STANLEY PUBLIC SCHOOL
“HOME OF THE BLUE JAYS”

Smart Restart
Athletic Return to Play Plan
Our Motto

Empowering learners. Inspiring success.

Our Mission

Preparing today's students to succeed in tomorrow's world.

Our Vision

Stanley Community schools believe in creating relationships and opportunities that will provide skills necessary for learners to become successful through a culture of growth and lifelong learning.

Priorities

Stanley Public Schools will continue to work with state agencies and community partners to collaborate to achieve common goals. We will be focusing on these key priorities:

- Health and Safety of Staff and Students
- Equity and Inclusion
- Meeting the Needs of Diverse Learners
- Fiscal Accountability and Measurable Results

Purpose

Ensure that every student in Stanley Public Schools receives an equitable education and has equal access to learning and instruction during the COVID-19 pandemic.
Acknowledgement of Infection Risks: The risk of COVID-19 transmission will still be present as school activities begin in August and likely through the 2020-2021 school year. Students and their families, along with school personnel must recognize these risks and implement best practices to reasonably mitigate these risks. Participation in school activities is voluntary and every individual will need to evaluate the risk versus the benefits of activity participation. Those immunocompromised students and staff, or those who live with family members with elevated health concerns, should evaluate associated risks of participation and may choose not to participate. The primary means of COVID-19 transmission is through respiratory droplets and potentially through aerosolization. Risk mitigation strategies should be aimed at reducing the likelihood of a person’s respiratory droplets coming into contact with another person. Every school is different, and every activity is different, so understand that certain mitigation strategies may be feasible in one school or for one activity, but not another.

Benefit of Sports/Activities: The physical and psychosocial benefits of education-based activity participation are numerous. Students who participate in school activities learn life lessons in an environment that cannot be duplicated. The academic achievements, social and leadership skills, as well as overall mental health are known to be greatly enhanced in students who participate in a school activity compared to those who do not. The COVID-19 pandemic has resulted in thousands of North Dakota students missing out on these life-shaping educational experiences over the past several months.

**NDHSAA Restart Guidelines** ([link](#))

**Schedules**

Schedules are planned as is but regular season tournaments are not recommended by NDHSAA unless local health units approve the event. Many schools have opted not to host tournaments and each day will bring changes to our schedules. Please refer to our [BlueJay Athletic Scheduler](#) and sign up for the “Remind Me” notification system for the most up to date and real time scheduling changes.

- No scrimmages unless it is with just one other team, sub-varsity scrimmages should be held in a different venue/gymnasium to help limit the numbers of participants in one space.

Member schools should consider limiting the number of participating schools at regular season events. All events in moderate or higher risk sports as defined by the NFHS (lower risk sports in the Fall include cross country, golf, swimming & diving, and tennis) involving more than two member schools should receive prior approval from the host school’s local health unit.
Practices

- Daily Attendance Logs – REQUIRED BY NDHSAA
  - Communicate to athletes they are to go home if they are sick. Monitor each athlete for symptoms daily.
  - Daily attendance logs at practice/contests/other gatherings for each team (varsity, junior varsity, junior high, etc.) are required. This requirement is an effort to prevent spread of COVID-19 and to aid in contact tracing in the event of any positive tests within the team.
  - Daily logs should indicate groups that were in close contact (within six feet of each other for a period of 15 minutes or longer) and if individuals were masked.
- Stagger practices between levels to help with the possibility of using those athletes in place of others in case of a quarantine.
- Stagger start times of practice to ease with the congestion in locker rooms.

Mandatory Quarantine

- A single case of COVID-19 would follow the Department of Health Guidelines and contact tracing guidance.
  - Practice and competition determinations will be made by the Department of Health and Contact tracing recommendations.
- Contests canceled due to COVID-19 cancelations will try to be rescheduled to a later date if possible but not guaranteed.
- Phase 3: Absolutely no access to the building, coaches, or other teammates during this time.

Transportation/Road Trips

- Athletes will be spaced out on the buses as much as possible, seats will be assigned, and masks are recommended.
- Parents are able to bring their children to and from events by signing students out prior to the contest at the conclusion on the contest for transportation sign out sheet/transportation form. Other adults or students transporting athletes to and from games must be approved by the building principal before the contest.
- Buses will be sanitized before and after each trip.
Masks

- Masks are recommended when not participating in strenuous activities both indoor and outdoor home and away activities/events.

