Smoke Signal







#### HEALTH BULLETIN

## Dancers Succumb to Disco Ills

Attention disco fans, take heed! The surgeon general has warned that disco dancing for long periods of time under extremely bright lights and listening to loud music can be harmful to your health. Below are some diseases commonly attributed to disco dancing. Given also are the symptoms occuring with each disease and a suitable cure. (If there is one.)

Disease l. Tolio

Symptoms Sore, red, inflamed toes

Acquire a more graceful partner or get steeltoed shoes Dance a little farther away from your partner

2. Kneasles

Swollen, bruised, disfured knees; considerable pain on kneecaps Dislocated, perhaps broken, collar bone due to

Demand that your partner

3. Discollaria

> dipping overweight part-Crazed with desire to

lose weight or start lifting weights

Dipsomania

continuosly dip one's partner

Join your local chapter of Dipsomaniacs Anonymous (or more commonly

Pretzel Arms

Arms start forming shape of pretzel during dance

the DA's office) Do your basic reverse pretzel and consume a can of your favorite beverage

Saturday Night Fever

Breaking out in cold sweat with temperature of 103 degrees F

Dance on Fridays instead

Don't pay no mind, just

Discophobia

Paranoid fear of dancing due to thinking that everyone is watching

put on your "Dancin' Shoes" and boogie

Legracy

only you The utmost fatigue to the point where legs are

Legg's panty hose with elegtricity

Travolta's Disease

about to drop off High disco fever, treme desire to dance, loss of appetite, nerves

on edge, weak

Call Ambulance and escort quickly to a discotheque

10. Satinfluenza

Temporary blindness and eye irritation due to being exposed to large

Polaroid sunglasses and two Bayer Aspirins

11. Skintitis

amounts of disco satin clothes. Often times accompanied by headaches and minor discomfort Minor skin irratations caused by wearing tight disco outfits. Skin be-

comes dry and inflamed

None (until fad is out of style)

### Disco Debut Proves Satisfying

by Dale Wester and Ronda Baker

As we arrived at the Disconnection, our senses were excited with the thrill of our visit to a

real, live disco.

We entered, stepping to the beat of "Boogie Oogie Oogie." The \$3per-person charge seemed a might steep, but we decided to give the place a chance since our motto is "We'll try anything once."

The disco atmosphere was enhanced by two huge disco lights shining from the ceiling, strobe lights flashing to the beat. and red lights encircling the coke-bar and the lighted dance floor.

When our eyes focused by somewhere close 20/20, our attention was captured by the people "getting down" on the main dance floor.

Once we had "Put on Our Dancin' Shoes," we ventured out on to the dance floor to try our luck at the dance we had practiced all week.

Slightly nervous at first, we soon discovered that we were surrounded by people who were just doing their own thing.

Through the crowd, we spotted a true disco couple, perfectly outfited for the occasion and doing a dance step different from anything we had ever seen.

"Would they teach us their lively new step?"

we wondered. The friendly couple,

flattered that we liked the dance, got us into the starting position and began describing the moves. Management box

1) Step to the side

two times.

2) Step to the opposite side two times.

3) With the right foot, step forward, then backward, and then forward again.

4) Raise your left leg similar to a skip and had said about the steep spin to the right a quar-

ter of a turn.

5) Take four steps to the rear and start again.

We were quick learners: and before we knew it, it was time for our "Last Dance."

As we left the lighted floor, we knew that we had all the symptoms of disco fever; but we also knew that we had enjoyed our evening.

Leaving the lobby, we took back all that we price; it had been worth

it all.

### Disco NOT Loved by All; Like 'Plain Old Rock'

by John Koons

everyone danced to plain old Rock and Roll. But no more. Nearly all rock radio stations play disco cuts . . . . . . . . . .

Many of the rock stars of the past have released some form of dancing music.

The Doobie Brothers had one big dance hit, and Lynard Skynard has even had a couple.

But not everyone is in love with the disco sound. Some who can live without the discotheque prefer to listen to the albums of Dylan; Crosby, Stills, Nash and Young; Kansas; Boston; Foreigner; Styx, Pink Floyd; Jethro Tull; or the hundreds of others who don't play disco music.

Those devoted to the Back when discotheques true rock sound find had never been heard of, that the words of disco music have no meaning at all, that the songs are just high-pitched lyrics with a lot of back up instruments.

Even the kings of disco, the Bee Gees, did not alwats play disco their music. Some of best concerts were done years ago when they played rock.

Whether a person is a disco fan or a rock lover, he should pick his own kind of music and not let other people tell him what he should be listening to.

