

# Pioneer Regional School Corporation School Reopening 2020-2021

## Addressing Community Spread in Pioneer Regional School Corporation (As determined by local Health Department and State Health Department)

| Substantial Spread  | Minimal or Moderate Spread  | Low to No Spread   |
|---|---|--|
| <ul style="list-style-type: none"> <li>• COVID spread is such that rolling closures are needed (could be short term or long term)</li> <li>• Substantial <u>active exposure cases or absences</u> impacting school building attendance, and staffing</li> </ul> | <ul style="list-style-type: none"> <li>• Establish and maintain communication with Local Health Department Officials</li> <li>• Minimal or moderate <u>active exposure cases at school buildings</u></li> </ul> | <ul style="list-style-type: none"> <li>• Establish and maintain communication with Local Health Department Officials</li> <li>• Low to few known active exposure cases <u>at school buildings</u></li> </ul> |

### Risk Mitigation Approach

- Conduct self-screening** (prevent sick people from attending school)
- Provide options** (take care of all who cannot attend, until they can)
- Promote hygiene** (hand washing)
- Increase cleaning** (disinfect surfaces)
- Keep kids in cohort groups as much as possible** (support tracing)
- Maximize distance** (as feasible)
- Avoid large groups** (where possible)
- Require masks in certain areas and situations while recommending masks in others**

Decisions based on: 1) Cass County Health Department, 2) Indiana Department of Education Re-Entry Guidelines, 4) Cass County Plan to Re-Open K-12 Schools, 5) what is feasible

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# 1. Screening - Exclusion - Reporting

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| <b>Current Statistics for Cass County</b>   | Source: <a href="https://www.coronavirus.in.gov/2393.htm">https://www.coronavirus.in.gov/2393.htm</a>   |
| <b>Parent Screening Measures <i>before a child leaves home</i> (keep child home if one or more symptoms not otherwise explained):</b> | <p>A fever of 100.4° F or greater • Cough • Shortness of breath or difficulty breathing • Chills • Repeated shaking with chills • Muscle pain • Headache • Sore throat • New loss of taste or smell</p> <p>A child (or employee) should stay home from school if they test positive for COVID-19 or exhibit <b>one or more of the symptoms</b> of COVID-19 listed above based on CDC Guidance that is not otherwise explained. <b>Parents call and report absences if remaining home for this reason. Secretary will complete a COVID-19 Screening Checklist for each absence.</b></p>  |
| <b>Return to school after having one symptom above and <u>NO COVID 19 test</u>:</b>   | <ul style="list-style-type: none"><li>• No fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers - Tylenol/Motrin); and Doctor’s note to return to school, or</li><li>• At least 10 calendar days have passed since your symptoms first appeared.</li></ul> <p>Any student, teacher, administrator or staff who is symptomatic for infection should stay home and consult their primary care provider or seek testing. The state website <a href="http://www.coronavirus.in.gov">www.coronavirus.in.gov</a> has a list of over 200 testing facilities, their location and hours of operation. This list is updated frequently.</p> |
| <b>Return to school after having one symptom above and <u>testing negative for COVID 19</u>:</b>                                      | <ul style="list-style-type: none"><li>• No fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers - Tylenol/Motrin); and Doctor’s note to return to school.</li></ul>   |
| <b>Return to school after having one symptom above and <u>testing POSITIVE for COVID 19 with symptoms</u>:</b>                        | <p>First: <b>Notify your school immediately of any positive test</b></p> <p>Persons who experienced symptoms and have been tested for COVID-19 may return to school if the following conditions are met:</p> <ul style="list-style-type: none"><li>• The individual no longer has a fever (without the use medicine that reduces fevers); and</li><li>• Other symptoms have improved (for example, when your cough or shortness of breath have improved); and</li><li>• At least 10 calendar days since their test without symptoms; or</li><li>• The individual has received two negative tests at least 24 hours apart.</li></ul>   |
| <b>If someone in your home <u>has symptoms or is being tested for COVID 19</u>:</b>   | <p>Students and employees should remain home for 72 hours if someone in the household has COVID-19 symptoms or is being tested for COVID-19.</p> <p><b>Parents and employees notify the school if someone in your home has tested positive for COVID-19.</b></p>  |
| <b>If someone in your home <u>has tested positive for COVID 19</u>:</b>   | <p>If an individual in one’s home has COVID-19 or is isolated because of COVID-19, those in the household should also stay home for a minimum of 14 calendar days. This could be longer if the student becomes symptomatic. Return to school after documented infection with COVID-19 should be directed by the individual’s health care provider.</p> <p><b>Parents and employees notify the school if someone in your home has tested positive for COVID-19.</b></p>  |

|   |   |
|---|---|
| <b>If you have an known exposure COVID-19 ( Contact of a Contact ):</b> | Students and employees should remain home for 72 hours if the student or family member has been in contact with someone who tested positive for COVID-19.<br><br><b>Parents and employees notify the school if someone in your home has tested positive for COVID-19.</b> |
| <b>If traveling from “hot spot” area:</b>                               | Students and employees may be asked to self-quarantine for up to 14 days.   |

