



# Shelbyville High & Moulton Middle School

September 2020

31

### Maple Pancakes

- A: Popcorn Chicken Bowl
- B: Corn Dog
- C: Chicken Nachos Salad

1

### Strawberry Banana Yogurt w/ Graham Bites

- A: Pulled Pork Sandwich
- B: Chicken Patty
- C: Romaine & Cheese Salad

2

### Lumberjack

- A: Salisbury Steak w/ Roll
- B: Cheeseburger
- C: Ham & Cheese Protein Pack

3

### Apple Cinnamon Muffin

- A: Pizza Bosco
- B: Chicken Nugget
- C: Chicken & Cheese Salad

4

### Fudge Pop-Tart

- A: Sausage Pizza
- B: Steak Tenders
- C: Popcorn Chicken Salad

7

### Breakfast Pizza

- A: Beef Nachos
- B: Hot Dog
- C: Egg Chef Salad

8

### Blueberry Muffin w/ String Cheese

- A: Spaghetti
- B: BBQ Rib
- C: Cheddar & Mozzarella Salad

9

### Cinnamon Roll

- A: Hamburger Horseshoe
- B: Popcorn Chicken
- C: Buffalo Chicken Salad

10

### Cherry Frudel

- A: Pancake w/ Sausage
- B: Chicken Patty
- C: Apple, Yogurt & Cheese tray

11

### Breakfast Bosco

- A: Cheeseburger Pizza
- B: Steak Tenders
- C: Chef Salad

14

### Maple Waffles

- A: Chicken Tacos
- B: Corn Dog
- C: Chicken & Cheese Salad

15

### Chocolate Banana Benefit Bar

- A: Loaded Taters
- B: Chicken Tenders
- C: Ham Cobb Salad

16

### Cinnamon Poptart

- A: Country Fried Steak
- B: Grilled Cheese
- C: Egg Salad

17

### Strawberry Pancake

- A: French Toast Sticks w/ Omelet
- B: Cheeseburger
- C: Taco Salad

18

### Lumberjack

- A: BBQ Chicken Pizza
- B: Meatball sub
- C: Ham Chef Salad

21

### Apple Frudel

- A: Cheesy Chicken Rice Bowl
- B: Chicken Patty
- C: Ham Pizza Salad

22

### Sausage & Egg Slider

- A: Chicken & Noodles
- B: Mini Corn Dogs
- C: Buffalo Ranch Salad

23

### Chocolate Muffin w/ String Cheese

- A: Meatloaf
- B: Popcorn Nugget
- C: Turkey & Cheese Salad

24

### Confetti Pancakes

- A: Bosco Stick
- B: Cheeseburger
- C: Egg Caesar Salad

25

### Cinnamon Crunch Bagel

- A: 3 Cheese Pizza
- B: Popcorn Chicken
- C: Diced Chicken Salad

28

### Grape Croissants

- A: Beef Tacos
- B: Cheese Hot Dog
- C: Turkey Chef Salad

29

### Cinnamon & Sugar Donut

- A: Macaroni & Cheese
- B: BBQ Cheeseburger
- C: Cobb Salad

30

### Egg & Cheese Sandwich

- A: Sloppy Joe
- B: Mozzarella Sticks
- C: Breaded Chicken Caesar Salad

31

### Banana Muffin w/ String Cheese

- A: Glazed Donut w/ Eggs
- B: Chicken Tenders
- C: Chicken Nachos Salad

32

### Blueberry Waffles

- A: Pepperoni Pizza
- B: Grilled Cheese
- C: Ham Chef Salad

## Breakfast-Offered Daily

Fruit & 100% Juice  
Cereal Options

Menu subject to change

## Lunch-Offered Daily

Chicken Patty, Cheese or Pepperoni Pizza