

Revised
7/20/20



pennsylvania
DEPARTMENT OF EDUCATION

PK-12 Athletics
Health and Safety Plan Template

The decision to resume sports-related activities, including conditioning, practices and games, is within the discretion of a school entity's governing body. Each school entity must develop and adopt an Athletics Health and Safety Plan aligning to the PDE Preliminary Guidance for Phased Reopening of Pre-K to 12 Schools prior to conducting sports-related activities with students. The plan must include the provisions of this guidance, be approved by the local governing body of the school entity, and be posted on the school entity's publicly available website. School entities should also consider whether the implementation of the plan requires the adoption of a new policy or revision of an existing policy.

Each school entity should continue to monitor its Athletics Health and Safety Plan throughout the year and update as needed. All revisions should be reviewed and approved by the governing body prior to posting on the school entity's public website.

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Athletics Health and Safety Plan: Sharon City School District

All decision-makers should be mindful that as long as there are cases of COVID-19 in the community, there are no strategies that completely eliminate transmission risk within a school population. The goal is to keep transmission as low as possible to safely continue school activities. All school activities must be informed by Governor Wolf's Process to Reopen Pennsylvania. The administration has categorized reopening into three broad phases: red, yellow, or green. These designations signal how counties and/or regions may begin easing some restrictions on school, work, congregate settings, and social interactions:

- Red Phase: Schools remain closed for in-person instruction and no sports are allowed in counties designated as being in the Red Phase.
- Yellow Phase and Green Phase: Schools may resume sports-related activities after developing a written Athletics Health and Safety Plan, to be approved by the local governing body (e.g. board of directors/trustees) and posted on the school entity's publicly available website.

Use this template to document your LEA's plan to bring back student athletes and coaching staff, how you will communicate the type with stakeholders in your community, and the process for continued monitoring of local health data to assess implications for school sports-related activity operations and potential adjustments throughout the school year.

Your school entity should account for changing conditions in your local Athletics Health and Safety Plan to ensure seamless transition from more to less restrictive conditions in each of the phase requirements as needed. Depending upon the public health conditions in any county within the Commonwealth, there could be additional actions, orders, or guidance provided by the Pennsylvania Department of Education (PDE) and/or the Pennsylvania Department of Health (DOH) designating the county as being in the red, yellow, or green phase. Some counties may not experience a straight path from a red designation, to a yellow, and then a green designation. Instead, cycling back and forth between less restrictive to more restrictive designations may occur as public health indicators improve or worsen.

Resuming PK-12 Sports-Related Activities

Key Questions

- How do you plan to bring student athletes and staff back to physical school buildings, particularly if social distancing is still required?
- How did you engage stakeholders in the decision to resume sports-related activities, including try-outs, conditioning, practices, and games?
- How will you communicate your plan to your local sports and school communities?
- Once you resume sports-related activities, what will the decision-making process look like to prompt a school closure or other significant modification to sports activities?

Summary of Responses to Key Questions:

The COVID-19 pandemic has presented athletics across the world with a myriad of challenges. The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control, among others, has found that while children do get infected by COVID-19, relatively few children with COVID-19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to students, coaches, and their families.

The SCSD will take the necessary precautions and recommendations from the federal, state, and local governments, CDC, PA DOH, as well as the NFHS and PIAA. The SCSD realizes the knowledge regarding COVID-19 is constantly changing as new information and treatments become available. These recommendations will be adjusted as needed as new information becomes available in order to decrease the risk of exposure for our staff, students, and spectators. This plan will be available on the district's website.

Anticipated launch date for sports related activities: June 23, 2020

Primary Point of Contact

Each school entity must designate a primary point of contact with defined roles and responsibilities for health and safety preparedness and response planning for sports-related activities. The point of contact will be responsible for responding to all questions related to COVID-19. All parents, student athletes, officials, and coaches must be provided the person's contact information.

Point of Contact Name	Position of Point of Contact	Contact Information
Michael Fitzgerald	Principal	724-983-4030

Key Strategies, Policies, and Procedures

Use the action plan templates on the following pages to create a thorough plan for each of the requirements outlined in the [Pennsylvania Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency](#).

