

BEDFORD ELEMENTARY SCHOOL 2020-2021

**Breakfast is available to all students in the Cafeteria
7:45 a.m. to 8:20 a.m.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Pancakes OR Asst Pop Tarts/Cereals Toast 100% Fruit Juice or Asst Fruit	Breakfast Pizza OR Asst Pop Tarts/Cereals Toast 100% Fruit Juice or Asst Fruit	French Toast Sticks w/Syrup OR Asst Pop Tarts/Cereals Toast 100% Fruit Juice or Asst Fruit	Sausage, Egg & Cheese Sandwich OR Asst Pop Tarts/Cereals Toast 100% Fruit Juice or Asst Fruit	Dutch Waffle OR Asst Pop Tarts/Cereals Toast 100% Fruit Juice or Asst Fruit

Cereal Choice: Cinnamon Toast Crunch, Trix, Cocoa Puffs, Rice Chex – All cereals are reduced sugar.

Juice Choice: Apple, Grape, Orange

Each meal includes the choice of skim or 1% white milk or 1% chocolate milk.

**GRAB N GO BEDFORD BISON BREAKFAST
is available for students in grades 3, 4 & 5
7:45 a.m. to 8:15 a.m.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Apple Turnover OR Asst Pop Tarts Goldfish Crackers 100% Fruit Juice Milk	Glazed Doughnut OR Asst Pop Tarts Goldfish Crackers 100% Fruit Juice Milk	Asst Muffins OR Asst Pop Tarts Goldfish Crackers 100% Fruit Juice Milk	Cinnamon Roll OR Asst Pop Tarts Goldfish Crackers 100% Fruit Juice Milk	Asst Breakfast Bar OR Asst Pop Tarts Goldfish Crackers 100% Fruit Juice Milk

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.