

BREAKFAST PRICES

STUDENTS------FREE

TEACHERS--------4.00

AT COST----------4.50

**AUGUST 2020**

[ST. HELENA SCHOOL DISTRICT

PK-12TH GRADE

**MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY:**

**NOTIFICATION STATEMENT: The St. Helena Parish Child Nutrition does not purchase Peanuts or Peanut Butter for meals; however, some products**

**Sold may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.**

**\*\*\*According to the new meal pattern, meals will be served in portion size, which is divided into**

Hamburger on Bun 4.6oz

Canned/Fresh Fruit 1/2 Cup

Lettuce/Tomato 1 Cup

Cauliflower 1/2 Cup/Ranch ¼ Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Chicken Patty on Bun 5oz

Canned/Fresh Fruit 1/2 Cup

Celery/

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Ham & Cheese on Bun 5.5oz

Canned/Fresh Fruit 1/2 Cup

Broccoli Spears/Baby Carrots ½ Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Hamburger on Bun 4.6oz

Canned/Fresh Fruit 1/2 Cup

Lettuce/Tomato 1 Cup

Cauliflower 1/2 Cup/Ranch ¼ Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Corn Dog 4.25oz

Canned/Fresh Fruit 1/2 Cup

Cucumber Spears/

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Hamburger on Bun 4.6oz

Canned/Fresh Fruit 1/2 Cup

Lettuce/Tomato 1 Cup

Cauliflower 1/2 Cup/Ranch 1/4 Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Chicken Nuggets (5 each) Roll 1oz

Canned/Fresh Fruit 1/2 Cup

Baby Carrots/Celery ½ Cup/Ranch ¼ Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Riblet on Bun 4.5oz

Canned/Fresh Fruit 1/2 Cup

Vegetarian Beans/Broccoli Spears ½ Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Nacho Chips (15 each)

Cheese Sauce 1oz/Meat Sauce 2oz

Lettuce/Tomato 1 Cup

Corn 1/2 Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Pizza 4.48oz

Canned/Fresh Fruit 1/2 Cup

Garden Salad w/Spinach 1 Cup

Carrot Sticks ½ Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Chicken Patty on Bun 5oz

Canned/Fresh Fruit 1/2 Cup

Celery/Cauliflower 1/2 Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Ham & Cheese on Bun 5.5oz

Canned/Fresh Fruit 1/2 Cup

Broccoli Spears/Baby Carrots ½ Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Chili Dog on Bun 5oz

Canned/Fresh Fruit 1/2 Cup

Vegetarian Beans/Corn 1/2 Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Corn Dog 4.25oz

Canned/Fresh Fruit 1/2 Cup

Cucumber Spears/Cauliflower 1/2 Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Pizza 4.48oz

Canned/Fresh Fruit 1/2 Cup

Garden Salad w/Spinach 1 Cup

Broccoli Spears 1/2 Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

Chicken Nuggets (5each) Roll 1oz

Canned/Fresh Fruit 1/2 Cup

Celery/Carrots 1/2 Cup/Ranch ¼ Cup

100% Fruit Juice 4oz (9-12)

FF/1% Milk Choice 8oz

White, Chocolate, Strawberry

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Canned/Fresh Fruit 1/2 Cup

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Cheese Sauce 1oz/Meat Sauce 2oz

Lettuce/Tomato 1 Cup Corn 1/2 Cup

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FF/1% Milk Choice 8oz

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