For each domain of the Athletics Health and Safety Plan, draft a detailed summary describing the key strategies, policies, and procedures your LEA will employ to satisfy the requirements of the domain. The domain summary will serve as the public-facing description of the efforts your LEA will take to ensure health and safety of every stakeholder in your local education community. Thus, the summary should be focused on the key information that staff, students, and families will require to clearly understand your local plan for the phased reopening of schools. Use the key questions to guide your domain summaries.

For each requirement within each domain, document the following:

- **Action Steps under Yellow and Green Phase:** Identify the discrete action steps required to prepare for and implement the requirement under the guidelines outlined for counties in yellow or green. List the discrete action steps for each requirement in sequential order.
- **Lead Individual(s) and Position(s):** List each person responsible for ensuring the action steps are fully planned and the system is prepared for effective implementation.
- **Materials, Resources, and/or Supports Needed:** List any materials, resources, or supports required to implement the requirement.
- **Professional Development (PD) Required:** Identify the training or professional development that will be provided to staff, students, families, and other stakeholders to implement each requirement effectively.

In the following tables, an asterisk (*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

Cleaning, Sanitizing, Disinfecting, and Ventilation

Key Questions

- How will you ensure the athletic facilities are cleaned and ready to safely welcome coaching staff and student athletes?
- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to maintain coaching staff and student athlete safety?
- What protocols will you put in place to clean and disinfect throughout the day?

- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions:

Recommendations for ALL LEVELS for Junior and Senior High Athletics

1. Athletes, Coaches, and Staff will undergo a COVID- 19 health screening prior to any practice, event, or team meeting. The type of screening will be dependent upon the available resources and the Phase level. The purpose is to check for signs and symptoms of COVID-19. The screenings could range from a verbal/written questionnaire to a temperature check. Temperatures at 100.4 or higher will be sent home.
2. Promote healthy hygiene practices such as hand washing (20 seconds with warm water and soap) and employees wearing a cloth face covering as feasible. (Face coverings are recommended to help decrease potential exposure to COVID-19 respiratory droplets by an infected individual. Face Coverings will not be used for athletes while practicing or competing.) Hand Sanitizer will be available for team use as resources allow.
3. Intensify cleaning, disinfection, and ventilation in all facilities
4. Encourage social distancing through increased spacing, small groups, and limited mixing between groups, if feasible
5. Educate Athletes, Coaches, and Staff on health and safety protocols
6. Anyone who is sick must stay home
7. Plan in place if a student or employee gets sick
8. Regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and updates to policies and procedures
9. Athletes and Coaches MUST provide their own water bottle for hydration. Water bottles must not be shared.
10. PPE (gloves, masks, eye protection) will be used as needed and situations warrant, or determined by local/state governments.
11. Identify Staff and students who may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions. (See - CDC “People Who are at a Higher Risk for Severe Illness”)
12. Concession stands or other food must adhere to the Guidance for Businesses in the Restaurant Industry.

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
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<p>* Cleaning, sanitizing, disinfecting, and ventilating spaces, surfaces, and any other areas used by student athletes and sporting activities (i.e., restrooms, drinking fountains, locker rooms and transportation)</p>	<p>High traffic areas will be sanitized throughout the day.</p> <p>The district will promote hygiene practices such as hand washing and employees wearing a face mask as feasible.</p> <p>Intensify cleaning, disinfection, and ventilation.</p>	<p>Jim Steklachich – Director of Maintenance</p>	<p>Soap, disinfectant, hand sanitizer, paper towels, tissues, masks, gloves, shields.</p>	<p>N</p>
<p>Other cleaning, sanitizing, disinfecting, and ventilation practices</p>	<p>When practicing indoors, exterior windows should be open, where possible.</p>	<p>Head Coach</p>	<p>N/A</p>	<p>N</p>

Social Distancing and Other Safety Protocols

Key Questions

- How will conditioning, practice, and game spaces be organized and scheduled to mitigate spread?
- How will you group student athletes with coaches to limit the number of individuals who come into contact with one another throughout the conditioning, practices, meetings, team meals, games, etc.?
- What policies and procedures will govern use of other communal spaces (locker rooms, restrooms)?
- How will you utilize outdoor space to meet social distancing requirements?
- What hygiene routines will be implemented?
- How will you adjust student transportation to meet social distancing requirements?
- How will social distancing and other safety protocols vary based on age ranges?
- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided?

