

# IOWA SCHOOL-AGE CARE - HEALTH STATUS - PARENT STATEMENT

## Health Professional's Physical Exam Findings\*

Date of Physical Exam: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Body Mass Index: \_\_\_\_\_

There are weight concerns and

Referral made to \_\_\_\_\_

Blood Pressure: \_\_\_\_\_

### Laboratory Screening:

Blood Lead Level: \_\_\_\_\_  venous  capillary (for child under age 6 yr)

Hgb. / Hct: \_\_\_\_\_

Urinalysis: \_\_\_\_\_

TB testing (high risk child only) \_\_\_\_\_

### Sensory Screening

Vision: Right eye \_\_\_\_\_ Left eye \_\_\_\_\_

Hearing: Right ear \_\_\_\_\_ Left ear \_\_\_\_\_

Tympanometry: Right ear \_\_\_\_\_ Left ear \_\_\_\_\_

**Exam Results** (*N = normal limits*) otherwise describe \_\_\_\_\_

**Skin:** \_\_\_\_\_

**HEENT:** \_\_\_\_\_

**Teeth/Oral health:** \_\_\_\_\_

Date of Dentist Exam: \_\_\_\_\_ or  None to date.

Dental Referral Made Today  Yes  No

**Heart:** \_\_\_\_\_

**Lungs:** \_\_\_\_\_

**Stomach/Abdomen:** \_\_\_\_\_

**Genitalia:** \_\_\_\_\_

**Extremities, Joints, Muscles, Spine:** \_\_\_\_\_

**Neurological:** \_\_\_\_\_

**Other Notes:** \_\_\_\_\_

Child Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_

### Vaccines given Today:

Vaccines entered into IRIS database.  Yes  No

DtaP/DTP/Td

HEP B

HIB

Influenza

MMR

Pneumococcal

Polio

Varicella

Other \_\_\_\_\_

### Referrals made today:

Referred to **hawk-i** today 1-800-257-8563

**Health provider authorizes the child to receive the following medications while at child care or school**  
(Including over-the-counter and prescribed)

Medication Name	Dosage
<input type="checkbox"/> Fever/Pain reliever:	
<input type="checkbox"/> Sunscreen:	
<input type="checkbox"/> Cough medication:	
<input type="checkbox"/> Other - list all	

### Health Provider Statement:

The child may **fully participate** with **NO** health-related restrictions.

The child has the following **health-related restrictions** to participation: (please specify)

Signature \_\_\_\_\_

Provider Type (circle) MD DO PA ARNP

Address: \_\_\_\_\_ May use stamp Telephone: \_\_\_\_\_

\* Iowa Child Care regulations require an annual parent statement about the child's health. Parents obtaining a physical exam are asked to have their family doctor or clinic use this form.