## 2. Decision Making Model Based on Level of COVID-19 Spread

| Level of Spread            | Substantial Spread<br>(Plan C, until we can return to plan B)  | Minimal or Moderate Spread<br>(Plan B, until we can return to Plan A)   | Low to No Spread<br>(Plan A)  |
|----------------------------|--|---|---|
| <b>Instructional Model</b> | eLearning until Community Spread decreases.  | Periods of eLearning are possible to minimize the spread.   | Traditional Learning (brick and mortar)<br>100% of students attend traditional school every day<br><br>-or-<br><br>100% eLearning option available for students/families that do not feel safe or comfortable returning to the traditional learning and/or students who are at high risk. <ul style="list-style-type: none"> <li>This parental decision is per semester.</li> <li>Family <b>MUST</b> have internet access in order to participate.</li> <li>Only those students who are in school may participate in co- and extracurricular activities.</li> </ul> |
| <b>Level of Response</b>   | 100% eLearning. Teachers will instruct through Canvas and Google Meets. Students will be expected to attend all sessions and complete all work. Counselors are available for students. | Periods of eLearning are possible to minimize the spread.<br><br>Short term closures for cleaning are possible. | School buildings are open with additional cleaning, safety, and protective measures in place. Teachers will provide instruction based on a traditional schedule. Technology used in the classroom will help students who are engaged in eLearning to participate.<br><br>Short term closures for cleaning are possible.   |


### 3. Medical Inquiries

| Substantial Spread                       | Minimal or Moderate Spread   | Low to No Spread   |
|--|--|--|
| <p>No students or staff in buildings</p> | <ul style="list-style-type: none"> <li>• If a parent reports that a student is ill, PRSC will ask the parent whether the student is exhibiting any symptoms of COVID-19.</li> <li>• If an employee calls in sick or appears ill, PRSC will inquire as to whether the employee is experiencing any COVID-19 symptoms.</li> <li>• If a person is obviously ill, PRSC will make additional inquiries and may exclude the person from school property.</li> <li>• Even without symptoms, if a student or employee has recently had contact with a person with a suspected or confirmed case of COVID-19, has someone in their home being tested for COVID-19, or has recently traveled from somewhere considered to be a “hot spot” by the CDC, PRSC may exclude the student or employee from the school building and require that the student or non-student self-quarantine for 14 calendar days.</li> <li>• When reporting an illness, please wait for contact from the school prior to sending the student.</li> </ul> | <ul style="list-style-type: none"> <li>• If a parent reports that a student is ill, PRSC will ask the parent whether the student is exhibiting any symptoms of COVID-19.</li> <li>• If an employee calls in sick or appears ill, PRSC will inquire as to whether the employee is experiencing any COVID-19 symptoms.</li> <li>• If a person is obviously ill, PRSC will make additional inquiries and may exclude the person from school property.</li> <li>• Even without symptoms, if a student or employee has recently had contact with a person with a suspected or confirmed case of COVID-19, has someone in their home being tested for COVID-19, or has recently traveled from somewhere considered to be a “hot spot” by the CDC, PRSC may exclude the student or employee from the school building and require that the student or non-student self-quarantine for 14 calendar days.</li> <li>• When reporting an illness, please wait for contact from the school prior to sending the student.</li> </ul> |

## 4. Student Attendance


| Substantial Spread                | Minimal or Moderate Spread  | Low to No Spread  |
|-----------------------------------|---|---|
| No students or staff in buildings | <ul style="list-style-type: none"> <li>Attendance bonuses and reward programs will be suspended to avoid encouraging employees and students to come to school when they are sick. Students who are out of school for an extended period of time due to COVID-19 (individuals who have tested positive, individuals who have been in direct contact with a person who has tested positive, or individuals who are symptomatic) will be required to utilize remote learning to meet attendance requirements.</li> <li>Remote learning guidelines can be adjusted based on the needs of each student.</li> </ul> | <ul style="list-style-type: none"> <li>Attendance bonuses and reward programs will be suspended to avoid encouraging employees and students to come to school when they are sick. Students who are out of school for an extended period of time due to COVID-19 (individuals who have tested positive, individuals who have been in direct contact with a person who has tested positive, or individuals who are symptomatic) will be required to utilize remote learning to meet attendance requirements.</li> <li>Remote learning guidelines can be adjusted based on the needs of each student.</li> </ul> |