Summary of Responses to Key Questions:

Limitations on Gatherings:

- No gathering of more than 25 individuals per group including coaches per indoor practice area. Outdoor practices can be up to 250 people or half the capacity of the facility.
- Controlled non-contact practices only, modified game rules
- Social Distancing should be applied during practices and in locker rooms, and gathering areas.

Social Distancing during Contests/Events/Activities

- Sidelines/Bench – appropriate social distancing will need to be maintained on sidelines/bench during contests and events, as deemed necessary by the school, PIAA, state and local governments. Consider using tape or paint as a guide for students and coaches.

Who Should Be Allowed at Events

Group people into tiers from essential to non-essential and decide which will be allowed at an event:

- Tier 1 (Essential) – Athletes, coaches, officials, event staff, medical staff, security
 - Tier 2 (Preferred) – Media
 - Tier 3 (Non-essential) – Spectators, vendors
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- Only Tier 1 and 2 personnel will be allowed to attend events until state/local governments lift restrictions on mass gatherings.
 - Changes to seating capacity and social distancing may be necessary for each venue facility and will be determined as more recommendations are released by the local/state governments.

Overnight/Out of State Events/Events in COVID-19 Hot Spots

The SCSD will evaluate each event and follow all local/state government guidelines on a case by case basis. Every consideration will be taken as to not expose students to unnecessary or potential high risk exposure.

July 1 Update: Coaches and student-athletes must wear masks while on school property and not directly engaged in physical activity. Coaches are permitted to remove their masks when coaching/speaking at a distance that upholds social distancing guidelines.

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
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<p>* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</p>	<p>Practice groups will be limited to no more than 25 in the Green Phase for indoor facilities and no more than 250 or half the capacity of outdoor facilities.</p> <p>Locker rooms will not be used during off season workouts.</p> <p>Student athletes are to arrive in proper gear and immediately return home to shower and remove clothing for proper care.</p> <p>Workouts are to be in groups of the same students from day to day. This shall include the same coach with the same group. This ensures limited exposure if something should develop.</p> <p>There should be a minimum of 6 feet between athletes at all times where feasible. Masks should be worn when social distancing is not feasible..</p> <p>Coaches and student-athletes must wear masks while on school property and not directly engaged in physical activity. Coaches are permitted to remove their masks when coaching/speaking at a distance that upholds social distancing guidelines.</p>	<p>Coaches</p>	<p>Cleaning materials, rosters, masks</p>	<p>N</p>
<p>* Procedures for serving food at events</p>	<p>Concession stands or other food must adhere to the Guidance for Businesses in the Restaurant Industry.</p>	<p>Head Coach and Booster Officers</p>	<p>TBD</p>	<p>N</p>

<p>* Hygiene practices for student athletes and staff which include the manner and frequency of hand-washing and other best practices</p>	<p>Promote healthy hygiene practices such as hand washing (20 seconds with warm water and soap) and employees wearing a cloth face covering as feasible. (Face coverings are recommended to help decrease potential exposure to COVID-19 respiratory droplets by an infected individual. Face Coverings will not be used for athletes while practicing or competing.) Hand Sanitizer will be available for team use as resources allow.</p> <p>Intensify cleaning, disinfection, and ventilation in all facilities</p> <p>Encourage social distancing through increased spacing, small groups, and limited mixing between groups, if feasible</p> <p>Athletes and Coaches MUST provide their own water bottle for hydration. Water bottles must not be shared.</p> <p>PPE (gloves, masks, eye protection) will be used as needed and situations warrant, or determined by local/state governments.</p>	<p>Coaches</p>	<p>Cleaning supplies, PPE</p>	<p>N</p>
<p>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</p>	<p>Educational materials from CDC and/or other professional organizations are to be posted and referenced by staff.</p>	<p>Building Principal, Coach</p>	<p>Signage</p>	<p>N</p>

