FREQUENTLY ASKED QUESTIONS ABOUT FREE AND REDUCED PRICE SCHOOL MEALS

Dear Parent/Guardian:

Children need healthy meals to learn. Russellville School District healthy meals every school day. Breakfast costs \$2.10; lunch costs \$2.90. Your children may qualify for free meals or for reduced price meals. Reduced price is \$.30 for breakfast and \$.40 for lunch. This packet includes an application for free or reduced price meal benefits, and a set of detailed instructions. Below are some common questions and answers to help you with the application process.

- 1. WHO CAN GET FREE OR REDUCED PRICE MEALS?
 - All children in households receiving benefits from Supplemental Nutrition Assistance Program
 (SNAP), are eligible for free meals.
 - Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.
 - Children participating in their school's Head Start program are eligible for free meals.
 - · Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
 - Children may receive free or reduced price meals if your household's income is within the limits on the Federal Income Eligibility Guidelines. Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

Household size	Yearly	Monthly	Weekly
1	23,606	1,968	454
2	31,894	2,658	614
3	40,182	3,349	773
4	48,470	4,040	933
5	56,758	4,730	1,092
6	65,046	5,421	1,251
7	73,334	6,112	1,411
8	81,622	6,802	1,570
Each additional person:	8,288	691	160

- 2. HOW DO I KNOW IF MY CHILDREN QUALIFY AS HOMELESS, MIGRANT, OR RUNAWAY? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call or e-mail Skye Thompson, skye.thompson@rsdk12.net 479-890-5733. Migrant liaison Judy Sisson, judy.sisson@rsdk12.net 479-890-5733.
- DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. Use one Free and Reduced Price School
 Meals Application for all students in your household. We cannot approve an application that is not complete, so
 be sure to fill out all required information. Return the completed application to: Cafeteria Manager or mail to
 Russellville School District, Child Nutrition, PO Box 928, Russellville, AR 72811
- 4. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact, Kay Haulmark, 479-498-8836, kay.haulmark@rsdk12.net immediately.
- 5. CAN I APPLY ONLINE? Yes! You are encouraged to complete an online application instead of a paper application if you are able. The online application has the same requirements and will ask you for the same information as the paper application. Visit https://family.titank12.com//AAMCR2 to begin or to learn more

about the online application process. Contact Kay Haulmark, 479-498-8836 if you have any questions about the online application.

- 6. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE? Yes. Your child's application is only good for that school year and for the first few days of this school year, through [date]. You must send in a new application unless the school told you that your child is eligible for the new school year. If you do not send in a new application that is approved by the school or you have not been notified that your child is eligible for free meals, your child will be charged the full price for meals.
- 7. I GET WIC. CAN MY CHILDREN GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. **Please send in an application**.
- 8. WILL THE INFORMATION I GIVE BE CHECKED? **Yes**. We may also ask you to send written proof of the household income you report.
- 9. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? **Yes**, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.
- 10. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to school officials. You also may ask for a hearing by calling or writing to: Russellville School District, ATTN: Dr Mark Gotcher, PO BOX 928, Russellville, AR 72811
- 11. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? **Yes**. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced price meals.
- 12. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you <u>normally</u> receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
- 13. WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive some types of income we ask you to report on the application, or may not receive income at all. Whenever this happens, please write a 0 in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.
- 14. WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.
- 15. WHAT IF THERE ISN'T ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY? List any additional household members on a separate piece of paper, and attach it to your application. Contact Kay Haulmark, 479-498-8836 to receive a second application.
- 16. MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for Supplemental Nutrition Assistance Program (SNAP), contact your local assistance office or call 501-682-8276.

If you have other questions or need help, call 479-498-8836 Sincerely,
Kay Haulmark
Child Nutrition

HOW TO APPLY FOR FREE AND REDUCED PRICE SCHOOL MEALS

even if your children attend more than one school in Russellville School District The application must be filled out completely to certify your children for free or you are not sure what to do next, please contact Kay Haulmark, 479-498-8836, kay.haulmark@rsdk12.net reduced price school meals. Please follow these instructions in order! Each step of the instructions is the same as the steps on your application. If at any time Please use these instructions to help you fill out the application for free or reduced price school meals. You only need to submit one application per household,

PLEASE USE A PEN (NOT A PENCIL) WHEN FILLING OUT THE APPLICATION AND DO YOUR BEST TO PRINT CLEARLY

STEP 1: LIST ALL HOUSEHOLD MEMBERS WHO ARE INFANTS, CHILDREN, AND STUDENTS UP TO AND INCLUDING GRADE 12

Tell us how many infants, children, and school students live in your household. They do NOT have to be related to you to be a part of your household.

