



## ***Salisbury Return to Sports/Activities Plan***

The Covid-19 pandemic has presented many challenges for schools across our state and country. This document is being created to help our coaches, students, parents, and community members understand what steps we are taking to help our activities/sports reopen. Please note that the pandemic has been evolving daily and has made many plans change daily or even by the hour. This plan is very fluid and changes can and will take place in order to meet local, state, and national health guidelines.

**Masks:** All students and coaches involved with extracurricular activities will be provided a neck gaiter to be used for all contests/practices. Students may wish to provide their own for practices, but one must be used. The neck gaiter issued will be part of the school issued uniform and will be used for all games. Students are asked to wash their masks/gaiters daily. Students and coaches are **REQUIRED** to wear the mask/gaiter when social distancing is unavailable. (*examples: players in the dugout when not on the field, players talking with coaches in close proximity, players & coaches talking with officials, players & coaches riding on transportation, etc*).

**Screening:** All participants will be screened prior to activity by a coach with an infrared thermometer (recorded by coaches) and symptoms survey. Masks will be required by coaches and students during this time and students waiting to be screened need to be social distanced. Any person with a temperature 100.4° or greater or showing symptoms including: cough (new or worsening), shortness of breath or trouble breathing, sore throat (different from seasonal allergies), new loss of smell or taste, vomiting, or diarrhea, will be sent home immediately. He/She must wear a face mask. Students will be screened prior to entrance to the locker room for changing. Students must wear a mask while in the locker room. Students are asked to wash their hands thoroughly before and after practices and games.

**Hydration:** All participants are required to bring their own water bottle/container. Water containers/bottles will NOT be allowed to be shared and need to be spaced apart from each other. Participants are encouraged to bring larger than normal water containers to limit the need for refilling. Managers will not assist with the personal water containers of participants and staff.

**Equipment:** There will be no shared athletic towels, clothing, shoes, equipment, or jerseys. Students are encouraged to wash their workout clothing after each workout. There will be hand sanitizer at each venue and out during practices & games.

**Positive Case:** If a student tests positive, he/she will be quarantined using the MSHSAA guidelines and will have to be released by a doctor using the MSHSAA Return to Play policy. Upon being cleared, the student will have to complete the 4 stages of lighter activity before returning to full activity. All participants who had close, direct contact with a positive case should be excluded from activity per MSHSAA guidelines. The Health Department will assist in proper contact tracing and quarantining of individuals.