<p>* Identifying and restricting non-essential visitors and volunteers</p>	<p>School facilities are closed to visitors at this time. The Return to School Health and Safety Plan will be followed once it has been approved by the Board of Education.</p>	<p>Administration, Coaches</p>	<p>Return to School Plan, signs saying facilities are closed.</p>	<p>N</p>
<p>Limiting the sharing of materials and equipment among student athletes</p>	<p>Promote healthy hygiene practices such as hand washing (20 seconds with warm water and soap) and employees wearing a cloth face covering as feasible. (Face coverings are recommended to help decrease potential exposure to COVID-19 respiratory droplets by an infected individual. Face Coverings will not be used for athletes while practicing or competing.) Hand Sanitizer will be available for team use as resources allow.</p> <p>Intensify cleaning, disinfection, and ventilation in all facilities</p> <p>Encourage social distancing through increased spacing, small groups, and limited mixing between groups, if feasible</p> <p>Athletes and Coaches MUST provide their own water bottle for hydration. Water bottles must not be shared.</p> <p>PPE (gloves, masks, eye protection) will be used as needed and situations warrant, or determined by local/state governments.</p>	<p>Coaches</p>	<p>Cleaning supplies, PPE</p>	<p>N</p>
<p>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</p>	<p>Practice groups will be limited to no more than 25 in the Green Phase.</p> <p>Locker rooms will not be used during off season workouts.</p> <p>Student athletes are to arrive in proper gear and immediately return home to</p>	<p>Coaches</p>	<p>Practice Schedule, cleaning materials</p>	<p>N</p>

	<p>shower and remove clothing for proper care.</p> <p>Workouts are to be in groups of the same students from day to day. This shall include the same coach with the same group. This ensures limited exposure if something should develop.</p> <p>There should be a minimum of 6 feet between athletes at all times where feasible. Masks should be worn when proper social distancing is not feasible..</p>			
Adjusting transportation schedules and practices to create social distance	Return to School Health and Safety Plan will dictate transportation rules.	Coaches, Administration	TBD	N
Limiting the number of individuals in athletic activity spaces, and interactions between groups of student athletes	<p>Practice groups will be limited to no more than 25 in the Green Phase.</p> <p>Locker rooms will not be used during off season workouts.</p> <p>Student athletes are to arrive in proper gear and immediately return home to shower and remove clothing for proper care.</p> <p>Workouts are to be in groups of the same students from day to day. This shall include the same coach with the same group. This ensures limited exposure if something should develop.</p> <p>There should be a minimum of 6 feet between athletes at all times when feasible. Masks should be worn when social distancing is not feasible..</p>	Coaches	Practice Schedules, cleaning supplies	N

Monitoring Student Athletes and Staff Health

Key Questions

- How will you monitor student athletes, coaches, and others who interact with each other to ensure they are healthy and not exhibiting signs of illness?
- Who will be responsible for monitoring?
- Where will the monitoring take place?
- When and how frequently will the monitoring take place?
- What is the policy for quarantine or isolation if a coach, student athlete, or other member of the school community becomes ill or has been exposed to an individual confirmed positive for COVID-19? What conditions will a coach or student athlete confirmed to have COVID-19 need to meet to safely return to sports activities? Which staff will be responsible for making decisions regarding quarantine or isolation requirements of coaches or student athletes?
- When and how will families be notified of confirmed coach or student athlete illness or exposure and resulting changes to the local Athletics Health and Safety Plan?
- Which stakeholders will be trained on protocols for monitoring student athlete and staff health? When and how will the training be provided?

Summary of Responses to Key Questions:

The District will develop and implement procedures to check for signs and symptoms of students and employees daily upon arrival as feasible.

