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Dear Administrators,

We understand that students are required to wear face masks in school and for school-related activities. Parents are already talking with us about their concerns. Wearing masks and social distancing are two key things we can do to mitigate the spread of COVID-19.

Please be aware that Sarah Bush Lincoln medical staff is not providing notes to excuse students from wearing masks, except in very exceptional circumstances.

We know there are children who have severe sensory issues and may not be capable of tolerating wearing a mask, and our providers may feel it appropriate to provide them with a note.

If a student is unable to wear a mask, our recommendation is that they participate in remote learning, if at all possible.

It would be terribly helpful if you could share this information with your families. We will also share this information through our clinic staff and social media. We are creating videos and social media posts to help parents prepare their children to wear masks in school.

Please let us know if you have other concerns.

Best Regards,



James Hildebrandt, DO

VP Medical Affairs