## 5. Entering or Exiting the Building


| Substantial Spread   | Minimal or Moderate Spread   | Low to No Spread  |
|--|--|---|
| No students or staff in buildings<br><br> | <ul style="list-style-type: none"> <li>Students are required to wear a mask and social distance when entering or exiting.</li> <li>Students will wash hands or utilize hand sanitizer upon entering the school.</li> <li>Students will report directly to their classroom.</li> <li>At the High School, all students will report directly to the cafeteria for breakfast or to their classroom.</li> <li>At the Elementary, all students will report directly to their classroom. Students wanting to eat breakfast will be released to the cafeteria by their teacher.</li> <li>Students will eat Grab &amp; Go breakfast in the</li> </ul> | <ul style="list-style-type: none"> <li>Students are required to wear a mask and social distance when entering or exiting.</li> <li>Students will wash hands or utilize hand sanitizer upon entering the school.</li> <li>At the High School, all students will report directly to the cafeteria for breakfast or to their classroom.</li> <li>At the Elementary, all students will report directly to their classroom. Students wanting to eat breakfast will be released to the cafeteria by their teacher.</li> </ul> |

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|--|---|---|
|  | <p>classroom.</p> <p>End of the Day Procedures</p> <ul style="list-style-type: none"> <li>● Elementary <ul style="list-style-type: none"> <li>○ Bus Riders will be dismissed 1st.</li> <li>○ Pickup/Walkers will be dismissed after the buses have left.</li> </ul> </li> <li>● Jr. High and High School <ul style="list-style-type: none"> <li>○ Bus Riders will be dismissed 1st.</li> <li>○ All other students will be dismissed after the buses have left.</li> </ul> </li> </ul> | <p>End of the Day Procedures</p> <ul style="list-style-type: none"> <li>● Elementary <ul style="list-style-type: none"> <li>○ Bus Riders will be dismissed 1st.</li> <li>○ Pickup/Walkers will be dismissed after the buses have left.</li> </ul> </li> <li>● Jr. High and High School <ul style="list-style-type: none"> <li>○ Bus Riders will be dismissed 1st.</li> <li>○ All other students will be dismissed after the buses have left.</li> </ul> </li> </ul> |
|--|---|---|


## 6. Teaching and Learning

| Substantial Spread  | Minimal or Moderate Spread  | Low to No Spread  |
|---|---|---|
| <p>No students or staff in buildings</p> <p>Provide educational content on Google Meet and Canvas for any extended eLearning.</p> <div style="text-align: center; margin-top: 20px;">  </div> | <ul style="list-style-type: none"> <li>● Same as low to no spread.</li> <li>● Re-evaluate mask use policy.</li> <li>● Provide educational content on Google Meet and Canvas on the days students are not in school (with support) until they come back the following scheduled day</li> </ul> | <ul style="list-style-type: none"> <li>● All staff and students self-screen each day before starting the day (COVID-19 Screening Checklist)</li> <li>● Staff and Students will be required to wear masks during one-on-one and/or small group instruction.</li> <li>● Desks are separated as much as possible, unnecessary furniture is removed.</li> <li>● All desk facing the same direction when possible.</li> <li>● Physical education, band, music class, and choir held outside when weather permissible.</li> <li>● Limit large group gatherings.</li> <li>● Students are kept in a cohort group PK-4.</li> <li>● Assigned seating in classrooms.</li> <li>● Provide educational content on Google Meet and Canvas on the days students are not in school (due to quarantine) until they come back the following scheduled day</li> </ul> |

## 7. Student Transition

| Substantial Spread   | Minimal or Moderate Spread  | Low to No Spread   |
|--|---|--|
| <p>No students or staff in buildings</p>  | <ul style="list-style-type: none"> <li>• Designating areas of the hallway (i.e. lanes) to walk to keep students separated (to the extent practicable)                             <ul style="list-style-type: none"> <li>◦ Students will need to move in a clockwise manner around square hallways</li> </ul> </li> <li>• Students will be required to wear a mask when not in the classroom.</li> <li>• Students will practice CDC social distancing while transitioning.</li> <li>• Re-evaluate alternative transition schedules</li> </ul> | <ul style="list-style-type: none"> <li>• Designating areas of the hallway (i.e. lanes) to walk to keep students separated (to the extent practicable)                             <ul style="list-style-type: none"> <li>◦ Students will need to move in a clockwise manner around square hallways while possible.</li> <li>◦ Students may be dismissed at different time intervals.</li> </ul> </li> <li>• Students will be required to wear a mask when not in the classroom.</li> <li>• Students will try to practice CDC social distancing while transitioning.</li> </ul> |

## 8. Protective Measures

| Substantial Spread   | Minimal or Moderate Spread  | Low to No Spread   |
|--|---|--|
| <p>No students or staff in buildings</p>  | <ul style="list-style-type: none"> <li>• Same as low to no spread</li> <li>• Facilities and buses are occupied at 50% to support social distancing</li> </ul> | <ul style="list-style-type: none"> <li>• All staff self-screen each day before starting the day</li> <li>• Teach and reinforce good hygiene practices like hand washing, covering coughs, etc.</li> <li>• Signs are posted throughout the school about how to minimize the spread, how to wash hands, and staying home when you are sick</li> <li>• Hands are washed/sanitized at the start of school, prior to eating, after using the restroom, after blowing nose, coughing, or sneezing, and after using shared equipment</li> <li>• Playground—recess times are staggered, hand sanitization prior to and after recess, equipment is cleaned daily.</li> <li>• Spread desks far apart when possible in the classroom. Seating charts are maintained.</li> <li>• All desks face the same direction.</li> </ul> |




