

Middle School Family and Consumer Science

Course Description: Students in grades 6th- 8th grade have the opportunity to explore a variety of topics in Family and Consumer Science. Such topics include; career exploration, human development, healthy lifestyles, positive relationship building, textiles, and interior design. The purpose of this class is to help students gain skills to assist them in being college and career ready, in addition to, gaining independent life skills.

Adopted Textbook: Discovering Life Skills and Discovering Food and Nutrition

Content	Skills
<p>Career Exploration CE 1: Analyze information about career opportunity to make informed career decisions. CE 2: Evaluate transferable and employability skills in school, community and workplace settings. CE 3: Create a personal career plan.</p>	<ul style="list-style-type: none"> • Identify careers associated with the 16 career clusters • Identify local, national, global and virtual careers. • Discuss gender roles and how they influence career decision making. • Interview individuals from the community to gain knowledge about various careers. • Use SDMyLife to complete a career assessment and develop short and long term goals. • Participate in leadership and volunteer opportunities. • Identify a list of skills needed in the workplace.
<p>Human Development HD 1.1: Explore knowledge and skills needed for careers in Education and Training and Human Services clusters. HD 3.1: Summarize the areas of development. HD 3.2: Evaluate developmentally appropriate learning activities for Children. HD 3.3: Demonstrate understanding of practices that promote the health and safety of children. HD 3.4: Understand the roles and responsibilities of a caregiver.</p>	<ul style="list-style-type: none"> • Identify various careers in the Education and Training and Human Services clusters. • Interview guest speakers from various fields related to Human Services and Education and Training. • Choose a career from Human Services or Education and Training and present on the career. • Discuss and evaluate the different developmental milestones. • Identify the safety hazards an individual may encounter during babysitting. • Discuss the development of toddlers. • Evaluate safety of toys and a caregivers responsibilities.
<p>Healthy Lifestyles NW 1: Investigate careers in the nutrition and wellness industry. NW 2: Explain the components of individual and family wellness and how food choices affect personal and family wellness.</p>	<ul style="list-style-type: none"> • Explore careers related to the nutrition and physical fitness area. • Investigate healthy lifestyle habits. • Discuss the food pyramid and developing a well-balanced meal. • Evaluate and practice safe cooking techniques. • Chart physical activity and meal choices. • Study eating disorders and the effects on one's health.
<p>Relationships</p>	<ul style="list-style-type: none"> • Discuss the importance of interpersonal skills

<p>R 2.1: Explain how personal needs affect relationships.</p> <p>R.2.2: Summarize the effects of self-esteem and self-image within a relationship.</p> <p>R.3.1: Explain the role of positive communication skills in relationships.</p> <p>R. 3.2: Analyze how personal standards and ethics guide our behavior in relationships.</p>	<p>in a career.</p> <ul style="list-style-type: none"> • Compare and contrast how we can have different personal standards and ethics and how we show respect for each other's ideas. • Identify and practice what positive communication looks like.
<p>Textiles</p> <p>T.2.1: Recognize textile production terminology.</p> <p>T.2.2: Interpret technical instructions.</p> <p>T.2.3: Demonstrate textile production skills.</p>	<ul style="list-style-type: none"> • Define various sewing production terms. • Label and classify sewing techniques. • Create a quality sewing product.
<p>Interior Design</p> <p>ID.1.1: Explain career options in interior design.</p> <p>ID 1.2: Classify knowledge and skills associated with interior design.</p> <p>ID 2.1: Describe the elements and principles.</p> <p>ID 2.3: Use space planning guidelines.</p>	<ul style="list-style-type: none"> • Research to find a variety of jobs that are associated with the fashion industry. • Create visual samples demonstrating the color wheel. • Organize personal space for a diverse living arrangement.

