

MAUD ISD WELLNESS PLAN

STUDENT WELFARE
WELLNESS AND HEALTH SERVICES

FFA
(REGULATION)

WELLNESS PLAN

This document, referred to as the “wellness plan” (the plan), is intended to implement policy FFA(LOCAL), which has been adopted by the Board to comply with the requirements for a school wellness policy. [Section 9A(a) of the National School Lunch Act (NSLA), 42 U.S.C. 1758b; 7 C.F.R. Part 210.]

STRATEGIES TO SOLICIT INVOLVEMENT

Federal law requires that certain stakeholders be involved in the development, implementation, and periodic review and update of the wellness policy. The District has chosen to use the local school health advisory council (SHAC) to work on behalf of the District to review and consider evidence-based strategies and techniques in order to develop and implement nutrition guidelines and wellness goals as required by federal law.

The SHAC will permit the following persons to work with the SHAC on the District’s wellness policy and plan: parents, students, the District’s food service provider, physical education teachers, school health professionals, Board members, administrators, and members of the public. The SHAC will solicit involvement and input of these other interested persons by posting on the District’s website the dates and times of SHAC meetings at which the wellness policy and plan are scheduled to be discussed.

IMPLEMENTATION

Each campus principal is responsible for the implementation of FFA(LOCAL) and this wellness plan at his or her campus, including the submission of necessary information to the SHAC for evaluation.

The Superintendent is the District official responsible for the overall implementation of FFA(LOCAL), including the development of this wellness plan and any other appropriate administrative procedures, and ensuring that each campus complies with the policy and plan.

EVALUATION

At least every three years, as required by law, the District will measure and make available to the public the results of an assessment of the implementation of the District’s wellness policy, the extent to which each campus is compliant with the wellness policy, a description of the progress made in attaining the goals of the wellness policy, and the extent to which the wellness policy compares with any state- or federally designated model wellness policies. This will be referred to as the “triennial assessment.”

Annually, the District will notify the public about the content and implementation of the wellness policy and plan and any updates to these materials.

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The SHAC will consider evidence-based strategies when setting and evaluating goals and measurable outcomes. The SHAC may use any of the following tools for this analysis:

- Smarter Lunchrooms' website (<https://healthymeals.nal.usda.gov/healthierus-school-challenge-resources/smarter-lunchrooms>)
- Relevant portions of the WellSAT 3.0 (www.wellsat.org)
- A district-developed self-assessment

PUBLIC NOTIFICATION

To comply with the legal requirement to annually inform and update the public about the content and implementation of the local wellness policy, the District will create a wellness page on its website to document information and activity related to the school wellness policy, including:

1. A copy of the wellness policy [see FFA(LOCAL)];
2. A copy of this wellness plan, with dated revisions;
3. Notice of any Board revisions to policy FFA(LOCAL);
4. The name, position, and contact information of the District official responsible for the oversight of the wellness policy and implementation of this plan;
5. Notice of any SHAC meeting at which the wellness policy or corresponding documents are scheduled to be discussed;
6. The SHAC's triennial assessment; and
7. Any other relevant information.

The District will also publish the above information in appropriate District or campus publications.

RECORDS RETENTION

Records regarding the District's wellness policy will be retained in accordance with law and the District's records management program. Questions may be directed to the Superintendent, the District's designated records management officer.

GUIDELINES AND GOALS

The following provisions describe the District's nutrition guidelines and activities and objectives chosen by the SHAC to implement the Board-adopted wellness goals in policy FFA(LOCAL).

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NUTRITION GUIDELINES

All District campuses participate in the U.S. Department of Agriculture's (USDA's) child nutrition programs, including the National School Lunch Program (NSLP) and the School Breakfast Program (SBP). Federal law requires that the District establish nutrition guidelines for foods and beverages sold to students during the school day on each campus that promote student health and reduce childhood obesity.

The District's nutrition guidelines are to ensure all foods and beverages sold or marketed to students during the school day adhere to all federal regulations and guidance and are designed to promote student health and reduce childhood obesity.