Some people love disco and some people don't. But after all, different strokes for different

folks.

### Albums Top Sellers

# BEE GEES' Career Skyrockets

by Trent Zitzelberger

Though many superstars' backgrounds are rags-to-riches stories. one group that the old chiche fits best is the Bee Gees.

Sixteen years ago, the three Gibb brothers ----enjoyed their first mild success in Australia with "Three Kisses of Love," which made the Australian top 20.

Over the next three years, the native Englanders climbed from practically unknowns to the most popular group in Australia with such songs as "Spicks and Specks," "Wine and Women," and "I Was a Lover and Leader of Men."

Upon signing with the prominent producer Robert Stigwood, the brothers returned to England, where they acquired a guitarist and a drummer.

The five-member group released its first Bri-

tish album "Bee Gees First," which contained their first two British and American hits, "New York Mining Disaster 1941" and "Massachusetts." od god

In spite of two years of increasing popularity. Barry, Maurice and Robin the guitarist left to morm his own band; Robin left for a solo career: Maurice married the singer Lulu (whom he later divorced); and their drummer gave up.

In 1970 the three brothers reunited, but it wasn't until the next year that the trio had million sellers, "Lonely Days" and "How Can You Mend a Broken Heart."

After four year on the comeback trail, the Gibbs work paid off when their "Main Course" album went platinum and their "Jive Talkin! " from that album became the number one song of 1975 con add to vnaM

They followed these

hits up with "Nights on Broadway," "You Should Be Dancin'," and "Love So Right." bestone ofen

But the Bee Gees real success came in early 1978 when the brothers led a long list of stars who performed in the movie "Saturday Night

The soundtrack from that movie spent 24 weeks at Number One, thus making it the biggest album in the history of America. d becoming the

Four new singles released from that soundtrack went to Number One. Three of these, "How Deep Is Your Love," "Stayin' Alive," and "Night Fever, " were recorded by the Bee Gees.

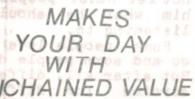
The fourth, "If I Can't Have You" by Evonne Elliman, is also a Bee Gee composition.

The Bee Gees returned to the chart in 1979 with a Number One "Too Much Heaven," following it up quickly with their newest smash "Tragedy," which is currently the most popular song in America. noos ew Jent?

Adding to their domination of the music world, their latest al-bum "Spirits Having Flown" was released platinum. 1700 elghoo

With Americans discoing all night to Bee-Gee tunes, their future has no choice but to skyrocket. But one wonders what other worlds they have left to conquer.







## Lesson Given in Local Lingo

its con-Realizing tinuing responsibility to keep its readers abreast of the various cultural aspects of life in Northeast Arkansas. the Smoke Signal compiled at great expense and effort a dictionary of Pocahontese.

Following are several excerpts which should be of great help in acquiring the perfect Po-

key accent.

1. Rurn-to spoil
2. Theeatur-the place
where movies or plays are shown .

3. Chaince--an opportunity where luck is

involved

4. Pokeyhuntus -- the cultural center of Northeast Arkansas

5. Mischeeveeus -- frequently in trouble, naughty

Restrunt -- an eat-6.

ing establishment

7. Tarred -- exhausted

Fahr -- Combustion producing heat and light

9. Fanger -- one of five appendages on the

10. Theeus -- a pronoun

misspelled as this

11. Rahcheer -- an adverb indication nearness i. e. I been rahcheer all day; I ain't moved.

12. Hayell -- Hades

-13. Laruppin--Extremely good

14. Deeud-- the past tense of the verb do

Shar--One of several in which to bathe

16. Coowul--the temperature between cold and warm

Sahr--the taste quality of a lemon

18. Worsh--to clean with soap and water

19. Duhmater -- an edible red food which grows on vines

20. Swaller -- the manner in which food or drink is ingested

21. Dayud -- no longer alive

22. Aig--a food high in protein produced chickens

23. Rayud -- a rosy color commonly seen on necks

24. I swan--an oath

Purdy -- pleasing to 25. look at

26. Invellup -- the container in which letters are sent

27. Ignurnt--lack

understanding

28. Alkeehall -- a germkiller, preservative, or beverage

29. Arnge--a juicy fruit commonly grown in Florida

Vyeenie--a small, 30. canned sausage originally produced in Austria

31. Sireen--a noise maker on police vehicles 32. Sodie -- a soft drink

flood 33. Wrench--to water in order to with

eliminate soap 34. Wasper -- a small .

stinging insect

35. Wahr plahrs-small hand tool

36. Bob wahr -- fencing material with intermittent sharp pricks

37. Pacific -- Particular

or precise

38. Stastistix -- figures, numbers, data

39. Aink payun-writing instrument containing indelible fluid

40. Cattywampus -cross, crosswise

41. Neckid--nude

Sehbum--the number following six

Strang--43. yarn, rope, etc.

