

Personal WIG for home

My WIG (Wildly Important goal) for Home:

Lead Measures (what will I do to achieve my goal):

- 1.
- 2.
- 3.

Each time I complete one of the strategies above I will put a colored dot on the calendar.

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1					
2					
3					
4					
5					
6					

I met my goal each week: Yes or No

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6