

## **Marion School District Virtual Menu**

Eat fruit and vegetables daily!



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Breakfast Brekkie, Fruit/Juice, 1% Milk

Lunch Crispy Chicken Tenders, Roll, Fruit, Vegetable, 1% Milk

Breakfast Muffin, Fruit, 1% Milk

Lunch BBQ Rib Sandwich, Baked Beans, Fruit, 1% Milk

**WEDNESDAY**<sup>™</sup>

Breakfast Choice of Cereal, Graham Crackers,

Fruit, 1% Milk

Lunch Turkey Deli Sandwich, Chips, Vegetable, Fruit, 1% Milk



Entree Salads served a WG Roll or Crackers. Milk choice of 1% white or chocolate is included with a meal. For more information or questions contact Cathy Renner, Food Service Director at crenner@msd3.org

Menus are subject to change without notice. This institution is an equal opportunity provider.





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Labor Day, NO School

## *10*

Breakfast Yogurt, Graham Crackers,

Fruit, 1% Milk

Lunch Turkey & Gravy, over Mashed

Potatoes, Fruit, Whole Grain Dinner

Roll. 1% Milk

Breakfast Choice of Cereal, Graham Crackers,

Fruit, 1% Milk

Lunch Crispy Chicken Nuggets, Breadstick,

Vegetable, Fruit, 1% Milk

**WEDNESDAY**<sup>6</sup>

Breakfast Muffin, Fruit, 1% Milk

Lunch Corn Dog, Baked Beans, Fruit, 1% Milk



Entree Salads served a WG Roll or Crackers. Milk choice of 1% white or chocolate is included with a meal. For more information or questions contact Cathy Renner, Food Service Director at crenner@msd3.org

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