

Clermont Northeastern

“Home of the Rockets”

Athletic Handbook 2020-2021



“SPORTSMANSHIP IS AN EXPECTATION!”



CLERMONT NORTHEASTERN ATHLETIC DEPARTMENT

Access all of our league information at

www.SBAAC.com

Access all of our team schedules and
important updates at

www.cneschools.org

Twitter Handle: @CNEATHLETICS

Clermont Northeastern High School and Middle School

Athletic Director David Colwell 513 – 625 -1211 x 115

Email - Colwell_D@cneschools.org

Clermont Northeastern Middle School

Principal Laura Nazzarine 513-625-1211 x212

Email- nazzarine_l@cneschools.org

Clermont Northeastern High School

Principal TJ Glassmeyer 513-625-1211 x112

Email- glassmeyer_t@cneschools.org

**CLERMONT NORTHEASTERN LOCAL SCHOOLS
EMERGENCY MEDICAL AUTHORIZATION**

Student's Name _____ Male ____ Female ____ School: _____

Address _____
Street/PO Box _____ City _____ Zip _____

Home Phone _____ DOB ____/____/____ Grade: _____ Teacher/HR# _____ Bus # _____

PARENT/CONTACT INFORMATION

MOTHER/GUARDIAN

Name _____

Address _____

City/State/Zip _____

Cell Phone # _____

Work Phone # _____

E-mail Address _____

☐ Check here if you do not want to receive general information via email

Is there a legal custody order that applies to this child? Yes ____ No ____

If yes, please explain: _____

PURPOSE: To enable parents and guardians to authorize the provision of emergency treatment for children who become ill or injured while under school authority, when parents or guardians cannot be reached. In an emergency situation, we will contact the people listed below in the order they are listed. Please notify the school immediately if any information changes. Per O.R.C. 3313.712, this form MUST be on file for every student.

NAME	HOME PHONE #	CELL PHONE #	WORK PHONE #	RELATIONSHIP
1. _____	() _____	() _____	() _____	_____
2. _____	() _____	() _____	() _____	_____
3. _____	() _____	() _____	() _____	_____
4. _____	() _____	() _____	() _____	_____

EMERGENCY CARE INFORMATION

Doctor: _____ Phone: _____

Dentist: _____ Phone: _____

Medical Specialist: _____ Phone: _____

Preferred Hospital: _____ Phone: _____

Please list any information concerning child's medical history including medical conditions (i.e. Asthma, Diabetes, Medication/ Food Allergies, Bee or Sting reactions, ADHD, Autism, Seizures, Hearing/Vision Impairments, Emotional Problems, etc.) and list **all medications** being taken to which a physician should be alerted: _____

PLEASE COMPLETE ONLY PART I OR PART II

PART I: TO GRANT CONSENT

In the event reasonable attempts to contact me have been unsuccessful, I hereby give my consent for: (1) the administration of any treatment deemed necessary by the above named doctor, or, in the event the designated preferred practitioner is not available, by another licensed physician or dentist; and (2) the transfer of the child to any hospital reasonably accessible. This authorization does not cover major surgery unless the medical opinions of two other licensed physicians or dentists, concurring in the necessity for such surgery, are obtained prior to the performance of such surgery.

Parent/Guardian Signature: _____ Date: _____

Student Signature (if 18 years old or older): _____ Date: _____

PART II: REFUSAL TO CONSENT (COMPLETE ONLY IF ACTION DESCRIBED ABOVE IS REFUSED)

I DO NOT give my consent for emergency medical treatment of my child. In the event of illness or injury requiring emergency treatment, I with the school authorities to take the following action: _____

Parent/Guardian Signature: _____ Date: _____

Student Signature (if 18 years old or older): _____ Date: _____



Parent Transportation Permission Form
2020-2021 School Year

_____ has my permission to leave any away sporting events with the adults listed below (CANNOT BE ANOTHER STUDENT) during the 2020-2021 school year. The head coach **MUST** be notified of this before leaving the event.

Approved Family/Friends to Transport:

Parent/Guardian Signature: _____

Date: _____

HS Principal
Mr. TJ Glassmeyer
glassmeyer_t@cneschools.org

Athletic Director
David Colwell
colwell_d@cneschools.org

MS Principal
Mrs. Laura Nazzarine
nazzarine_l@cneschools.org

Clermont Northeastern Athletic Code of Conduct

Any pupil engaging in the types of conduct listed in the Code of Conduct for pupils at Clermont Northeastern Schools, or any conduct in contradiction to Administrative Guideline 2431B, is subject to expulsion, suspension, emergency suspension or removal from curricular or extra-curricular activities. In addition, all athletes at Clermont Northeastern Middle/High School must meet the following requirements and comply with the following rules:

- A. Student athletes must meet the academic eligibility requirements as set forth in board policies 2430 and 2431 and Administrative Guideline 2430. Ineligible students are not permitted to travel with the team to away games. Students may be permitted to seat with the team at home games with the permission of the coach and the athletic director. Student athletes ineligible by the end of the sport season shall not receive any achievement awards.(I.E: Letters, MVP, Senior Awards, etc.)
- B. To participate or be present at an athletic contest or engage in a practice session, students must be present for 60% of their regularly scheduled instructional day. For a traditional 7-period day this is in before 10:20am, and must stay until 10:40 am. Special circumstances such as funerals, doctors notes, and school sponsored trips may be granted exceptions by school administration.
- C. Athletes must ride school provided transportation to events. Exceptions to this rule may only be granted by the Athletic Director or Principal. Requests must be made within a prompt amount of time.
- D. Use, sale or possession of alcohol, tobacco or illegal drugs during school or non-school hours is prohibited. No student shall smoke, use or possess any substance containing tobacco, but not limited to, e-cigarettes, vapor pens (with or without nicotine), cigarettes, cigars, a pipe, a clove cigarette, and chewing tobacco, or use tobacco in any form. All student athletes must consent to the Clermont Northeastern Drug Testing Policy and follow guidelines.
- E. Students who receive a suspension from school will face suspension of game participation from athletics as determined by the administration.
- F. Any student athlete who leaves a team or is removed from a team, after the first scheduled game, match or meet is ineligible to condition, practice, or participate with another team until the end of the sport's season. A participant who leaves a squad must personally and promptly return all issued uniforms and equipment or face further implications.
- G. Each coach may pose reasonable punishment on athletes who are guilty of hazing; disrespect or abusive language to officials, coaches, fans, teammates, or opponents; for unexcused absences from games or practices; or tardiness to practice or game. That punishment may range from a verbal warning to dismissal from the team, depending on the severity and frequency of the violation. Ohio High School Athletic Association guidelines state: "Any player ejected for unsportsmanlike conduct or flagrant fouls shall be ineligible for contests for the remainder of the day as well as for all contests in that sport until two regular season/tournament (one if football) games are played at the same level as the ejection." In addition, CNE will require a conference between student athlete, parent/guardian, coach, and Principal or Athletic Director prior to reinstatement of eligibility.
- H. An athlete who does not fulfill his/her financial obligations (including but not limited to, fundraiser money, fees, uniforms, or any other school issued equipment) shall not be permitted to participate in any athletic activity until proper restitution has occurred or the missing items returned. Legal action may be taken if any fees are not met or equipment is not returned.
- I. Athletes must meet awards requirements outlined in the CNE Athletics Standards and Guidelines for Participation and attend the awards ceremony to receive awards. Exceptions can only be made by contacting the athletic director or principal and awards must be picked up the following day.
- J. Coaches and sponsors have the authority to establish individual training rules that are tailored to teach individual sport or activity, subject to approval by the Athletic Director and/or Principal.