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|  |  | <ul style="list-style-type: none"> <li>• Students are kept in a cohort group PK-4.</li> <li>• If desks are shared, they are wiped between use.</li> <li>• If tables are shared, students have the option to wear a mask.</li> <li>• If students are performing labs, masks will be required.</li> <li>• Minimize the use of shared supplies and materials. Sanitize between each use if shared as feasible.</li> <li>• Protocols established for students who begin to feel sick at school, including isolation rooms in each building.</li> <li>• Water fountains are closed. Students bring water bottles from home. Bottle refill stations are available.</li> <li>• Reporting process in place to track symptoms, absence, COVID cases, and communicate with the health department.</li> </ul> |
|--|--|--|

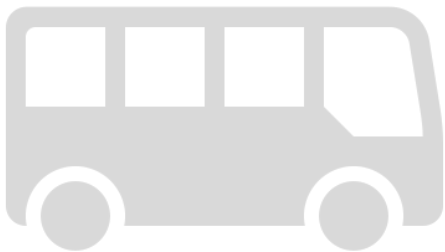
## 9. Protecting Vulnerable Populations

| <b>Substantial Spread</b>                | <b>Minimal or Moderate Spread</b>   | <b>Low to No Spread</b>   |
|--|---|---|
| <p>No students or staff in buildings</p> | <ul style="list-style-type: none"> <li>• Provide 100% remote learning option</li> <li>• Provide accommodations to high-risk students with an IEP and 504.</li> <li>• Establish a point-of-contact with the local health department.</li> <li>• Contact the Cass County Health Department for COVID-19 testing sites.</li> <li>• Provide hand sanitizer for students and staff</li> <li>• Masks are recommended for vulnerable students and staff as needed throughout the day</li> <li>• Establish a process for regular check-ins with vulnerable students and staff.</li> <li>• Limit large group gatherings/ Interactions for vulnerable students and staff.</li> <li>• Students who test positive for COVID or who are quarantined may shift to remote learning until they can return.</li> </ul> | <ul style="list-style-type: none"> <li>• Provide 100% remote learning option.</li> <li>• Provide accommodations to high-risk students with an IEP and 504.</li> <li>• Establish a point-of-contact with the local health department.</li> <li>• Contact the Cass County Health Department for COVID-19 testing sites.</li> <li>• Provide hand sanitizer for students and staff.</li> <li>• Provide additional instruction and support on appropriate hand washing and wearing masks.</li> <li>• Masks are recommended for vulnerable students and staff as needed throughout the day.</li> <li>• Limit large group gatherings/interactions for vulnerable students and staff, as determined by the case conference committee.</li> <li>• Students who test positive for COVID or who are quarantined may shift to remote learning until they can return.</li> </ul> |

# 10. Cleaning and Sanitizing

| Substantial Spread   | Minimal or Moderate Spread   | Low to No Spread   |
|--|--|--|
| <ul style="list-style-type: none"> <li>Deep cleaning procedures conducted by custodial staff at the direction of the Director of Facilities or Designee</li> </ul>  | <ul style="list-style-type: none"> <li>Same as cleaning in low to no spread</li> <li>Emergency cleaning: The emergency cleaning plan will be implemented at the direction of the Superintendent or designee in response to an actual infection located at or attributed to a particular school or location or when directed by County or State health authorities               <ul style="list-style-type: none"> <li>This may require that the physical building be closed in order for this to take place for 2 to 3 days. Students will have eLearning.</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>All staff self-screen each day before starting shifts</li> <li>Soap and/or hand sanitizer are available throughout the building and in each classroom</li> <li>Routine cleaning is performed on a regularly scheduled basis by district custodial staff assigned to that building or area. Routine cleaning includes daily cleaning and disinfecting of all restrooms, scheduled sweeping of all floors, sanitizing of cafeteria tables, emptying trash and other building based tasks.</li> <li>Supplemental cleaning is performed by custodial staff over and above what is considered routine. Supplemental cleaning is focused on cleaning and disinfecting high touch surfaces, specifically for the purpose of preventing spread of disease</li> <li>Emergency cleaning: The emergency cleaning plan will be implemented at the direction of the Superintendent or designee in response to an actual infection located at or attributed to a particular school or location or when directed by County or State health authorities</li> <li>Upon direction to implement an emergency cleaning plan, the facility will be evacuated and plans for the length and scope of facility closure will be communicated to the public and staff. This may only affect a portion of the facility.</li> </ul> |