Balonie -- a type of 440 cold cut

Pure dee ole -- an 45. adverb phrase meaning very or completely

Aspern -- a non-prescription pain killer

47. Tinneeshoo -- footwear, commonly used to play tennis 48. Majin--to suppose

49. Preeshate -- to be

grateful

Carpracter -- a perin the medical profession who specializes in treating joints and limbs

# SONIC great food

service Happy Eating

# Ivy To Lead Student Council

Junior Donald Ivy, un- Stone in the run-off. opposed in last month's Karen, a Student Counofficer elections, will cil representative for be the Student Council two years, emphasized

1980 school year.

A member of the Student Council for the past three years, Donald explained his candidacy thus, "I want to see some improvement in our school, and I want to try to get rid of some of the student apathy."

Donald, who has attended state and regional Student Council workshops, has headed local Student Council projects such as the homecoming

activities.

In his campaign speech to the student body, the new president emphasized the need for "getting involved" and the "importance of leadership."

In a close race for vice-presidency, junior Sharon Robinson defeated John Difani in the general election and edged out Mark McNabb in

a run-off.

Emphasizing her leadership experience especially in the position of vice-president of the class, Sna. "aid the junior pledged to council in the formation of a strong student government."

Sophomore Karen De-Clerk was the winner of a three-way race for the job of secretary-reporter. She defeated William Powers in the gencral election and Kim

president for the 1979- the importance of enthu-



siasm and officer leadership. She wants to make the Student Council "mere beneficial to the school and the students."

Junior Daniel Harris, next year's Student Council treasurer, believes that "the president "the president should not bear the whole load" of Student Council responsibilities. He pledged to "help the president" and to try to establish a closer link between the students and the administration.

Three representatives from each grade elected last according to Student Council sponsor Philip Taylor.

representatives. as do the officers, must have a grade average of 2.25 and a B average in

citizenship.

### Lemmons Wins Scholarship From State Student Council

Senior Sheila Lemmons has received one of two \$300 Charles F. Allen Scholarships presented annually by the Arkansas Associations of Student Councils.

This scholarship goes to an Arkansas Student Council member who plans to enter the field of teaching.

This year, for the first time ever, two scholarships were given. Penny Allen of Mt. Ida

was also a recipient.

In order to apply for the scholarship, Sheila submitted an application form, three references from members of the high school faculty and community, a copy of her high school transcript and a brief essay stating why she plans to become a teacher.

Sheila plans to enter Hendrix College in the fall and major in Eng-

lish

### Committee To Consider Curriculum

by Al Tiner

A curriculum committee establish educational goals for every grade or subject area has been formed in the Pocahontas

2000

School District.

"The committee is being set up in order to alleviate a problem we always have had," plained Asst. Supt. Jerry Williams. Each year teachers must spend time finding out each of his students has been exposed to the year before.

The committee's should clarify what educational experiences and 8 what skills child should have at various levels in his schooling.

Mr. Williams said that the committee's goals would not dete passing or failing. determine

He explained that the move to form the committee was initiated by infaculty, put from the discussions among administrators and information from the State Department of Education.

Although Mr. Williams believes that "sometime in the near future the legislature will require competency testing," he emphasized that this committee's work had nothing to do with competency testing. "This is not our idea at all," he reiterated.

committee is comof a faculty member from each grade K-6 and from each department

Members after that. were elected by the other faculty members of their grade or department.

The high school's rethe presentatives on include Mr. committee practical Paul Arnn, arts; Mr. Frank Ross, Wilford, P.E.

fine arts; Mrs. Vicki Brantly, communication skills; and Mr. Gary Miller, math.

Others are Mrs. Sally Malone, science; Mr. Pete Waites, social studies; and Miss



# 'LSD Freak' Counsels Youth

What's it like to be stoned for four years? Peter Favre can tell you from his own personal experience, and he is using that experience to help young people overcome or avoid drug proanti bus blems.

Favre, who is currently employed at Noah Pace and Sons in Pocahontas. recently visited Mrs. Sally Malone's classes to talk about drug use and to answer students! questions.

He related how he had reached the impossible goal by age 32 of being a shop foreman in charge of 20 men and \$5,000,000 worth of equipment.

high-achievement person working seven days a week and 12 to 14 hours a day, Favre owned two corvettes, a boat and a \$40,000 house.