Who should I list here? When filling out this section, please include ALL members in your household who are:

- Children age 18 or under AND are supported with the household's income;
- In your care under a foster arrangement, or qualify as homeless, migrant, or runaway youth
- Students attending Russellville Schools regardless of age.

paper with all required information for the the application, attach a second piece of there are more children present than lines on in each box. Stop if you run out of space. If child. When printing names, write one letter name. Use one line of the application for each additional children. A) List each child's name. Print each child's

which children attend [name of Mark 'Yes' or 'No' under the of school/school system here]? B) Is the child a student at [name you marked 'Yes,' write the grade school/school district here]. If column titled "Student" to tell us level of the student in the 'Grade' column to the right.

> go to STEP 4. applying for foster children, after finishing STEP 1, C) Do you have any foster children? If any children box next to the child's name. If you are ONLY listed are foster children, mark the "Foster Child"

on your application. If you are applying for both foster and non-foster children, go to step 3 members of your household and should be listed Foster children who live with you may count as

> child's name and complete all steps of listed in this section meets this or runaway? If you believe any child the application. Migrant, Runaway" box next to the description, mark the "Homeless, D) Are any children homeless, migrant,

STEP 2: DO ANY HOUSEHOLD MEMBERS CURRENTLY PARTICIPATE IN SNAP (Supplemental Nutrition Assistance Program)?

If anyone in your household (including you) currently participates in one or more of the assistance programs listed below, your children are eligible for free school meals:

The Supplemental Nutrition Assistance Program (SNAP)

A) If no one in your household participates SNAP:

Leave STEP 2 blank and go to STEP 3.

B) If anyone in your household participates in any of the above listed programs:

- Write a case number or identified for SNAP. You only need to provide one case number. If you participate in SNAP and do not know your case number or identified, contact: 501-682-8276 or local DHS
- Go to STEP 4.

STEP 3: REPORT INCOME FOR ALL HOUSEHOLD MEMBERS

How do I report my income?

- has income to report. Use the charts titled "Sources of Income for Adults" and "Sources of Income for Children," printed on the back side of the application form to determine if your household
- Report all amounts in GROSS INCOME ONLY. Report all income in whole dollars. Do not include cents
- 0 Gross income is the total income received before taxes
- 0 Many people think of income as the amount they "take home" and not the total, "gross" amount. Make sure that the income you report on this application has NOT been reduced to pay for taxes, insurance premiums, or any other amounts taken from your pay.

- are certifying (promising) that there is no income to report. If local officials suspect that your household income was reported incorrectly, your application will be Write a "0" in any fields where there is no income to report. Any income fields left empty or blank will also be counted as a zero. If you write '0' or leave any fields blank, you
- Mark how often each type of income is received using the check boxes to the right of each field

3.A. REPORT INCOME EARNED BY CHILDREN

Only count foster children's income if you are applying for them together with the rest of your household A) Report all income earned or received by children. Report the combined gross income for ALL children listed in STEP 1 in your household in the box marked "Child Income."

What is Child Income? Child income is money received from outside your household that is paid DIRECTLY to your children. Many households do not have any child income.

3.B REPORT INCOME EARNED BY ADULTS

Who should I list here?

- even if they do not receive income of their own. When filling out this section, please include ALL adult members in your household who are living with you and share income and expenses, even if they are not related and
- Do NOT include:
- People who live with you but are not supported by your household's income AND do not contribute income to your household
- Infants, Children and students already listed in STEP 1.

B) List adult household members' names. Print the name of each household member in the boxes marked "Names of Adult Household Members (First and Last)." Do not list any household members you listed in STEP 1. If a child listed in STEP 1 has income, follow the instructions in STEP 3, part A.

C) Report earnings from work. Report all income from work in the "Earnings from Work" field on the application. This is usually the money received from working at jobs. If you are a self-employed business or farm owner, you will report your net income.

What if I am self-employed? Report income from that work as a net amount. This is calculated by subtracting the total operating expenses of your business from its gross receipts or revenue.

F) Report total household size. Enter the total number of household members in the field "Total Household Members (Children and Adults)." This number MUST be equal to the number of household members listed in STEP 1 and STEP 3. If there are any members of your household that you have not listed on the application, go back and add them. It is very important to list all household members, as the size of your household affects your eligibility for free and reduced price meals.

"Pensions/Retirement/ All Other

Report all income that applies in the

Income" field on the application

pensions/retirement/all other income.

