

## VIRTUAL Race Number 3: TEAM Triathlon

Race Details: Racers will need to complete a bike ride, a run and paddle from the Custer Road Bridge to the Finish Banner at the Scottville Riverside Park. Participants will have from August 14<sup>th</sup> to September 7<sup>th</sup> to complete the course. There will be no support from the MCC Educational Foundation for this event.

Each participant is responsible for timing their individual events for the Triathlon. The participants do NOT have to complete the stages on the same day.

One member of the team starts with completing a 12 mile bike ride on a course of their choice. Once the bike part is completed, the next team member will finish a 4 mile run on a course of their choice.

For the Final Leg of the Triathlon the third member MUST paddle on the Pere Marquette River in Mason County from the Custer Bridge to the Scottville FINISH LINE BANNER at the Scottville Riverside Park.

Race Details: Each team member must be 16 years of age or older.

Entry fee: \$25.00 per participant and you can register at <https://runsignup.com/Race/MI/Scottville/SpartanRiverRaces>

The registration will close September 7<sup>th</sup>, 2020.

Vessels may be a single canoe, or single kayak.  
NOTE: Kayaks will be limited to 14 feet!!!

Each participant will receive an event shirt and a finisher medal.

Racers are responsible for their own PFD, paddle, and vessel.

Canoes must be propelled with a single blade paddle; Kayaks with a double bladed paddle, bent shafts are permitted.

Participants MUST wear a USCG approved PFD's at the start of the race. NO Cushions to be used as PFD's

Absolutely NO ALCOHOL BEVERAGES during the race.