FOODS AND BEVERAGES SOLD

The District will comply with federal requirements for reimbursable meals. The District will take steps to ensure that students qualifying for free or reduced priced meals are not identified by having all students, regardless of the type of payment made for school meals, are given a code to enter at the register instead of using cash.

For other foods and beverages sold to students during the school day, the District will comply with the federal requirements for competitive foods. Competitive foods and beverages are not part of the regular meal programs and occur through sales such as a la carte options or vending machines. For purposes of this plan, these requirements will be referred to as "Smart Snacks" standards or requirements. The following websites have information regarding meal and Smart Snacks requirements:

- <http://www.fns.usda.gov/school-meals/nutrition-standards-school-meals>
- <http://www.fns.usda.gov/healthierschoolday/tools-schools-focusing-smart-snacks>
- <http://www.squaremeals.org/Publications/Handbooks.aspx>
(see the Complete *Administrator Reference Manual* [ARM], Section 20, Competitive Foods)

EXCEPTION— FUNDRAISERS

State rules adopted by the Texas Department of Agriculture (TDA) allow an exemption to the Smart Snacks requirements for up to six days per year per campus when a food or beverage is sold as part of a District fundraiser. [See CO(LEGAL)]

The District will allow the following exempted fundraisers each school year:

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| Campus or organization | Food / Beverage | Number of days |
|-------------------------------|------------------------|--|
| Elementary Campus | Campus Choice | 6 <i>(at discretion of campus principal)</i> |
| Middle School Campus | Campus Choice | 6 <i>(at discretion of campus principal)</i> |
| High School Campus | Campus Choice | 6 <i>(at discretion of campus principal)</i> |

FOODS AND BEVERAGES PROVIDED

There are no federal or state restrictions for foods or beverages provided, but not sold, to students during the school day. However, each school district must set its own standards. The District will comply with state law, which allows a parent or grandparent to provide a food product of his or her choice to classmates of the person's child or grandchild on the occasion of the student's birthday or to children at a school-designated function. [See CO(LEGAL)]

In addition, the District has established the following local standards for foods and beverages made available to students:

- Any person or organization providing foods and beverages to students at Maud ISD must check with the classroom teacher and/or school nurse for any known food allergies.

MEASURING COMPLIANCE

The District will measure compliance with the nutrition guidelines by reviewing meal reimbursement submissions from the child nutrition department to the TDA, reviewing foods and beverages that are sold in competition with the regular school meals, reviewing items sold as part of approved District fundraisers, and monitoring the types of foods and beverages made available to students during the school day.

NUTRITION PROMOTION

Federal law requires that the District establish goals for nutrition promotion in its wellness policy. The District's nutrition promotion activities will encourage participation in the National School Lunch Program, the School Breakfast Program, and any supplemental food and nutrition programs offered by the District.

The District will ensure that any food and beverage advertisements marketed to students during the school day meet the Smart Snacks standards.

Although the District is not required to immediately remove or replace food and beverage advertisements on items such as menu boards or other food service equipment, or on scoreboards or gymnasiums, the SHAC will periodically monitor these and make recommendations when replacements or new contracts are considered.

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In accordance with FFA(LOCAL), the District has established the following goal(s) for nutrition promotion.

| GOAL: The District’s food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings. | |
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| Objective 1: The District will participate in federal child nutrition programs each school year. | |
| Action Steps | Methods for Measuring Implementation |
| Distribute flier or menus regarding school food programs monthly. | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> Participation rate in federal child nutrition programs at beginning, middle, and end of school year <p>Resources needed:</p> <ul style="list-style-type: none"> Development of fliers and menus Personnel to distribute fliers at beginning of school year <p>Obstacles:</p> <ul style="list-style-type: none"> Sometimes fliers/menus do not reach parents Parents choosing not to disclose information related to income or family information to determine eligibility for free or reduced-price meals Negative perceptions of school meals |

| GOAL: The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students. | |
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| Objective 1: The District will research opportunities to offer supplemental food nutrition programs and will regularly inform families and the community regarding any programs offered by the District. | |
| Action Steps | Methods for Measuring Implementation |
| Research food access programs available in the community with which the District could partner (food pantry programs supported by a local area food bank and/or backpack programs). | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> Number of supplemental programs the District currently offers or promotes |