Then he "started smoking dope. " He started with "a couple joints after work" and then proceeded to "partying on weekends with

other dopers."

Because of the thirst that marijuana causes, Favre found himself also drinking and gradually "turning into an alcoholic."

"My kids were rolling joints with us and getting stoned too, " he explained.

A "lazy attitude" along with "loss of enthusiasm and drive" cost Favre his job. After selling everything, he

four years with hippies on the West Coast in the San Francisco Bay area and Oregon.

Describing himself as a "vegetable," Favre related how the drug user is "constantly seeking" experience," trying to "maintain that high," always searching for the "ultimate experience."

Peter Favre 892-3770

Leslie Throesch 892-4288 or 892-9454 for counseling

"You can never get enough," and you "think of nothing but being stoned, " he explained.

Other negative results of drug use include a loss of "respect for yourself and your appearance" and a willingness to "steal support the habit."

Favre noted that some drug habits cost user \$200 to \$500 a day.

Himself an LSD freak, Favre said that while the drug is not physically addicting, it is psychologically addicting. He believes, moreover, that "all dr lead to heroine." drugs

A series of plateaus is how Favre described a drug user's progression to hard drugs.

At the first plateau, the person is satisfied with marijuana and alcohol; but when they no longer can produce the desired high, he moves to the second plateau -speed. tranquilizers. cocaine and codine--"pretty easy to get" in Favre's view.

The third plateau, one he considers to be a point of no return, is the use of heavy drugs such as heroine and mor-

phine.

Favre never reached the third plateau. "Fear stopped me from taking LSD. I was afraid of losing my mind, as a fraid as I've ever been in my life," he said.

But it was "one of the hardest things I did" because of the psychological addiction and because of friends who were using drugs.

"I had ruined my life, my wife's life and was on the path to ruining my children's lives" when "I saw the light."

As far as drugs in Pocahontas are concerned, Favre believes that there is a lot of marijuana, "a whole more than we are aware of." He also suspects that the drugs may be syndicated. Drug

HARD DRUGS HEROINE, MORPHINE

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# FAVRE'S DRUG USE 1900U VIIIOST THEORY

deck will be supplied by state and local funds. The committee also hopes to get and the seal stance from

State Department of

Prin. Ross Beek.

Mr. James Ray

Committee members in-

lignes Supt. Wes Cannon.

committee are Mr. Lucian

Buenfo

LEVEL ONE

LEVEL TWO

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SPEED COCAINE CODINE TRANQUILIZERS

MARIJUANA ALCOHOL

ers, he said, see that marijuana is shipped in for a period of time and then they ship in hard drugs.

Favre and Leslie Thro-

esch of the Youth Services Bureau are available to counsel with young people who have drug related problems.

"Don't think you're the

only one who gets in trouble," he explained.
"We're not there to turn you over to authorities, but to counsel and help you or your friends."

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# New Agri Facility Under Study

by Doug Riddle

A nine-man committee of people from the school and the community is currently studying the issues involved in building a new agri facility.

If built the new facility would almost double the student capacity capability and would open a two-teacher agricultural/vocational program.

Construction of a new building would also allow the home economics

department to expand to include the present agri building in its facilities.

Asst. Supt. Jerry Williams explained that "the major problem is the (present) facilities are too small. We see a need for a two-teacher agricultural department."

The committee is discussing the type of structure, building site, state regulations and design for the new facility.

No definite time for construction to begin on

the facility has been set. Money for the project will be supplied by state and local funds. The committee also hopes to get assistance from the State Department of Education.

Committee members include Prin. Ross Beck, Asst. Supt. Jerry Williams, Supt. Wes Cannon, Mr. Paul Arnn.

Others serving on the committee are Mr. Lucian Baltz, Mr. James Ray Chester, Mr. Grant Killion and Mr. Arthur Layton.

### FHAers Pick Suzanne Wren As President

Freshman Suzanne Wren will serve as president of next year's FHA. She was chosen in officer elections held recently.

Her fellow officers
Donna Richardson, first
vice president; Glynis
Dust, second vice president;
Lisa Stewart,
third vice president;
and Barbara Pendergrass,
secretary.

Other officers are Kelly Summitt, treasurer; Karla Hills, historian; Robin Finley, songleader; and Cindy Bennett, reporter.



