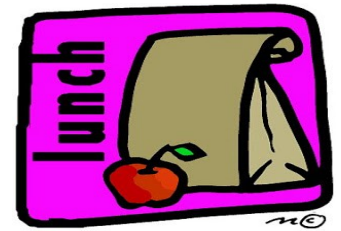




Lost Hills Union School District

Menu 2020/2021

LUNCH



Serving Dates	Monday	Tuesday	Wednesday	Thursday	Friday
8/5-8/7 9/7-9/11 10/12-10/16 11/16-11/20	Taco Pocket Gold Rush Juice Chile Lime Apple Slices Choice Of Milk	Chicken Tenders Baby Carrots Cucumber Spears Pineapple Chunks Choice Of Milk	Chile Beans Corn Bread Gold Rush Juice Jicama Chunks Diced Peaches Choice Of Milk	Ham & Cheese Sandwich Lettuce & Tomato Cucumber Coins Fresh Apples Choice Of Milk	Cheese Pizza Celery Sticks Chile Lime Carrots Fresh Pears Choice Of Milk
8/10-8/14 9/14-9/18 10/19-10/23 11/30-12/4	Bean & Cheese Burrito Gold Rush Juice Baby Carrots Fresh Grapes Choice Of Milk	Chicken Salad Sandwich Lettuce & Tomato Jicama Chunks Fresh Apples Choice Of Milk	Spaghetti Garden Salad Cucumber Coins Fruit Choice Of Milk	Turkey & Cheese Sandwich Lettuce & Tomato Gold Rush Juice Fresh Pears Choice Of Milk	Stuffed Cheese Breadsticks Marinara Sauce Chile Lime Carrots Fresh Oranges Choice Of Milk
8/17-8/21 9/21-9/25 10/26-10/30 12/7-12/11	Stuffed Crust Pizza Gold Rush Juice Chile Lime Carrots Choice Of Milk	Hamburgers Lettuce & Tomato Cucumber Coins Fresh Pears Choice Of Milk	BBQ Chicken Teriyaki WG Brown Rice Mixed Vegetables Garden Salad Mixed Fruit Choice Of Milk	PB & J Sandwich Baby Carrots Cucumber Spears Fresh Pears Choice Of Milk	Grilled Cheese Sandwich Cucumber Spears Gold Rush Juice Fresh Grapes Choice Of Milk
8/24-8/28 9/28-10/2 11/2-11/6 12/14-12/18	Jumbo Corn Dog Jicama Chunks Cucumber Spears Pineapple Chunks Choice Of Milk	Crispy Chicken Sandwich Lettuce & Tomato BBQ Beans Mango Slices Choice Of Milk	Orange Chicken WG Brown Rice Mixed Vegetables Baby Carrots Cantaloupe Chunks Choice Of Milk	Ham & Cheese Sandwich Lettuce & Tomato Cucumber Sticks Fresh Grapes Choice Of Milk	Cheese Pizza Sliders Chile Lime Carrots Gold Rush Juice Fresh Apples Choice Of Milk
8/31-9/4 10/5-10/9 11/9-11/13	Stuffed Cheese Breadsticks Marinara Sauce Gold Rush Juice Fresh Apples Choice Of Milk	Hot Dog Chile Lime Carrots Cucumber Spears Apple Slices Choice Of Milk	Nachos Tortilla Chips Jicama Chunks Baby Carrots Mango Slices Choice Of Milk	Turkey & Cheese Sandwich Lettuce & Tomato Celery Sticks Fresh Oranges Choice Of Milk	Bean And Cheese Burrito Chile Lime Carrots Gold Rush Juice Fresh Pears Choice Of Milk

Menu is subject to change without notice upon availability of product! "This institution is an equal opportunity provider."

A Meal Must Include At Least 3 Lunch Items, one being either a 1/2 c fruit or juice and 1/2 c vegetable. Milk is either Low Fat 1% Or Fat Free Milk

All Bread Products Are Whole Grain Rich. Holiday Monday's And Teacher Inservice Are In Red.
idays On Monday Menu Will Be Served On Tuesday Of That Week

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