

Silex School September Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 scramble egg or cereal & toast pizza, salad, carrot sticks, apple slices water & milk
4th HOLIDAY!!!!	5 breakfast sandwich or cereal & toast burritos, shredded lettuce, corn, pineapple, water & milk	6 biscuit & gravy or cereal & biscuit chicken nuggets, potato triangles, coleslaw, oranges water & milk	7 bagel or cereal & toast hot dogs, french fries, baked beans, mixed fruit cup, water & milk	8 scramble egg or cereal & toast pasta w/meat sauce, salad, bosco stick, apple sauce, water & milk
11 omlete or cereal & toast chicken sandwich, french fries, broccoli, peaches, water & milk	12 cinnamon roll or cereal & toast nachos, black beans, shredded lettuce, pineapple water & milk	13 biscuit & gravy or cereal & biscuit honey bbq wings, potato salad, tomatoes, oranges water & milk	14 breakfast burrito, or cereal & toast chicken & noodles, peas, breadstick, mixed fruit, water & milk	15 scramble egg or cereal & toast pizza, salad, carrot sticks, apple slices, water & milk
18 omlete or cereal & toast hamburger, sweet potato fries, mix vegetable, peaches water & milk	19 muffin or cereal & toast burrito, tortilla chips, red beans, pineapple, water & milk	20 biscuit & gravy or cereal & toast popcorn chicken, fried rice, egg roll, orange slices, water & milk	21 french toast or cereal & toast mini corn dogs, mac & cheese, green beans, slush cup, water & milk	22 scramble egg or cereal & toast toasted ravioli, salad, apple stick, water & milk
25 omlete or cereal & toast roast beef sandwich, french fries, broccoli, peaches, water & milk	26 granola bar or cereal & toast tacos, shredded lettuce, tomatoes, pineapple, water & milk	27 biscuit & gravy or cereal & biscuit chicken nuggets, mashed potato w/gravy, fruit cup, water & milk	28 pancake on stick or cereal & toast fish sandwich, tator tots, celery sticks, apple sauce, water & milk	
"This institution is an equal opportunity provider."				
Additional vegetable, fruit, grains or 2nd main course items may be available that is not listed on menu				