- Encourage anyone who is sick to stay at home.
- Plan for if students or employees get sick
- Regularly communicate and monitor developments with local authorities, employees, families regarding cases, exposures, and updates to policies and procedures.
- Monitor student and employee absences.

Requirements	Action Steps	Lead	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	under Yellow and Green Phase	Individual and Position		

<p>* Monitoring student athletes and staff for symptoms and history of exposure</p>	<p>Check for signs and symptoms of students and staff daily upon arrival.</p> <p>Conduct routine daily health checks when feasible.</p> <p>Develop a system for home/self screening and reporting procedures.</p> <p>Encourage individuals to stay home if they are sick.</p>	<p>Coaches</p>	<p>CDC Guidelines</p> <p>Department of Health Recommendations</p>	<p>N</p>
<p>* Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</p>	<p>Work with school administrators and school nurse to identify an isolation room or area to separate anyone who exhibits COVID-19 like symptoms.</p> <p>Establish procedures for safely transporting sick individuals home.</p> <p>Close off areas used by a sick person and do not use before cleaning and disinfection.</p> <p>Notify local health officials, staff, and families of exposure or confirmed case while maintaining confidentiality.</p>	<p>Coaches</p>	<p>CDC Guidelines</p> <p>Department of Health Recommendations</p>	<p>N</p>
<p>* Returning isolated or quarantined coaches, staff or student athletes, to school</p>	<p>Refer to most recent DOH guidance on home isolation or quarantine and returning to work/school.</p>	<p>Coaches</p>	<p>CDC Guidelines</p> <p>Department of Health Recommendations</p>	<p>N</p>

and/or athletics				
Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols	The District will use the various forms of online platforms (school app, website, District Facebook page, mass email notifications, mass phone calls).	Superintendent	CDC Guidelines Department of Health Recommendations	N
Other monitoring and screening practices	CDC guidelines Department of Health Recommendations	School Nurse and Administration	CDC Guidelines Department of Health Recommendations	N

Other Considerations for Student Athletes and Staff

Key Questions

- How will you determine which coaches and other athletic staff are willing/able to return? How will you accommodate staff who are unable or unwilling to return?
- How will you determine which student athletes are willing/able to return? How will you accommodate student athletes who are unable or unwilling to return?
- What is the local policy/procedure regarding face coverings for all coaches and athletic staff? What is the policy/procedure for student athletes?
- What special protocols will you implement to protect student athletes and staff at higher risk for severe illness?
- How will you address coaches and other athletic staff who are ill, or who have family members who have become ill?
- How will you manage teams in the event of coaching staff illness? Do you have substitute coaches available?
- Which stakeholders will be trained on these protocols? When and how will the training be provided?

Summary of Responses to Key Questions:

Our Continuity of Education Plan and Return to School Plan will serve as our plan in the event that we encounter an increase in the number of cases or we go from green to yellow or back to red. PIAA Guidance will be followed regarding cancellation of events, limited number of spectators, etc. Student Athletes are not required to participate in interscholastic athletics, therefore there are no consequences for a student athlete who chooses not to return.

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Protecting student athletes and coaching staff at higher risk for severe illness</p>	<p>People need to know their risk for severe illness.</p> <p>Everyone is at risk of getting COVID-19.</p> <p>Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.</p> <p>Establish and maintain communication with local and state authorities to determine current mitigation levels in our community.</p> <p>Explore offering duties that minimize higher risk individuals' contact with others.</p> <p>Limit or cancel all non-essential travel as necessary.</p> <p>Protect employees at higher risk for severe illness by supporting options to telework as feasible.</p>	<p>School Nurse, Administration, Coaches</p>	<p>CDC Guidelines</p> <p>Department of Health Recommendations</p>	<p>N</p>

* Use of face coverings by all coaches and athletic staff	Masks/shields will be recommended but remain optional.	Administration	CDC Guidelines Department of Health Recommendations	N
* Use of face coverings by student athletes as appropriate	Masks/shields will be recommended but remain optional..	Administration	CDC Guidelines Department of Health Recommendations	N
Unique safety protocols for student athletes with complex needs or other vulnerable individuals	Small groups, social distancing, PPE	Coaches	CDC Guidelines Department of Health Recommendations	N
Management of Coaches and Athletic Staff	Identify Staff and students who may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions. (See - CDC "People Who are at a Higher Risk for Severe Illness")	Administration	CDC Guidelines Department of Health Recommendations	N

Athletics Health and Safety Plan Professional Development

The success of your plan for resuming sports-related activities safely requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. For each item that requires staff training, document the following components of your professional learning plan.