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| | <ul style="list-style-type: none"> The types of food access programs identified and ways the information was communicated to families and the community <p>Resources needed:</p> <ul style="list-style-type: none"> Partnerships with community organizations Literature to send to families / community <p>Obstacles:</p> <ul style="list-style-type: none"> Limited resources / organizations |
| <p>Objective 2: Consistently post in an easily accessible location on the District’s website the monthly school breakfast and lunch menus.</p> | |
| <p>Action Steps</p> | <p>Methods for Measuring Implementation</p> |
| <p>Develop menus that are in compliance with this objective and are posted no later than the first day of the month of service.</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> The manner in which the menus are communicated to parents currently <p>Resources needed:</p> <ul style="list-style-type: none"> Website location Staff to create and distribute the menus for posting to the website <p>Obstacles:</p> <ul style="list-style-type: none"> Not all families have internet access |

**NUTRITION
EDUCATION**

Federal law requires that the District establish goals for nutrition education in its wellness policy. State law also requires that the District implement a coordinated health program with a nutrition services and health education component at the elementary and middle school levels. [See EHAA]

In accordance with FFA(LOCAL), the District has established the following goal(s) for nutrition education.

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| GOAL: The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors. | |
| Objective 1: Continue to offer health as an elective in middle and high school. | |
| Action Steps | Methods for Measuring Implementation |
| Health education will be included as an elective on the choice sheets that go out to all students in grades 6-12. | Resources needed: <ul style="list-style-type: none"> • Certified staff to teach the course • Four-year plans to accommodate health as an elective Obstacles: <ul style="list-style-type: none"> • Students may not have room in their schedule for health as an elective |
| Objective 2: District staff and classroom teachers will promote and integrate nutrition education facts into each grade level in grades Pre-K through 5. | |
| Action Steps | Methods for Measuring Implementation |
| Classroom teachers will utilize district staff, curriculum, and other resources to integrate nutritional education facts into the lessons. | Baseline or benchmark data points: <ul style="list-style-type: none"> • The number of classroom lessons presented annually Resources needed: <ul style="list-style-type: none"> • Nutritional curriculum • Staff or volunteers knowledgeable about nutrition Obstacles: <ul style="list-style-type: none"> • Limited volunteers with limited amount of time to be in classroom |
| Objective 3: District staff and classroom teachers will promote and integrate nutrition education facts into each Agriculture and Family Consumer Science elective course taught at the middle school and high school level. | |
| Action Steps | Methods for Measuring Implementation |
| Classroom teachers will utilize district staff, curriculum, and other resources to integrate nutritional education facts into the lessons. | Baseline or benchmark data points: <ul style="list-style-type: none"> • The number of classroom lessons presented annually Resources needed: <ul style="list-style-type: none"> • Nutritional curriculum • Staff or volunteers knowledgeable about nutrition |

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| | <p>Obstacles:</p> <ul style="list-style-type: none"> Limited volunteers with limited amount of time to be in classroom |
| <p>Objective 4: At least 90 percent of students enrolled in physical education courses throughout the District will achieve at least a semester grade on a passing level.</p> | |
| <p>Action Steps</p> | <p>Methods for Measuring Implementation</p> |
| <p>Create a formula and action plan to obtain the semester grade averages of students enrolled in physical education.</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> Average semester grades at the end of the first and second semesters for all District students enrolled in physical education <p>Resources needed:</p> <ul style="list-style-type: none"> Support from central administration to obtain grade averages |

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| <p>GOAL: The District shall make nutrition education a District-wide priority and shall integrate nutrition education into other areas of the curriculum, as appropriate.</p> | |
| <p>Objective 1: The District staff will promote and integrate nutrition education facts during District sponsored events throughout the school year.</p> | |
| <p>Action Steps</p> | <p>Methods for Measuring Implementation</p> |
| <p>Identify appropriate events at which nutrition education could be promoted.</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> The number of events during the school year at which nutrition education was either communicated or distributed <p>Resources needed:</p> <ul style="list-style-type: none"> A flier to distribute to event attendees Sample mini-lessons for staff to teach at an event <p>Obstacles:</p> <ul style="list-style-type: none"> The SHAC may not be aware of all District-sponsored events |

