

# August 2020

- Fresh Fruit & Vegetable bar offered daily
- A variety of low fat & fat free milks offered daily with breakfast & lunch
- All grains are whole grain rich
- A variety of whole grain rich muffins cereal & cereal bars are offered daily with breakfast



\*Menu may change

| Sunday | Monday  | Tuesday                                       | Wednesday                               | Thursday                              | Friday  | Saturday |
|--------|---|---|---|---------------------------------------|---|----------|
|        |   |   |   |                                       |   | 1        |
| 2      | 3   | 4   | 5                                       | 6                                     | 7   | 8        |
| 9      | 10  | 11  | 12                                      | 13<br>Chicken Patty<br>Chips          | 14<br>Chicken Fried<br>Steak<br>Mashed Potatoes<br>Corn | 15       |
| 16     | 17<br>Chicken or<br>Beef Fajita's<br>Spanish Rice | 18<br>Goulash<br>Bread                        | 19<br>BBQ Pork Sandwich<br>Curly Fries  | 20<br>Chicken Nuggets<br>Mac & Cheese | 21<br>Hot Beef<br>Sandwich<br>Mashed Potatoes<br>Corn   | 22       |
| 23     | 24<br>Sloppy Joes<br>Baked Beans                  | 25<br>Popcorn Chicken<br>Tri Taters<br>Cookie | 26<br>Beef & Noodles<br>Mashed Potatoes | 27<br>Taco Bar<br>Refried Beans       | 28<br>Homemade Pizza                                    | 29       |
| 30     | 31<br>Hamburger &<br>Corn Dog<br>French Fries     |   |   |                                       |   |          |