Definitions

- A. A sport's season for a team consists of the first day of OHSAA permitted practice until the team, or any individual, is eliminated from any post-season tournament. If no post-season tournament is scheduled, the season ends with the last scheduled meet.
- B. An athlete is defined to be an individual in grades 7- 12 who participates in any conditioning program or try-outs for any athletic team and/or is selected as a member of that team. By virtue of having received and/or completed and signed the CNE student information sheets that individual becomes a student athlete. Furthermore, an athlete is defined to be anyone who has received a CNE athletic award or certificate of participation at the 7-12 grade level.
- C. Each coach or sponsor shall be responsible for his/her respective sport or activity.

I have read this entire document and have had the opportunity to review its contents with the school administrators if I wished to do so. I understand the information contained herein, and I realized that I will be expected to fulfill my responsibilities in compliance with the rules set forth. For more information on athletic policies and procedures see the CNE student handbook, the CNE Athletics Standards and Guidelines for Participation(available on school website), cneschools.org, or visit www.ohsaa.org

Parent Signature

Date

Student Signature

Date

INFORMED CONSENT AGREEMENT

We hereby consent to allow the student named on the reverse side to undergo urinalysis and/or hair follicle testing for the presence of illicit drugs, alcohol, or banned substances in accordance with Policy and Procedures for Drug Testing of the Clermont Northeastern Schools District.

We understand that testing will be administered in accordance with the guidelines of the Clermont Northeastern Schools District Drug Testing Policy for students.

We understand that any urine and/or hair sample taken for drug testing will be tested only by a Board approved company.

We hereby give our consent to the company selected by the Clermont Northeastern Schools Board of Education, its employees, or agents, together with any company, hospital, or laboratory designated to perform urinalysis and/or hair follicle testing for the detection of drugs.

We further give our consent to the company selected by the Clermont Northeastern Schools Board of Education, its employees, or agents, to release all results of these tests to designated School District employees or agents. We understand that these results will also be available to us upon request.

I, the student, hereby authorize the release of the results of such testing to my parent/guardian/custodian.

We hereby release the Clermont Northeastern Schools Board of Education, its employees or agents from any legal responsibility or liability for the release of such information and records.

This will be deemed a consent pursuant to the Family Educational Rights and Privacy Act of 1974, 20 U.S.C. 1232g as amended, and the Ohio Revised Code 3319.321, for the release of the test results as authorized by the Informed Consent Agreement or as required by law.

We understand that if any portion of this Informed Consent Agreement and/or Policy is ruled to be illegal due to conflict with State or Federal law, the remainder of this Informed Consent Agreement and/or Policy shall remain in full force and effect.

CLERMONT NORTHEASTERN LOCAL SCHOOLS INFORMED CONSENT AGREEMENT

STUDENT NAME _____

GRADE _____

AS A STUDENT:

- I understand and agree that participation in activities is a privilege that may be withdrawn for violations of the Clermont Northeastern Schools Drug Testing Policy.
- I have read the Drug Testing Policy and thoroughly understand the consequences that I will face if I do not honor my commitment to the Drug Testing Policy.
- I understand that when I participate in any District approved program I will be subject to initial and random urine and/or hair follicle drug & alcohol testing, and if I refuse, I will not be allowed to practice or participate in any activities. I have read the informed consent agreement and agree to its terms.
- I understand this agreement is binding while I am a student in the Clermont Northeastern Schools system.

STUDENT SIGNATURE

DATE

AS A PARENT/GUARDIAN/CUSTODIAN:

- I have read the Clermont Northeastern Schools drug testing policy and understand the responsibilities of my son/daughter/ward as a participant in activities in the Clermont Northeastern Schools District.
- I pledge to promote healthy lifestyles for all students in the Clermont Northeastern Schools system.
- I understand that my son/daughter/ward, when participating in any athletic and/or curriculum related program, will be subject to initial and random urine and/or hair follicle drug and alcohol testing, and if he/she refuses, will not be allowed to practice or participate in any activities. I have read the informed Consent Agreement and agree to its terms.
- I understand this agreement is binding while my son/daughter/ward is a participant in athletics and/or curriculum related activities in the Clermont Northeastern Schools District.

PARENT/GUARDIAN/CUSTODIAN SIGNATURE

DATE

Due on Final Forms prior to participation for all High School Athletes

Tentative Dates:

Fall August 7th, 2020 2:30 PM ;

Winter November 18th , 2020 2:30 PM; Spring March 11th , 2020 2:30 PM



ATHLETIC FEE FORM

Please submit the following form with payment and return both to the head coach or middle/high school office.

Call 625-1211, ext, 115, with questions regarding athletic programs.

1. All interscholastic athletes in grades 7 through 12 will be assessed an annual athletic program fee of \$100.00 as adopted by the Clermont Northeastern Local School District Board of Education.
2. Student athletic fees are used to defray the cost of interscholastic athletic programs at CNE Schools.
3. For any non-tryout sport, payment of the athletic program fee is due within five business days of first day of official O.H.S.A.A. practice. For tryout sports, payment is due within five business days of team finalization.
4. Parents can pay athletic fees online with a mastercard or visa card through the same program as the school lunches. Please make sure to note the payment is for "Athletic Fees". Payment can also be made via credit card through "Final Forms."
5. Student athletic program fees are non-refundable after the first regular season game. Athletes who become ineligible or quit do not qualify for a refund. A refund can be requested for extenuating circumstances such as health issues or significant injury.
6. Students who do not pay fees or meet payment deadlines can be denied participation in Clermont Northeastern Interscholastic team activities.

Student Name (please print): _____

Student ID Number: _____ **Grade:** _____

Initial Sport: _____

Parent/Guardian Name: _____ **Head Coaches Name:** _____

☐

I paid the program fee online through the students lunch account with a credit card.
Confirmation #: _____

☐

Check attached in the amount of \$ _____. Check #: _____

☐

Athletic Fees have been paid with cash in full along with this document.



2020 – 2021 Season Ticket Order Form

A CNE Season Ticket is non-transferable and grants only the individual card holder admission to all regular season HOME sporting events for grades 7-12*. Please take the time to fill out the following ticket order information. With this application you can help ensure the successful future of CNE Athletics and enjoy all the great action in the process. Completed forms can be mailed to the CNE HS Athletic Department or dropped off at the the Athletic Office in the High School.

***Excludes OHSA Tournament Games and SBAAC Scholarship Games**

Pass Type	Quantity	X	Price	=	Total
CNE Family Ticket Pass - \$200 (2 Adults, up to 4 K-12 student passes)		X		=	
Individual/Adult Pass - \$50		X		=	
Student K-12 Pass - \$40		X		=	
			Total Due	\$	

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email Address _____

Please Complete with Names of the Pass Holders:

Pass 1/Individual _____

Pass 2/Individual _____

Pass 3/Individual _____

Pass 4/Individual _____

Pass 5/Individual _____

Pass 6 Individual _____

****Please indicate if a student or adult ticket****

If additional passes are needed they must be purchased separately*

Please make checks payable to:
CNE ATHLETIC DEPARTMENT

Mailing Address:
**5327 Hutchinson Rd.
Batavia, OH 45103**

Free admission will not be granted until tickets are paid in full. Season tickets will be sold until August 28th, 2020. Season Tickets will be available for pickup on the first day of school.

For Questions: David Colwell, Athletic Director
Athletics Email: colwell_d@cneschools.org
Phone: 513-625-1211 x 115



Clermont Northeastern Athletics:
Standards and Guidelines for Participation 2020-2021

Adopted
06/20/19

Introduction:

The purpose of this handbook is to give students participating in athletic programs, and all other interested persons a guide to the operation of the interscholastic athletic program of the Clermont Northeastern Local School District. The coaches of the various teams/activities within the district's athletic program will explain specific rules, regulations, policies and procedures. All student athletes will be expected to adhere not only to the specific rules, regulations, policies and procedures, but also to those special rules set forth for each sport.

All student athletes are also expected to follow the student "Code of Conduct" as outlined in the Student and Parent Handbook, which was revised in May 2020.