E) Report income from

support/alimony. Report all income that applies in the "Public Assistance/Child Support/Alimony" field on the application. Do not report the cash value of any public assistance benefits NOT listed on the chart. If income is received from child support or alimony, only report court-ordered payments. Informal but regular payments should be reported as "other" income in the next part.

An adult household member must enter the last four digits of their Social Security Number in the space provided. You are eligible to apply for benefits even if you do not have a Social Security Number. If no adult household members have a Social Security Number, leave this space blank and mark the box to the right labeled "Check if no SSN."

STEP 4: CONTACT INFORMATION AND ADULT SIGNATURE

and completely reported. Before completing this section, please also make sure you have read the privacy and civil rights statements on the back of the application. All applications must be signed by an adult member of the household. By signing the application, that household member is promising that all information has been truthfully

but helps us reach you quickly if we need to contact you.
Sharing a phone number, email address, or both is optional,
children ineligible for free or reduced price school meals.
If you have no permanent address, this does not make your
address in the fields provided if this information is available.
A) Provide your contact information. Write your current

B) Print and sign your name. Print the name of the adult signing the application and that person signs in the box "Signature of adult."

c) Write today's date. In the space provided, write today's date in the box.

tte. (optional). On the back of the application, we ask you to share information about your children's race and ethnicity. This field is optional and does not affect your children's eligibility for free or reduced price school meals.

In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retalitation for prior civil rights activity. (Not all prohibited bases apply to all programs.)

Program information may bre made available in languages other that English. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audidotape and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Ferderal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrination Complaint Form, which can be obtained online, http://www.ascr.usda.gov/sites/default/files/USDA-OASCR%20P-Complaint-Form 0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866)832-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written discription of the alleged discriminatory action in sufficent detail to inform the Assistant Secretary for Civil Rights(ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

fax

(833) 256-1665 or (202) 690-7442;

emai

program.intake@usda.gov

This institution is an equal opportunity provider

2020-2021 Household Application for Free and Reduced Price School Meals Complete one application per household. Please use a pen (not a pencil)

STEP 1 List ALL Household Members who are infants, children, and students up to and including grade 12 (if more spaces are required for additional names, attach another sheet of paper)

https://family.titank12.com//AAMCR2

Definition of Household Member: "Anyone who is	-					Kunawa
living with you and shares income and expenses, even if not related."						pply
Children in Foster care and children who meet the definition of Homeless, Migrant or the children who meets are the children with the chil						Check all that a
Runaway are eligible for free meals. Read How to Apply for Free and Reduced Price						
STEP 2 Do any Household Members (including you) currently participate in the following assistance program: Supplemental Nutrition Assistance Program (SNAP)?	participate	in the following assistance program: Supplemem	ital Nutrition Assistance Pr	ogram (SNAP)?		Variational property and a second annual property annual property and a second annual property and a se
f NO> Go to STEP 3. If YES $> $ Write a case number or identifier here then go to STEP 4. (Do not complete STEP 3)	go to STEP 4		Write only one case number or identifier.	identifier. Case Number or Identifier:	entifier:	A COMPANY OF THE PROPERTY OF T
STEP 3 Report Income for ALL Household Members (Skip this step if you answered 'Yes' to STEP 2)	o this step i	fyou answered 'Yes' to STEP 2)				
A. Child Income Sometimes children in the household earn or receive income. Please include t Household Members listed in STEP 1 here. B. All Adult Household Members (including vourself)	eceive incom	A. Child Income Sometimes children in the household earn or receive income. Please include the TOTAL income received by all Household Members listed in STEP 1 here. B. All Adult Household Members (including yourself)		Child income weeky	How often? B-Weedy 2x North Monthly O O O	
Are you unsure what dollars (no cents) only. If they do not receive income to include here?	L (including yo	List all Household Members not listed in STEP 1 (including yourself) even if they do not receive income. For each Household Member listed, if they do receive income, report total gross income (before taxes) for each source in whole dollars (no cents) only. If they do not receive income from any source, write '0'. If you enter '0' or leave any fields blank, you are certifying (promising) that there is no income to report.	ousehold Member listed, if th blank, you are certifying (pro	hey do receive income, report tota mising) that there is no income to	Il gross income (before taxes) for report.	or each source in whole
Flip the page and review Name of Adult Household Members (First and Last)		How often? How often? How often?	Public Assistance / Child Support/Alimony	How often? Weekly B-Warkly 2x Month Monthly	Pensions/Retirement/ All Other Income Wiseky	How often?
the charts titled "Sources of Income" for more information	\$	0	\$	0	\$	0
The "Sources of Income	 \$ _	0000	\$	0000	\$	000
for Children" chart will help you with the Child	\$	0 0 0	\$	0 0	\$	0000
The "Course of Income	, \$	0 0 0	\$	0000	\$	
for Adults" chart will help you with the All Adult	\$	0000	\$	0000	\$	0000
Household Members Total Household Members section. (Children and Adults)	ם ב	Last Four Digits of Social Security Number (SSN) of Primary Wage Earner or Other Adult Household Member	× × ×	×	Check if no SSN.	
Disclosure (Optional) O I do not want sch	ol officials t	I do not want school officials to share information from my free and reduced price meal application with Medicaid or the State Children's Health Insurance Program (ArKids 1st).	price meal application v	vith Medicaid or the State Ch	ildren's Health Insurance Pr	ogram (ArKids 1 st).
STEP 4 Contact information and adult signature "I certify (promise) that all information on this application is true and that all income is reported. I understand that this information is given in connection with the receipt of Federal funds, and that school officials may verify (check) the information. I am aware that if I purposely give false information may children may be prosecuted under applicable. State and Federal laws."	s reported. Tu	nderstand that this information is given in connection with t	the receipt of Federal funds, ar	nd that school officials may verify (ch	eck) the information. I am aware t	hat if I purposely give
Street Address (if available) Apt #		City State	Zip	Daytime Phone and Email (Optional)	d Email (Optional)	
dotted name of the adult signing the form		Cincil and the second s		To be a beautiful to the second secon		

