

Unity School District - Board of Education

Board Policy 458

Wellness - School Nutrition Guidelines

Last Revised 8/11/2020

Students who practice good nutrition and daily physical activity attend school with minds and bodies ready to take advantage of their learning environment. The Unity School District encourages all members of the school community to help create an environment for students that supports positive nutrition and fitness practices. Decisions made in all school programming shall reinforce a healthy lifestyle.

Efforts to promote good nutrition and physical activity are the shared responsibilities of the school board, administration, mid-management, professional/support staff, parents/guardians and community members. The Wellness Committee will hold meetings to organize activities that will ensure and promote healthy lifestyle choices in the school environment. The District Administrator in cooperation with the Wellness Committee will develop and implement a District Wellness Policy, Practices, and Plan.