It must be understood by all students and their parents/legal guardians, that a condition to participating in the Clermont Northeastern athletic program; is a commitment to follow the rules, regulations, policies and procedures established by the district for the implementation of its athletic program. It must also be understood that any student who violates these rules, regulations, policies, and procedures shall face disciplinary action.

Athletic Department Contact Information:

Athletic Director:

David Colwell

Direct Line:

(513) 625-1211 Ext.115

Athletics Fax Line:

513-625-3328

colwell_d@cneschools.org

Websites: www.cneschools.org (Click on Athletics)

www.sbaac.com

Twitter Handle: @CNEATHLETICS

Vision:

CNE will provide all students with a safe and nurturing environment. Each school will provide all students a stimulating learning environment that is rigorous and aligned to the state standard. This will allow our graduates to meet the challenges and high expectations needed to thrive in the 21st century.



The Rocket Way:

Be Respectful,
Be Responsible,
Be Dedicated,
And Display Pride.

SPORTSMANSHIP, ETHICS AND INTEGRITY

The National Federation of High School Associations views good sportsmanship as a commitment to fair play, ethical behavior and integrity. In perception and practice, sportsmanship is defined as those qualities, which are characterized by generosity and genuine concern for others. The ideals of sportsmanship apply equally to all activity disciplines. Individuals, regardless of their role in activities, are expected to be aware of their influence on the behavior of others and model good sportsmanship.

PHILOSOPHY OF ATHLETICS

Interscholastic athletics is an extension of the classroom promoting character, hard work, and discipline while helping to develop a person's body and mind. Athletics will provide a foundation for growth, goal setting, competitiveness, cooperation, teamwork, problem solving and respect. The ultimate goal of athletics at CNE is to produce individuals who are prepared for life after their school experience and success programs at the varsity level.

ATHLETIC FORMS REQUIRED FOR PARTICIPATION

Before a student may participate in any sport, including conditioning, tryouts, and practices, he/she must provide the following information on Final Forms.

1. The Ohio High School Athletic Association health questionnaire and physical examination form with student, parent and physician signature.
2. Emergency medical form.
3. Authorization for Participation in Interscholastic Athletics.
4. Payment of all fees associated with participation(Prior to qualifying deadline)
5. All required release forms
6. Additional forms by individual sport
7. Any other board approved forms for athletics

Students may be added to the roster up to the 1st scheduled team competition if all requirements are met.
(Exceptions can be made with approval of school administration)

OHSAA Physical Requirement:

OHSAA bylaws addressing physical exams are the same for students in grades 7-8 and grades 9-12.

The bylaws state,"athletic participation forms for participants shall be signed by a physician, the participant and by



a parent or guardian and must be on file with the principal before any candidate for a team may participate in a practice. These forms necessitate the physician's certification of the individual's physical fitness no less than once each year."

Examination cards may be signed by a chiropractor or by a physician. If the exam is given by a nurse practitioner, a physician must sign the form. The examination is valid for participation 365 days after the examination. All physical examination cards should be completed properly and turned into the head coaches prior to participating in practice, tryouts, or competition.

OHSAA Eligibility Requirement:

According to O.H.S.A.A. Bylaw 4-4-1. During the preceding grade period, a student must have received a passing grade in a minimum of five (5) one credit courses or the equivalent which count toward graduation. Grades earned during the 4th quarter determine eligibility for the 1st quarter of the next school year. Study hall and gym classes DO NOT count toward eligibility.

High School Eligibility:

In order to be eligible for the first grading period upon entrance into grade 9, you must have received passing grades in a minimum of five (5) of the classes for which you received grades in the immediately preceding grading period.

In order to maintain eligibility for grades 9-12, you must have received passing grades in a minimum of five (5) one credit courses, or the equivalent, in the immediately preceding grading period. Study hall and gym classes **DO NOT** count toward eligibility.

In addition:

- Summer school, College Credit Plus and other educational options (e.g. work permitted after the conclusion of the grading period) may not be used to bring a student into compliance with scholarship bylaws, nor can they be used to compensate for lack of courses taken in the preceding grading period.
- Your semester or yearly grades have no effect on OHSAA eligibility (although they could, depending upon your school's official grading periods). OHSAA eligibility is dependent upon grades received in the immediately preceding grading period.
- Those taking postsecondary school courses, including College Credit Plus, must comply with OHSAA scholarship regulations.
- The eligibility or ineligibility of a student is determined by when grades from the immediately preceding grading period become effective. Note: Check with your principal or athletic administrator for the exact date that eligibility will be determined.

Middle School Eligibility:



In order to maintain eligibility for grades 7 and 8, you must be currently enrolled in a member school or be participating in accordance with state law, and you must have received passing grades in a minimum of five (5) classes in the immediately preceding grading period.

- Summer school and other educational options may not be used to bring a student into compliance with scholarship bylaws, nor can they be used to compensate for lack of courses taken in the preceding grading period.
- Your semester or yearly grades have no effect on OHSAA eligibility (although they could, depending upon your school's official grading periods). OHSAA eligibility is dependent upon grades received in the immediately preceding grading period.
- In order to be eligible for the first grading period upon entrance into grade 9, you must have received passing grades in a minimum of five (5) classes in the immediately preceding grading period.

Athletic Expectations for Athletes:

It is a privilege to compete in athletics, therefore; our athletes must subscribe to certain expectations. The following rules of conduct are in effect for student athletes whether they are "in season" or not. Student athletes will be under the direction of this document from the first day of participation or on the first day of school (which ever comes first) through school's end.

Player Conduct:

We believe, that as student athletes, we are held to a higher standard; a standard of character, behavior, and respect. As student athletes, we understand that our character should never be called into question, our behavior should always be above reproach, and we should show respect, to the faculty, the student body, our opponents, officials, coaches and teammates. The athletes conduct should be in line with the standards of the community and the school we represent. We understand any behavior deemed unbecoming of a CNE athlete may be subject to disciplinary action from the athletic department. Athletes are expected to maintain facilities in a respectful manner and treat their participation with great pride. Students are expected to maintain equipment in proper condition and arrive to scheduled athletic events by the required time prepared for the day's work.

Inappropriate Conduct Can Include:

Violations of the law

The possession, or consumption of alcohol, tobacco or tobacco like products, illegal drugs, or the misuse of prescription drugs

Violations of team rules

Violations to the student code of conduct

Hazing - "Hazing" refers to any activity expected of someone joining a group (or to maintain full status in a group) that humiliates, degrades or risks emotional harm and/or physical harm, regardless of the person's willingness to participate

Any suspensions from schools, including in school suspensions

Bullying a member of the student body

Consequences for conduct unbecoming of a CNE athlete will be determined, based on the review of evidence, by the administration and designees.

Consequences for Actions:

Team Action

Athletic Suspension



Removal From the Team

Attendance:

To participate or be present at an athletic contest or engage in a practice session, students must be present for 60% of their regularly scheduled instructional day. For a traditional 7-period day this is in before 10:20am, and must stay until 10:40 am. Special circumstances such as funerals, doctors notes, and school sponsored trips may be granted exceptions by school administration.

Multiple Extra-Curricular Activities

The Athletic Department recognizes that our district with a smaller student population and a full complement of extra-curricular opportunities must, at times, share participants. Each student will have the opportunity for a broad range of experiences in extra-curricular activities. Before multiple participation in contests occurs, the student athlete and the sponsor/coach must meet the following guidelines before practice can take place:

1. Activity/team rules for each activity, must be signed by both the student and parents. **A primary sport must be declared.** This will be used to help avoid conflicts in scheduling.
2. When an athlete is attempting to participate on two athletic teams during the same season and one of the teams requires a tryout, "cuts" as part of its team selections, a student's availability for practices, games and team events may be considered for team selection. This may also be used as criteria in determining whether or not it is in the best interest of the student athlete to participate in multiple sports. When conflicts do arise, the sponsors/coaches and the Athletic Director will attempt to resolve the conflict in the best interest of the teams involved. If a solution cannot be found, then the principal will have to make the decision.

