

Blue Ridge Daily Home Health Screenings

Parents/Guardians: Please complete this short health check with your student(s) each morning. If they have a positive response to any of the statements in section 1 or section 2, please keep your student(s) at home and contact your child's school. See [cdc.gov](https://www.cdc.gov) for additional guidance.

SECTION 1: Symptoms

If your child has any of the following symptoms, that indicates a possible illness that may decrease the student's ability to learn and also put them at risk for spreading illness to others. Please check your child for these symptoms:

<input type="checkbox"/>	Temperature 100.4 degrees Fahrenheit or higher;
<input type="checkbox"/>	Chills;
<input type="checkbox"/>	Sore throat;
<input type="checkbox"/>	Muscle or body aches, or fatigue;
<input type="checkbox"/>	New loss of taste or smell;
<input type="checkbox"/>	Congestion or runny nose;
<input type="checkbox"/>	New uncontrolled cough that causes difficulty breathing (for students with chronic allergic asthmatic cough, a change in their cough from baseline);
<input type="checkbox"/>	Diarrhea, vomiting, or abdominal pain;
<input type="checkbox"/>	New onset of severe headache, especially with a fever.

SECTION 2: Close Contact/Potential Exposure

<input type="checkbox"/>	Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19; OR
<input type="checkbox"/>	Had close contact (within 6 feet of an infected person for at least 15 minutes) with person under quarantine for possible exposure to SARS-CoV-2: OR
<input type="checkbox"/>	Traveled to or lived in an area where the local, Tribal, territorial, or state health department is reporting large numbers of COVID-19 cases as described in the Community Mitigation Framework. https://www.cdc.gov/coronavirus/2019-ncov/community/community-mitigation.html
<input type="checkbox"/>	New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline);
<input type="checkbox"/>	Live in areas of high community transmission (as described in the Community Mitigation Framework) while the school remains open. https://www.cdc.gov/coronavirus/2019-ncov/community/community-mitigation.html