



AUGUST

2020

Pawnee ISD



m	t	w	th	f
3.	4.	5.	6.	7.
Cereal Grilled Cheese Carrots Broccoli Fresh Fruit Milk	Skillet Omelet Beef and Bean Burritos Pinto Beans Corn Fresh Fruit Milk	Cereal Chicken Nuggets Sun Chips Baked Beans Tatar Tots Fresh Fruit Milk	Chocolate Muffin Ravioli with meat sauce Garlic Bread Corn Carrots Fresh Fruit Milk	Cereal Pizza Gold Fish Carrot sticks Celery sticks Fresh Fruit Milk
10.	11.	12.	13.	14.
Pancakes Ham and Cheese Sandwich Carrots Side Salad Fresh Fruit Milk	Cereal Chili Corn Bread Muffin Pinto Beans Corn Fresh Fruit Milk	Waffles Steak Fingers Baked Beans Tatar Tots Fresh Fruit Milk	Cereal Spaghetti with meat sauce Garlic Bread Corn Carrots Fresh Fruit Milk	French Toast sticks Pizza Gold Fish Carrot sticks Celery sticks Fresh Fruit Milk
17.	18.	19.	20.	21.
Twin Sausage Biscuits Mac and Cheese Carrots Green Beans Fresh Fruit Milk	Cereal Beef Fajitas Tortilla Pinto Beans Corn Fresh Fruit Milk	Pancake on a Stick Chicken Strips Sun Chips Baked Beans Tatar Tots Fresh Fruit Milk	Cereal Cheese Burger French Fries Side Salad Fresh Fruit Milk	Cinnamon Roll Pizza Gold Fish Carrot sticks Celery sticks Fresh Fruit Milk
24.	25.	26.	27.	28.
Cereal Turkey & Cheese Lunch Pack Carrots Green Beans Fresh Fruit Milk				
31.				

Special Announcements:

Please contact Monica Flores with any questions- 361-456-7256 ext. 302
Office Hours are 7:30 a.m. – 3:30 p.m.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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National School Lunch Program and School Breakfast Program

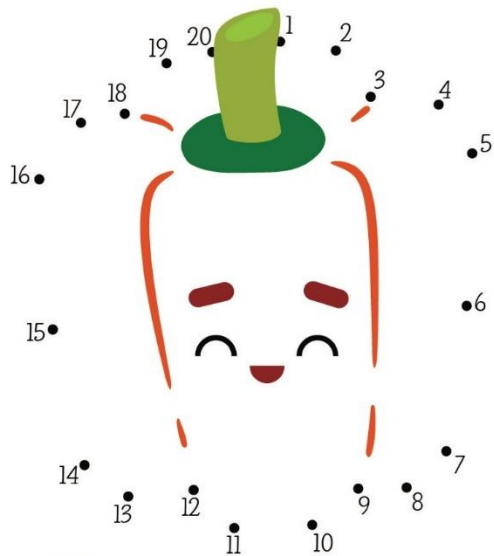


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PLATENARY PEPPER'S

Our solar system has eight planets: Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, and Neptune. The largest planet is Jupiter and the smallest planet is Mercury. There are five official dwarf planets in our solar system: Ceres, Pluto, Haumea, Makemake, and Eris. More dwarf planets are waiting for official classification, and up to 10,000 dwarf planets may exist in our solar system.

CONNECT THE DOTS



DID YOU KNOW?

Red bell peppers could be called the full-grown bell peppers, because they are picked later than other bell peppers. They often have a sweet taste. Yellow peppers are picked in the middle of their growing time and rank between green and red bell peppers on how ripe they become.

Bell peppers are an excellent source of vitamin A (in the form of carotenoids), vitamin C and vitamin K, vitamin B6 and dietary fiber. They are also a good source of folate, niacin, thiamin and magnesium. Vitamin C helps your body heal from falls and scrapes and vitamin B6 supports normal nervous system function and brain development.



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