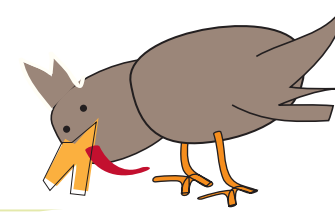
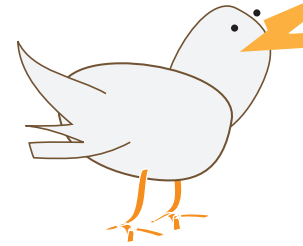


# breakfast menu

August 2020



monday	tuesday	wednesday	thursday	friday
<p>August 3, 2020</p> <p>Strawberry Yogurt Parfait Fresh Fruit</p>	<p>August 4, 2020</p> <p>WG Pancakes &amp; Syrup Fresh Fruit</p>	<p>August 5, 2020</p> <p>Banana Muffin Fresh Fruit</p>	<p>August 6, 2020</p> <p>WG Bagel &amp; Cream Cheese Fresh Fruit</p>	<p>August 7, 2020</p> <p>Breakfast Burrito &amp; Sriracha Fresh Fruit</p>
<p>August 10, 2020</p> <p>WG Pancakes &amp; Syrup Fresh Fruit</p>	<p>August 11, 2020</p> <p>Cinnamon Muffin Fresh Fruit</p>	<p>August 12, 2020</p> <p>French Toast Casserole Fresh Fruit</p>	<p>August 13, 2020</p> <p>Grits Fresh Fruit</p>	<p>August 14, 2020</p> <p>Cheerios Fresh Fruit</p>
<p>August 17, 2020</p> <p>WG Waffles &amp; Syrup Fresh Fruit</p>	<p>August 18, 2020</p> <p>Banana Muffin Fresh Fruit</p>	<p>August 19, 2020</p> <p>Turkey Ham Sandwich Fresh Fruit</p>	<p>August 20, 2020</p> <p>WG Bagel &amp; Cream Cheese Fresh Fruit</p>	<p>August 21, 2020</p> <p>Chocolate Oatmeal Bar Fresh Fruit</p>
<p>August 24, 2020</p> <p>Cheerios Fresh Fruit</p>	<p>August 25, 2020</p> <p>Appleberry Muffin Fresh Fruit</p>	<p>August 26, 2020</p> <p>WG Pancakes &amp; Syrup Fresh Fruit</p>	<p>August 27, 2020</p> <p>Cheesy Omelet &amp; WG Bread Fresh Fruit</p>	<p>August 28, 2020</p> <p>Turkey Ham Sandwich Fresh Fruit</p>
<p>August 31, 2020</p> <p>Strawberry Yogurt Parfait Fresh Fruit</p>				

\*Sides may change based on freshness and availability

# summer lunch menu } }

June 2020  
July 2020  
August 2020

monday	tuesday	wednesday	thursday	friday
<b>August 3, 2020</b> All Natural Beef Hot Dog WG Hot Dog Bun Green Beans Orange Slices Three Bean Salad	<b>August 4, 2020</b> Buffalo Chicken Sandwich WG Hamburger Bun Baby Carrots Pineapple Seasoned Chickpeas	<b>August 5, 2020</b> WG Penne Pasta Marinara w/ Mozzarella Cheese WG Breadstick Cold Peas Cantaloupe	<b>August 6, 2020</b> Cajun Fish WG Roll Broccoli Banana Cauliflower	<b>August 7, 2020</b> WG Cheese Pizza Cherry Tomatoes Pear Slices Baby Carrots
<b>August 10, 2020</b> Cajun Red Beans & Rice WG Roll Collard Greens Orange Slices Edamame	<b>August 11, 2020</b> Beef Tacos WG Tortilla Sweet Corn Apple Slices Pico de Gallo	<b>August 12, 2020</b> Veggie Burger WG Hamburger Bun Cucumber Slices Fruit Salad Cold Peas	<b>August 13, 2020</b> BBQ Chicken Drumstick WG Roll Sweet Potato Fries Plum Black Bean & Corn Salad	<b>August 14, 2020</b> WG Mac & Cheese WG Bread Broccoli Watermelon Cherry Tomatoes
<b>August 17, 2020</b> Fish Tenders WG Bread Potato Fries Orange Slices Three Bean Salad	<b>August 18, 2020</b> Chipotle Lime Chicken Brown Rice Baby Carrots Honeydew Seasoned Chickpeas	<b>August 19, 2020</b> Turkey Meatball Sandwich WG Hamburger Bun Cucumber Slices Applesauce	<b>August 20, 2020</b> WG Tomato Cream Penne w/ Mozzarella Cheese Broccoli Apple Slices Edamame	<b>August 21, 2020</b> Beef Burger WG Hamburger Bun Cold Peas Nectarine Cherry Tomatoes
<b>August 24, 2020</b> Cajun Red Beans & Rice WG Roll Sweet Potato Fries Apple Slices Black Bean & Corn Salad	<b>August 25, 2020</b> Los Cabos Burrito Broccoli Pineapple Cherry Tomatoes	<b>August 26, 2020</b> Lemon Chicken Breast WG Roll Broccoli Cantaloupe Cauliflower	<b>August 27, 2020</b> Jambalaya & Rice WG Breadstick Sweet Corn Pear Slices Baby Carrots	<b>August 28, 2020</b> Turkey Sloppy Joe WG Hamburger Bun Roasted Potatoes Honeydew Edamame
<b>August 31, 2020</b> All Natural Beef Hot Dog WG Hot Dog Bun Green Beans Orange Slices Three Bean Salad				



**nut free kitchen!**  
**scratch cooking**

# Online Learners Menu }

Meal Kits can be Picked up on Mondays at Loyola Avenue Campus!

Weeks of August 10th and 24th:

	Day 1	Day 2	Day 3	Day 4	Day 5
<b>Breakfast</b>	Blueberry Muffin & Cantaloupe	Turkey Ham Breakfast Sandwich Pineapple	Apple Bread & Pear Slices	Whole Grain Pancakes & Orange Slices	Cheerios Cereal & Applesauce
<b>Lunch</b>	Chicken Caesar Wrap Pear Slices Edamame	Chicken Nuggets Honeydew Baby Carrots Ketchup	BBQ Chicken Sandwich Cantaloupe Corn salad Cucumber Slices	All Natural Hot Dog Whole Orange Pickle Green Beans Ketchup & Mustard	Sunbutter & Jelly String Cheese Whole Apple Baby Carrots Broccoli

Weeks of August 17th and 31st

<b>Breakfast</b>	Whole Grain Bagel, Cream Cheese & Applesauce	Whole Grain Pancake & Cantaloupe	Flavored All Natural Yogurt Granola Crumble Raisins	Pumpkin Muffin & Whole Orange	Whole Grain Waffle & Applesauce
<b>Lunch</b>	BBQ Chicken Sandwich Cantaloupe Corn Salad Pickle	Chicken Nuggets Honeydew Baby Carrots Edamame Ketchup	Turkey Swiss Sandwich Whole Apple Cherry Tomatoes Corn Salad & Mayo	Pita Fresh Mozzarella Whole Orange Marinara Sauce Green Beans	Sunbutter & Jelly String Cheese Whole Apple Baby Carrots

\*\*1% milk included with all meals

\*Sides may change based on freshness and availability

nut free kitchen!  
scratch cooking

