The background features abstract, overlapping green geometric shapes in various shades of green, creating a modern and dynamic look. The shapes are primarily triangular and polygonal, with some transparency effects.

NEW JUNIOR HIGH STUDENT/PARENT INFORMATION

Junior High - Very Significant Two Years

- ▶ Foundational period of life
 - ▶ Student centered philosophy - all students want to succeed
 - ▶ Significant brain development
 - ▶ Social and emotional growth - high learning curve
- ▶ Transitional Passage of Adolescence
 - ▶ Preparation for High School Academics and Challenges
 - ▶ Life Skills/Building Grit/Self-Advocacy
- ▶ Develop wide range of skill sets to manage life in a way that is successful for them and productive for our large society

Skills and Traits - Part of a Successful Educational Experience

Life Skills

- Executive functioning skills
- Critical thinking/analytical skills
- Logical Decision-Making
- Responsible use of the internet
- Effective communication & negotiation
- Forming positive relationships
- Self-Discipline & emotional regulation

Grit Scale

- Setting goals & focusing on the “Bigger Picture”
- Motivation & Personalization
- Work ethic
- **Resilience** - Successfully managing failure and overcoming adversity

Self-Advocacy

- Go.edustar/Grade Book
- **Communicating with teachers**
- Coming into office regarding absences
- Seeking help when needed
- See Something, Say Something

Social & Emotional Development



Physical

Emotional

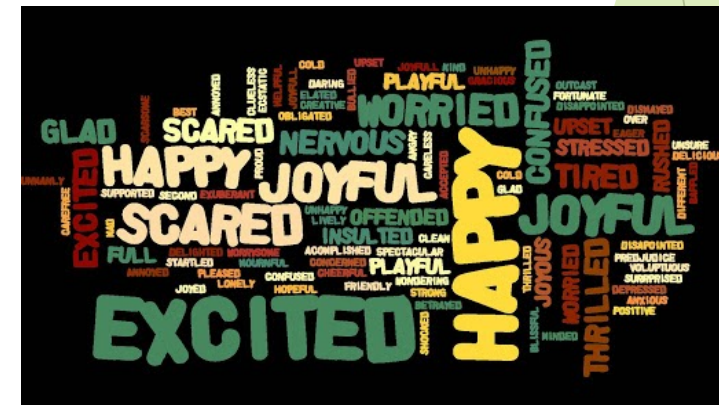
Social

Mental

FRIENDSHIPS

Healthy	Unhealthy
✓ Supportive	✗ Blindly supportive
✓ Stands behind you	✗ Fights your battles for you
✓ Encourages you to grow	✗ Criticizes or judges
✓ Pushes you outside of your comfort zone	✗ Pressures you to do something you don't want to do
✓ Transparent and Honest	✗ Manipulative and Deceitful

PoorEXcuses.com



JUNIOR HIGH ACADEMIC EXPECTATIONS

- Complete homework on time
- Prepare for tests
- Make an Effort – Don't give up when Assignments are Difficult
- Get Help When You Need It – See Your Teachers during Seminar or Before/After School
- Attend After-School if needed
- Arrive to School and Class on Time
- Take Responsibility for your Actions
- Always Show Respect towards Peers and Staff

COURSE REQUIREMENTS

In order to promote to high school 7th and 8th graders must pass their core courses.

These consist of the following courses:

- **English**
- **History**
- **Math**
- **Science**

Class Schedules

- 8 periods each day - 46 minutes per class
- 4 minute passing period
- Success - first 20 minutes of the day
- 1st - 4th period: Core classes in the mornings
(Math/English/Science/History)
- 5th period is JH Choir or Elective Class
- 6th period is JH Band or Elective Class
- 7th period - 7th Grade Wheel
 - ❖ 1 semester of FACS (Family & Consumer Science)
 - ❖ 9 weeks of Woodworking
 - ❖ 9 weeks of Art
- 8th period - PE/Bear Cub Power

Bell Schedule

Daily 8 period Schedule

Period	Time
Success	8:00 - 8:20 am
1 st	8:24 - 9:10 am
2 nd	9:14 - 10:00 am
3 rd	10:04 - 10:50 am
4 th	10:54 - 11:40 am
5 th	11:44 - 12:55 pm
6 th	12:59 - 1:45 pm
7 th	1:49 - 2:35 pm
8 th	2:39 - 3:25 pm
Lunch	
JH	12:05 - 12:30 pm

Block Schedule - Covid

Time	Odd Schedule	Even Schedule
8:00 - 8:20	Success	Success
8:24 - 9:10	First	First
9:13 - 9:59	Second	Second
10:03 - 10:50	Third	Third
10:53 - 11:38	Fourth	Fourth
11:42 - 1:46	Fifth	Sixth
1:50 - 3:25	Seventh	Eighth
2 nd Breakfast (if want)	Lunch	
9:08 - 9:15 am	11:38 - 12:07 pm	

ATTENDANCE POLICY

Regular school attendance is vital to each student's success in school. Students considered unexcused for three consecutive days, five in a given semester, or seven for the school year will be reported to the County Attorney as truant. Students who are absent due to medical reasons will need to provide the office documentation explaining illness and days excused.

ELIGIBILITY POLICY

- A student receiving an “F” in any class is ineligible for all activities the following week. “All activities include any athletic event, musical or theatrical performance, or academic contest.
- An eligibility report will be run at noon each Friday to determine eligibility for the following week. The ineligibility starts Monday of the next week and continues until Sunday night.
- The first eligibility report will be ran the 3rd week after school begins in August and beginning of the 3rd nine weeks. (This allows time for a reasonable number of grades to accumulate so that a student is not unfairly penalized for a single poor grade.)
- An ineligible student can practice with the team, but may not travel to competition with the team or be on the bench, sideline, dugout, etc. (They may travel separately and watch with other spectators)
- If a missed activity is part of an assignment to be graded for a class, the teacher will assign an alternate assignment.
- Any student on the ineligibility list for 3 consecutive weeks will be required to attend after school tutoring from 3:30 - 4:30 until they are off the list.

Junior High School Activities & Sports

ACTIVITIES

A Few Good Men (guys)

*Band

*Choir

7th Ensemble - practices Thur. @ 7 am

8th Ensemble - practices Mon. @ 7 am

DFYIT - Drug Free Youth in Town

Jazz Band

7th Grade - practices Fri. @ 7 am

8th Grade - practices Wed. @ 7 am

J-Teens (girls)

Scholar's Bowl - practices Tues. @ 7 am

Stuco

ATHLETICS

Cross Country - Fall

Football - Fall

Volleyball - Fall

Basketball - Winter

Tennis - Spring

Track - Spring

Parent Communication:

- Friday Focus - every Friday a newsletter is sent through email weekly.
- School Web Page - www.usd376.com
- Go.edustar - look at students grades and attendance
- Success Teacher
- Subject Teacher e-mail

Counselor's Corner Website

If you ever have questions about graduation requirements, JH/HS course descriptions, scholarships, Financial Aid, testing, etc., please go to this website. We have tried to put useful information on it that can help students prepare for their future.

[Counselor's Corner Website](#)