of value, it comes at a price. That price is a commitment from the participant to follow established rules. Student-athletes and co-curricular participants who comply with the Code of Conduct demonstrate a commitment to dedicate themselves to self-improvement as well as to enhance the best interests of fellow teammates, advisors/coaches, and their school. If accepted, this privilege carries certain responsibilities, and this code presents these responsibilities.

GOALS

Athletics and co-curriculars are an integral part of our educational program. It provides opportunities for learning experiences difficult to duplicate in other school activities. Alma School's athletic and co-curricular activities have the following goals:

1. To develop leadership skills and responsibility.
2. To show team spirit, encourage others and contribute to good morale.
3. To be fair and treat others as one wishes to be treated.
4. To provide activities through sports for learning self-discipline, loyalty, team play, personal pride, respect for the rights of others and the desire to compete to the best of one's ability.
5. To treat all persons respectfully regardless of individual differences; to show respect for legitimate authority (e.g., coaches, officials, captains).
6. To accept responsibility and to set a good example for teammates, peers, younger students, fans and school community.
7. To understand the necessity of abstaining from the use of alcohol, tobacco, and other substances in order to achieve the positive benefits of interscholastic athletics and achieving personal best.
8. To help student-athletes realize that participation in interscholastic athletics is a privilege with accompanying responsibilities.

ELIGIBILITY FOR ATHLETES

These Rules of Eligibility are established by the Wisconsin Interscholastic Athletic Association (WIAA) and are supplemented with Alma School District's rules. To be eligible, students must:

1. Be enrolled in the Alma School District as a full-time student.
2. Have a current physical exam form or alternate year card to participate in athletic activities as determined by a licensed physician. The physical exam form must be completed every other year, with April 1st as the earliest day of the examination. The alternate year card with parent or guardian signature is used in the second year.
3. Complete an emergency medical form each year.
4. Attend a mandatory athletic Code of Conduct meeting with a parent/guardian prior to the start of the season.
5. Have a signed Parent-Athlete WIAA Rules of Eligibility Sign-off Form.

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Responsibility to Your Community: The community and school tax monies make athletic and co-curricular activity experiences possible. For that reason, we must remember that we hold a clear and paramount responsibility to our community. You assume a leadership role when you are involved with a sport. The student body and citizens of the community know you. You are very visible with the spotlight on you. The student body, the community and other communities judge our schools by your conduct and attitude, both on and off the field. Because of this leadership role, you can contribute significantly to school spirit and community pride. Our desire is that our students are *1st Class*, not for the fact that we win, rather that we are known as a program of character, excellence, and pride whose individuals demonstrate Respect, Responsibility, Integrity and Courtesy. Make fans and spectators proud of you, your school, and community by your consistent demonstration of these ideals.

Responsibility to Others: As a team member you also bear a heavy responsibility to your home. If you never give your parents anything to be ashamed of, you will have only just begun to measure up. When you know in your heart that you have lived up to all of the training rules, that you have practiced to the best of your ability every day, and that you have participated in the activity "all out," you can keep your self-respect and your family can be justly proud of you--win or lose.

Responsibility to Younger Students: The younger students are watching you. They know who you are and what you do. The older, upper-classmen athletes and participants are role models for the underclassmen, siblings and other children in our community. Make them proud. Be an example. They will copy you in many ways. Set good examples for them.

CODE OF CONDUCT RULES, MISDEMEANORS, AND VIOLATIONS

As an athlete or co-curricular participant, it must be understood that this Code of Conduct program is not designed to be a reactive punishment but a proactive deterrent to your involvement in risky and dangerous behaviors. It is also to ensure that you have the best opportunities to succeed in your sport and to learn the valuable lessons that athletics can teach. Your mental and physical well-being is essential to your safety and success and we want you to reach your full potential. Therefore, we are asking you to become an active part of the solution, not to be part of the problem.

1. Academic Standards:

A. Attendance

To be eligible for participation in an activity (practice or event), a student must be in school all day. The only exceptions to this are:

- Medical appointments
- College visits
- Driver's Test
- Family emergencies approved by the principal
- Extenuating circumstances approved by the principal

These exceptions should be communicated to the principal or assistant principal prior to the student's absence when possible. A student-athlete or co-curricular participant who is suspended or expelled from school shall be barred from practices and participation in all competitions and appearances during that period of time.

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3. Beginning of School Year

At the beginning of any school year, the maximum ineligibility period shall be the lesser of:

- a. 21 consecutive calendar days beginning with the date of the earliest allowed competition in a sport.
- b. One third of the maximum number of games/meets allowed in a sport (rounded up if one-third results in a fraction).

C. Incomplete Grades

Any high school student with an "Incomplete" grade will have one week after the end of each grading period or mid-term to resolve the incomplete. **After one week, the "Incomplete" will be treated as an F in regards to eligibility described in this code.**

2. Property:

Students are responsible for any school property that is issued to them. Misuse of the property can result the paying for the replacement cost of the damaged equipment and/or possible suspension from the activity the student is participating in.

