

# Wisconsin Local Wellness Policy Triennial Assessment Report Card

In accordance with the U.S. Department of Agriculture's Final Rule: Local School Wellness Policy Implementation, all School Food Authorities (SFAs) participating in the National School Lunch or School Breakfast Program must complete an assessment of their local wellness policy, at minimum, once every three years. The assessment requirement is designed to result in local school wellness policies that strengthen the ability of SFAs to create a school nutrition environment that promotes students' health, well-being, and ability to learn. The assessment must measure the SFA's compliance with their local wellness policy, describe the SFA's progress toward meeting their local wellness policy goals, and describe how the language in the SFA's wellness policy compares to the model wellness policy. **The Wisconsin Local Wellness Policy Triennial Assessment Report Card is required to be used by all Wisconsin SFAs in order to fulfill the triennial assessment requirement.**

As part of the Triennial Assessment Report Card, SFAs are required to complete the Wellness School Assessment Tool (WellSAT). The WellSAT allows SFAs to rate the extent to which their policy contains language related to 67 policy items considered to be best practices for school wellness. Please note, the WellSAT only evaluates policy content. If your SFA has implemented best practices but has not included language within the policy, you must select the rating that corresponds with no policy language present. Once completed, an overall comprehensive score and strength score will be calculated. The assessment can be completed electronically at [wellsat.org](http://wellsat.org). To complete the assessment electronically, you will need to log-in to the online portal or register as a new user and begin a new assessment. The assessment may be completed manually by downloading the [assessment questions](#) and filling out the [scorecard](#) with your responses.

## Completing the Wisconsin Local Wellness Policy Triennial Assessment Report Card

The Triennial Assessment Report Card template can be found starting on page two of this document. Navigate through the fillable form fields and enter the indicated information. The form fields are identified as appearing in brackets and with a gray background ({{Example Form Field}}).

- 1. Assess Compliance with the Local Wellness Policy.**  
Enter SFA wellness policy statements and rate the degree of compliance. Delete any rows within the tables that are not needed. Additional rows may be added as needed. Calculate the overall rating by taking the average of all policy statement scores.
- 2. Describe the overall progress made toward meeting policy goals.**  
Provide a narrative update describing progress achieved, activities implemented, and plans for future wellness policy implementation.
- 3. Report on results of the WellSAT.**  
Describe areas of policy strength and areas for improvement based on the findings of the WellSAT. You may elect to include your WellSAT scores within the Triennial Assessment Report Card. If you do not want to include your scores, delete the text from the section.

Following completion of the Triennial Assessment Report Card, release the report to the school community. SFAs are required to provide documentation that the results of the triennial assessment were provided to the public as part of the Administrative Review of school nutrition programs. It is recommended you delete this instructional page prior to releasing the report.

This institution is an equal opportunity provider.

# Barneveld School District

## Local Wellness Policy Triennial Assessment Report Card

Date Completed: 2019-2020

A local wellness policy guides efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Jill Covelli.

### Section 1: Policy Assessment

*Overall Rating:*  
**{Score}**

Ratings are based on a four-point scale to measure success in meeting/complying with each policy objective.

- 0 = objective not met/no activities completed
- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

Nutrition Standards for All Foods in School	Rating
All School lunches will meet or exceed nutrient standards established by the USDA School lunch nutritional information will be made available on request.	3
All fundraising is to be pre-approved by the Principal.	3
Items being sold must not interfere with or compete with the National School Lunch Program	2
The Food Service Director will be expected to follow the USDA guidelines when determining the items in a la carte sales	3
{Insert Policy Statement}	{Select Score}

Nutrition Promotion	Rating
USDA Nutrition guidelines are posted in the foodservice areas	3
Students are encouraged to take the 5 meal components to make a well-balanced lunch	2
Pictures of well balanced meal options are posted in the cafeteria	3
{Insert Policy Statement}	{Select Score}
{Insert Policy Statement}	{Select Score}