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| Objective 2: One hundred percent of students will have access to drinking water at all times during the school day. | |
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| Action Steps | Methods for Measuring Implementation |
| <p>Include in enrollment and registration materials that students are permitted to carry personally owned water bottles at all times as well as use the water fountains available in each building.</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Documentation from the school nutrition department that water was available during meal periods, as required by federal standards, and that students were informed of water bottle policy <p>Resources needed:</p> <ul style="list-style-type: none"> • Easily accessible/working water fountains • Water bottles for students who do not have their own • Guidance/signs on any locations where water bottles may not be permitted |

| <p>GOAL: The District shall provide professional development so that teachers and other staff responsible for the nutrition education program are adequately prepared to effectively deliver the program.</p> | |
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| <p>Objective 1: Provide dates, times, and locations of staff development opportunities on nutrition. Requirements information available at: https://www.govinfo.gov/con-tent/pkg/FR-2015-03-02/pdf/2015-04234.pdf.</p> | |
| Action Steps | Methods for Measuring Implementation |
| <p>Allow staff, including instructional staff, to attend staff development at the regional service center or other appropriate venues.</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Number of staff who attended training in previous years <p>Resources needed:</p> <ul style="list-style-type: none"> • Funds for transportation and registration for staff development • Substitute teachers <p>Obstacles:</p> <ul style="list-style-type: none"> • Distance to ECS 8 • Limited number of substitute teachers available |

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PHYSICAL ACTIVITY The District will implement, in accordance with law, a coordinated health program with physical education and physical activity components and will offer at least the required amount of physical activity for all grades. [See BDF, EHAA, EHAB, and EHAC.]

Federal law requires that the District establish goals for physical activity in its wellness policy.

In accordance with FFA(LOCAL), the District has established the following goal(s) for physical activity.

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| <p>GOAL: The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.</p> | |
| <p>Objective 1: Consistently employ crossing guards at 100% of the District identified areas where students can be encouraged to safely walk or bike to school.</p> | |
| <p>Action Steps</p> | <p>Methods for Measuring Implementation</p> |
| <p>Identify the number of crossing guards currently employed by the District and the locations at which they are stationed. Evaluate where additional crossing guards are needed. Make recommendations to hire additional crossing guards</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> The locations and number of crossing guards employed compared to the previous school year <p>Resources needed:</p> <ul style="list-style-type: none"> Job descriptions/approval to hire needed positions <p>Obstacles:</p> <ul style="list-style-type: none"> Response rate of job postings |
| <p>Objective 2: At least 60% of campuses will have secure storage facilities for bicycles to encourage biking to school.</p> | |
| <p>Action Steps</p> | <p>Methods for Measuring Implementation</p> |
| <p>Determine campuses that do not have such access and storage. Install necessary bike racks/storage facilities.</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> The number of campuses meeting this objective compared to the previous school year <p>Resources needed:</p> <ul style="list-style-type: none"> Equipment and products that allow for secure storage |

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| | <p>Obstacles:</p> <ul style="list-style-type: none"> • May result in a substantial cost or facility renovations, which would trigger additional steps for approval |
| <p>Objective 3: Provide a minimum of 30 minutes per day of physical activity for students required to have them.</p> | |
| <p>Action Steps</p> | <p>Methods for Measuring Implementation</p> |
| <p>Provide a minimum of 30 minutes daily of planned physical activity for students in grades Pre-K through grade 8.</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Number of minutes documented each day <p>Resources needed:</p> <ul style="list-style-type: none"> • Physical education teacher • Pre-K teacher <p>Obstacles:</p> <ul style="list-style-type: none"> • Shortened school days |
| <p>Action Steps</p> | <p>Methods for Measuring Implementation</p> |
| <p>Provide a minimum of 30 minutes daily of planned physical activity for students not scheduled in competitive athletics in grades 9-12.</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Number of minutes documented each day <p>Resources needed:</p> <ul style="list-style-type: none"> • Physical education teachers <p>Obstacles:</p> <ul style="list-style-type: none"> • Shortened school days |
| <p>Action Steps</p> | <p>Methods for Measuring Implementation</p> |
| <p>Provide a minimum of 30 minutes daily of planned physical activity for students in competitive athletics in grades 7 through 12.</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Practice or game minutes available each day. <p>Resources needed:</p> <ul style="list-style-type: none"> • Coaches <p>Obstacles:</p> <ul style="list-style-type: none"> • Shortened days |

