

2021-22 Lincoln Lutheran Return to School Plan

Lincoln Lutheran will continue to review and update the 2021-22 Return to School Plan during the school year as the risk of COVID-19 spread in the community changes. This work will be ongoing as new research emerges and more guidance is provided by the Lincoln-Lancaster County Health Department, the Centers for Disease Control and Prevention, the Nebraska Department of Education, and the United States Department of Education.

Any changes to the Return to School Plan will be communicated.

Self-Screening

Staff, students, and visitors should conduct a self-screening process for COVID-19 symptoms before coming to school. Staff, students, and visitors should ask themselves the following questions:

Do you have one of the following:

- Fever of over 100.4 degrees
- Onset of shortness of breath or difficulty breathing
- New onset of dry cough
- New onset of loss of taste or smell

Do you have two of the following:

- Chills longer than two hours
- Congestion and/or runny nose
- Nausea, vomiting, or diarrhea
- Sore throat
- Headache
- Muscle pain

Have you had contact with COVID-19?

- Contact with a positive case longer than a cumulative 15 minutes within six feet without a face covering over a 24 hour period, or residing with someone who is positive.

If the answer is **YES** to **ANY** of the above questions, do not come to school. Instead, contact your doctor, isolate yourself, and get tested for COVID-19.

Isolation/Quarantine

Fully Vaccinated Students and Staff

- Positive Case - Students and staff who have been fully vaccinated and test positive for COVID-19 will be required to isolate for a 10-day period beginning with the onset of symptoms.
- Close Contact - Students and staff who have been fully vaccinated and have a close contact with a positive case are required to self-monitor for symptoms, and get tested if symptoms develop.

Non-Vaccinated or Partially-Vaccinated Students and Staff

- Positive Case - Non vaccinated or partially vaccinated students and staff who test positive for COVID-19 will be required to isolate for a 10-day period beginning with the onset of symptoms.
- Close Contact - Non vaccinated or partially vaccinated students and staff who have a close contact with a positive case are required to isolate for at least seven days with a negative test on or after the fifth day. They will also be required to wear a mask at all times for the duration of the 14 day quarantine period.

Close Contact

- Close contact is defined as contact with a positive case longer than 15 minutes within six feet without a face covering over a 24 hour period, or residing with someone who is positive.

Faculty/Staff Quarantine or Isolation

- Faculty or Staff that have been vaccinated and are required to quarantine or isolate will not be required to use Sick Leave for any required absences.
- Faculty or Staff that have not been vaccinated and are required to quarantine or isolate will be required to use Sick Leave for any required absences. Any absences exceeding Sick Leave allowance will result in a salary deduction.

Note: Per CDC guidelines, individuals who have tested positive for the COVID-19 virus more than 90 days in the past are considered non-vaccinated.

Face Coverings

Fully Vaccinated Students and Staff

- Students and Staff who have been fully vaccinated are not required to wear a face covering. Fully vaccinated students and staff may wear a face covering if they choose.

Non-Vaccinated or Partially-Vaccinated Students and Staff

- Face coverings are recommended but not required for non vaccinated or partially vaccinated students and staff

Volunteers and Visitors

- Volunteers and visitors who have been fully vaccinated are not required to wear a face covering in the school buildings.
- Volunteers and visitors who have not been fully vaccinated are required to wear a face covering while in school buildings.

School Vehicles

- According to federally mandated [CDC requirements for public transportation](#), all school personnel must wear face coverings on all school vehicles, including buses and vans.
 - Note: Clarification on this requirement has been requested.

Face Coverings

- Must cover both the mouth and nose.
- Must be multilayered.
- Bandanas and plastic face shields are not allowed.
- Gaiters may only be used if they are doubled up.

Remote Learning

- Remote Learning on a short-term basis will remain an option for students who cannot attend school because of illness or other approved absence. Remote learning should be approved by the Lincoln Lutheran administration and should be used in cases where the students cannot attend school due to an approved absence. Remote learning should not be used as a matter of convenience for students or parents.
- Remote learning on a long-term basis may be an option for students in special circumstances with Lincoln Lutheran administration approval.
- Students learning remotely may or may not be allowed to participate in extracurricular activities, depending on the individual circumstance.

Before School

- Middle School students should go to the Small Gym if they arrive at school before 7:50.
- High School students should go to the Commons if they arrive at school before 7:50.
- At 7:50 a tone will sound indicating that all students can move to their 1st/5th block classes.

- It is recommended that Middle School students enter school at the west entrance and High School students enter school at the east entrance if they arrive before 7:50.

Illness

- Because of the availability of remote learning, students who are not feeling well or do not pass the self-screening process should stay home and learn remotely as their health allows.
- Students who exhibit mild illness symptoms may be allowed to attend school if they wear a suitable face covering at the discretion of the Lincoln Lutheran administration.
- Students who attend school and exhibit illness symptoms or do not pass the self-screening process will have their parents called to pick them up to take them home, or in the case where students can drive be sent home, until their symptoms subside.
- Teachers who are not feeling well or do not pass the self-screening process are encouraged to stay home. Teachers are encouraged to teach remotely as their health allows.

Hand and Desk Sanitizing

- Student's hands should be sanitized at the beginning of each class period.
- Students should be encouraged to sanitize their hands as needed during the day.
- Second/Sixth block and end of the day - Desks should be sanitized at the end of second/sixth block and at the end of each school day.