# 11. Transporting Students

| Substantial Spread  | Minimal or Moderate Spread   | Low to No Spread   |
|---|--|--|
| <p>School buildings are closed.</p>  | <ul style="list-style-type: none"> <li>• Same as transporting students in low to no spread.</li> <li>• No field trips</li> <li>• If a bus transports a passenger or has a driver who tests positive for COVID-19 or exhibits symptoms of COVID-19, the bus will sit unused and empty for 24 hours before the driver cleans and disinfects the bus. After the bus is cleaned and disinfected, the bus will sit empty and unused for 72 hours, if possible.</li> </ul> | <ul style="list-style-type: none"> <li>• Parents may transport children to and from school in place of riding school provided transportation. This will need to be designated in the student's transportation plan and communicated with the child's teacher.</li> <li>• Assigned seats on buses, siblings sit together, fill the bus back to front.</li> <li>• Assign drivers to a single bus and specific route.</li> <li>• Students will not be permitted to ride a different bus than is indicated in their weekly plan.</li> <li>• All staff self-screen each day before starting routes.</li> <li>• Parents are to conduct parent screening measures (page 2) prior to placing students on the bus and have students wash hands prior to getting on the bus. Do not send children to school if they have any symptoms (see page 2).</li> <li>• Bus drivers and students are required to wear masks. Masks should be in place when entering the bus.</li> <li>• Bus is cleaned and disinfected after each route (am/pm).</li> <li>• Limited field trips.</li> <li>• Social distance at bus stops and lot pick ups.</li> </ul> |

# 12. Serving Meals

## Substantial Spread

- School buildings are closed.
- Reduce contact by providing a week's worth of meals at one pick up.
- Serve 5 breakfasts and 5 lunches for pickup one day per week at the distribution sites used during the summer.
- All staff in masks.
- Return to bus-delivered food as was done in the spring and summer (subject to USDOE waivers).



## Minimal or Moderate Spread

- Same as serving meals in low to no spread.
- Grab and Go breakfast from the cafeteria to permit eating of meals in the classroom.

## Low to No Spread

- All students wash hands prior to breakfast and lunch.
- Jr. High and High School - Students will report to their lockers then report to their 1st period or breakfast (after breakfast report to 1st period).
- Elementary students will report to their classrooms prior to breakfast to get their key card, then go to breakfast. Students should be in class by 8:00.
- Hand sanitizer is provided for students and staff.
- Food service staff wear personal protective equipment as they prepare and serve food.
- No self-serve food items (salad bar, condiment bar, slush machine).
- Assigned seating in the lunchroom or students assigned as groups to tables to support cohorting and tracing.
- Tables will be dismissed to get lunch.
- Tables will be dismissed to return lunch trays.
- High School - reduced seating capacity at lunch tables to 50% capacity.
- Scan cards used in place of keypads.
- Disposable utensils and napkins are utilized.
- Packaged condiments are provided.
- Cafeteria is cleaned between each meal service
- Floor is marked to space students while they wait to receive their meals.
- Food sharing is prohibited.
- Students go in small groups to dispose of trash in cans spread throughout the cafeteria.
- Online deposits will be taken and a drop off box is available for cash payments. No cash transactions will be taken in the lunch line.
- Add additional lunch time and alternative lunch recess schedule.

## 13. Visitors to the Buildings

| Substantial Spread          | Minimal or Moderate Spread  | Low to No Spread   |
|-----------------------------|---|--|
| School buildings are closed | <ul style="list-style-type: none"> <li>• Visitors will not be permitted beyond the main office/foyer of the school building and are required to wear a mask. Volunteers will not be permitted in the classrooms.</li> </ul> | <ul style="list-style-type: none"> <li>• Visitors will not be permitted beyond the main office/foyer of the school building and will be required to wear a mask. Volunteers will be limited to only individuals providing substantial educational benefits to the students and school, in general. The building principal will maintain a listing of all approved volunteers. Volunteers are recommended to wear personal protective equipment whenever social distancing is not an option.</li> </ul> |

## 14. Pick-up and Drop-off of students (during the school day)

| Substantial Spread          | Minimal or Moderate Spread  | Low to No Spread   |
|-----------------------------|---|--|
| School buildings are closed | <ul style="list-style-type: none"> <li>• Parent/guardian needs to notify the school in advance.               <ul style="list-style-type: none"> <li>◦ There may be a delay if unannounced.</li> </ul> </li> <li>• Parent/guardian will wait in the foyer and a staff member will bring the student to you.</li> <li>• Masks are required.</li> </ul> | <ul style="list-style-type: none"> <li>• Parent/guardian needs to notify the school in advance.               <ul style="list-style-type: none"> <li>◦ There may be a delay if unannounced.</li> </ul> </li> <li>• Parent/guardian will wait in the foyer and a staff member will bring the student to parent.</li> <li>• Masks are required.</li> </ul> |

# 15. High Risk Class Periods

Several classes, due to the nature of instruction are considered high risk classes. If a student is enrolled in such a class, special protections and procedures will be required for participation, and parents or guardians will have to authorize participation during the pandemic period.

