

COVID-19 Protocol

Symptoms include: fever ($\geq 100.4^{\circ}\text{F}$) or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.

According to IDPH guidance as of 8/13/20:

- Students with suspected COVID-19 case (see 2 step process below) must be isolated and sent home
- Siblings/household members must be sent home and quarantined for 14 days until an alternative diagnosis is made or negative test result received

Students/staff sent home with COVID-like symptoms:

- Should be diagnostically tested
- May be seen by their healthcare provider and return to school with a negative test or alternative diagnosis
- Confirmed or probable cases must complete 10 days of isolation from the date of first symptom **and** be fever-free for 24 hours without the use of fever-reducing medications **and** other symptoms have improved
- A doctor's note documenting the alternative diagnosis **or** a negative COVID-19 test result **must** accompany them upon return to school
- Those who **do not** get tested or provide a doctor's note documenting an alternative diagnosis **must** complete 10 calendar days of isolation from the date of the first symptom **and** be fever-free for 24 hours without the use of fever-reducing medications **and** other symptoms have improved

Step 1:

Check for the following symptoms which indicate possible COVID-19 illness that puts persons at risk for spreading the illness to others:

- Temperature of 100.4 degrees Fahrenheit or higher
- Sore throat
- **New** uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, the baseline is a change in their cough)
- Diarrhea, vomiting, or abdominal pain
- New onset of severe headache, especially with a fever

Step 2:

If the individual has potential exposure to COVID-19, a quarantine should be implemented. Potential exposure by a person is defined as:

- Had close contact with a person with confirmed COVID-19
- Traveled to or lived in an area where the local, tribal, territorial, or state health department is reporting large numbers of COVID-19 cases.
- Live in areas of high community transmission while the school remains open.

Symptoms, but No Potential Exposure. If the individual has any symptoms listed in Step 1, but has not had potential exposure as outlined in Step 2, the individual should be excused from school in accordance with existing school illness management policy (e.g., until symptom-free for 24 hours without fever reducing medications).

Symptoms, Potential Exposure, and Negative Test. If the individual has any symptoms listed in Step 1 and has had potential exposure as outlined in Step 2, the individual should be referred for evaluation by their healthcare provider and possible testing. Individuals who have received a negative test result should be allowed to return to school once their symptoms have otherwise improved in accordance with existing school illness management policies.

Symptoms, Potential Exposure, and No Negative Test. Individuals who have any of the symptoms listed in Step 1 and have had potential exposure as outlined in step 2 without negative test results should stay home, isolate themselves from others, monitor their health, and follow directions from their state or local health department. In absence of a negative test, these individuals should isolate as if they have tested positive.

COVID-19 Quarantine Protocols

Positive test, symptomatic:

- Isolate at home for 10 days from the date symptoms began, **AND**
- Fever-free without fever-reducing medication for 24 hours, **AND**
- Other symptoms have improved for 24 hours
- A release letter from the TCHD is required prior to return

Positive test, asymptomatic:

- Isolate at home for 10 days from the day the test was taken. If the individual does not develop symptoms, he/she may return 10 days after the positive test was taken
- If the individual develops symptoms, then isolation time starts on day 1 of symptoms
- Isolate at home for 10 days from the date symptoms began, **AND**
- Fever-free without fever-reducing medication for 24 hours, **AND**
- Other symptoms have improved for 24 hours
- A release letter from the TCHD is required prior to return

Negative test, but symptomatic:

- Isolate at home until respiratory symptoms have improved, **AND**
- Fever-free without fever-reducing medication for 24 hours

Untested, but symptomatic:

- Isolate at home for 10 days from the first day symptoms appeared, **AND**
- Fever-free without fever-reducing medication for 24 hours, **AND**
- Other symptoms have improved for 24 hours

Symptomatic, untested, with a confirmed alternate medical diagnosis (strep, influenza, other non-COVID illness, as determined by a physician):

- May return to school when fever-free without fever-reducing medication for 24 hours, **AND**
- Healthcare provider must submit a letter stating the student or staff member has an alternate diagnosis and the provider believes it is appropriate for him/her to return to school

Having close contact to someone with a confirmed positive COVID-19 case:

(Close contact means being within 6 feet for more than 15 minutes of someone who tested positive, regardless of whether a face covering was worn)

- Quarantine for 14 days before return to school. Must remain symptom-free. If an individual develops symptoms during the quarantine:
 - Isolate at home for 10 days from the first day symptoms appeared, **AND**
 - Fever-free without fever-reducing medication for 24 hours, **AND**
 - Other symptoms have improved for 24 hours
- Those who are identified as a close contact should consult their healthcare provider for further guidance
- A release letter from the TCHD is required prior to return to school