

Columbus Unified School District #493
Substance Abuse Policy
Student Extra/Co-Curricular Activities Drug/Alcohol Testing and Possession Policy

The Columbus Unified School District #493, in an effort to protect the health and safety of its students from the dangers of illegal drug and alcohol use has adopted this policy for substance abuse for students in extracurricular and co-curricular activities.

- I Statement of Purpose and Intent
 - a. Students that participate in extracurricular activities are held to a higher standard. They are expected to hold themselves as good examples of conduct, sportsmanship and training. This includes avoiding the use and possession of illegal drugs, alcohol and tobacco.
 - b. The purpose of this policy is to prevent drug/alcohol/tobacco use, educate students as to the serious physical, mental, and emotional harm caused by substance abuse and to maintain the school district as an environment free of substance abuse.
 - c. The Columbus Unified School District has adopted this policy for use by all students in grades 7-12 that participate in extracurricular activities.
- II Definitions
 - a. "Illegal Drugs" means any substance which an individual may not purchase, possess, use, distribute, or sell under either Kansas or Federal Law. This includes but is not limited to all scheduled drugs as defined by Kansas law, all prescription drugs obtained without authorization, alcohol, and all prescribed and over-the-counter drugs being used for an abusive purpose.
 - b. "Drug Use Test" means a scientifically substantiated method to test for the presence of illegal drugs, alcohol, or the metabolites thereof in a person's urine.
 - c. "Positive" when referring to a drug test administered under this policy means a toxicological test result, which is considered to demonstrate the presence of an illegal drug or the metabolite thereof using the standards customarily established by the testing laboratory administering the drug use test.
 - d. "Extracurricular Activities" means those activities that take place outside the regular course of studies in school, including all USD 493 Columbus District School sponsored activities. Students participating in these activities will be subject to drug testing.
 - e. "Co-Curricular Activities" means those activities that students participate in outside of the classroom as a result of being enrolled in a school offered class.
 - f. "Performance-Enhancing Drugs: includes anabolic steroids and any other natural or synthetic substance used to increase muscle mass, strength, endurance, speed, or other athlete ability. The term "performance-enhancing drugs" does not include dietary or nutritional supplements such as vitamins, minerals, and proteins that can be lawfully purchased in over-the-counter transactions.
 - g. "Possession" means use or consume, have in possession, buy sell or give away any controlled substance defined by law as a drug, alcohol, and/or tobacco including chewing tobacco on school property or at school sponsored activity. It is not a violation for a student to be in possession of a controlled substance specifically prescribed for the student's own use by his/her doctor.
 - h. "Reasonable Suspicion" means a suspicion based on specific personal observations concerning the appearance, speech, or behavior of a student.
- III Education
 - a. The school will provide a drug education session during the first semester of the school year to acquaint the students with the harmful consequences of drug use and abuse.
- IV Procedure
 - a. Each student (grades 7-12) will receive a copy of the Substance Abuse Policy at enrollment. The student and parent/guardian shall read the policy and then sign and date the attached consent form. The consent form must be returned in the first 7 days of school. The student cannot participate in any co-curricular or extracurricular activities until they have turned in the consent form.
 - b. Students will be required to provide urine samples as follows:

- i. When the student's name is drawn on a random selection from the pool of eligible students.
 - ii. Any time requested based on a reasonable suspicion that the student is under the influence of an illegal substance.
- c. Any drug test required by Columbus Unified School District #493 under the terms of this policy will be administered by or at the direction of a professional laboratory chosen by the school district using scientifically validated toxicological methods. The chosen lab should also have the necessary methods to assure chain of command of the specimens.
- d. All aspects of the drug policy will be conducted in a manner to protect the privacy rights of students. The test specimen shall be obtained in a manner designed to minimize intrusiveness of the procedure. The specimen will be obtained under the procedures designed by the laboratory chosen by the school district.
- e. If the initial drug test is positive, the initial test results will then be subject to confirmation by a second and different test of the same specimen. If the second test confirms the positive results of the first test the student will be deemed to have tested positive under the policy.
- f. If the laboratory believes that the positive test is a result of any medication that the student is legally prescribed to take, the laboratory will contact the student's parents to verify that the student has a legal prescription to take the medication in question. If the medication is deemed to have caused the positive test results the student would not suffer any sanctions under this policy.
- g. If a student asserts that the positive test results were caused by other than consumption of an illegal drug by the student, then the student will be given an opportunity to present evidence of such to the principal or designee. The principal or designee will rely on the opinion of the testing laboratory whether the positive test result was produced by something other than consumption of an illegal drug.
- h. The decision of a positive drug test may be appealed in writing to the Columbus Unified School District #493 superintendent within 5 working days. The superintendent will make a written decision within 5 working days.
- i. The decision of the superintendent may be appealed in writing to the Columbus Unified School District #493 Board of Education within 5 working days. Policy of the school districts rules and regulations will be followed in case of appeal.
- j. A student who has tested positive will be required to undergo additional drug testing to determine that the student is no longer using illegal drugs before he or she may participate in an extracurricular or co-curricular activity. The drug test will be conducted by the Columbus School District's designated laboratory with the same procedures as the original test. The cost of the additional tests will be the responsibility of the student's parents.
- k. Parents/guardians of students that tested negative in the initial drug screening will be contacted in writing by personnel of the Columbus Unified School District.
- l. Positive test will carryover from year to year at Central. Positive test will also carryover beginning in the 9th grade at CUHS. AN example would be if a student tested positive as a freshman and again as a junior the positive test during the junior year would count as the 2nd offense under this policy.
- m. Confirmation of possession shall be made by:
 - i. A student admitting to a violation after or during a conference with the administration.
 - ii. A USD 493 Faculty member witnessing the violation.
 - iii. A law enforcement agent witnessing the violation.

