



SELF-SCREENING CHECKLIST

Parents, students, and employees should self-screen for multiple symptoms from the following COVID-19-related symptoms:

- A fever of 100.4° F or greater
- Cough/Shortness of breath or difficulty breathing
- Chills or repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell
- Nausea or diarrhea
- Congestion or runny nose

Students and employees should not enter the school buildings if they test positive for COVID-19 or exhibit one or more of the symptoms of COVID-19 that is not otherwise explained.

Students and employees exhibiting symptoms of COVID-19 without being otherwise explained are prohibited from coming to school. If they do come to school, they will be sent home immediately.

If a parent tells the district/school that a student is ill, the district/school may legally ask the parent whether the student is exhibiting any symptoms of COVID-19.

It is the personal responsibility of every school family to comply with this policy and to report any symptoms to the school so any illness trends in the school populations can be appropriately addressed.

RETURN TO SCHOOL AFTER EXCLUSION

Once a student or employee is excluded from the school environment, they may return if they satisfy the recommendations of the Centers for Disease Control (CDC). Currently those guidelines are:

Tested, and waiting for a test result

Persons who have experienced symptoms and have been tested should remain isolated and may not return to school until a negative test result is received. In addition, the person should be symptom free for 72 hours.

Untested

Persons who have not received a test proving or disproving the presence of COVID-19 but experience symptoms may return if the following three conditions are met:

- They have not had a fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers); and
- Other symptoms have improved (for example, when your cough or shortness of breath have improved); and
- At least 10 calendar days have passed since your symptoms first appeared.
- The state website has a list of over 200 testing facilities, their location, and hours of operation. This list is updated frequently.

Tested Positive- Symptomatic

Persons who experienced symptoms and have been tested for COVID-19 may return to school if the following conditions are met:

- The individual no longer has a fever (without the use medicine that reduces fevers); and
- Other symptoms have improved (for example, when your cough or shortness of breath have improved); and
- At least 10 calendar days; and
- The individual has received two negative tests at least 24 hours apart. (4 days)

Tested Positive- Asymptomatic

Persons who have not had symptoms but test positive for COVID-19 may return when:

- The individual has gone ten calendar days without symptoms
- The individual has been released by a healthcare provider.
- The individual has been approved to do so in writing by the student's health care provider.

Tested Negative

Persons who have had symptoms of COVID-19 and received a negative test result may return to school when:

- The individual has not had a fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers),
- The individual has a doctor's note that it is safe to return to school.

Someone in Household Tests Positive

Additionally, students and employees should remain home if someone in the household has COVID-19 symptoms or is being tested for COVID-19. Even without symptoms, Milan Schools may choose to exclude the student or employee from the school building and recommend that they self-quarantine for 14 calendar days if the student or employee has:

- Recently had contact with a person with a suspected or confirmed case of COVID-19
- Someone in their home being tested for COVID-19
- Recently traveled from somewhere considered to be a "hot spot" by the CDC,

The amount of time out of school could be longer if the student then becomes symptomatic.