



Kindergarten Readiness Skill Preparation

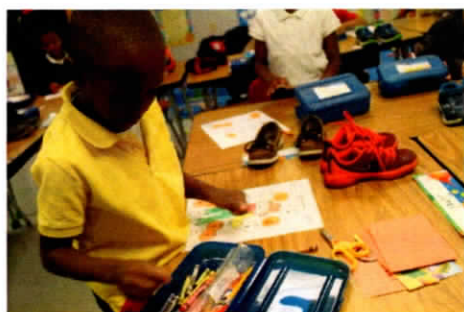
Let's face it! Kindergarten isn't what it used to be. Expectations of academic success are at an all-time high! That can create a level of stress and anxiety for both parents and students.

We have created the following list of things that you can do now and over the summer to help your student prepare and build their confidence. Just 15-20 minutes a day with your child, playing and learning, can make a world of difference!

Read!

Studies indicate that students who have had 1000 reading experiences by the time they enter kindergarten have a distinct advantage and are more successful in their experience.

- ☐ Read to your child
- ☐ Listen to recorded books
- ☐ Listen to recorded books and help your child follow along in the hard copy
- ☐ Look for additional ideas online to encourage your student's love of reading



Developing Fine Motor Skills

Coloring

- ☐ Have your child draw pictures of their daily activities
- Use coloring books often

Cutting

- ☐ Assist your child in cutting a straight line and cutting fringe around the edge of a piece of paper
- ☐ Assist your child in learning to hold the scissors correctly (grip)

Other Activities to Encourage Your Student's Development

- ☐ Work on puzzles together
- ☐ String beads or cereal to make a necklace
- ☐ Assist your child in learning the correct way to grip a pencil and build confidence in writing with a pencil

Developing Number Skills

- ☐ Teach your child numerals 1-20
- ☐ Count objects in your home. Have your child point and touch each object as they count
- ☐ Go on a shape hunt with your child. Point out circles, triangles, squares, and rectangles to your child while you are doing daily activities (ie grocery shopping, chores around the house, etc).
- ☐ Talk about positional or directional concepts such as down/up, over/under, in/out, behind/in front, top/bottom, beside/between, off/on, stop/go.
- ☐ Practice sorting items according to color, size, and shape (laundry, blocks, silverware, toys, and other household items).
- ☐ Assist your child in making various patterns (red, blue, red, blue). *Garage sale dot stickers or craft pompoms are great for this purpose.*



Developing Language Skills

- ☐ Verbally give your child specific one-step and two-step directions and help them follow through.
- ☐ Talk with your child about daily life. Ask them questions about what you are doing as you go about your day.
 - Do you know where we get our food from?
 - Do you know why we have traffic lights?
- ☐ Read to your child for a total of at least 20 minutes each day. While reading, point out how to hold a book and the orientation in which we read the words and look at the pictures (left to right).
 - After reading a story, ask your child what happened in the beginning, middle, and end of the story.
- ☐ Teach your child the uppercase and lowercase letters, and, most importantly, the sounds each letter makes through play and games (card games, board games, and flashcards).
- ☐ Have your child spend time playing with other children. Encourage imaginative play, creativity, taking turns, sharing, and using positive words.

Developing Personal Concept Skills

- ☐ Teach your child to say their full name (first, middle, and last name)
- ☐ Assist your child in learning to write their full name, with only the first letter being capitalized.
- ☐ Assist your child in learning their address (child safety)
 - Street address, city, and state
- ☐ Assist your child in learning your phone number (child safety)
- ☐ Siblings
 - Names, ages, and schools
- ☐ Practice identifying and naming colors
- ☐ Practice identifying and naming shapes
- ☐ Practice the concepts of opposites
 - Up/down
 - Girl/boy
 - Hot/cold
- ☐ Help your child learn to take responsibility.
 - Cleaning up messes, dressing themselves, getting their own snacks, etc.
- ☐ Help your child use good manners
 - Please/Thank you
 - Excuse me



Online Resources:

- ☐ AbcYa.com
- ☐ Starfall.com
- ☐ Tumblebooks.com
- ☐ Bobbooks.com
- ☐ BrainPop.com