- **Topic:** List the content on which the professional development will focus.
- **Audience:** List the stakeholder group(s) who will participate in the learning activity.
- **Lead Person and Position:** List the person or organization that will provide the professional learning.
- **Session Format:** List the strategy/format that will be utilized to facilitate professional learning.
- **Materials, Resources, and or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Start Date:** Enter the date on which the first professional learning activity for the topic will be offered.
- **Completion Date:** Enter the date on which the last professional learning activity for the topic will be offered.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Review of the Athletic Health and Safety Plan	All coaches	Michael Fitzgerald, High School Principal	Virtual	Copy of the Athletic Health and Safety plan. Handouts	June 23, 2020	June 23, 2020
Update of Athletic Health and Safety Plan/Return to Play Directives	All coaches	Michael Fitzgerald, High School Principal	In-Person meeting	Copy of the updated Athletic Health and Safety Plan. Copy of the draft Return to School Health and Safety Plan. Handouts	August 12, 2020	August 12, 2020

Athletics Health and Safety Plan Communications

Timely and effective family and caregiver communication about sports-related health and safety protocols and schedules will be critical. Schools should be particularly mindful that frequent communications are accessible in

non-English languages and to all caregivers (this is particularly important for children residing with grandparents or other kin or foster caregivers). Additionally, school entities should establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in your community.

Topic	Audience	Lead Person and Position	Mode of Communication	Start Date	Completion Date
Athletic Health and Safety Plan	Community	Mike Fitzgerald, Principal	Post to Website, Make print copies available, share with coaches and stakeholders	6/23/20	TBD
CDC Guidelines on Coronavirus	Community	Mike Fitzgerald, Principal	Posted in buildings	6/23/20	TBD

Athletics Health and Safety Plan Summary: **Sharon City School District**

Anticipated Launch Date: June 23, 2020

Facilities Cleaning, Sanitizing, Disinfecting, and Ventilation

Requirement(s)	Strategies, Policies and Procedures
<p>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, locker rooms, and transportation)</p>	<p>Recommendations for ALL LEVELS for Junior and Senior High Athletics</p> <p>Athletes, Coaches, and Staff will undergo a COVID- 19 health screening prior to any practice, event, or team meeting. The type of screening will be dependent upon the available resources and the Phase level. The purpose is to check for signs and symptoms of COVID-19. The screenings could range from a verbal/written questionnaire to a temperature check. Temperatures at 100.4 or higher will be sent home.</p> <p>Promote healthy hygiene practices such as hand washing (20 seconds with warm water and soap) and employees wearing a cloth face covering as feasible. (Face coverings are recommended to help decrease potential exposure to COVID-19 respiratory droplets by an infected individual. Face Coverings will not be used for athletes while practicing or competing.) Hand Sanitizer will be available for team use as resources allow.</p> <p>Intensify cleaning, disinfection, and ventilation in all facilities</p> <p>Encourage social distancing through increased spacing, small groups, and limited mixing between groups, if feasible</p> <p>Educate Athletes, Coaches, and Staff on health and safety protocols</p> <p>Anyone who is sick must stay home</p>

