

Safe Return to Campus Training

Updated: 7-27-2020



INTRODUCTION

The information provided in this training aligns with recommendations from federal and state resources, including the Centers for Disease Control and Prevention, World Health Organization, Arizona Department of Health Services, and Yuma County Public Health Services.

COVID 19 is an evolving situation and information can change frequently. For updates, please visit

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>



World Health
Organization



PHASED APPROACH

Phase 1: ALL REMOTE (Current model to start 2020/2021)

- Governing Board identifies High Risk for COVID-19
- No students – Remote Instruction
- Personnel preferably Work from Home or on site as needed by Supervisor

Phase 2: HYBRID MIXED MODEL

- Governing Board identifies Moderate Risk for COVID-19
- Students – Some In Person Classroom with Some Remote Instruction
- Personnel preferably work on site or Work from Home as needed – Supervisor to determine need and approve assignment

Phase 3 : ALL AT SCHOOL

- Governing Board identifies Low Risk for COVID-19
- Students – Remote Instruction or In Person Classroom
- Personnel preferably On Site



TRAINING PURPOSE

- To raise safety awareness about COVID-19
- To provide the latest safety guidance
- To supply general infection control information
- To explain the measures
Somerton School District is taking to protect the health and safety of students and staff



Image: CDC

CORONAVIRUS AND COVID-19 AWARENESS

COVID-19, is a global pandemic respiratory illness with community spread via droplets or contaminated surfaces. Symptoms of COVID-19 (prevalence noted below) may include:

- Fever and Chills = 55%
- Cough = 53%
- Shortness of breath = 27%
- Fatigue = 24%
- Muscle aches = 60%
- Lack of Taste and/or Smell = 38%
- Sore Throat = 25%
- Congestion = 28%
- Nausea/vomiting = 15%
- Diarrhea = 32%

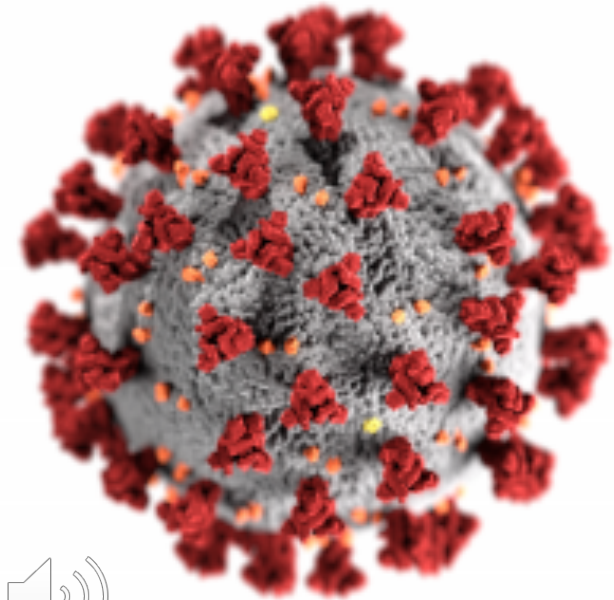


Image: CDC

STAY HOME AND SELF-ISOLATE IF **YOU** ARE SICK!

Coming to campus if you have symptoms of any illness, including COVID-19, puts the entire District's employees at risk.

If you are sick, please stay home and self-isolate!

Make sure your immunizations are up to date and **please** get a flu shot!



Image: CDC

HEALTH SELF- SCREENING PROCEDURES

It is required that the District employees and students answer the following questions daily:

Do you have a new onset of any of the following:

- Fever (over 100.4 degree Fahrenheit)
- Cough
- Sore Throat
- Shortness of breath
- Loss of taste/smell
- Nasal congestion/Runny Nose

Have you had close contact with anyone who has tested positive for COVID-19-or who is waiting for results?



WHAT TO DO IF YOU FEEL SICK:

If you don't feel well or are experiencing COVID-19 symptoms, **self-isolate**, call a medical professional, or the Yuma County Public Health Services.

Self-quarantine if you've had close contact with anyone who has tested positive for COVID-19, or who has been tested and is waiting for results.