3. Prohibition on the Use, Distribution, and/or Association* with Illegal Drugs**, Alcohol and Tobacco

Students involved in co-curricular activities at Alma Jr-Sr High School shall not at any time (12-month, year-around) use, have in their possession, distribute, or be in association with the illegal use of drugs or drug paraphernalia. (Drugs are defined as tobacco, alcohol, illegal drugs, marijuana, synthetic drugs, e-cigarettes (or similar devices), performance enhancing drugs, or medications without a prescription or use not in accordance to prescription directions.)

* For the purposes of this code, "Association" with drugs**, narcotics, alcohol and tobacco or other illegal activities is defined as follows:

Students are not allowed to attend gatherings where they are in the presence of and/or associating with the illegal use and/or possession of illegal substances (alcohol, tobacco or drugs) or where other illegal activities are taking place by others. (Association means being in direct contact with an illegal act, i.e., being at a party where illegal consumption of alcohol, tobacco or other drugs is occurring. It also includes standing in a group of people who are illegally consuming alcohol, tobacco or drugs.

Students who find themselves at a party or in the presence of illegal activities as outlined above and do not leave or make every effort to leave the premises or party will receive a code violation as stated above.

Exceptions to this definition are: family/relative or special gatherings, e.g., weddings, graduation parties, family reunions. If there is any doubt, please contact the school. These exceptions do not, however, allow the use of alcohol or drugs by any student under this code.

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- B. **Second Offense**--The second offense will result in a full season suspension of activities the student is involved in following the offense. The student can have the suspension reduced to 50 percent of a season if the student agrees to and completes an AODA evaluation (and all follow up requirements from the evaluation) from an outside agency. Families will be responsible for the expense of the evaluation.
- C. **Third Offense**--Third and successive violations of any kind will result in twelve-month suspensions from the date of the violation. An AODA evaluation (and all follow up requirements from the evaluation) from an outside agency will be required in order to regain eligibility following the suspension period. Families will be responsible for the expense of the evaluation.
- D. If a student is suspended from competition at the start of a WIAA tournament series, he/she is suspended from all play for the entire tournament.
- E. If a student fails to complete the season in an activity, the penalty shall remain in full effect for the next season of participation.
- F. If an athlete chooses to serve a suspension in a new sport, the athlete must fully participate in that sport season beginning from the first day of practice through the end of the season. Failure to comply with this requirement will NOT satisfy the athlete's suspension.
- G. A student-athlete who has a code of conduct violation will not be eligible for either a nomination or be the recipient of any conference award at the conclusion of the season in which the violation was served. The athlete will also not be eligible for any team or coach's award such as Most Valuable Player, Most Improved, etc. An athlete may receive a team award based on a statistical award such as Most Rebounds or best batting average, etc. The athlete will be allowed to receive any WIAA Tournament series award.
- H. Any student-athlete who has a code of conduct violation will not be allowed to serve as team captain for any team for one calendar year (365 days) beginning on the date the violation was substantiated by the Athletic Director.

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B. Second Violation

The student shall lose eligibility for all of the public performances in any given school year or a minimum of 1 performance in all current activities in which the student is a participant. With voluntary SAP participation, the suspension will be reduced from all public performances to $\frac{1}{2}$ the public performances or a minimum of 1 public performance in each activity.

C. Third Violation

The student shall be declared ineligible for one year from the date of verification.

8. Code Violations for Elected Student Representatives:

This includes Student Council Members and Class Representatives.

The elected student representatives shall forfeit his/her privilege to represent the student population for the remaining portion of the current school year. The student would be eligible to be re-elected by his/her peers to serve as an elected representative for the following school year.

**This Co-Curricular Code is School Board Policy and was approved on
July 31, 2014**

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Remove this form and turn it in to the high school office.

Agreement Form

We have reviewed the Alma High School Co-Curricular Code, and my child and I agree to abide by the regulations put forth in it.

Student Signature

Date

Parent/Guardian Signature

Date

Parent/Guardian Signature

Date

(No athlete will be allowed to begin practices without completed signatures on this form.)

ATHLETIC EMERGENCY NOTIFICATION INFORMATION

2019-2020 School Year

STUDENT NAME _____ AGE _____ GRADE _____

ADDRESS _____

PARENT/GUARDIAN (1) _____

PARENT/GUARDIAN (2) _____

MOM PHONE (Home) _____ (Work) _____

(Cell) _____

DAD PHONE (Home) _____ (Work) _____

(Cell) _____

FAMILY PHYSICIAN OR CLINIC _____

PHONE _____

SPECIAL MEDICATIONS/ALLERGIES _____

SPORT/ACTIVITY (list all) _____

Recognizing that participation in an athletic activity may require emergency medical treatment, and school personnel may be unable to reach me, I do hereby consent in advance to such emergency care, including hospitalization, as may be needed under the circumstances.

PARENT/GUARDIAN SIGNATURE _____ DATE _____

***Place copy for each student in coach/advisor binder