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| <p>GOAL: The District shall provide appropriate staff development and encourage teachers to integrate physical activity into the academic curriculum where appropriate.</p> | |
| <p>Objective 1: Provide physical activities in music and other classes in grades Pre-K through 5.</p> | |
| <p>Action Steps</p> | <p>Methods for Measuring Implementation</p> |
| <p>Incorporate dance and rhythm activities for students using teaching strategies that incorporate movement in the classroom.</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Minutes of dance and rhythm allowed in elementary school music and other classroom settings <p>Resources needed:</p> <ul style="list-style-type: none"> • Music teacher <p>Obstacles:</p> <ul style="list-style-type: none"> • Shortage of time available |
| <p>Action Steps</p> | <p>Methods for Measuring Implementation</p> |
| <p>School should provide students with opportunities for play when weather permits.</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Recess time is built into the master schedule <p>Resources needed:</p> <ul style="list-style-type: none"> • Teacher and/or Support Staff to monitor recess times <p>Obstacles:</p> <ul style="list-style-type: none"> • Weather |
| <p>Objective 2: Provide physical activities for band students in grades 9-12.</p> | |
| <p>Action Steps</p> | <p>Methods for Measuring Implementation</p> |
| <p>Provide instruction in competitive marching for band students in high school.</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Time allowed for marching each year <p>Resources needed:</p> <ul style="list-style-type: none"> • Band Director • Instruments and Materials <p>Obstacles:</p> <ul style="list-style-type: none"> • Inclement weather |

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| GOAL: The District shall make appropriate before-school and after-school physical activity programs available and shall encourage students to participate. | |
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| Objective 1: At least one campus will implement a before-school or after-school physical activity program each year. | |
| Action Steps | Methods for Measuring Implementation |
| Identify any campuses currently offering such programs and have staff from those campuses share information at a District-wide staff event. | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Number and type of programs offered compared to the previous school year • Student participation rates in the program from year to year <p>Resources needed:</p> <ul style="list-style-type: none"> • Support from campus administrators and employees to provide supervision for these programs • Educational materials to explain the program to students and parents <p>Obstacles:</p> <ul style="list-style-type: none"> • Staffing |

| GOAL: The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, lifelong physical activity for District employees and students. | |
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| Objective 1: The District will present wellness opportunities to employees and students at least once per year. | |
| Action Steps | Methods for Measuring Implementation |
| Seek out providers and opportunities for the activities. | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • The number of employees who participate compared to previous school years <p>Resources needed:</p> <ul style="list-style-type: none"> • District publications and correspondence to promote an activity or service <p>Obstacles:</p> <ul style="list-style-type: none"> • Participation rates may be minimal if the service is only provided at one location rather than the worksite of an employee |

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| Objective 2: The District will offer participation opportunities in a fitness challenge each year. | |
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| Action Steps | Methods for Measuring Implementation |
| Provide incentives and market to employees. Encourage participation through weekly emails that promote healthy living and remind participants to log their exercises. | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> The number of employees who participated compared to the previous school year <p>Resources needed:</p> <ul style="list-style-type: none"> District publications and correspondence to advertise the service <p>Obstacles:</p> <ul style="list-style-type: none"> Money needed for incentives |

| GOAL: The District shall encourage parents to support their children’s participation, be active role models, and include physical activity in family events. | |
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| Objective 1: The District will offer at least one event annually either during or outside of normal school hours that involves physical activity and includes both parents and students in the event. | |
| Action Steps | Methods for Measuring Implementation |
| Develop a list of ideas to submit to campus administrators to meet this objective. Assign a campus administrator to organize the event. | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> Self-reports of campus administrators about the events Participation rates from year to year <p>Resources needed:</p> <ul style="list-style-type: none"> Dissemination of a list to send to campus administrators Timeline and mechanism for the self-report about the events Informational materials about the event to distribute to students and parents <p>Obstacles:</p> <ul style="list-style-type: none"> Staff time Participation rates may be low |

