




Hawkswood - Lunch

August 3 - August 31

**PLEASE CIRCLE THE DAYS IN AUGUST YOUR CHILD WILL BE ORDERING LUNCH AND RETURN.**

*What's Cooking Today?*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 All Beef Hamburger on a Whole Wheat Bun-1 Mixed Vegetables-1 c. Fresh Apple-1 1% White Milk-8 oz.	4 W/G Chicken Fryz-4 Broccoli Florets-1/2 c. Whole Grain Bread Diced Peach Cup-1/2 c. 1% White Milk-8 oz.	5 <b>SCHOOL CLOSED DUE TO POWER OUTAGE</b>	6 <b>SCHOOL CLOSED DUE TO POWER OUTAGE</b>	7 <b>SCHOOL CLOSED DUE TO POWER OUTAGE</b>
10 W/G Chicken Fingers-3 Roasted Potato Medley-1 c. Whole Grain Bread Mixed Fruit Cup-1/2 c. 1% White Milk-8 oz.	11 Meatball Sub on a W/G Sub Roll-1 Soft Mixed Vegetables-1 c. Fresh Apple-1 1% White Milk-8 oz.	12 Stuffed Cheese Rigatoni with Meat Sauce-5 oz. Soft Carrots-1 c. Whole Wheat Dinner Roll Applesauce Cup-1/2 c. 1% White Milk-8 oz.	13 Grilled Teriyaki Chicken Fillet on a Bun-1 Cauliflower-1 c. Fresh Banana-1 1% White Milk-8 oz.	14 Whole Wheat 3x5 Cheese Pizza-2 French Fries-2 c. Diced Pear Cup-1/2 c. 1% White Milk-8 oz.
17 Flame Broiled Chicken Burger on a Whole Wheat Bun-1 Spinach-1 c. Applesauce Cup-1/2 c. 1% White Milk-8 oz.	18 Turkey and Cheese on a Kaiser Roll-1 Broccoli Florets-1/2 c. Fresh Peach-1 1% White Milk-8 oz.	19 Beef Salisbury Steak with Gravy-3 oz. Mashed Potatoes-1 c. Whole Wheat Dinner Roll Fresh Banana-1 1% White Milk-8 oz.	20 Popcorn Chicken-3.8 oz. Soft Carrots-1 c. Whole Grain Bread Peach Applesauce Cup-1/2 c. 1% White Milk-8 oz.	21 Macaroni and Cheese-6 oz. French Fries-2 c. Fresh Apple-1 Whole Grain Bread 1% White Milk-8 oz.
24 Rotini Pasta with Turkey Meat Sauce-5 oz. Cauliflower-1 c. Strawberry Applesauce Cup-1/2 c. Whole Grain Bread 1% White Milk-8 oz.	25 Beef Meatloaf w/ Ketchup-3 oz. Mashed Potatoes-1 c. Whole Wheat Dinner Roll Fresh Banana-1 1% White Milk-8 oz.	26 Macaroni and Cheese-6 oz. Spinach-2 c. Fresh Peach-1 Whole Wheat Dinner Roll 1% White Milk-8 oz.	27 <b>SUMMER VACATION</b> 	28 <b>SUMMER VACATION</b> 
31 <b>SUMMER VACATION</b> 				

**THE FIRST DAY OF THE FALL SEMESTER IS THURSDAY, SEPTEMBER 3RD, 2020**