V Violations

- a. Any student who tests positive in a drug use test under this policy shall be subject to the following restrictions:
 - i. **First Offense Alcohol/Tobacco**
 1. The student must attend and participate in all practices during his/her days of ineligibility.
 2. The student must complete any additional conditioning program or outside work the coach or sponsor assigns.

3. The student shall be suspended from participation in performances and competitions in all extracurricular and/or co-curricular activities for two (2) weeks. (14 Days)
- ii. **Second Offense Alcohol/Tobacco (First Offense Drugs)**
 1. The student must attend and participate in all practices during his/her days of ineligibility.
 2. The student must complete any additional conditioning program or outside work the coach or sponsor assigns.
 3. The student shall be suspended from participation in performances and competitions in all extracurricular and/or co-curricular activities for eight (8) weeks. (56 Days)
 4. During this time, it is recommended that the parent/guardian obtain a substance abuse evaluation and education/counseling for the student. If the student attends a school approved substance abuse program, the suspension will be reduced to four (4) weeks. (28 days)
- iii. **Third Offense Alcohol/Tobacco (Second Offense Drugs)**
 1. The student shall be suspended from participation in performances, practices, and competitions in all extracurricular and/or co-curricular activities for thirty-six (36) weeks. (252 Days)
 2. During this time, it is recommended that the parent/guardian obtain a substance abuse evaluation and education/counseling for the student. If the student attends a school approved substance abuse program, the suspension will be reduced to eighteen (18) weeks. (126 days)
- iv. **Fourth Offense Alcohol/Tobacco (Third Offense Drugs)**
 1. The student shall be suspended from participation in all extracurricular and/or co-curricular activities including all meetings, practices, performances, and competitions for the remainder of the student's career at their current building.
- v. **Self-Referral**- a student who self refers concerning a violation of the policy will be allowed to remain active in extracurricular activities, such student will however be considered to have committed a first offense under this policy. Self-referral may be used only once by a student. Students must self-refer prior to the random drawing or they will be treated the same as any other student who is selected for testing. A student who self refers to coach/sponsor/administrator for the Athletic Department/Cheerleader Drug/Alcohol/Tobacco Policy concurrently self-refers to the Student Drugs Testing policy.
- vi. **Self-referral can only be used prior to a first offense under this policy**

VI Refusal to submit to Drug Use Test

- a. If any student refuses to submit to a drug use test when their name is drawn to submit a test, that student will count as having tested positive under this policy. Students that do not return a properly signed drug use consent form will be ineligible to participate in extracurricular activities in Columbus

Unified School District #493.

General Authorization Form

Any student wanting to participate in extracurricular and co-curricular activities must sign this form agreeing to abide by the rules and regulations of the Columbus Unified School District #493 substance abuse policy. The form must then be returned to Columbus Unified High School, or Central Junior High, in the first 7 days of school before they can participate in any extracurricular and/or co-curricular activities.

Students and parents will sign this form at the beginning of each school year. The policy is in effect from the first to the last event of school each year.

I have read and fully understand that by signing this consent form I am authorizing Columbus Unified School District to conduct a test on a urine specimen, which I provide to test for drug use. I understand that possession of any drugs, alcohol, and tobacco will result in the consequences listed. I also authorize the release of information concerning the results of such a test to Columbus Unified School District #493 and to my parent/guardian.

_____	Student Signature
_____	Printed Name
_____	Grade
_____	Parent Signature
_____	Date