

SHAC Year-at-a-Glance

2017-2018

2017-2018 Focus

- Health Services
- ESTEEM
- Suicide Prevention
- Parent and Student Involvement
- Anti-smoking/vaping

Health Services

- Updates in Texas School Health Policies
- EpiPens placed on all campuses
- Severe Flu season and vaccinations; but despite very sick winter school attendance was up by 1%

Social Media

- *AMA Board Member Jesse M Ehrenfeld, M.D. MPH “Social Media has the power to bring people closer together and to build communities, but research also is showing a link between increased social media use and an uptick in anxiety and depression. In addition to increasing awareness of these dangers among parents and teens, we must do more in our schools to identify and address them as early as possible.”
- “Pediatrics, May 2018: “Aberrant and/or excessive social media usage may contribute to the development of mental health disturbance in at-risk teenagers, such as feelings of isolation, depressive symptoms, and anxiety.”
- In conjunction with Tyler ISD Director of Counseling, LeighAnne Barber, Plans are being made to educate students in the dangers of excessive social media in 2018-2019 school year
- Plans for a Social Media video to be made by CTC Media department by Angela Duitch

Safety

- Collaborated with TISD TV to create a video about the dangers of texting and driving

Parent and Student Involvement

- Each campus counselor invited parents from their campus to participate in SHAC

2018-2019

- New officers
 - Dr. Danny Price – President
 - Marissa Boerger – Vice President