Sportsmanship For Parents And Spectators

- Always exhibit good sportsmanship.
- Emphasize good sportsmanship with your student athlete. Win or lose, they must show respect for their opponent, officials, and coaches.
- Berating officials, players, or coaches will not be tolerated. You may be denied your privilege to attend the event.
- Encourage all CNE Athletes to work hard, reach his/her potential, and contribute to the team in whatever role they have been given.
- Focus your energy toward being a supporter of the team and do not waste it tearing the team down. Every team is composed of three groups: athletes, coaches, and parents. Be a positive part of the team.

Parental Concerns

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit the children. As parents, when your children become involved in an athletic program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's team.

Communication you should expect from your child's coach:



1. Philosophy of the coaching staff.
2. Expectations the coach has for your child as well as all members on the squad.
3. Location and time for all practices and contests scheduled.
4. Team requirements (i.e., fees, special equipment, off-season conditioning).
5. Discipline which results in the denial of your child's participation.

Communication coaches expect from parents:

1. Concerns expressed directly to the coach.
2. Notification of schedule conflicts well in advance.
3. Specific concerns in regard to a coach's philosophy and/or expectations.

As your child becomes involved in the programs at CNE, he/she will experience some of the most rewarding moments of his/her life. It is important to understand that there may also be times when things do not go the way you or your child may wish. At these times, a discussion with the coach is encouraged.

Appropriate concerns to discuss with coaches:

1. The treatment of your child, mentally and physically.
2. Ways to help your child improve.
3. Concerns about your child's behavior.

It is very difficult to accept your child's not playing as much as you may hope. Coaches are professionals; they make judgment decisions based on what they believe to be best for all student athletes involved. As you have seen from the list above, certain things can be discussed with your child's coach. Other things, such as those listed next, must be left to the discretion of the coach.

Issues that shall **not be discussed with coaches :**

1. Playing time
2. Team strategy
3. Play calling
4. Other athletes / parents

Expressing Concerns

Communication with a coach is important. We promote the student athlete being his/her own advocate. The **student athlete** should discuss ALL concerns with the coach first. There are situations that may require a conference between coach and parent. It is important that both parties involved have a clear understanding of the other's position. Do **NOT** attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution. Repeated violations could result in disciplinary action toward the parent.

What to do if the meeting with the coach does not provide a resolution to the concern?

Call and set up an appointment with the Athletic Director to discuss the situation.



Chain of Command

The chain of command which shall be followed and enforced by all parties involved in the CNE Athletic program:

1. Coach
2. Athletic Director
3. Building Principal
4. Superintendent

General Awards: **Awards will be given only to those who remain in good standing and attend the awards ceremony (exceptions can be made by communicating with the Athletic Director)**

Athletic Participation Certificate: All 7-12 athletes who participate and complete a season in good standing will receive this certificate.

High Scholar Athlete Award: All 7-12 athletes who participate and complete a season in good standing while earning all A's or a 4.0 or above GPA during the season will receive this award.

Scholar Athlete Award: All 7-12 athletes who participate and complete a season in good standing while earning all A's and B's or a 3.0 GPA during the season will receive this award.(4.0 students will only receive the High Scholar Athlete Award)

Varsity Specific Awards:

1st Varsity Sport: Athletes will receive a Varsity "N" upon completion of their first varsity sport. Athletes will receive a pin the first year they Varsity letter in a sport, and a chevron for every subsequent varsity letter after receiving an "N".

2nd – 4th Year Award: Individual chevron for each additional sport specific varsity season.

SBAAC Scholar Athlete: Varsity athletes who participate and complete a season in good standing while earning a 3.5 GPA or above during the season will receive this award.

Senior Athlete Award: Senior athletes who participate and complete a season in good standing during the season will receive this award.

Coaches Awards: Additional awards including but not limited to Most Improved, Rocket Pride, and MVP may be given by varsity teams.

JV/Freshman Specific Awards:

Numbers: High School Athletes who participate and complete their first season will earn the last two numerals of their graduating class.

Reserve Patch: High School Athletes who participate and complete their first season on a JV team will earn their "Reserve Patch".



Middle School Specific Awards:

7th Grade “N”: All 7th grade athletes who participate and complete a season will receive a 7th grade “N” (Only one letter will be awarded).

8th Grade “N”: All 8th grade athletes who participate and complete a season will receive a 8th grade “N” (Only one letter will be awarded)..

Additional Training Expectations:

Training rules for each specific sport may be developed by the coach, and approved by the athletic director. Such rules shall be formally issued to each athlete. Activity/Team rules, signed by both the athlete and parent/guardian, must be returned to the head coach/sponsor before the student is allowed to practice or compete.

Each coach may impose reasonable punishment on the athletes violating training rules. If the violation and the punishment result in suspension, expulsion or removal, the process outlined in ORC 3313.66 shall be enforced.

Equipment:

Equipment and uniforms will be issued by the school. At the completion of the season, these uniforms and equipment will be collected **by the coach** on a date and time designated by the coach. If the uniform or equipment is not returned on or by that date, students will be ineligible to participate in any other sport (tryouts, practices, or contests) and/or will receive disciplinary action deemed appropriate by the Athletic Director, until all uniforms and equipment are returned. Payment for lost or damaged uniforms or equipment will be required. If an athlete has an unreturned uniform, transcripts may be held and participation in the graduation ceremony can be denied.

Workouts/Tryouts/Mandatory Practices:

Workouts/Conditioning are not mandatory events. As an athletic program and district we encourage all athletes who intend on playing a sport to attend as many workouts and conditioning events as they are able to help improve their craft and prepare them for the upcoming seasons. Academic Quiz Team and Cheerleading are not OHSAA sanctioned sports and their start times are subject to change based on coaches decisions.

Tryouts and mandatory practices are allowed to start on the dates listed below as allowed by the OHSAA.

Tryouts/mandatory practices may occur after these dates, but not before. Specific tryout schedules are set by Varsity Head Coaches and in communication with JV/Freshman/and Junior High staffs. It is the responsibility of any student interested in a sport to communicate with the head coach on tryout dates. Individuals who do not report with completed paperwork on the first date of tryouts/mandatory practices may not be given the opportunity to tryout in sports where “cuts” occur.

Start Date For High School Practice:

Academic Quiz Team	10/26/2020
Baseball	2/24/2021
Basketball – G	10/23/2020
Basketball – B	10/30/2020
Bowling- B&G	10/30/2020
Fall Cheer	Tryouts 5/23/2020
Winter Cheer	Tryouts 5/23/2020
Cross Country	08/01/2020
Football	08/01/2020



Golf- B&G	08/01/2020
Soccer- B&G	08/01/2020
Fast-Pitch Softball	02/22/2020
Tennis – G	08/01/2020
Tennis – B	03/09/2021
Track and Field	02/22/2021
Volleyball	08/01/2020
Wrestling	11/13/2020



■ PREPARTICIPATION PHYSICAL EVALUATION – Ohio High School Athletic Association - 2020 -2021

HISTORY FORM

Note: Complete and sign this form (with your parents if younger than 18) before your appointment.