	<p>Plan in place if a student or employee gets sick</p> <p>Regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and updates to policies and procedures</p> <p>Athletes and Coaches MUST provide their own water bottle for hydration. Water bottles must not be shared.</p> <p>PPE (gloves, masks, eye protection) will be used as needed and situations warrant, or determined by local/state governments.</p> <p>Identify Staff and students who may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions. (See - CDC “People Who are at a Higher Risk for Severe Illness”)</p> <p>Concession stands or other food must adhere to the Guidance for Businesses in the Restaurant Industry.</p>
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Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
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<p>* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</p> <p>* Procedures for serving food at events including team meetings and meals</p> <p>* Hygiene practices for student athletes and staff including the manner and frequency of hand-washing and other best practices</p> <p>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</p>	<p>Recommendations for ALL LEVELS for Junior and Senior High Athletics</p> <p>Coaches and student-athletes must wear masks while on school property and not directly engaged in physical activity. Coaches are permitted to remove their masks when coaching/speaking at a distance that upholds social distancing guidelines.</p> <p>Athletes, Coaches, and Staff will undergo a COVID- 19 health screening prior to any practice, event, or team meeting. The type of screening will be dependent upon the available resources and the Phase level. The purpose is to check for signs and symptoms of COVID-19. The screenings could range from a verbal/written questionnaire to a temperature check. Temperatures at 100.4 or higher will be sent home.</p>
<p>Identifying and restricting non-essential visitors and volunteers</p>	
<p>Limiting the sharing of materials and equipment among student athletes</p>	<p>Promote healthy hygiene practices such as hand washing (20 seconds with warm water and soap) and employees wearing a cloth face covering as feasible. (Face coverings are recommended to help decrease potential exposure to COVID-19 respiratory droplets by an infected individual. Face Coverings will not be used for athletes while practicing or competing.) Hand Sanitizer will be available for team use as resources allow.</p>
<p>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</p>	
<p>Adjusting transportation schedules and practices to create social distance between students</p>	<p>Intensify cleaning, disinfection, and ventilation in all facilities</p> <p>Encourage social distancing through increased spacing, small groups, and limited mixing between groups, if feasible</p>
<p>Limiting the number of individuals in athletic activity spaces and interactions between groups of student athletes</p>	<p>Educate Athletes, Coaches, and Staff on health and safety protocols</p> <p>Anyone who is sick must stay home</p>
<p>Other social distancing and safety practices</p>	<p>Plan in place if a student or employee gets sick</p> <p>Regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and updates to policies and procedures</p> <p>Athletes and Coaches MUST provide their own water bottle for hydration. Water bottles must not be shared.</p>

	<p>PPE (gloves, masks, eye protection) will be used as needed and situations warrant, or determined by local/state governments.</p> <p>Identify Staff and students who may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions. (See - CDC “People Who are at a Higher Risk for Severe Illness”)</p> <p>Concession stands or other food must adhere to the Guidance for Businesses in the Restaurant Industry.</p>
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Monitoring Student Athletes and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<ul style="list-style-type: none"> * Monitoring student athletes and staff for symptoms and history of exposure * Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure * Returning isolated or quarantined coaching staff, student athletes, or visitors to school <p>Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</p>	<p>The District will develop and implement procedures to check for signs and symptoms of students and employees daily upon arrival as feasible.</p> <p>Encourage anyone who is sick to stay at home.</p> <p>Plan for if students or employees get sick</p> <p>Regularly communicate and monitor developments with local authorities, employees, families regarding cases, exposures, and updates to policies and procedures.</p> <p>Monitor student and employee absences</p>

Other Considerations for Student Athletes and Staff

Requirement(s)	Strategies, Policies and Procedures

<p>* Protecting student athletes and coaching staff at higher risk for severe illness</p> <p>* Use of face coverings by all coaches and athletic staff</p> <p>* Use of face coverings by student athletes as appropriate</p> <p>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</p> <p>Management of Coaches and Athletic Staff</p>	<p>Our Continuity of Education Plan and Return to School Plan will serve as our plan in the event that we encounter an increase in the number of cases or we go from green to yellow or back to red. PIAA Guidance will be followed regarding cancellation of events, limited number of spectators, etc. Student Athletes are not required to participate in interscholastic athletics, therefore there are no consequences for a student athlete who chooses not to return.</p>
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