



10 THINGS YOU CAN DO TO PREPARE FOR RETURNING TO SCHOOL

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1

Practice hand hygiene

often throughout the day. Teach your children to sing their ABCs or count for at least 20 seconds ensuring they wash, front, back, and in between their fingers.



6

Update immunizations/physical.

Contact your child's pediatrician for an appointment. Immunizations can also be obtained at the health department.



2

Practice putting mask on/off.

Your child will be required to wear a face covering on the bus and at school (when 6 feet distancing cannot be maintained). Teach them not to touch the inside of their mask when taking it off.



7

Call your campus

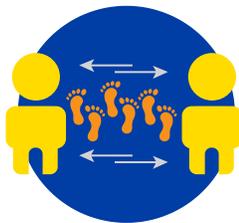
to set up an appointment with your school nurse if your child needs to take medication while at school or if your child has a medical condition that requires a health care plan.



3

Practice 6 feet distancing.

Measure the distance on the floor and demonstrate standing 6 feet apart with your child. Consider temporarily laying pieces of paper down for a visual.



8

Purchase reusable water bottle

to be brought to school. Water fountains will not be in service, but we will have filling stations available.



4

Purchase a thermometer.

Parents will be responsible for checking their child's temperature each morning. If temperature is 100.0 or higher the child must stay home. Children must be fever free for 48 hours without medication before returning to school.



9

Verify/Update emergency contacts.

If your child presents with COVID-like symptoms, they will be placed in an isolated room and will need to be picked up immediately. Please ensure a contact can be reached at any given time.



5

Make/Purchase extra masks.

The district will provide a limited number of cloth face masks for students. Consider making or buying additional masks to give you proper time to wash them between use.



10

Stay informed.

Educate yourself from reliable sources such as the Arkansas Dept. of Health and CDC websites. If you are not receiving SSD text messages, contact your campus to add you to our distribution list.