of the lunch and breakfast programs. We may share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law member who signs the application. The social security number is not required when you apply on behalf of a foster child or information, but if you do not submit all needed information, we cannot approve your child for free or reduced price meals. section is optional and does not affect your children's eligibility for free or reduced price meals institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or In accordance with Federal Law and the U.S. Department of Agriculture (USDA) civil rights regulations and policies, this enforcement officials to help them look into violations of program rules your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement you list a Supplemental Nutrition Assistance Program (SNAP) case number or other SNAP identifier for your child or when You must include the last four digits of the social security number of the primary wage earner or other adult household Ethnicity (check one): We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.) you indicate that the adult household member signing the application does not have a social security number. We will use The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the Race (check one or more): Social Security Income from any other source household Earnings from work Income from person outside the Determining Official's Signature: School use only OPTIONAL Eligibility: Total Income: Reason for denial Household Size: INSTRUCTIONS Source of Child Income Survivor's Benefits Disability Payments 0 OFree Week Children's Racial and Ethnic Identities 0 For School Use Only Sources of Income Every 2 Weeks 0 SNAP Reduced A friend or extended family member regularly give a child spending A child receives regular income form a private pension fund, annuity, Sources of Income for Children Hispanic or Latino money. Security benefits A parent is disabled, retied, or deceased, and their child receives Social A child is blind or disabled and receives social security benefits salary or wages A child has a regular full or part-time job where they earn a regular American Indian or Alaskan Native Categorically Eligible 0 0 Twice a Month Not Hispanic or Latino Example (s) 0 Month Date Withdrawn: Asian 0 Black or African American Determination Date: Year privatized housing allowances) not include combat pay, FSSA or food and clothing Allowances for off-base housing, If you are in the U.S. Military: employment (farm or business Net income from self- Salary, wages, cash bonuses Basic pay and cash bonuses (do Earnings from Work mail: (866) 632-9992, or by writing a letter addressed to the USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) Discrimination Complaint Form, which can be obtained online, at https://www.ascr.usda.gov/sites/default/files/ USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling The completed AD-3027 form or letter must be submitted to USDA by: To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Program information may be made available in languages other than English. Persons with disabilities who require Washington, D.C. 20250-9410 Office of the Assistant Secretary for Civil Rights U.S. Department of Agriculture 1400 Independence Avenue, SW Annual Every 2 wks Weekly 2x/month Annual Income Conversion: Native Hawaiian or Other Pacific Islander Child support payments or local government Alimony payments Cash assistance from state Income (SSI) Veteran's benefits Supplemental Security Worker's compensation Unemployment benefits Public Assistance/Alimony/ Source of Income for Adults Child Support X 26= X 24= × 1= X 52= Regular cash payments form outside Rental income Investment income Annuities and black lung benefits) Social Security (including railroad retirement Earned interest Regular income from trusts or estates Private pensions or disability benefits Pensions/Retirement/ All Other Income email: program.intake@usda.gov. This institution is an equal opportunity fax: (833) 256-1665 or (202) 690-7442; show calculations