



Dear Parent/Guardian,

Sioux Valley School continues to implement a concussion management program. This program will assist healthcare providers in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by student-athletes, we utilize a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used in conjunction with a detailed injury history and comprehensive clinical evaluation to help determine the severity of head injury and when the injury has fully healed.

In order to establish a neurocognitive baseline, the computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in “video-game” type format and takes about 60 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

If a concussion is suspected, the athlete will be required to re-take the test. Both the preseason and post-injury test data is provided to a healthcare provider to evaluate the injury. The information gathered can also be shared with your family doctor. The test data in conjunction with a detailed injury history and clinical evaluation will enable these health professionals to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details.

Baseline testing will be offered during specific dates and times at school. The test is recommended every other year for high school students, and every year for junior high school students. Post-injury testing will be performed by appointment and will coincide with a doctor appointment; applicable charges will include the cost of the post-injury test as well as a physician office visit.

ImPACT testing procedures are non-invasive, and they pose no risks to your student. We are excited to implement this program given that it provides us the best available information for managing concussions.



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## Consent Form

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program.

**School**

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**Printed Name of Athlete**

\_\_\_\_\_

**Sport(s)**

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\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent

\_\_\_\_\_  
Date