



*Every Student Matters, Every Moment Counts*

**Morton School District #214**  
**Home of the Timberwolves!**

PO Box 1219 ~ Morton, WA, 98356

p: 360-496-5300 ~ f: 360-496-5399

[www.morton.k12.wa.us](http://www.morton.k12.wa.us)

[f @MortonSchoolDistrict214](https://www.facebook.com/MortonSchoolDistrict214) ~ [t @MSD21214](https://twitter.com/MSD21214)

**Morton Jr/Sr High School**

152 Westlake Ave. ~ Morton, WA, 98356

p: 360-496-5137 ~ f: 360-496-6035

**Morton Elementary School**

400 Main Ave. ~ Morton, WA, 98356

p: 360-496-5143 ~ f: 360-496-0327

**Policy: 2407 Health and Fitness**

**Section:**

☐ 0000 Planning

☐ 1000 Board of  
Directors

☒ 2000 Instruction

☐ 3000 Students

☐ 4000 Community  
Relations

☐ 5000 Personnel

☐ 6000 Management

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**Health and Fitness**

The board recognizes the value of providing students a health and physical education. Health and physical education comprise extensive content areas that include, but are not limited to, the development of knowledge and skills to be physically active, eat nutritiously, access reliable health information and services, communicate effectively, and set health-enhancing goals. Students may further develop their health and fitness skills through independent activities and programs. The district encourages students and their families to take advantage of any learning opportunities in health and physical education available to them.

The district also recognizes the importance of allowing students to learn at their own pace, and the educational benefits that can be gained by giving students the opportunity to demonstrate competency of skills, proficiency of standards, and mastery of concepts.

In order to recognize student health and fitness proficiency, the superintendent is directed to develop procedures for awarding credits in health and physical activity to students based on demonstrated proficiency across a range of skills in health and fitness.

**Legal References:**

RCW 28A.230.090 High school graduation requirements or equivalencies —  
Reevaluation of graduation requirements — Review and authorization of proposed  
changes — Credit for courses taken before attending high school — Postsecondary  
credit equivalencies WAC 180-51-050 High school credit — Definition RCW  
28A.210.365 Food choice, physical activity, childhood fitness— Minimum  
standards—District waiver or exemption policy. RCW 28A.230.050 Physical education  
in high schools.

*The Morton School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to handle questions and complaints of alleged discrimination: Title IX Coordinator/ADA Coordinator/Civil Rights Compliance Coordinator and Superintendent John Hannah, 152 Westlake Avenue, Morton, WA, 98356, 360-496-5300, [jhannah@morton.k12.wa.us](mailto:jhannah@morton.k12.wa.us), or Section 504 Coordinator Becky Brooks, 152 Westlake Avenue, Morton, WA, 98356, 360-496-5137, [bbrooks@morton.k12.wa.us](mailto:bbrooks@morton.k12.wa.us).*