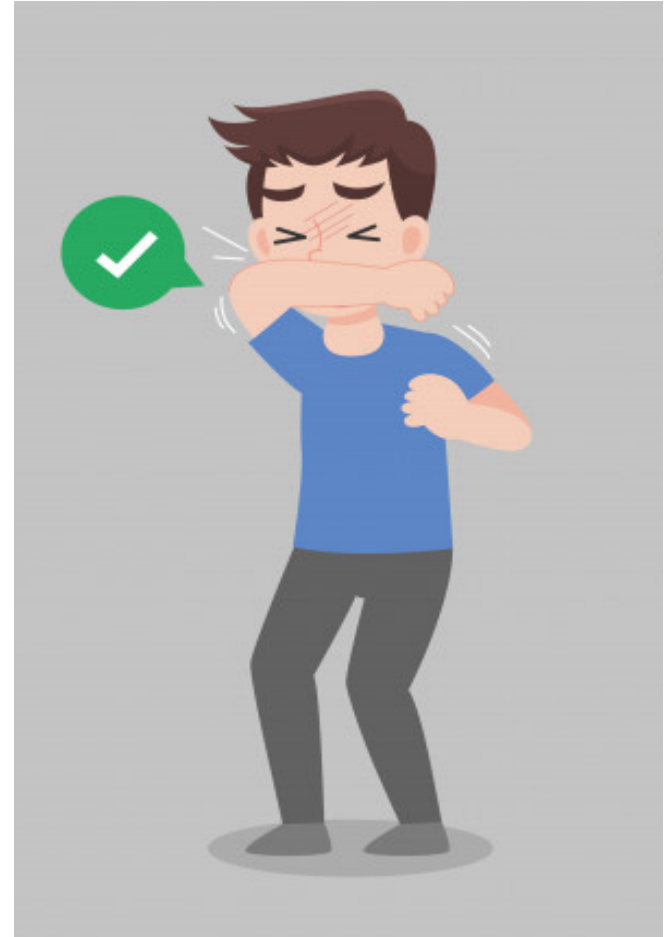


SAFETY GUIDANCE - GOOD RESPIRATORY HYGIENE

Cover your mouth and nose with tissues when coughing or sneezing or use the inside of elbow.

Throw away used tissues in the trash. Do not leave on top of common surfaces.

Follow-up by washing hands with soap and water or applying hand sanitizer.



SAFETY GUIDANCE - GOOD HAND HYGIENE

Avoid touching eyes, nose and mouth, especially with unwashed hands.

If soap and water are not available, use a hand sanitizer that contains 60-80% percent alcohol.

Cover all surfaces of hands and rub together until dry.

Hand hygiene is considered *the single most important* measure for preventing disease transmission from surfaces.