Name: _____ Date of birth: _____

Date of examination: _____ Sport(s): _____

Sex assigned at birth (F, M, or intersex): _____ How do you identify your gender? (F, M, or other): _____

<p>List past and current medical conditions. _____</p>
<p>Have you ever had surgery? If yes, list all past surgical procedures. _____</p>
<p>Medicines and supplements: List all current prescriptions, over-the-counter medicines, and supplements (herbal and nutritional). _____</p>
<p>Do you have any allergies? If yes, please list all your allergies (i.e., medicines, pollens, food, stinging insects). _____</p>

<p>Patient Health Questionnaire Version 4 (PHQ-4)</p>				
<p>Over the last 2 weeks, how often have you been bothered by any of the following problems? (Circle response.)</p>				
	Not at all	Several days	Over half the days	Nearly every day
Feeling nervous, anxious, or on edge	0	1	2	3
Not being able to stop or control worrying	0	1	2	3
Little interest or pleasure in doing things	0	1	2	3
Feeling down, depressed, or hopeless	0	1	2	3
<p>(A sum of ≥ 3 is considered positive on either subscale [questions 1 and 2, or questions 3 and 4] for screening purposes.)</p>				

GENERAL QUESTIONS (Explain "Yes" answers at the end of this form. Circle questions if you don't know the answer.)	Yes	No
1. Do you have any concerns that you would like to discuss with your provider?		
2. Has a provider ever denied or restricted your participation in sports for any reason?		
3. Do you have any ongoing medical issues or recent illness?		
HEART HEALTH QUESTIONS ABOUT YOU	Yes	No
4. Have you ever passed out or nearly passed out during or after exercise?		
5. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?		
6. Does your heart ever race, flutter in your chest, or skip beats (irregular beats) during exercise?		
7. Has a doctor ever told you that you have any heart problems?		
8. Has a doctor ever requested a test for your heart? For example, electrocardiography (ECG) or echocardiography.		

HEART HEALTH QUESTIONS ABOUT YOU (CONTINUED)	Yes	No
9. Do you get light-headed or feel shorter of breath than your friends during exercise?		
10. Have you ever had a seizure?		
HEART HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No
11. Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 35 years (including drowning or unexplained car crash)?		
12. Does anyone in your family have a genetic heart problem such as hypertrophic cardiomyopathy (HCM), Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy (ARVC), long QT syndrome (LQTS), short QT syndrome (SQTS), Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia (CPVT)?		
13. Has anyone in your family had a pacemaker or an implanted defibrillator before age 35?		

■ PREPARTICIPATION PHYSICAL EVALUATION – Ohio High School Athletic Association – 2020-2021
ATHLETES WITH DISABILITIES FORM: SUPPLEMENT TO THE ATHLETE HISTORY

Name: _____ Date of birth: _____

1. Type of disability:		
2. Date of disability:		
3. Classification (if available):		
4. Cause of disability (birth, disease, injury, or other):		
5. List the sports you are playing:		
	Yes	No
6. Do you regularly use a brace, an assistive device, or a prosthetic device for daily activities?		
7. Do you use any special brace or assistive device for sports?		
8. Do you have any rashes, pressure sores, or other skin problems?		
9. Do you have a hearing loss? Do you use a hearing aid?		
10. Do you have a visual impairment?		
11. Do you use any special devices for bowel or bladder function?		
12. Do you have burning or discomfort when urinating?		
13. Have you had autonomic dysreflexia?		
14. Have you ever been diagnosed as having a heat-related (hyperthermia) or cold-related (hypothermia) illness?		
15. Do you have muscle spasticity?		
16. Do you have frequent seizures that cannot be controlled by medication?		

Explain "Yes" answers here.

Please indicate whether you have ever had any of the following conditions:

	Yes	No
Atlantoaxial instability		
Radiographic (x-ray) evaluation for atlantoaxial instability		
Dislocated joints (more than one)		
Easy bleeding		
Enlarged spleen		
Hepatitis		
Osteopenia or osteoporosis		
Difficulty controlling bowel		
Difficulty controlling bladder		
Numbness or tingling in arms or hands		
Numbness or tingling in legs or feet		
Weakness in arms or hands		
Weakness in legs or feet		
Recent change in coordination		
Recent change in ability to walk		
Spina bifida		
Latex allergy		

Explain "Yes" answers here.

I hereby state that, to the best of my knowledge, my answers to the questions on this form are complete and correct.

Signature of athlete: _____

Signature of parent or guardian: _____

Date: _____

■ PREPARTICIPATION PHYSICAL EVALUATION – Ohio High School Athletic Association – 2020-2021

PHYSICAL EXAMINATION FORM

Name: _____

Date of birth: _____

PHYSICIAN REMINDERS

- Consider additional questions on more-sensitive issues.
 - Do you feel stressed out or under a lot of pressure?
 - Do you ever feel sad, hopeless, depressed, or anxious?
 - Do you feel safe at your home or residence?
 - Have you ever tried cigarettes, e-cigarettes, chewing tobacco, snuff, or dip?
 - During the past 30 days, did you use chewing tobacco, snuff, or dip?
 - Do you drink alcohol or use any other drugs?
 - Have you ever taken anabolic steroids or used any other performance-enhancing supplement?
 - Have you ever taken any supplements to help you gain or lose weight or improve your performance?
 - Do you wear a seat belt, use a helmet, and use condoms?
- Consider reviewing questions on cardiovascular symptoms (Q4–Q13 of History Form).

EXAMINATION		
Height: _____	Weight: _____	
BP: _____ / _____ (_____ / _____)	Pulse: _____	Vision: R 20/ _____ L 20/ _____ Corrected: <input type="checkbox"/> Y <input type="checkbox"/> N
MEDICAL	NORMAL	ABNORMAL FINDINGS
Appearance <ul style="list-style-type: none"> Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyly, hyperlaxity, myopia, mitral valve prolapse [MVP], and aortic insufficiency) 		
Eyes, ears, nose, and throat <ul style="list-style-type: none"> Pupils equal Hearing 		
Lymph nodes		
Heart ^a <ul style="list-style-type: none"> Murmurs (auscultation standing, auscultation supine, and ± Valsalva maneuver) 		
Lungs		
Abdomen		
Skin <ul style="list-style-type: none"> Herpes simplex virus (HSV), lesions suggestive of methicillin-resistant <i>Staphylococcus aureus</i> (MRSA), or tinea corporis 		
Neurological		
MUSCULOSKELETAL	NORMAL	ABNORMAL FINDINGS
Neck		
Back		
Shoulder and arm		
Elbow and forearm		
Wrist, hand, and fingers		
Hip and thigh		
Knee		
Leg and ankle		
Foot and toes		
Functional <ul style="list-style-type: none"> Double-leg squat test, single-leg squat test, and box drop or step drop test 		

^aConsider electrocardiography (ECG), echocardiography, referral to a cardiologist for abnormal cardiac history or examination findings, or a combination of those.

Name of health care professional (print or type): _____ Date: _____

Address: _____ Phone: _____

Signature of health care professional: _____, MD, DO, DC, NP, or PA

**PREPARTICIPATION PHYSICAL EVALUATION – OHIO
HIGH SCHOOL ATHLETIC ASSOCIATION – 2020-21
MEDICAL ELIGIBILITY FORM**

Name: _____ Date of birth: _____

☐ Medically eligible for all sports without restriction

☐ Medically eligible for all sports without restriction with recommendations for further evaluation or treatment of

☐ Medically eligible for certain sports

☐ Not medically eligible pending further evaluation

☐ Not medically eligible for any sports

Recommendations: _____

I have examined the student named on this form and completed the preparticipation physical evaluation. The athlete does not have apparent clinical contraindications to practice and can participate in the sport(s) as outlined on this form. A copy of the physical examination findings is on record in my office and can be made available to the school at the request of the parents. If conditions arise after the athlete has been cleared for participation, the physician may rescind the medical eligibility until the problem is resolved and the potential consequences are completely explained to the athlete (and parents or guardians).

Name of health care professional (print or type): _____ Date: _____

Address: _____ Phone: _____

Signature of health care professional: _____, MD, DO, DC, NP, or PA

SHARED EMERGENCY INFORMATION

Allergies: _____

Medications: _____

Other information: _____

Emergency contacts: _____

**THE STUDENT SHALL NOT BE CLEARED TO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS
UNTIL THIS FORM HAS BEEN SIGNED AND RETURNED TO THE SCHOOL**



OHSAA AUTHORIZATION FORM 2020-2021

I hereby authorize the release and disclosure of the personal health information of _____ ("Student"), as described below, to _____ ("School").

