



## Head Lice (Pediculosis) Daily Checklist

### Day 1

- Check hair (lice and/or nits found commonly behind ears and nape of neck)
- Inspect all other family members
- Treat with special head lice shampoo from the drugstore
- Remove ALL live lice and nits
- Wash all bedding, clothing (worn the 48 hours prior) in and toys in hot water and dry on high heat for 30 minutes
- Vacuum all carpeting, furniture and car upholstery
- Things that can't be washed-seal in a plastic bag for 2 weeks

### Day 2

- Check hair & remove ALL nits and/or live lice
- Vacuum

### Day 3

- Check hair & remove ALL nits and/or live lice
- Vacuum

### Day 4

- Check hair & remove ALL nits and/or live lice
- Vacuum

### Day 5

- Check hair & remove ALL nits and/or live lice
- Vacuum

### Day 6

- Check hair & remove ALL nits and/or live lice
- Vacuum

### Day 7

- Check hair & remove ALL nits and/or live lice
- Vacuum

### Day 8

- Check hair & remove ALL nits and/or live lice
- Vacuum
- REPEAT TREATMENT with lice shampoo IF still finding live lice and/or nits within 1/4" of scalp

### Day 9

- Check hair & remove ALL nits and/or live lice
- Vacuum

### Day 10

- Check hair & remove ALL nits and/or live lice
- Vacuum

### Day 11

- Check hair & remove ALL nits and/or live lice
- Vacuum

### Day 12

- Check hair & remove ALL nits and/or live lice
- Vacuum

### Day 13

- Check hair & remove ALL nits and/or live lice
- Vacuum

### Day 14

- Check hair & remove ALL nits and/or live lice; If treatment worked, there should be no lice/nits

**NOTE: Some lice treatments may indicate a second treatment after 7 to 10 days. Please follow the manufacturer's instructions carefully and only apply when it is suggested. Please remember to have your child checked through school office when returns after treatment.**