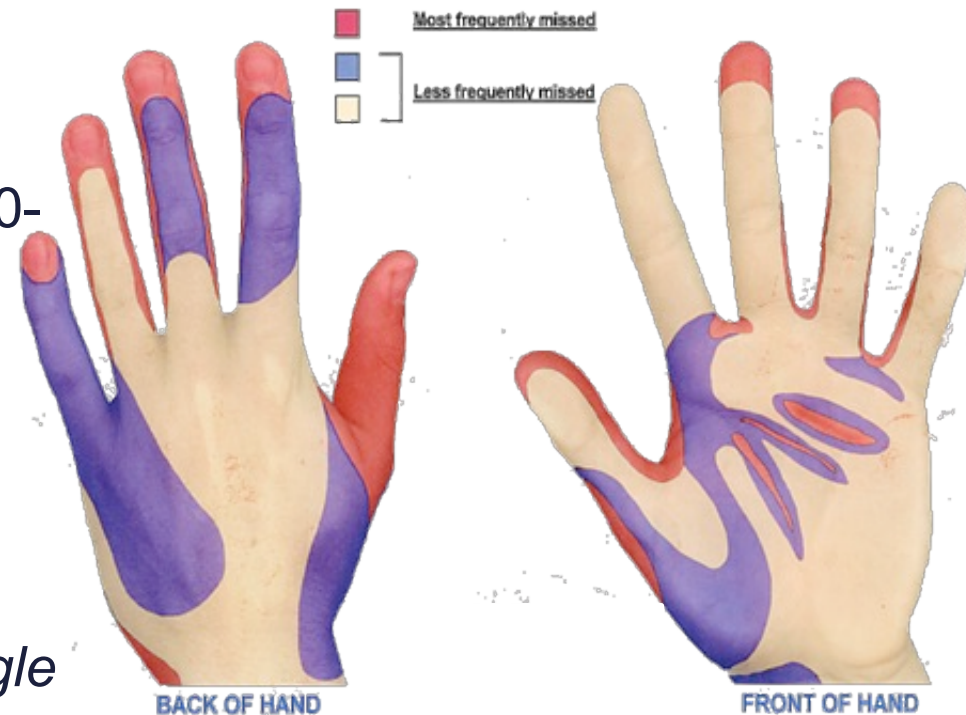


Image: Taylor L.J., SRN, SCM – An Evaluation of Hand Washing Techniques, Nursing Times

How to Handwash?

WASH HANDS WHEN VISIBLY SOILED! OTHERWISE, USE HANDRUB



Duration of the entire procedure: 40-60 seconds



Wet hands with water;



Apply enough soap to cover all hand surfaces;



Rub hands palm to palm;



Right palm over left dorsum with interlaced fingers and vice versa;



Palm to palm with fingers interlaced;



Backs of fingers to opposing palms with fingers interlocked;



Rotational rubbing of left thumb clasped in right palm and vice versa;



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



Rinse hands with water;



Dry hands thoroughly with a single use towel;



Use towel to turn off faucet;



Your hands are now safe.

Wash your hands often.

Rub your hands together for at least 20 seconds!



Need a Timer?

Happy Birthday
x2

ABCs x1



World Health
Organization

Patient Safety

A World Alliance for Safer Health Care

SAVE LIVES

Clean Your Hands

SAFETY GUIDANCE – FACE COVERINGS

Somerton School District expects that all staff and students will wear cloth face covers, or disposable surgical masks to prevent the asymptomatic spread of infection.



Masks will be required in any indoor space where physical distancing cannot be maintained.



Note: Wearing a face covering is **not a substitute for physical distancing.**



Images: CDC

SAFETY GUIDANCE – FACE COVERINGS

	Type and Intended Use of Face Coverings/Masks			
Type	Cloth Face Covering 	Disposable Mask 	Medical- Grade Surgical Mask 	N95 Respirator 
Description	Home-made or commercially manufactured face coverings that are washable and help contain wearer's respiratory emissions	Commercially manufactured masks that help contain wearer's respiratory emissions	FDA-approved masks to protect the wearer from large droplets and splashes; helps contains wearer's respiratory emissions	Provide effective respiratory protection from airborne particles and aerosols; helps contain wearer's respiratory emissions
Intended Use	Required for use in non-healthcare settings (office spaces, general research/work settings, shops, community areas where 6' social distancing cannot be consistently		These masks are reserved for healthcare workers and other approved areas with task-specific hazards determined by District Health Services Manager.	

SAFETY GUIDANCE – PUTTING ON FACE COVERINGS

1. Wash hands with soap and water or apply hand sanitizer before putting on your face covering.
2. Place loops over ears.
3. The face covering must cover your **nose and mouth** with no gaps.
4. Avoid touching the face covering while wearing it.
5. If you do touch your face covering, re-wash hands or apply hand sanitizer.



SAFETY GUIDANCE – REMOVING FACE COVERINGS

1. Wash hands with soap and water or apply hand sanitizer.
2. Use the ear loops to remove the face covering without touching the fabric or your face.
3. If the face covering is in good condition and not soiled, you may reuse it.
4. Carefully place it into a clean storage bag, labeled with the user's name. Do not seal the bag.
5. Wash hands with soap and water or apply hand sanitizer.
6. Wash cloth face coverings daily and dispose of soiled surgical masks.