| Substantial Spread          | Minimal or Moderate Spread  | Low to No Spread   |
|-----------------------------|---|--|
| School buildings are closed | Choir, Band, Physical Education, Music Class, and Weight Training <ul style="list-style-type: none"> <li>Depending on class size and room size, classes will be encourage to occur outside or in a larger room when available</li> <li>Less singing, playing, or physical activity and more music appreciation or kinetics education</li> </ul> | Choir, Band, Music Class, Physical Education, and Weight Training <ul style="list-style-type: none"> <li>Depending on class size and room size, classes will be encourage to occur outside or in a larger room when available</li> <li>Possibly less singing, playing, or physical activity and more music appreciation or kinetics education.</li> <li>Mask may be required during certain situations and/or times within the classroom.</li> </ul> |

# 16. Extra-Curricular and Co-Curricular

## Pioneer Jr-Sr High School Student-Athlete Return To Participate Plan

|  | Phase I  | Phase II   | Phase II   | Phase III  |
|--|--|--|--|--|
|  | IHSAA Summer Activity  | IHSAA Summer Activity  | IHSAA Fall Sports Season   | IHSAA Fall Sports Season   |
|  | July 6 - July 19   | July 20 - August 2   | August 3 - August 14   | August 15 and Beyond   |
| <b>IHSAA Health History &amp; Physical Forms</b> | All student-athletes must have the IHSAA Health History Update Questionnaire and Consent/Release Certificate on file prior to participation.   | All student-athletes must have the IHSAA Health History Update Questionnaire and Consent/Release Certificate on file prior to participation.   | All student-athletes must have the IHSAA Health History Update Questionnaire and Consent/Release Certificate and a valid 2019-20 or 2020-21 IHSAA Physical Form on file prior to participation.                  | All student-athletes must have the IHSAA Health History Update Questionnaire and Consent/Release Certificate and a valid 2019-20 or 2020-21 IHSAA Physical Form on file prior to participation.                  |
| <b>COVID-19 Screening</b>                        | The athletic trainer or head coach must record attendance of all student-athletes, student-managers and coaches who attend activities, and all individuals must be screened before being allowed to participate. | The athletic trainer or head coach must record attendance of all student-athletes, student-managers and coaches who attend activities, and all individuals must be screened before being allowed to participate. | The athletic trainer or head coach must record attendance of all student-athletes, student-managers and coaches who attend activities, and all individuals must be screened before being allowed to participate. | The athletic trainer or head coach must record attendance of all student-athletes, student-managers and coaches who attend activities, and all individuals must be screened before being allowed to participate. |