The information described below may be released to the School principal or assistant principal, athletic director, coach, athletic trainer, physical education teacher, school nurse or other member of the School's administrative staff as necessary to evaluate the Student's eligibility to participate in school sponsored activities, including but not limited to interscholastic sports programs, physical education classes or other classroom activities.

Personal health information of the Student which may be released and disclosed includes records of physical examinations performed to determine the Student's eligibility to participate in school sponsored activities, including but not limited to the Pre-participation Evaluation form or other similar document required by the School prior to determining eligibility of the Student to participate in classroom or other School sponsored activities; records of the evaluation, diagnosis and treatment of injuries which the Student incurred while engaging in school sponsored activities, including but not limited to practice sessions, training and competition; and other records as necessary to determine the Student's physical fitness to participate in school sponsored activities.

The personal health information described above may be released or disclosed to the School by the Student's personal physician or physicians; a physician or other health care professional retained by the School to perform physical examinations to determine the Student's eligibility to participate in certain school sponsored activities or to provide treatment to students injured while participating in such activities, whether or not such physicians or other health care professionals are paid for their services or volunteer their time to the School; or any other EMT, hospital, physician or other health care professional who evaluates, diagnoses or treats an injury or other condition incurred by the student while participating in school sponsored activities.

I understand that the School has requested this authorization to release or disclose the personal health information described above to make certain decisions about the Student's health and ability to participate in certain school sponsored and classroom activities, and that the School is not a health care provider or health plan covered by federal HIPAA privacy regulations, and the information described below may be redisclosed and may not continue to be protected by the federal HIPAA privacy regulations. I also understand that the School is covered under the federal regulations that govern the privacy of educational records, and that the personal health information disclosed under this authorization may be protected by those regulations.

I also understand that health care providers and health plans may not condition the provision of treatment or payment on the signing of this authorization; however, the Student's participation in certain school sponsored activities may be conditioned on the signing of this authorization.

I understand that I may revoke this authorization in writing at any time, except to the extent that action has been taken by a health care provider in reliance on this authorization, by sending a written revocation to the school principal (or designee) whose name and address appears below.

Name of Principal: _____

School Address: _____

This authorization will expire when the student is no longer enrolled as a student at the school.

NOTE: IF THE STUDENT IS UNDER 18 YEARS OF AGE, THIS AUTHORIZATION MUST BE SIGNED BY A PARENT OR LEGAL GUARDIAN TO BE VALID. IF THE STUDENT IS 18 YEARS OF AGE OR OVER, THE STUDENT MUST SIGN THIS AUTHORIZATION PERSONALLY.

Student's Signature _____

Birth date of Student, including year _____

Name of Student's personal representative, if applicable _____

I am the Student's (check one): ☐ Parent ☐ Legal Guardian (documentation must be provided)

Signature of Student's personal representative, if applicable _____


Date _____


A copy of this signed form has been provided to the student or his/her personal representative

PREPARTICIPATION PHYSICAL EVALUATION 2020-2021
2020-2021 Ohio High School Athletic Association Eligibility and Authorization Statement

OHSAA FORM 2 of 4


This document is to be signed by the participant from an OHSAA member school and by the participant's parent.


 I have read, understand and acknowledge receipt of the **OHSAA Student Eligibility Guide and Checklist** <https://www.ohsaa.org/Portals/0/Eligibility/OtherEligibilityDocs/EligibilityGuideHS.pdf> which contains a summary of the eligibility rules of the Ohio High School Athletic Association. I understand that a copy of the *OHSAA Handbook* is on file with the principal and athletic administrator and that I may review it, in its entirety, if I so choose. All OHSAA bylaws and regulations from the *Handbook* are also posted on the OHSAA website at [ohsaa.org](https://www.ohsaa.org).

 I understand that an OHSAA member school must **adhere to all rules and regulations** that pertain to the interscholastic athletics programs that the school sponsors, but that local rules may be more stringent than OHSAA rules.


 I understand that participation in interscholastic athletics is a **privilege not a right**.

Student Code of Responsibility

 As a student athlete, I **understand and accept** the following responsibilities:


 I will **respect the rights and beliefs** of others and will treat others with courtesy and consideration.


 I will be **fully responsible** for my own actions and the consequences of my actions.


 I will **respect the property** of others.


 I will **respect and obey the rules** of my school and laws of my community, state and country.


 I will **show respect to those who are responsible for enforcing the rules** of my school and the laws of my community, state and country.


 I **understand that a student whose character or conduct violates** the school's Athletic Code or School Code of Responsibility is not in good standing and is ineligible for a period as determined by the principal.


 **Informed Consent** – By its nature, participation in interscholastic athletics includes risk of injury and transmission of infectious disease such as HIV and Hepatitis B. Although serious injuries are not common and the risk of HIV transmission is almost nonexistent in supervised school athletic programs, it is impossible to eliminate all risk. Participants have a responsibility to help reduce that risk. Participants must obey all safety rules, report all physical and hygiene problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily. **PARENTS, GUARDIANS OR STUDENTS WHO MAY NOT WISH TO ACCEPT RISK DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS FORM. STUDENTS MAY NOT PARTICIPATE IN AN OHSAA-SPONSORED SPORT WITHOUT THE STUDENT'S AND PARENT'S/GUARDIAN'S SIGNATURE.**


 I understand that in the case of **injury or illness requiring treatment by medical personnel and transportation to a health care facility**, that a reasonable attempt will be made to contact the parent or guardian in the case of the student-athlete being a minor, but that, if necessary, the student-athlete will be treated and transported via ambulance to the nearest hospital.

 I **consent to medical treatment** for the student following an injury or illness suffered during practice and/or a contest.

 To enable the OHSAA to determine whether the herein named student is eligible to participate in interscholastic athletics in an OHSAA member school, I **consent to the release to the OHSAA any and all portions of school record files**, beginning with seventh grade, of the herein named student, specifically including, without limiting the generality of the foregoing, birth and age records, name and residence address of parent(s) or guardian(s), enrollment documents, financial and scholarship records, residence address of the student, academic work completed, grades received and attendance data.

 I **consent to the OHSAA's use of the herein named student's name**, likeness, and athletic-related information in reports of contests, promotional literature of the Association and other materials and releases related to interscholastic athletics.

 I **understand that if I drop a class**, take course work through College Credit Plus, Credit Flexibility or other educational options, this action could affect compliance with OHSAA academic standards and my eligibility. I **accept full responsibility** for compliance with Bylaw 4-4, Scholarship, and the passing five credit standard expressed therein.

 I **understand all concussions are potentially serious** and may result in complications including prolonged brain damage and death if not recognized and managed properly. Further I understand that if my student is removed from a practice or competition due to a suspected concussion, he or she will be unable to return to participation that day. After that day written authorization from a physician (M.D. or D.O.) or another health care provider working under the supervision of a physician will be required in order for the student to return to participation.

 I **have read and signed** the Ohio Department of Health's **Concussion Information Sheet** and have retained a copy for myself.

 I **have read and signed** the Ohio Department of Health's **Sudden Cardia Arrest Information Sheet** and have retained a copy for myself.

 **By signing this we acknowledge that we have read the above information and that we consent to the herein named student's participation.**

***Must Be Signed Before Physical Examination**

Student's Signature

Birth date

Grade in School

Date

Parent's or Guardian's Signature

Date

Ohio Department of Health Concussion Information Sheet

For Interscholastic Athletics

Dear Parent/Guardian and Athletes,

This information sheet is provided to assist you and your child in recognizing the signs and symptoms of a concussion. Every athlete is different and responds to a brain injury differently, so seek medical attention if you suspect your child has a concussion. Once a concussion occurs, it is very important your athlete return to normal activities slowly, so he/she does not do more damage to his/her brain.

