



# JANUARY | 2023

## South Central K-8 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> NO SCHOOL	<b>3</b> French Toast Sticks/syrup Sausage Patty Tator Tots Glazed Carrots Fruit Juice Milk 3-8 Pizza, Cheeseburger or Meatball Sub	<b>4</b> Mini Corn Dogs Carrot Coins Baked Beans Applesauce Cup Milk 3-8 Pizza, Chicken Patty or Mac & Cheese	<b>5</b> Chicken Tenders/sauce Bread & Butter Tator Tots Green Beans Mixed Fruit Milk 3-8 Pizza, Cheeseburger, Taco Wrap	<b>6</b> NO SCHOOL Teacher PD Day
<b>9</b> Popcorn Chicken/sauce Bread & Butter Carro Coins Fruit Cup Milk 3-8 Pizza, Chicken Patty, Meatball Sub	<b>10</b> Soft Pretzel & Cheese sauce Steamed Broccoli Applesauce Milk 3-8 Pizza, Cheeseburger, Quesadilla	<b>11</b> Chicken Nuggets/sauce Garlic Toast Green Beans Diced Pears Milk 3-8 Pizza, Chicken Patty, Fish Sandwich	<b>12</b> Roasted Hot Dog/Bun Baked Beans Carrot Sticks/dip Fresh Fruit Fresh Baked Cookie Milk 3-8 Pizza, Cheeseburger, Chicken Fajita Wrap	<b>13</b> NO SCHOOL TEACHER PD DAY
<b>16</b> NO SCHOOL MLK Jr. Day	<b>17</b> Cheesy Bread Dipping Sauce Steamed Broccoli Mixed Fruit Milk 3-8 Pizza, Cheeseburger, Mac & Cheese	<b>18</b> Boneless Chicken Wings/sauce Onion Rings Baked Beans Fresh Fruit Milk 3-8 Pizza, Chicken Patty or BBQ Chicken	<b>19</b> Cheeseburger/Bun Baked Beans Grape Tomatoes & Celery Sticks/Dip Fruit Juice Milk 3-8 Pizza, Bosco Sticks or Cheeseburger	<b>20</b> French toast Sticks/syrup Sausage Tator Tots Glazed Carrots Banana Milk 3-8 Pizza, Spicy Chicken Patty or Quesadilla
<b>23</b> General TSO Chicken Brown Rice Peas & Carrots Applesauce Cup Fortune Cookie Milk 3-8 Pizza, Chicken Patty, or Bosco Sticks	<b>24</b> Chicken Nuggets/sauce Garlic Toast Green Beans Orange Slices Milk 3-8 Pizza, Cheeseburger, Fish Sandwich	<b>25</b> Cheese Pizza Steamed Broccoli Diced Peaches Mini Pretzels Milk 3-8 Pizza, Chicken Patty or BBQ Chicken	<b>26</b> Bosco Stick/sauce Tator Tots Cucumber Spears/dip Diced Pears Milk 3-8 Pizza, Cheeseburger or Loaded Nachos	<b>27</b> Chicken Tenders/sauce Tator Tots Green Beans Mixed Fruit Milk 3-8 Pizza, Spicy Chicken Patty, Soup of the Day
<b>30</b> Doritos Extreme Meat, Cheese, Sr. Cream, Salsa Refried Beans Carrot Sticks/Dip Fresh Fruit Milk 3-8 Pizza, Chicken Patty or Meatball Sub	<b>31</b> French Toast Sticks/syrup Sausage Patty Tator Tots Glazed Carrots Fruit Juice Milk 3-8 Pizza, Cheeseburger or Meatball Sub	<b>1</b> Mini Corn Dogs Carrot Coins Baked Beans Applesauce Cup Milk 3-8 Pizza, Chicken Patty or Mac & Cheese	<b>2</b> Boneless Chicken Wings/sauce Onion Rings Baked Beans Fresh Apples Milk 3-8 Pizza, Cheeseburger, Pulled Pork	<b>3</b> Breaded Mozzarella Sticks/sauce Tator Tots Green Beans Mixed Fruit Milk 3-8 Pizza, Spicy Chicken, Hot Dog

*Fresh Veggie Salad Bar available at lunch for ALL students grades 3-8*

PBJ Sandwich available daily for grades K-2

Please be watchful of your child's lunch account for Charges.

We will NOT deny your student a meal without money but you the parent are responsible for the charge.

*NO charging a la cart.*