|                                      |   |  |   |   |
|--------------------------------------|---|--|---|---|
| <b>COVID-19 Symptoms</b>             | Any person with symptoms will be referred to his or her primary care provider and not allowed to participate. Student-athletes, student-managers or coaches who no longer test positive and/or no longer display symptoms of COVID-19 will follow the Return to School protocol listed in Appendix A of the IDOE Re-Entry Guidance.   | Any person with symptoms will be referred to his or her primary care provider and not allowed to participate. Student-athletes, student-managers or coaches who no longer test positive and/or no longer display symptoms of COVID-19 will follow the Return to School protocol listed in Appendix A of the IDOE Re-Entry Guidance.  | Any person with symptoms will be referred to his or her primary care provider and not allowed to participate. Student-athletes, student-managers or coaches who no longer test positive and/or no longer display symptoms of COVID-19 will follow the Return to School protocol listed in Appendix A of the IDOE Re-Entry Guidance.   | Any person with symptoms will be referred to his or her primary care provider and not allowed to participate. Student-athletes, student-managers or coaches who no longer test positive and/or no longer display symptoms of COVID-19 will follow the Return to School protocol listed in Appendix A of the IDOE Re-Entry Guidance.   |
| <b>Participation</b>                 | <p>All summer activities are voluntary.</p> <p>Student-athletes may spend a maximum of 15 hours per week at PJSHS.</p> <p>Student-athletes may attend one maximum 3-hour session per day per sport.</p> <p>Student-athletes may attend one maximum 75-minute strength and conditioning session per day; strength and conditioning is limited to 4 days per week.</p> <p>Fall sports may hold workouts on Tuesday and Thursday.</p> <p>Winter and spring sports may hold workouts on Monday and Wednesday.</p> <p>A sport may only have 2 sessions per week.</p> <p>The same sport may not have activity on consecutive calendar days.</p> <p>Intrasquad scrimmages are prohibited.</p> <p>Football student-athletes will participate in workouts wearing t-shirts, shorts and shoes only.</p> | <p>All summer activities are voluntary.</p> <p>Student-athletes may spend a maximum of 15 hours per week at PJSHS.</p> <p>Student-athletes may attend one maximum 3-hour session per day per sport.</p> <p>Student-athletes may attend one maximum 75-minute strength and conditioning session per day and only 4 days per week.</p> <p>Fall sports may hold workouts on Tuesday and Thursday.</p> <p>Winter and spring sports may hold workouts on Monday and Wednesday.</p> <p>A sport may only have 2 sessions per week.</p> <p>The same sport may not have activity on consecutive calendar days.</p> <p>Intrasquad scrimmages are permitted; in football, no live contact to the ground will be allowed.</p> <p>Football student-athletes will participate in workouts wearing helmets, mouthpiece, shoulder pads and girdle only.</p> <p>Girls' golf practice starts on Mon July 31.</p> | <p>Fall sports practices are allowed with normal IHSAA in-season rules and guidelines.</p> <p>Winter and spring sports may have no contact with student-athletes from Mon Aug 3 through Sat Aug 29.</p> <p>Varsity girls' golf matches will be held on Thu Aug 6, Sat Aug 8, Mon Aug 10 and Tue Aug 11; no spectators will be permitted to attend these athletic events.</p> <p>Varsity and junior varsity volleyball scrimmage versus Western at home on Tue Aug 11 will start at 6:00; no spectators will be allowed to attend this athletic contest.</p> | <p>Fall sports practices are allowed with normal IHSAA in-season rules and guidelines.</p> <p>Winter and spring sports may have contact with student-athletes from Mon Aug 31 through Sat Oct 17.</p> <p>Cass County Volleyball Tournament will be played at Lewis Cass on Sat Aug 15; fans may attend but should practice social distancing.</p> <p>Varsity and junior varsity football scrimmage versus Northwestern at home has been moved from Fri Aug 14 to Sat Aug 15; fans may attend but should practice social distancing.</p> <p>Parents and spectators may attend all girls' golf, volleyball, football and coed cross country events from Sat Aug 15 to the conclusion of the fall sports season; however, social distancing should be implemented.</p> |
| <b>Activity Group Size</b>           | A maximum of 22 student-athletes may be permitted in one location.  | A maximum of 33 student-athletes may be permitted in one location.   | All teams my practice, but social distancing should be practiced when appropriate; small group activities within teams should be used as much as possible. Indoor practices may be reduced to smaller groups due to limited space availability.   | All teams my practice, but social distancing should be practiced when appropriate; small group activities within teams should be used as much as possible. Indoor practices may be reduced to smaller groups due to limited space availability.   |
| <b>Weight Room and Training Room</b> | A maximum of 16 student-athletes may be permitted in the weight room; no lifting or exercises requiring a spotter may be conducted. Face coverings are required for any individual that enters the athletic training room.  | A maximum of 24 student-athletes may be permitted in the weight room. Lifting or exercises requiring a spotter may be conducted; spotters should position themselves at the ends of the bar rather than directly face-to-face with the student-athlete lifting. Face coverings are required for any individual that enters the athletic training room.   | A maximum of 24 student-athletes may be permitted in the weight room. Lifting or exercises requiring a spotter may be conducted; spotters should position themselves at the ends of the bar rather than directly face-to-face with the student-athlete lifting. Face coverings are required for any individual that enters the athletic training room.  | A maximum of 24 student-athletes may be permitted in the weight room. Lifting or exercises requiring a spotter may be conducted; spotters should position themselves at the ends of the bar rather than directly face-to-face with the student-athlete lifting. Face coverings are required for any individual that enters the athletic training room.  |
| <b>Equipment Hygiene</b>             | All PJSHS sports equipment will be cleaned with CDC approved cleaner or appropriate cleaning method at the end of each practice   | All PJSHS sports equipment will be cleaned with CDC approved cleaner or appropriate cleaning method at the end of each practice  | All PJSHS sports equipment will be cleaned with CDC approved cleaner or appropriate cleaning method at the end of each practice   | All PJSHS sports equipment will be cleaned with CDC approved cleaner or appropriate cleaning method at the end of each practice   |