MEASURES TO PROTECT YOUR HEALTH AND SAFETY

All Hands
Clean
On Deck



PHYSICAL DISTANCING

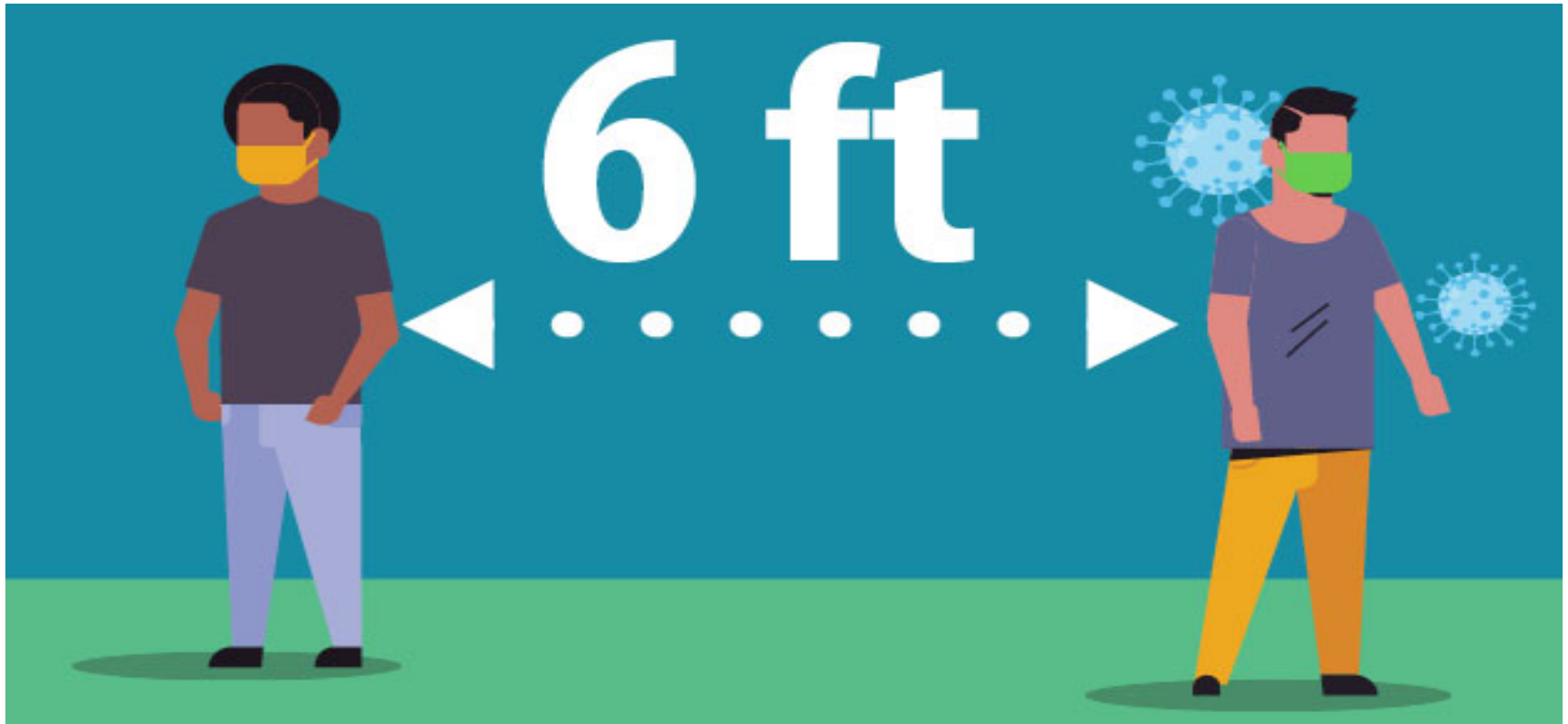


Image: CDC
Stay 6 feet apart!



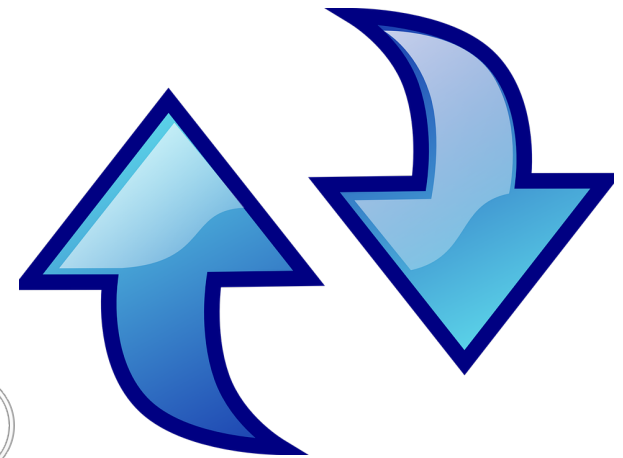
PRACTICES AT SOMERTON SCHOOL DISTRICT TO PROTECT YOUR HEALTH AND SAFETY:

