

Pirates Food Service Newsletter 2020-2021



Dear Parents/Guardians:

The Fall River School District Food Service Staff is looking forward to serving your children good quality meals that meet federal and state requirements, and that will help support their achievements in school.

This year we have implemented a variety of changes that have been put into place to ensure the safety of every child and staff in the school. Some changes may be difficult, but I am sure we will be able to survive and thrive when all is said and done.

As we start the new school year you may notice the choices will be limited. However, we will do our best to add choices as the weeks go on.

I am available for questions or concerns. As always, the food service staff looks forward to seeing the students on the first day of school.

Holly Vermillion
Food Service Director
920-484-3333 x 272
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You might ask, how healthy is school lunch? The answer to this is ...very healthy!

- In 2010 the "Healthy Hunger Free Kids Act" was released that applies to the National School Breakfast Program-NSBP and the National School Lunch Program-NSLP
- All meals (breakfast and lunch) are based on a meal pattern. Each meal depending on age group must contain a certain number of calories, fat, sodium, fruit, vegetable (dark green, red/orange, beans/pea/legumes, starchy, and other categories, grains, meat/meat alternates (alternates include items such as cheese and yogurts), and fluid milk.
- All juice served is 100% fruit juice with no added sugar.
- All plain milk served is 1% and flavored milk is fat free.
- All grain products are whole grain rich which means all grains offered need to contain 51% or more whole grain product.
- All items are oven baked, we do not fry anything.

What is a Student Meal?

Due to Covid Guidelines:

OVS (offer vs serve) may not be an option at the start of this school year for students. If that is the case, all students will receive a complete meal of everything that is on the menu for that day.

* Breakfast - A variety of bread/grain, fruit/vegetable and milk components.

* Lunch - Lunch includes a meat/meat alternative, bread/grain, fruit, vegetable and milk.

	Breakfast	Lunch
Reduced	\$.30	\$.40
Elem.	\$1.70	\$2.70
Ms/Hs	\$1.95	\$2.95

Free & Reduced

- Apply online at Campus Parent, click on More, then Meal Benefits
- Visit the Fall River School District website, click on Parents and Community, then Free and Reduced Information. Email completed application to astier@fallriver.k12.wi.us.

**If your student automatically qualifies for free and reduced meals through Direct Certification, an application is not needed.

Contact Andrea Stier at
astier@fallriver.k12.wi.us or
920-484-3333 x222
for more information.

✓ **LUNCH ROOM CHANGES**

PARENTS PLEASE GO OVER THIS WITH YOUR STUDENTS

How Do I Pay for School Meals?

- Online at Campus Parent, click on Food Service (service fee will apply)
- Send cash or check with your student and place it in the deposit box outside of the District Office. Envelopes provided.
- Send check to Fall River School District, Attn: Andrea Stier, 150 Bradley St, Fall River, WI 53932

Parents/Guardians/Students may access lunch menus at:
<https://www.fallriver.k12.wi.us/o/fall-river/dining>



It was decided by a team focused on the safety of the students and staff that for now the microwaves will be off limits.

A la carte will be available, however it will look a little different. The staff will be serving the items, and there will be fewer choices to start the year.

Some things to keep in mind...

If you decide to pack a lunch for your child make sure it is ready to eat and contains easy to open items as this will limit the interaction between students and staff.

Also, if your child will be drinking water with their lunch, we recommend that they bring a filled water bottle with them to the cafeteria. Social distancing practices will make it much more difficult to fill water bottles once they are there.