

## 2018 - 2019 Curriculum Map: PE

Unit(s)	Standards	Timeframe	Assessments	Big Ideas	Core Texts
Volleyball	<b>MC.1.PEL.1-8</b>	3 Weeks	Volleyball skills test Volleyball rules knowledge Google Classroom	Students shall demonstrate the ability to participate in a variety of activities that promote fitness.	<ul style="list-style-type: none"> <li>PE Central/Google classroom</li> </ul>
Kickball Activities (throwing, catching, dribbling, striking, volleying/kicking)	<b>LAR.3.PEL.1-6</b> <b>PSB.4.PEL.1-5</b>	3 weeks	Skills test Teacher observation	Students will engage in a variety of activities that promote improvement in each skill-related component of fitness: <ul style="list-style-type: none"> <li>Agility</li> <li>Balance</li> <li>Coordination</li> <li>Power</li> <li>Reaction time</li> <li>speed</li> </ul>	<ul style="list-style-type: none"> <li>PE Central/Google classroom</li> </ul>
Dodging activities	<b>LAR.3.PEL.1-6</b> <b>MC.1.PEL.1-8</b>	3 weeks	Skills test Teacher observation	Students will examine the benefits of lifetime participation in traditional, adventure, or leisure activities.	<ul style="list-style-type: none"> <li>PE Central/Google classroom</li> </ul>
Ultimate games	<b>LAR.3.PEL.1-6</b> <b>PSB.4.PEL.1-5</b> <b>MC.1.PEL.1-8</b>	3 weeks	Skills test Teacher observation	Students will demonstrate the ability to act responsibly and independently in physical activity settings.	<ul style="list-style-type: none"> <li>PE Central/Google classroom</li> </ul>
Individual Sports	<b>LAR.3.PEL.1-6</b> <b>MC.1.PEL.1-8</b>	3 weeks	Skills Test Rules assessment Teacher observation	Students examine a variety of fitness and adventure activities to perform complex skills.	<ul style="list-style-type: none"> <li>PE Central/Google classroom</li> </ul>
Target games	<b>LAR.3.PEL.1-6</b> <b>PSB.4.PEL.1-5</b> <b>MC.1.PEL.1-8</b>	3 weeks	Rules assessment Skills Test Teacher observation	Students will discuss and model positive social behaviors associated with physical activity.	<ul style="list-style-type: none"> <li>PE Central/Google classroom</li> </ul>
Exercise Stations	<b>LAR.3.PEL.1-6</b> <b>PSB.4.PEL.1-5</b> <b>MC.1.PEL.1-8</b> <b>HRF.2.PEL.1-4</b>	Daily	Teacher observation Presidential fitness testing	Students will participate in a nationally recognized fitness assessment.	<ul style="list-style-type: none"> <li>PE Central/Google classroom</li> </ul>