



# ELMWOOD-MURDOCK *PUBLIC SCHOOLS*

The Knightly News  
August 14, 2020

## **BACK IN SESSION!**

It has been great to see everyone and get back into the routine of school. Although school does not look exactly as it has in the past, it is still teachers, students, and learning.



Kindergarten PE Class

## **Mrs. Oehlerking's Class**





## **KNIGHT PRIDE EXPECTATIONS**

Students are working really hard on our Knight Expectations. Knight Expectations are ways teachers and staff are teaching students what behaviors are expected where and when. The students and staff are practicing these behaviors and relearning them when needed.

These Knight Expectations are part of our Positive Behavior Interventions and Supports in place for students. As students show these Knight Expectations, teachers are "Catching them being good". If a student is "caught" being good, then teachers are working to really praise the student and show them how important it is to make good choices.

Here are the **Knight Pride Activity Expectations**:

### **BE SAFE**

- Keep hands, feet and all other objects to yourself.
- Wait your turn.
- Walk at all times.

### **BE RESPECTFUL**

- Be polite.
- Have "Knight Pride".
- Use appropriate school language (verbal and non-verbal)

### **BE RESPONSIBLE**

- Follow dress code.
- Leave area as you found it or better.
- Report all unsafe behavior and vandalism.
- Sit in designated area.

As always, it's a GREAT day to be a Knight! Mrs. Nicholson ☺

## **DATES TO REMEMBER**

August 26 - Elementary School Pictures

September 7 - No School Labor Day



## **TECHNOLOGY**

To help communicate more efficiently with parents and students, the school district purchased three computer sites, Classlink, Seesaw and Schoology. Classlink will hold all of a student's apps in one place so there is only one sign in for a student. This should eliminate the need for multiple logins and passwords. Seesaw is an app for grades Pre-k through third, where Schoology is for grades 4<sup>th</sup> through 6<sup>th</sup>. Parents please watch for notes in your child's Friday folder with information regarding setting up these apps or learning sites. Once you get an account for your student the teacher of that student will be able to communicate with the parent via a messaging system and both the parents and students should be able to view lessons and assignments.

## **FOOD ALLERGIES**

We have students identified in our school with peanut, tree nut, and milk allergies. We have also identified some areas in our lunchroom that are peanut and tree nut free. We also have eliminated peanuts and tree nuts from our school menu.

A food allergy is an immune system response to a food that the body mistakenly believes is harmful.

Although an individual could be allergic to any food such as fruits, vegetables, and meats, there are eight foods that account for 90% of all food allergic reactions. These are milk, egg, peanut, tree nut, fish, shellfish, soy, and wheat.

A small amount of the offending substance triggers the reactions, which commonly occur in the respiratory tract, digestive system or skin in the form of a rash.

A more severe reaction to the allergen that is life threatening is an anaphylactic reaction. Anaphylaxis is a sudden severe, potentially fatal, systemic allergic reaction that can involve various areas of the body such as the respiratory tract, gastrointestinal tract, and cardiovascular system.

Often students with peanut or tree nut allergies can go into anaphylactic shock from ingesting any form of peanut or tree nut product.

Some students have such a severe reaction that just breathing in peanut or tree nut dust can cause a reaction.

Due to these concerns and the potential of other food borne diseases or allergens, we are directing parents not to send homemade treats to school. All snacks and treats must be unopened store bought items. If fresh fruit or



vegetables are brought as a snack, please do not prepare or cut at home. We also encourage parents not to bring peanuts or tree nuts as snacks. These restrictions include treats and foods for birthdays and other parties.

Bakeries such as Eileen's in Lincoln cannot guarantee their products to be nut free because of cross contamination. Please check with the bakery before items are brought to school for students.

Parents may bring baked items for activities that are not during the school day. These activities would include soup suppers, concessions, or other activities that are hosted outside of the regular school day.

Thank you for your understanding and cooperation.

### **STUDENTS ABSENT FROM SCHOOL**

Please contact the school if your child is ill or has an appointment and will be missing school.

### **TARDY STUDENTS**

Students are counted tardy if they are not in their classrooms by the 8:15 bell. Please contact the office if your child is tardy to school. Children should be arriving at school by 8:10 so that they have a chance to get to their classroom before the tardy bell rings.

## **NEWS FROM THE NURSE:**

What a GREAT first two days of school! I spoke to several classrooms about mask etiquette and I was so impressed with everything they already knew!

Thank you for helping prepare your children for this school years adjustments.

Here are a few things to note for the 20-21 school year:

- This year I sent out a Student Health Form. Please make sure to fill one out for each of your children. You can find copies on the school website or we have extra copies in the office.

- All preschool and kindergarten students must have a copy of their immunizations and most recent well check. Kindergartners should have had a physical that included a vision exam.

- If your child has asthma or an allergy that can lead to an anaphylactic reaction, please speak to me personally about this. There's also a form to fill out, shocking :)

- We do not supply "stock" medication, such as ibuprofen (motrin) and Tylenol (acetaminophen) to students. If you would like us to store some for your student to have 'as needed', you may fill out a consent form and send medication with your child.

- We DO have cough drops available for students throughout the school year. At staff discretion, we allow students to consume them in their classroom. If you would like your child to NOT have cough drops in school, please send us a written note stating this, so we can keep it on file. With teachers permission, students are allowed to bring their own cough drops to keep in their bag. Please speak to your child's teacher personally about this.

- The Nebraska Department of Education (NDE) recommends that students be allowed to possess and use FDA-regulated sunscreen without a prescription and be able to store sunscreen in a site easily accessible to the student. With this recommendation we are allowing students to bring sunscreen and keep it in their bag during the school day/year. With parent instruction of when they would like their child to apply sunscreen, they will be allowed to apply in the classroom as directed. Please communicate with

your child they are NOT allowed to share sunscreen with anyone else. If you have multiple children at the school, they will each need their own bottle of sunscreen to prevent hassle and distraction.

As always, please don't hesitate to contact me with questions or concerns regarding your child's health. I am a part time employee, but I am dedicated to every child full time!

Cortney Sorensen, RN  
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S.O.S.

Thank you to the S.O.S. for donating water bottles for each student and a new Knights mask for each staff member at the elementary. It created a great sense of pride and school spirit to start the new year off.

## The 2020-2021 Elmwood-Murdock SOS

### "Un-Fundraiser"

Our no-fuss Un-Fundraiser is the only fundraiser where Elmwood-Murdock SOS will earn 100% of the proceeds raised. Your contribution directly benefits our school by supporting school-wide events, purchasing playground materials and equipment, supplies for the classroom, sponsoring assemblies, and so much more!

This is a **voluntary** fundraiser. If you wish to make a direct donation, please complete the information below and return it in an envelope marked "SOS Un-Fundraiser". **Please make checks payable to Elmwood-Murdock SOS.**

*Please note that even if you contribute to the "Un-Fundraiser", we may still ask for your help with the Spring Carnival.*

\_\_\_\_\_ \$25 – I am not going to participate in donating items or my time to work concessions

\_\_\_\_\_ \$50 – I don't want to sell products to my friends, family, co-workers so here is the money I would have spent

\_\_\_\_\_ \$75 – I barely have time to spend with my family, so there is no way I can volunteer my time

Name of Donor: \_\_\_\_\_

Name of Students: \_\_\_\_\_

Amount Donated: \_\_\_\_\_

Check or Cash (Circle one)

Thank you so much for your donation to our school's SOS. Your money will be spent to enrich the lives of our student throughout their time at Elmwood-Murdock. Please return this form with your donation.

**Thank You, Elmwood-Murdock SOS**