



# Allendale County Schools Athletics



## Allendale County Schools Return to High School Sponsored Sports

Following guidelines of the South Carolina High School League (SCHSL), Allendale County Schools will be implementing a 3-phase plan to return to High School Sponsored Sports. These guidelines are intended to minimize the risks of COVID-19 in transition to team activities. There are risks of contracting COVID-19, other illnesses, or injuries when participating in organized sports. Considering all guidelines set by the CDC and the SCHSL, Allendale County Schools has created a plan to align with Phase 1 for the return of high school sponsored sports. This plan will allow for in-person training and small group workouts while maintaining a safe environment. The plan also intends to reduce the risk of transmitting COVID-19 during team training. Following these guidelines does not guarantee that transmission of the virus will not occur. Please be advised that it is the expectation that students, coaches, or staff who have a pre-existing medical condition that places them at a higher risk of infection or injury or those who do not want to risk contracting COVID-19 should refrain from participating in high school sponsored sports activities.

Beginning July 20, 2020, Allendale-Fairfax High School and Middle School teams will follow the guidelines below during Phase 1. It is important to note that summer conditioning is not required and will not affect placement on a sports team.

- Summer Conditioning begins July 20, 2020.
- Current physical and COVID-19 Assumption of Risk forms are required for participation.
- All athletes and coaches will be temperature screened prior to entering the facility/practice area.
- Screening will begin 30 minutes prior to the scheduled practice time.
- Athletes arriving late will not be permitted to enter practice.
- Locker rooms/changing rooms will not be available. Arrive in your workout clothes.
- All coaches must wear masks at all times.
- All athletes must wear masks while on campus, except when involved in the physical activity.
- All athletes should bring their own water bottle.
- All equipment will be sanitized in between use.
- Workouts will be in small groups assigned by the coaches or Athletic Director.
- Water will be provided in large coolers with disposable cups. Athletic staff will sanitize, wear gloves, and dispense water into cups for athletes.
- Restrooms will be available but at half capacity.
- Attendance will be taken and stored daily.