

Wagoner Public School Bulldog Wellness Pledge

Our Bulldog community is committed to applying the [CDC guidelines](#) during the COVID-19 pandemic as allowable with current space and product availability. Each person must do their part in helping slow the spread of COVID-19 and other contagious illnesses, and to be mindful of others. Wagoner Public Schools strives to provide a safe environment with low risk of exposure to COVID-19 and other contagious illnesses for all students, faculty, staff, and visitors to participate and enjoy. Our School Nurse and Social Service Workers are available to help by email aalbin@wagonerps.org or thoffman@wagonerps.org or call your child's school.

I (student, faculty, staff, or visitor) acknowledge by engaging in campus activities, including attending class, eating meals/snacks, attending activities, participation in recreation and athletics, I may be exposed to COVID-19 or other contagious illnesses. I am expected to contact my Physician or a Tele-health visit for medical advice. In order to reduce my risk, I agree to be an active participant in maintaining my own health, well-being and safety, as well as the safety of others, by following the guidelines and expectations outlined below.

As more information becomes available from the CDC and local Health Authorities, I understand Wagoner Public Schools may modify these guidelines and expectations which will be announced via Wagoner Public Schools app and via All-call phone message (sign-up is required). It is my responsibility to stay in contact with the school for any changes to protect myself and others.

It is my Bulldog pledge to protect myself, my peers, and the Wagoner Bulldog community by doing the following:

- Monitor myself for temperature above 99.5 or chills (fever 100.4 per CDC), cough, shortness of breath, headache or body aches, sudden loss of taste or smell, nausea/vomiting/diarrhea
- If I develop one or multiple symptoms I will be asked to seek medical advice from my Physician of choice or Tele-health visit.
- Timely communication of symptoms or potential exposures to COVID-19 or Flu. Communication will be key to discern between an absence, attendance, or truancy
- Keep vaccinations up-to-date and Vaccine clinics will be available throughout the year
- Wear face covering when social distancing (6 feet) cannot be maintained and are encouraged
- Practice social distancing 6 feet however 3 feet is acceptable.
- Frequently wash hands for 20 seconds with soap and water. If soap and water is not available use hand sanitizer until soap and water are available.
- Keep my personal space, shared common spaces, and my belongings clean.

COVID-19 and flu are highly contagious respiratory viruses and by following the above guidelines I am at a lower risk of transmitting or being exposed to respiratory viruses.

I have read, understand, and agree to follow the Bulldog pledge to protect myself and others.

I understand as the parent/guardian it is my responsibility to update emergency contact information (telephone number(s) and address) with the office staff and teacher throughout the current school year and understand this fluid situation can change and require picking up my child from school for a number of health related reasons.

Student Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Address _____ Phone # _____

Utilizing Medical advice is needed to provide students with an optimal learning experience.

Physician _____ Tele-health

Provider _____

*****PLEASE Print and sign this form*****