

Maud ISD Medication Policy

Medications, when possible, should be scheduled to be taken at home. There are times, however, when your child may require a medication to be given at school. Medication that must be administered to a student during school hours must be provided by the student's parent. All medication, whether prescription or nonprescription (over-the-counter), must be kept in the school health office and administered by the nurse or another authorized district employee. Students are not allowed to possess his or her own medication unless the student is authorized by the parent and physician to carry medication because of asthma (inhaler), a severe allergy (Epi-pen), or diabetes as described below or as otherwise allowed by law.

According to Texas Department of State Health Services and the Maud I.S.D. Board of Trustees policy, a medication may be dispensed to a student by school personnel provided the following requirements are met:

- Medication is to be brought to and kept in the school health office. All medication must be in properly labeled pharmacy or original over-the-counter containers. This includes inhalers and Epi-pens.
- Expired medications will not be administered.
- All written requests to administer medication at school must include:
 - Student's name
 - Name of medication
 - Dosage of medication
 - Time and dates of administration
 - Parent Signature and date of request
- Prescription medication must be in the original, pharmacy labeled container, and be provided by the parent. Prescription medication to be administered short-term (5 consecutive school days or less) must be accompanied by a written request from the parent (as described above).
- Prescription medication to be administered at school long-term (more than 5 consecutive school days) must be accompanied by a written request from the parent AND the prescribing physician.
- Nonprescription (over-the-counter) medication must be in the original container and include recommended dosage, directions, and reasons for use. The medication must be accompanied by a written request from the parent (as described above). A physician order will be required if requests are in excess of the manufacturer's recommended dosage.
- Nonprescription (over-the-counter) medication will not be given for more than 5 consecutive school days without a written request from the parent AND the student's physician.
- Nonprescription (over-the-counter) medication will not be available on off-campus field trips without prior written request from the parent and/or physician.

- Herbal or dietary supplements will not be administered unless the medication will benefit the student's educational achievement as stated in the student's individualized education program (IEP) or Section 504 plan and is prescribed by a physician.
- Consents and medical authorizations must be renewed each school year.
- It is the responsibility of the parent/guardian to notify the school nurse of any medication changes.

A student with asthma or severe allergic reaction (anaphylaxis) may be permitted to possess and use prescribed asthma (inhaler) or anaphylaxis (Epi-pen) medication at school or school-related events only if he or she has written authorization from his or her parent and a physician or other licensed health-care provider. The student must also demonstrate to his or her physician or health-care provider and to the school nurse the ability to use the prescribed medication, including any device required to administer the medication. **It is strongly advised that parents provide back-up medication to be stored in the health office in the event the student misplaces or forgot his or her medication.** If the student has been prescribed asthma or anaphylaxis medication for use during the school day, the student and parents should discuss this with the school nurse.

In accordance with a student's individual health plan for management of diabetes, a student with diabetes will be permitted to possess and use monitoring and treatment supplies and equipment while at school or at a school-related activity. A diabetic treatment plan must be signed by the student's parent and physician and be on file in the school health office. Please see the school nurse or principal for more details.

Sunscreen

Students whose schedules provide for regular time spent outdoors, including for recess and physical education classes, should apply sunscreen before coming to school.

For students at the elementary level, the student's teacher will apply sunscreen to a student's exposed skin if the student brings the sunscreen to school and requests assistance with the application of the sunscreen. Nothing prohibits a student at this level from applying his or her own sunscreen if the student is capable of doing so.

For students at the secondary level, a student may possess and apply sunscreen when necessary. If the student will need assistance with this application, please address the need for assistance with the school nurse.

Whether a student is at the elementary or secondary level, if sunscreen needs to be administered to treat any type of medical condition, this should be handled through communication with the school nurse so that the district is made aware of any safety and medical issues.