Locker Rooms

- Coaches will be responsible for daily checks to make sure that all practice gear and equipment is brought home and cleaned each night.
- Lockers should be used only for daily storage of equipment/clothing and all materials are required to be taken home and washed/sanitized each night
- Locker rooms will be cleaned/sanitized daily
- Staggered schedules for locker rooms to avoid crowding.
- Athletes should plan to shower at home. Students traveling somewhere other than home after practice are encouraged to shower at the school immediately after practices and games.

Uniforms and Practice Gear

- Uniforms must be washed after each use.
- Practice gear is required to be taken home daily and cleaned. Clean gear should be brought to each practice and contests

Water

- All athletes, managers, and coaches must have their own water bottles
- Water bottles must not be shared between athletes, managers, and coaches
- No hydration stations will be used, unless using the station to fill individual water bottles. In this case gloves should be used when filling the bottles.

Game Workers

- It is recommended that Table/Sideline and Press Box Workers wear face coverings at all times.
- Hand Sanitizer will be available at the scorer’s table for workers, officials, and team personnel.
Physicals

- Athletes can use a form B if they had a physical for 19-20 and said physical is on file in the District Office.
- 7th graders are required to have a physical.

Pre-Contest/Practice Screening Questions

- Parents, coaches, event workers, and students are asked to review this daily health checklist by answering these questions before entering the school or sending their child to practice or events. The questionnaire should not be sent to the school or coaches.

- Has your child had close contact with a confirmed case of COVID-19 in the past 14 days?
  - Yes____ No____

- Does your child have a fever of 100.4 or greater?
  - Yes____ No____

- Does your child have a new loss of taste and/or smell?
  - Yes____ No____

- Does your child have fatigue?
  - Yes____ No____

- Does your child have a headache?
  - Yes____ No____

- Does your child have new or worsening muscle or body aches?
  - Yes____ No____

- Does your child have chills?
  - Yes____ No____

- Does your child have a new or worsening cough?
  - Yes____ No____
• Does your child have a new or worsening shortness of breath?
  Yes____ No____

• Does your child have a sore throat?
  Yes____ No____

• Does your child have congestion/runny nose?
  Yes____ No____

• Does your child have nausea?
  Yes____ No____

• Has your child been vomiting?
  Yes____ No____

• Does your child have diarrhea?
  Yes____ No____

• Does your child have abdominal pain?
  Yes____ No____

• If you answered yes to questions 1, 2 or 3 do not enter any school facilities or send your student to participate in practice or contests. If you answered yes to any 2 questions from 4-15 do not enter any school facilities or send your student to participate in practice or contests.

Spectators

• Phase 1- attendance is capped at 500 or 75% of the venue capacity, whichever is lower.
• Phase 2- attendance is capped at 250 or 50% of the venue capacity, whichever is lower.
  o Numbers include the teams and all other personnel that you have on hand for the game.
• It is recommended that masks are worn in the stands.
• Phase 3- All sports and activities will be postponed

Ticketing

• Activity passes will still be available.
• We are exploring ways to limit cash exchanges and an electronic means of delivery.
• It is recommended that ticket takers wear a face covering and gloves at all times.
Concessions

- Must follow ND smart restart restaurant guidelines

Game Modifications

- Will follow NDHSAA guidelines.

Live Streaming

- HS Gym through the NFHS Network and Pixellot camera system.

Meetings

- All in school meetings must be held in a space that can provide for social distancing guidelines. Masks are recommended.

Storage/Equipment

- To avoid cross contamination of equipment please keep your equipment separate from PE and other sports.
- Athletes should not have access to those areas without supervision.
- Sanitizing of equipment must be done each night before returning equipment to the storage area.
- Regular sanitization of equipment that is shared should take place during practice/activities when they are exchanged by multiple groups.

Resources

- National Federation of State High School Associations
  http://nfhs.com/
  - NFHS Streaming Network
    https://www.nfhsnetwork.com/
- Stanley Athletic Scheduler
  https://www.district16region8con.org/public/genie/1224/school/4/
- NDHSAA
  https://ndhsaa.com/
- ND Department of Public Instruction
- ND Department of Health
  https://www.health.nd.gov/diseases-conditions/coronavirus

Recommendations for Sports

- Center for Disease Control and Prevention
- Upper Missouri District Health
  https://www.umdhu.org/