What is a Concussion?

A concussion is an injury to the brain that may be caused by a blow, bump, or jolt to the head. Concussions may also happen after a fall or hit that jars the brain. A blow elsewhere on the body can cause a concussion even if an athlete does not hit his/her head directly. Concussions can range from mild to severe, and athletes can get a concussion even if they are wearing a helmet.

Signs and Symptoms of a Concussion

Athletes do not have to be “knocked out” to have a concussion. In fact, less than 1 out of 10 concussions result in loss of consciousness. Concussion symptoms can develop right away or up to 48 hours after the injury. Ignoring any signs or symptoms of a concussion puts your child’s health at risk!

Signs Observed by Parents of Guardians

- ◆ *Appears dazed or stunned.*
- ◆ *Is confused about assignment or position.*
- ◆ *Forgets plays.*
- ◆ *Is unsure of game, score or opponent.*
- ◆ *Moves clumsily.*
- ◆ *Answers questions slowly.*
- ◆ *Loses consciousness (even briefly).*
- ◆ *Shows behavior or personality changes (irritability, sadness, nervousness, feeling more emotional).*
- ◆ *Can’t recall events before or after hit or fall.*

Symptoms Reported by Athlete

- ◆ *Any headache or “pressure” in head. (How badly it hurts does not matter.)*
- ◆ *Nausea or vomiting.*
- ◆ *Balance problems or dizziness.*
- ◆ *Double or blurry vision.*
- ◆ *Sensitivity to light and/or noise*
- ◆ *Feeling sluggish, hazy, foggy or groggy.*
- ◆ *Concentration or memory problems.*
- ◆ *Confusion.*
- ◆ *Does not “feel right.”*
- ◆ *Trouble falling asleep.*
- ◆ *Sleeping more or less than usual.*

Be Honest

Encourage your athlete to be honest with you, his/her coach and your health care provider about his/her symptoms. Many young athletes get caught up in the moment and/or feel pressured to return to sports before they are ready. It is better to miss one game than the entire season... or risk permanent damage!

Seek Medical Attention Right Away

Seeking medical attention is an important first step if you suspect or are told your child has a concussion. A qualified health care professional will be able to determine how serious the concussion is and when it is safe for your child to return to sports and other daily activities.

- ◆ *No athlete should return to activity on the same day he/she gets a concussion.*
- ◆ *Athletes should **NEVER** return to practices/games if they still have ANY symptoms.*
- ◆ *Parents and coaches should never pressure any athlete to return to play.*

The Dangers of Returning Too Soon

Returning to play too early may cause Second Impact Syndrome (SIS) or Post-Concussion Syndrome (PCS). SIS occurs when a second blow to the head happens before an athlete has completely recovered from a concussion. This second impact causes the brain to swell, possibly resulting in brain damage, paralysis, and even death. PCS can occur after a second impact. PCS can result in permanent, long-term concussion symptoms. The risk of SIS and PCS is the reason why no athlete should be allowed to participate in any physical activity before they are cleared by a qualified healthcare professional.

Recovery

A concussion can affect school, work, and sports. Along with coaches and teachers, the school nurse, athletic trainer, employer, and other school administrators should be aware of the athlete’s injury and their roles in helping the child recover.

During the recovery time after a concussion, physical and mental rest are required. A concussion upsets the way the brain normally works and causes it to work longer and harder to complete even simple tasks. Activities that require concentration and focus may make symptoms worse and cause the brain to heal slower. Studies show that children’s brains take several weeks to heal following a concussion.



<http://www.healthy.ohio.gov/vipp/child/returntoplay/concussion>

Returning to Daily Activities

1. Be sure your child gets plenty of rest and enough sleep at night – no late nights. Keep the same bedtime weekdays and weekends.
2. Encourage daytime naps or rest breaks when your child feels tired or worn-out.
3. Limit your child's activities that require a lot of thinking or concentration (including social activities, homework, video games, texting, computer, driving, job-related activities, movies, parties). These activities can slow the brain's recovery.
4. Limit your child's physical activity, especially those activities where another injury or blow to the head may occur.
5. Have your qualified health care professional check your child's symptoms at different times to help guide recovery.

Returning to Learn (School)

1. Your athlete may need to initially return to school on a limited basis, for example for only half-days, at first. This should be done under the supervision of a qualified health care professional.
2. Inform teacher(s), school counselor or administrator(s) about the injury and symptoms. School personnel should be instructed to watch for:
 - a. Increased problems paying attention.
 - b. Increased problems remembering or learning new information.
 - c. Longer time needed to complete tasks or assignments.
 - d. Greater irritability and decreased ability to cope with stress.
 - e. Symptoms worsen (headache, tiredness) when doing schoolwork.
3. Be sure your child takes multiple breaks during study time and watch for worsening of symptoms.
4. If your child is still having concussion symptoms, he/she may need extra help with school-related activities. As the symptoms decrease during recovery, the extra help or supports can be removed gradually.
5. For more information, please refer to Return to Learn on [the ODH website](#).

Resources

ODH Violence and Injury Prevention Program
<http://www.healthy.ohio.gov/vipp/child/returntoplay/>

Centers for Disease Control and Prevention
<http://www.cdc.gov/headsup/basics/index.html>

National Federation of State High School Associations
www.nfhs.org

Brain Injury Association of America
www.biausa.org/

Returning to Play

1. Returning to play is specific for each person, depending on the sport. *Starting 4/26/13, Ohio law requires written permission from a health care provider before an athlete can return to play.* Follow instructions and guidance provided by a health care professional. It is important that you, your child and your child's coach follow these instructions carefully.
2. Your child should NEVER return to play if he/she still has ANY symptoms. (Be sure that your child does not have any symptoms at rest and while doing any physical activity and/or activities that require a lot of thinking or concentration).
3. Ohio law prohibits your child from returning to a game or practice on the same day he/she was removed.
4. Be sure that the athletic trainer, coach and physical education teacher are aware of your child's injury and symptoms.
5. Your athlete should complete a step-by-step exercise-based progression, under the direction of a qualified healthcare professional.
6. A sample activity progression is listed below. Generally, each step should take no less than 24 hours so that your child's full recovery would take about one week once they have no symptoms at rest and with moderate exercise.*

Sample Activity Progression*

Step 1: Low levels of non-contact physical activity, provided NO SYMPTOMS return during or after activity. (Examples: walking, light jogging, and easy stationary biking for 20-30 minutes).

Step 2: Moderate, non-contact physical activity, provided NO SYMPTOMS return during or after activity. (Examples: moderate jogging, brief sprint running, moderate stationary biking, light calisthenics, and sport-specific drills without contact or collisions for 30-45 minutes).

Step 3: Heavy, non-contact physical activity, provided NO SYMPTOMS return during or after activity. (Examples: extensive sprint running, high intensity stationary biking, resistance exercise with machines and free weights, more intense non-contact sports specific drills, agility training and jumping drills for 45-60 minutes).

Step 4: Full contact in controlled practice or scrimmage.

Step 5: Full contact in game play.

*If any symptoms occur, the athlete should drop back to the previous step and try to progress again after a 24 hour rest period.

Ohio Department of Health Concussion Information Sheet

For Interscholastic Athletics

I have read the Ohio Department of Health's Concussion Information Sheet and understand that I have a responsibility to report my/my child's symptoms to coaches, administrators and healthcare provider.

I also understand that I/my child must have no symptoms before return to play can occur.

Athlete

Date

Athlete *Please Print Name*

Parent/Guardian

Date



Sudden Cardiac Arrest and Lindsay's Law Parent/Athlete Signature Form



What is Lindsay's Law? Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. It covers all athletes 19 years or younger who practice for or compete in athletic activities. Activities may be organized by a school or youth sports organization.