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| GOAL: The District shall encourage students, parents, staff, and community members to use the District’s recreational facilities, such as tracks, playgrounds, and the like, that are available outside the school day. | |
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| Objective 1: Inform the community of the facilities that are available for use outside of the school day by publication on the District website and a means to register to use that facility. | |
| Action Steps | Methods for Measuring Implementation |
| Maintain information on website of District contact information regarding facility registration requests. | Baseline or benchmark data points: <ul style="list-style-type: none"> • Number of requests for use of facilities Resources needed: <ul style="list-style-type: none"> • District staff Obstacles: <ul style="list-style-type: none"> • Measuring how many people use the facility |

OTHER SCHOOL-BASED ACTIVITIES

Federal law requires that the District establish goals for other school-based activities in its wellness policy to promote student wellness.

In accordance with FFA(LOCAL), the District has established the following goal(s) as part of its student wellness policy to create an environment conducive to healthful eating and physical activity and to promote and express a consistent wellness message.

| GOAL: The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable. | |
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| Objective 1: All campuses will build their master schedules to allow for at least 20 minutes to eat lunch, from the time the student receives his / her meal and is seated. | |
| Action Steps | Methods for Measuring Implementation |
| Evaluate current meal time allowances by campus and work with administrators to make necessary adjustments, if needed. | Baseline or benchmark data points: <ul style="list-style-type: none"> • The number of campuses that currently meet the standard Resources needed: <ul style="list-style-type: none"> • Average time it takes for students to receive a meal and be seated Obstacles: <ul style="list-style-type: none"> • Constraints of master schedule |

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| GOAL: The District shall promote wellness for students and their families at suitable District and campus activities. | |
| Objective 1: Help provide opportunities for students to be involved in physical activities outside of school. | |
| Action Steps | Methods for Measuring Implementation |
| Coordinate with various local youth activity groups to help students enroll in after school activities. | Baseline or benchmark data points: <ul style="list-style-type: none"> • Number of students enrolled in each activity Resources needed: <ul style="list-style-type: none"> • Staff to issue enrollment forms Obstacles: <ul style="list-style-type: none"> • Communication with groups |
| Objective 2: Provide facilities for after school youth programs. | |
| Action Steps | Methods for Measuring Implementation |
| Coordinate with local youth activity groups to schedule practice and games for various youth activities. | Baseline or benchmark data points: <ul style="list-style-type: none"> • Number of times school facilities are used by groups after school Resources needed: <ul style="list-style-type: none"> • Coordination between school and youth activity personnel Obstacles: <ul style="list-style-type: none"> • Lack of communication |

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| GOAL: The District shall promote employee wellness activities and involvement at suitable District and campus activities. | |
| Objective 1: The District will utilize its health insurance provider to encourage wellness by communicating the preventative services covered at 100% during each open enrollment period. | |
| Action Steps | Methods for Measuring Implementation |
| Work with the District's health insurance provider to determine what services are covered at 100%. Develop materials and identify methods to share information about services with employees. | Baseline or benchmark data points: <ul style="list-style-type: none"> • Documentation of when and how information was shared with employees |

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| | <p>Resources needed:</p> <ul style="list-style-type: none"> • A list of preventative services covered at 100% <p>Obstacles:</p> <ul style="list-style-type: none"> • Coverage is subject to change • Participation rates of those who are willing to self-report may be low |
| <p>Objective 2: The District will provide a flu shot and vaccine clinic opportunity for all employees.</p> | |
| <p>Action Steps</p> | <p>Methods for Measuring Implementation</p> |
| <p>Work with local health organizations to set up clinic locations and dates. Market these dates to employees.</p> | <p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Documentation of when and how information was shared with employees <p>Resources needed:</p> <ul style="list-style-type: none"> • District correspondence to advertise the service <p>Obstacles:</p> <ul style="list-style-type: none"> • Participation rates may be low |