- Distribution of cloth face coverings to staff and students
- Implementation of the remote/virtual instruction – August 17th
- Utilization of online platforms for classes, meetings, and telehealth options
- Specific occupancy limits in public spaces such as classrooms and lounges
- Installation of additional hand sanitizer dispensers and disinfection products near classrooms and in common areas
- No-contact transactions and deliveries
- Enhanced cleaning and disinfection protocols



WAYS YOU CAN PARTICIPATE AND HELP

- Follow floor markings and wall signage.
- Consider walking or riding your bike instead of taking the bus when able.
- Use alternate dining options including curb-side pick-up for food delivery.



MANAGING MENTAL WELL-BEING DURING COVID19

Self-care Strategies:

- Limit your consumption of news
- Spend time in nature
- Practice meditation or mindfulness
- Exercise or move your body on a regular basis
- Get plenty of rest (7-9 hours most nights)
- Eat more fruits and vegetables
- Virtually connect with friends and family
- Cultivate optimism and gratitude
- Be aware of less-healthy coping strategies, such as alcohol or drug use.
- Check in on others
- Tell someone if you are struggling- reach out
- Make some time for yourself, as you can



MENTAL HEALTH RESOURCES

- For Students:
- Counseling Services:
 - Pathways 928-317-0177
 - Easter Seal 928-248-5112
 - AZ Children Association 928-271-1035
- For Employees:
- Employee Assistance Program
 - 1-800-343-3822
 - Clinical counseling Consultation
 - Information and referrals
 - Virtual workshops and wellness events
- Healthiest You
 - 1-866-703-1259
 - 24/7 Telehealth Option
 - Must be enrolled
 - Available for employee and family



EMPLOYEE EXPOSURE RISK ASSESSMENTS

In addition to following the CDC guidance provided in this video, employees may require additional work-related risk assessment.

Talk to your supervisor if you have concerns about resuming on-site work. Alternate work schedules and locations may be approved on a case by case basis in order to promote physical distancing. Human Resources can help with anyone seeking an accommodation for a disability. Please contact hrdept@ssd11.org for assistance.



DISINFECTION GUIDELINES

District custodial staff uses disinfectants that are registered with the EPA for use against SARS-CoV-2 virus and follows CDC guidelines for daily disinfection of common use areas and touch points.

In addition, individuals are encouraged to disinfect the following surfaces between users:

- Computer, keyboard and mouse
- Doorknobs and door handles
- Faucet handles and light switches
- Phones
- Tables, desks and countertops
- Tools and other shared equipment



Image: CDC

COVID-19 COORDINATORS

The District leadership has worked with site/department to identify a COVID-19 Coordinator to be the point of contact throughout the District responsible for answering parent questions regarding implementation of COVID-19 protocols.

A listing of the COVID-19 Coordinators will be shared with your Lead Secretary.

Note: Guidance is ever changing



MODELING BEHAVIORS

- As a District employee it's important you understand we're showing other employees, students, and the community how to behave in our environment.
- Providing a sense of assurance that we are following the guidelines, that will increase their confidence in us.
- We influence the behavior of others to be more attentive to safety precautions.



REPORTING COVID-19 POSITIVE TEST RESULTS

- All employees must report if they are positive for COVID-19 to the Human Resources department at hrdept@ssd11.org.
- HR is working closely with Emma Rubio, District Health Services Manager to ensure staff self-quarantine as required following CDC guidelines or County Health department guidelines – ALL staff who are positive MUST be cleared by HR PRIOR to returning to work.
- All employees who come into contact with someone who is positive for COVID-19 must quarantine for specified days. – ALL staff who are quarantined be cleared by HR PRIOR to returning to work.



REMEMBER...

YOU

have the power to protect
others from COVID-19.

**Help stop the spread.
Maintain physical distancing
and you can help**

SAVE LIVES.



Visit [iVisions Employee Portal](#) for more information.