Nutrition Education	Rating
Students shall receive nutrition education designed to provide them with knowledge and skills necessary to adopt healthy eating behaviors.	3
Student shall receive nutrition education designed to provide them with knowledge and skills necessary to adopt healthy eating behaviors.	3
Provide staff development opportunities for continuing education in nutrition and wellness.	3
Create opportunities for family involvement in nutritional planning.	2
{Insert Policy Statement}	{Select Score}

<b>Physical Activity and Education</b>	<b>Rating</b>
<b>Students in grades PK through 12 are able to participate in physical education that enables them to achieve and maintain a high level of personal fitness emphasizes self-management skills including caloric/exercise balance and is consistent with a comprehensive health education.</b>	3
<b>Students will participate in physical activities that meet or exceed state standards.</b>	3
<b>At the elementary level when recess is withheld as an intervention for behavioral or academic reasons, appropriate consequences shall be balanced with the student's need for physical activity.</b>	2
<b>Schools shall encourage a limit to extended periods of inactivity. When activities such as mandatory testing make it necessary for students to be inactive for long periods of time, it is recommended that schools give students periodic breaks during which they are encouraged to stand and be moderately active</b>	3
<b>Encourage family based physical activities outside of the instructional school day.</b>	2

<b>Other School-Based Wellness Activities</b>	<b>Rating</b>
<b>Nutrition Education Provided by Guidance Counselor on a regular basis.</b>	3
<b>Wellness and good Health practices Provided by Health Aide and School Nurse alternately on a regular basis.</b>	3
<b>New Courses developed offering the knowledge and appreciation for physical activity as a means for relaxation, stress reduction, disease prevention, and lifelong health and well-being.</b>	3
<b>Develop knowledge, skills, and abilities in a wide range of individually or group oriented physical, recreational, and wellness activities.</b>	2
<b>Optimize cardio-respiratory fitness and muscular endurance at the various maturational and growth levels</b>	3
<b>Improve physical skills, strength, agility, and coordination at the various maturational and growth levels.</b>	2
<b>Develop knowledge and skills related to physical activity, personal safety, and personal hygiene.</b>	2
<b>Develop a better understanding of one's self-concept and personal attitudes toward learning.</b>	3
<b>Develop a better understanding and appreciation for the strengths, gifts, and limitations of others through individual and group physical activities.</b>	3
<b>Develop positive social skills and sportsmanship skills included in the Barneveld School District core values of respect, courage, compassion, courtesy, responsibility, honesty and perseverance.</b>	3
<b>Physical Education, Recess and/or Physical activity is available to all students.</b>	3
<b>Develop positive social skills and sportsman ship skills, respect, courage,</b>	2

Other School-Based Wellness Activities	Rating
compassion, courtesy, responsibility, honesty and perseverance.	

Policy Monitoring and Implementation	Rating
The Wellness Policy of the Barneveld School District will be implemented starting September 1, 2006. Updated April 9, 2014.	3
A representative of the Wellness Committee will report to the Board of Education one time annually on how the Wellness Policy is working within the school.	0
The Wellness Committee will meet a minimum of twice a year to develop strategies and review the outcomes of the policy. New recommendations will be made to the Board of Education for approval.	1
{Insert Policy Statement}	{Select Score}
{Insert Policy Statement}	{Select Score}

## Section 2: Progress Update

{Insert a narrative description of your progress.}

## Section 3: Model Policy Comparison

A required component of the triennial assessment is to utilize the Rudd Center's Wellness School Assessment Tool (WellSAT) for comparison of the Local Wellness Policy to a Model Wellness Policy. The WellSAT includes 67 best practice policy items related to nutrition education; nutrition standards for foods; physical education and activity; wellness promotion and marketing; and implementation, evaluation, and communication. The comparison identified policy strengths and areas for improvement.

### Local Wellness Policy Strengths

{Insert a narrative description.}

### Areas for Local Wellness Policy Improvement

{Insert a narrative description.}

### WellSAT Scores *(Delete this sub-section if you do not want to report your scores.)*

WellSAT scores are calculated for comprehensiveness and strength. The comprehensiveness score reflects the extent to which recommended best practices are included in the policy. The strength score reflects how strongly the policy items are stated. Scores range from 0 to 100, with lower scores indicating

less content and weaker language and higher scores indicating higher content and the use of specific and directive language.