

AR  
 Hermitage Elementary School (Hermitage School District)  
 206 W. School Drive  
 Hermitage AR 71647  
 870-463-8500

**Health and Wellness School Improvement Priority**

**Section I: School Information**

<b>School Name:</b>	Hermitage Elementary School
<b>School LEA Number:</b>	060001

**School Year: 2020-2021**

**Section II: Needs Assessment**

**School Health Index Assessment**

Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

<b>Reference Number:</b>	Elem760501
--------------------------	------------

**Reviewer Comments:**

**Body Mass Index (BMI)**

<input checked="" type="checkbox"/>	<b>The school has conducted an analysis of the School Level Body Mass Index screening data.</b>
-------------------------------------	---

**Develop a brief narrative of student BMI trends based on the analysis of the data.**  
 119 kids in grades K, 2, 4, and 6 had their BMI screened. 53% of the students screened are considered to be in the "Healthy Weight" range. 28% of the students screened are considered to be the "Obese" category. 15% of the students screened are considered to be in the "Overweight" category and 3% of the students screened are considered to be in the "Underweight" category.

**Other Health and Wellness Related Data** (Optional)

---

**Develop a brief narrative of other health and wellness data.** (Optional)

---

**Reviewer Comments:**

---

**Section III: Health and Wellness Goals**

Indicate the LEA's compliance with the following Act 1220 requirements:

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
- The LEA will ensure that the district policy is in compliance with state and federal mandates.

---

**Goal 1: The LEA will provide coordination and support to create a healthy nutrition environment for students.**

---

**Goal 1 Measurable Objective**

The Child Nutrition Director will collaborate with teachers in grades K-6 using three of the methods listed in module 4 (C.9). These methods will include three of the following: provide ideas for classroom nutrition education lessons, sports nutrition in collaboration with coaches, tasting party, teaching lessons or give presentations to students, display educational and informational materials that reinforce classroom lessons. Meetings will have a sign in sheet. Documentation will be turned into the Health and Wellness Coordinator. This will be done by May 1.

---

**Goal 1**

<b>Activity</b>	<b>Person Responsible</b>	<b>Timeline</b>
Provide ideas for classroom nutrition education lessons.	Jill McKinley-Child Nutrition Director	May 1, 2021
Display education and informational materials that reinforce classroom lessons.	Tyler Caruthers-Health Education Teacher Jill McKinley-Child Nutrition Director	May 1, 2021
Give presentations to students dealing with healthy nutrition.	Jilly McKinley- Child Nutrition Director	May1, 2021

---

**Reviewer Comments:**

Good job on your team's efforts in addressing nutrition on the school campus! As you move forward developing meaningful health & wellness performance objectives, always include a target level of performance. An objective should clearly answer, one or all of the following questions:

- How much?
- How many?
- How will I know that it's accomplished? AEW 1/21/2021

---

**Goal 2: The LEA will provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students.**

---

**Goal 2 Measurable Objective**

Teachers will be provided with professional development on promoting and integrating physical activity into the classroom. This will be done by Chase Ellis. There will be sign in sheet for this professional development. Teachers will implement this into their classrooms documenting it in their lesson plans. This will be done by May 1.

---

**Goal 2**

<b>Activity</b>	<b>Person Responsible</b>	<b>Timeline</b>
Professional development will be provided by the district on promoting and and integrating physical activity into the classroom. This will be done in our faculty meetings.	Chase Ellis	December 18, 2021

---

**Reviewer Comments:**

Good job on your team's efforts in addressing physical activity on the school campus! As you move forward developing meaningful health & wellness performance objectives, always include a target level of performance. An objective should clearly answer, one or all of the following questions:

- How much?
- How many?
- How will I know that it's accomplished? AEW 1/21/2021

---

**Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.**

---

**Goal 3 Measurable Objective**

Our health teachers will receive professional development on health education using Arkansas Ideas.

Classroom teachers will receive professional development on integrating physical activity into the classroom

The Child Nutrition Director will collaborate with teachers using three of the methods listed listed in module 4 (C.9). These methods will include three of the following: provide ideas for classroom nutrition education lessons, sports nutrition in collaboration with coaches, tasting party, teaching lessons or give presentations to students, display educational and informational materials that reinforce classroom lessons.

---

**Goal 3**

<b>Activity</b>	<b>Person Responsible</b>	<b>Timeline</b>
Hermitage Elementary health teachers will complete professional development in health education.	Tyler Caruthers	May 1, 2021
Hermitage Elementary classroom teachers will receive professional development on integrating physical activity in the classroom.	Chase Ellis	December 18, 2021
Provide ideas for classroom nutrition education lessons.	Jill McKinley	May 1, 2021
Display education and informational materials that reinforce classroom lessons.	Jill McKinley	May 1, 2021
Give presentations to students dealing with healthy nutrition.	Jill McKinley	May 1, 2021

---

**Reviewer Comments:**

---

**Goal 4: (Optional) The LEA will provide coordination to support a safe and healthy learning environment.**

---

**Goal 4 Measurable Objective**

---

**Goal 4**

<b>Activity</b>	<b>Person Responsible</b>	<b>Timeline</b>

---

**Reviewer Comments:**

---

**Reviewer Response:**

ADE Reviewed

---

**Reviewer Comments:**

No revisions are needed at this time. Proceed to the Submissions Tab, and click the submit button in order to complete the submissions process. Thank you, AEW 1/21/2021