Drinking Fountains and Water Bottles

- Drinking fountains will be operational
- Water bottle fillers will be available
- Students may bring water bottles from home

Chapel

- Chapel services will be held on Tuesday and Friday
- Chapel services will be led by Lincoln Lutheran staff and outside visitors
- Outside visitors should follow face covering protocols
- Chapel seating arrangements are to be determined

Lunch

- Students will eat lunch in both the Small Gym and Commons as designated.
- Small gym - Six students per folding table
- Commons - Eight students per lunchroom table
- Open lunch will be available for senior students once normal permission requirements have been met
- High school students may sit at the picnic tables on the west side of school
- Senior students may sit at the at the picnic tables in the courtyard on the east side of school

Lockers

- Lockers will be available for student use.

Parent/Teacher Conferences

- Parents will have the option of in-person or remote Parent-Teacher conferences.

6th Grade Orientation/New Student Open House

- 6th Grade Orientation/New Student Open House will be held as usual. Teachers should record a short video giving class information for each class that will be made available to parents/students who cannot attend.

Retreats/Field Trips/Off Campus Trips

- Retreats, field trips, and off campus trips will be allowed.
- All school requirements should be followed.

8/24/2021 Directed Health Measure Procedures

The following procedures will be followed during the current Directed Health Measure (DMH):

- All school personnel and students should continue to self screen every morning. School personnel and students who do not pass the self screening process should stay home.
- Isolation and quarantine guidelines shall continue to be followed for any positive cases or close contact with positive cases.
- All school personnel and students will be required to wear face coverings when indoors and unable to maintain a distance of at least six feet of separation between any other individual at all times.
 - For practical purposes, this means all school personnel and students should wear face coverings at all times when in the school building unless they are in a classroom where social distancing is possible.
 - Exceptions to this include when actively exercising during a PE class, eating lunch while seated at a lunch table, or making a presentation in a class when social distancing is maintained.
 - Face coverings do not need to be worn outside.
 - Social distancing is defined as maintaining a distance of at least six feet of separation between any other individual at all times.
 - Exemptions to the face covering requirement will only be granted for documented medical conditions, documented mental health conditions, or documented disabilities that prevent the wearing of a face covering.
- Face coverings:
 - Must cover the mouth and nose
 - Must be multilayered (2 or more layers)
 - Bandanas and plastic face shields are not allowed
 - Gaiters may only be used if they are doubled up
- Remote learning will continue to be an option for students who are required to isolate or quarantine. Remote learning may be an option for students in other circumstances with administrative approval.
- Middle School students should continue to go to the Small Gym if they arrive at school before 7:50. High school students should go to the Commons if they arrive at school before 7:50. Middle school students will be dismissed a couple of minutes before 7:50 to reduce hallway crowding.
- Desk and Hand Sanitizing
 - Student's hands will be sanitized at the beginning of each class period.
 - Desks will be sanitized at the end of every class period.
 - School personnel and students are encouraged to sanitize or wash hands at other times as needed.

- Drinking Fountains and Water Bottles
 - Water bottle fillers will be available. Students should bring a water bottle with them to school to use during the day.
- Chapel will continue to be held on Tuesdays and Fridays. The current Chapel seating arrangement will be used.
- Lunch
 - Students will continue to eat in either the Small Gym or Commons as designated.
 - Small Gym - Four students per table
 - Commons - Six students per lunchroom table
 - Seating will be the same every day to enable contact tracing if needed
 - Students should wear face coverings any time not seated at their lunch table
 - Students are encouraged to put their face coverings on after they are through eating to limit contact time with other students and limit close contact to under 15 minutes
 - High school students will continue to be allowed to use the picnic tables by the west entrance
 - Senior students will continue to be allowed to eat lunch in the courtyard.
 - Open Lunch will be discontinued during the DHM.
- Lockers will continue to be used. Students are encouraged not to hang around the locker areas or in the hallways.
- Parent/Teacher conferences will be held remotely.
- Retreats/Field Trips/Off Campus Trips
 - May be allowed on a case-by-case basis.
- Mask Breaks
 - Students will be provided five minute mask breaks during classes.
 - Mask breaks will be outside when possible. Three feet of distance between students will be encouraged while outside for a mask break.
 - If inside, students should maintain social distancing at all times while not wearing face coverings.
 - Teachers will have a mask break schedule.
- Middle School Breaks
 - Will be held outside when possible.
 - Three feet of distance between students will be encouraged during breaks.
 - If breaks occur inside, students should remain masked at all times unless social distancing is followed.
- Assemblies will be held as necessary following the Chapel guidelines
- Outside Guests and Visitors will be allowed as long as all guidelines are able to be followed
- Extracurricular Events

- Face coverings are required at any indoor extracurricular event when social distancing is not possible
- Homecoming Week/Dance
 - Homecoming Week activities will continue as long as all guidelines are able to be followed
 - The Homecoming Dance will be limited to only Lincoln Lutheran students. All face covering guidelines should be followed

Extracurricular Activity Practice

- All students and adults will be required to wear a face covering during extracurricular activity practices when indoors and not able to effectively social distance from others.
- The exception is when individuals are actively engaged in physical activity and exercise.
- This policy includes the weight room.
- Equipment will be sanitized after every use.

Locker Room Guidelines

- Locker Rooms and the showering facilities will continue to be used under close supervision of coaches.
- Students are expected to wear their face covering at all times in the locker rooms.
- The only exception is when showering. After returning to their locker, students are expected to immediately put their face covering back on.
- Students are expected to be efficient in their use of the locker rooms.

School Transportation

- All students and coaches/adults are required to wear face coverings while using school transportation (Van or Bus).
- Consumption of food will not be allowed on any school vehicles.