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|   | or workout; all individual sports equipment (helmets, shoulder pads, braces, headbands, etc.) should be sanitized or cleaned daily prior to athletic activity.                                      | or workout; all individual sports equipment (helmets, shoulder pads, braces, headbands, etc.) should be sanitized or cleaned daily prior to athletic activity.                                      | or workout; all individual sports equipment (helmets, shoulder pads, braces, headbands, etc.) should be sanitized or cleaned daily prior to athletic activity.                                      | or workout; all individual sports equipment (helmets, shoulder pads, braces, headbands, etc.) should be sanitized or cleaned daily prior to athletic activity.  |
| <b>Student-Athlete Responsibility</b>     | Student-athletes must sanitize their hands before and after participation; athletes are expected to shower and wash workout clothing immediately upon returning home from all activities.           | Student-athletes must sanitize their hands before and after participation; athletes are expected to shower and wash workout clothing immediately upon returning home from all activities.           | Student-athletes must sanitize their hands before and after participation; athletes are expected to shower and wash workout clothing immediately upon returning home from all activities.           | Student-athletes must sanitize their hands before and after participation; athletes are expected to shower and wash workout clothing immediately upon returning home from all activities.   |
| <b>Face Coverings</b>                     | Face coverings are recommended but optional; any individual who prefers to wear a face covering may do so.  | Face coverings are recommended but optional; any individual who prefers to wear a face covering may do so.  | Face coverings are recommended but optional; any individual who prefers to wear a face covering may do so.  | Face coverings are recommended but optional; any individual who prefers to wear a face covering may do so.  |
| <b>Hydration Stations</b>                 | Hydration stations at PJSHS will not be provided; student-athletes should bring their own permanently marked water bottle or jug labeled with their name and sanitize or wash it at home after use. | Hydration stations at PJSHS will not be provided; student-athletes should bring their own permanently marked water bottle or jug labeled with their name and sanitize or wash it at home after use. | Hydration stations at PJSHS will not be provided; student-athletes should bring their own permanently marked water bottle or jug labeled with their name and sanitize or wash it at home after use. | Hydration stations at PJSHS will not be provided; student-athletes should bring their own permanently marked water bottle or jug labeled with their name and sanitize or wash it at home after use.   |
| <b>Locker Rooms and Meeting Rooms</b>     | No locker rooms or meeting rooms at PJSHS will be utilized; student-athletes should report to activity in proper gear and return home immediately following activity.                               | No locker rooms or meeting rooms at PJSHS will be utilized; student-athletes should report to activity in proper gear and return home immediately following activity.                               | No locker rooms or meeting rooms at PJSHS will be utilized; student-athletes should report to activity in proper gear and return home immediately following activity.                               | Locker rooms and meeting rooms at PJSHS will be available. Student-athletes should not congregate in locker rooms, and face masks must be worn in meeting rooms. Student-athletes will take all clothing, shoes and gear home each day and sanitize or launder. |
| <b>Personnel Allowed to Attend</b>        | Only essential personnel (coaches, student-athletes and student-managers) may attend; parents, spectators, media, vendors, etc. may not attend.   | Only essential personnel (coaches, student-athletes and student-managers) may attend; parents, spectators, media, vendors, etc. may not attend.   | Only essential personnel (coaches, student-athletes and student-managers) may attend; parents, spectators, media, vendors, etc. may not attend.   | Parents, spectators, media, vendors, etc. may attend athletic contests but should practice social distancing.   |
| <b>Transportation</b>                     | Because no athletic activities are permitted away from PJSHS, bus transportation will not be utilized.  | Because no athletic activities are permitted away from PJSHS, bus transportation will not be utilized.  | Transportation will be provided to away athletic contests; coaches will take attendance, and any person riding the bus will be required to wear a face mask.  | Transportation will be provided to away athletic contests; coaches will take attendance, and any person riding the bus will be required to wear a face mask.  |
| <b>Alternate Command Hierarchy</b>        | Command hierarchy for coaching staff should be established in case of illness; also, coaches may not use whistles during athletic activity.   | Command hierarchy for coaching staff should be established in case of illness; also, coaches may not use whistles during athletic activity.   | Command hierarchy for coaching staff should be established in case of illness; also, coaches may not use whistles during athletic activity.   | Command hierarchy for coaching staff should be established in case of illness; also, coaches may not use whistles during athletic activity.   |
| <b>Celebratory and Sportsmanship Acts</b> | Celebratory and sportsmanship acts that involve contact are prohibited.   | Celebratory and sportsmanship acts that involve contact are prohibited.   | Celebratory and sportsmanship acts that involve contact are prohibited.   | No handshakes after contests; modified sportsmanship practices should be observed.  |



# 17. Checklists

## Students/Parents:

- \_\_\_\_\_ School appropriate mask with you at all times (required)
- \_\_\_\_\_ Water bottle (optional)
- \_\_\_\_\_ Hand sanitizer (optional)
- \_\_\_\_\_ Fever/illness free for 72 hours without fever reducing medication (required - parents keep students at home if they are ill)
- \_\_\_\_\_ Have not traveled outside of the country or a “Hot-Spot” the last 14 days (required)
- \_\_\_\_\_ Have not been in contact with anyone who has Covid-19 (required)
- \_\_\_\_\_ COVID-19 symptom awareness training

All students should have a mask with them at all times. There will be certain situations when wearing a mask will be required.

## Teachers/Staff Members:

- \_\_\_\_\_ School appropriate mask with you at all times (required)
- \_\_\_\_\_ Water bottle (optional)
- \_\_\_\_\_ Hand sanitizer (optional)
- \_\_\_\_\_ Fever/illness free for 72 hours without fever reducing medication (required - stay at home if you are ill)
- \_\_\_\_\_ Have not traveled outside of the country or a “Hot-Spot” the last 14 days (required)
- \_\_\_\_\_ Have not been in contact with anyone who has Covid-19 (required)
- \_\_\_\_\_ COVID-19 training

All teachers/staff members should have a mask with them at all times. There will be certain situations when wearing a mask will be required.

# 18. Document Change Log

Any changes made to this document will be noted below in order to allow easier identification for readers.

| Date | Section | Original Language | New Language |
|------|---------|-------------------|--------------|
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