Playing

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#### to motelvib daid Allen Thielemier track meet last Saturday edi at basses bessia odw etilvested da district Erian Hayes, who took points by finishnd Robert Anderson, who the two-mile run. 220syard dash, seco

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Next to Banner Realty

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Although she is in fa-

vor of the change, Coach

### Baltz Takes High I

she entered, senior Ma-lissa Baltz captured the High Point award in the senior high division of district girls' track meet last Saturday at Batesville.

earned her 25 Malissa total points by finishing first in the 110yard low hurdles and the 220-yard dash, second in the shot and the 100third in the yard dash, high jump and fourth in the long jump.

Placing in every event and According to the head track coach Jerry Malone, Malissa's times in the 220 and the hurdles are among the top 10 in the state.

She will have the opportunity to test her against tougher abiliby competition this Saturshe competes in day as the 220, the 100 and the hurdles at the AAA state track meet in Stuttgart.

Her sister Karen will also be running in Stuttgart as a result of her first place finish 880-ward run at the district meet.

Three senior high boys qualified for the track meet. They state Thielemier , are Allen who placed second in the vault: district pole Hayes, who took Brian in the shot put; second and Robert Anderson, who won the two-mile run.

place finishers First in the state meet qualify for the Meet of Champs the following week.

### Girl Cagers To Play Five-on-Five in 1979-80

Playing full court per five girls is what the Lady look for-Redskins can ward to next year.

Recently a U.S. dis-

judge ruled that trict it is illegal for girls' basketball rules to differ from boys basket-

The ruling came as a

ball rules.

MEN-WOMEN

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result of a suit filed an Arkadelphia girl pA who charged that Arkansas rules put girls at a disadvantage in changing from high school to college basketball.

The change will affect all schools in Arkansas, the last states of nation to abanin the the half-court, don three-on-three rules for girls' basketball.

basketball Girls' coach Marie Wilford said that she is looking forward to the change. She believes that after the girls adjust to the new style of basketball they will enjoy playing fullcourt.

Although she is in favor of the change, Coach Wilford forsees a lot of for herself hard work and the girls in implementing the new style of play.

West to Banner Realty

## 'Coming Home' One of the Greatest

by Sheila Lemmons

The recently released motion picture Coming Home is everything it has been said to be and more. Much more.

It is a gripping story of the wife of a Marine officer, her husband, and the Vietnam War veteran with whom she falls in love.

Although is may appear so, this movie is not an example of a typical romantic-triangle tear-jerker. Jane Fonda (Academy Award for Best Actress) gives a highly acclaimed performance as a seemingly average, runof-the-mill officer's wife who undergoes a serious inner change throughout the course of the movie.

When Sally's (Jane Fonda) husband is ordered

to Vietnam, she decides to do something to occupy her now lonely life and becomes a volunteer at the local VA hospital. The first day on the job she comes into contact with Luke (Jon Voight), an old high school acquaintance who is now a paraplegic.

Miss Fonda brilliantly portrays a woman with several major conflicting emotions. She feels a deep sense of loyalty to her husband, yet she also loves Luke.

Jon Voight richly deserves his Academy Award for Best Actor. This is eminently proven as he delivers a powerful performance as the paraplegic.

This movie is a powerful and touching work which deals with serious and provocative subjects. Coming Home is most certainly one of the greatest major motion pictures of the decade.

### Six Chosen in Cheerleader Tryouts; One To Return from 78-79 Squad

Sophomore Tina Reed will be the only experienced cheerleader returning to next year's squad as a result of cheerleader tryouts last Monday.

Tina will be joined by five other girls. They are sophomore Tina Peters and freshmen Michelle Rief, Brenda Irving, Dion Douck and Libby Porter.

### Harlequin Fan Defends 'Those Sissy Books'

by Misty Bramlett

Sigh...As I close the book on the final page of my two hundredth Harlequin, I reminisce over the previous 199 that I have read.

Although I have been laughed at over the years for reading "those sissy books," I have been ever faithful to the cause of Harlequin Romances.

The argument that Harlequins are "all alike" is not true, even though they do all have a happy ending. The difference in the books is that while the heroine of one book may fall in love with a champion bull fighter from South America, the heroine of another may fall in love with a ski instructor from the Swiss Alps.

some people have asked me what I get out of reading Harlequins. They would be surprised at the little tidbits of information to be gleaned from Harlequins. I have learned the names of many different plants and flowers in other countries. I may not be able to pronounce them,

but I do recognize them when I see them in print.

I have also learned many of the cultural standards of other countries. If I ever visit another country, I should have the manners down pat.

I read Harlequins purely for my own selfish enjoyment. When I am feeling down, I just pick up a Harlequin and start reading. All at once the sun starts shining and I can believe there is a Prince Charming for me, too.