Which youth athletic activities are included in Lindsay's law?

- Athletics at all schools in Ohio (public and non-public)
- Any athletic contest or competition sponsored by or associated with a school
- All interscholastic athletics, including all practices, interschool practices and scrimmages
- All youth sports organizations
- All cheerleading and club sports, including noncompetitive cheerleading

What is SCA? SCA is when the heart stops beating suddenly and unexpectedly. This cuts off blood flow to the brain and other vital organs. People with SCA will die if not treated immediately. SCA can be caused by 1) a structural issue with the heart, OR 2) an heart electrical problem which controls the heartbeat, OR 3) a situation such as a person who is hit in the chest or a gets a heart infection.

What is a warning sign for SCA? If a family member died suddenly before age 50, or a family member has cardiomyopathy, long QT syndrome, Marfan syndrome or other rhythm problems of the heart.

What symptoms are a warning sign of SCA? A young athlete may have these things with exercise:

- Chest pain/discomfort
- Unexplained fainting/near fainting or dizziness
- Unexplained tiredness, shortness of breath or difficulty breathing
- Unusually fast or racing heart beats

What happens if an athlete experiences syncope or fainting before, during or after a practice, scrimmage, or competitive play? The coach MUST remove the youth athlete from activity immediately. The youth athlete MUST be seen and cleared by a health care provider before returning to activity. This written clearance must be shared with a school or sports official.

What happens if an athlete experiences any other warning signs of SCA? The youth athlete should be seen by a health care professional.

Who can evaluate and clear youth athletes? A physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist, certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth to another health care provider for further evaluation.

What is needed for the youth athlete to return to the activity? There must be clearance from the health care provider in writing. This must be given to the coach and school or sports official before return to activity.

All youth athletes and their parents/guardians must review information about Sudden Cardiac Arrest, then sign and return this form.

Parent/Guardian Signature

Student Signature

Parent/Guardian Name (Print)

Student Name (Print)

Date

Date

Ohio Department of Health Concussion Information Sheet

For Interscholastic Athletics

Dear Parent/Guardian and Athletes,

This information sheet is provided to assist you and your child in recognizing the signs and symptoms of a concussion. Every athlete is different and responds to a brain injury differently, so seek medical attention if you suspect your child has a concussion. Once a concussion occurs, it is very important your athlete return to normal activities slowly, so he/she does not do more damage to his/her brain.

What is a Concussion?

A concussion is an injury to the brain that may be caused by a blow, bump, or jolt to the head. Concussions may also happen after a fall or hit that jars the brain. A blow elsewhere on the body can cause a concussion even if an athlete does not hit his/her head directly. Concussions can range from mild to severe, and athletes can get a concussion even if they are wearing a helmet.

Signs and Symptoms of a Concussion

Athletes do not have to be “knocked out” to have a concussion. In fact, less than 1 out of 10 concussions result in loss of consciousness. Concussion symptoms can develop right away or up to 48 hours after the injury. Ignoring any signs or symptoms of a concussion puts your child’s health at risk!

Signs Observed by Parents of Guardians

- ◆ *Appears dazed or stunned.*
- ◆ *Is confused about assignment or position.*
- ◆ *Forgets plays.*
- ◆ *Is unsure of game, score or opponent.*
- ◆ *Moves clumsily.*
- ◆ *Answers questions slowly.*
- ◆ *Loses consciousness (even briefly).*
- ◆ *Shows behavior or personality changes (irritability, sadness, nervousness, feeling more emotional).*
- ◆ *Can’t recall events before or after hit or fall.*

Symptoms Reported by Athlete

- ◆ *Any headache or “pressure” in head. (How badly it hurts does not matter.)*
- ◆ *Nausea or vomiting.*
- ◆ *Balance problems or dizziness.*
- ◆ *Double or blurry vision.*
- ◆ *Sensitivity to light and/or noise*
- ◆ *Feeling sluggish, hazy, foggy or groggy.*
- ◆ *Concentration or memory problems.*
- ◆ *Confusion.*
- ◆ *Does not “feel right.”*
- ◆ *Trouble falling asleep.*
- ◆ *Sleeping more or less than usual.*

Be Honest

Encourage your athlete to be honest with you, his/her coach and your health care provider about his/her symptoms. Many young athletes get caught up in the moment and/or feel pressured to return to sports before they are ready. It is better to miss one game than the entire season... or risk permanent damage!

Seek Medical Attention Right Away

Seeking medical attention is an important first step if you suspect or are told your child has a concussion. A qualified health care professional will be able to determine how serious the concussion is and when it is safe for your child to return to sports and other daily activities.

- ◆ *No athlete should return to activity on the same day he/she gets a concussion.*
- ◆ *Athletes should **NEVER** return to practices/games if they still have ANY symptoms.*
- ◆ *Parents and coaches should never pressure any athlete to return to play.*

The Dangers of Returning Too Soon

Returning to play too early may cause Second Impact Syndrome (SIS) or Post-Concussion Syndrome (PCS). SIS occurs when a second blow to the head happens before an athlete has completely recovered from a concussion. This second impact causes the brain to swell, possibly resulting in brain damage, paralysis, and even death. PCS can occur after a second impact. PCS can result in permanent, long-term concussion symptoms. The risk of SIS and PCS is the reason why no athlete should be allowed to participate in any physical activity before they are cleared by a qualified healthcare professional.

Recovery

A concussion can affect school, work, and sports. Along with coaches and teachers, the school nurse, athletic trainer, employer, and other school administrators should be aware of the athlete’s injury and their roles in helping the child recover.

During the recovery time after a concussion, physical and mental rest are required. A concussion upsets the way the brain normally works and causes it to work longer and harder to complete even simple tasks. Activities that require concentration and focus may make symptoms worse and cause the brain to heal slower. Studies show that children’s brains take several weeks to heal following a concussion.



<http://www.healthy.ohio.gov/vipp/child/returntoplay/concussion>

Returning to Daily Activities

1. Be sure your child gets plenty of rest and enough sleep at night – no late nights. Keep the same bedtime weekdays and weekends.
2. Encourage daytime naps or rest breaks when your child feels tired or worn-out.
3. Limit your child's activities that require a lot of thinking or concentration (including social activities, homework, video games, texting, computer, driving, job-related activities, movies, parties). These activities can slow the brain's recovery.
4. Limit your child's physical activity, especially those activities where another injury or blow to the head may occur.
5. Have your qualified health care professional check your child's symptoms at different times to help guide recovery.

Returning to Learn (School)

1. Your athlete may need to initially return to school on a limited basis, for example for only half-days, at first. This should be done under the supervision of a qualified health care professional.
2. Inform teacher(s), school counselor or administrator(s) about the injury and symptoms. School personnel should be instructed to watch for:
 - a. Increased problems paying attention.
 - b. Increased problems remembering or learning new information.
 - c. Longer time needed to complete tasks or assignments.
 - d. Greater irritability and decreased ability to cope with stress.
 - e. Symptoms worsen (headache, tiredness) when doing schoolwork.
3. Be sure your child takes multiple breaks during study time and watch for worsening of symptoms.
4. If your child is still having concussion symptoms, he/she may need extra help with school-related activities. As the symptoms decrease during recovery, the extra help or supports can be removed gradually.
5. For more information, please refer to Return to Learn on [the ODH website](#).

Resources

ODH Violence and Injury Prevention Program
<http://www.healthy.ohio.gov/vipp/child/returntoplay/>

Centers for Disease Control and Prevention
<http://www.cdc.gov/headsup/basics/index.html>

National Federation of State High School Associations
www.nfhs.org

Brain Injury Association of America
www.biausa.org/

Returning to Play

1. Returning to play is specific for each person, depending on the sport. *Starting 4/26/13, Ohio law requires written permission from a health care provider before an athlete can return to play.* Follow instructions and guidance provided by a health care professional. It is important that you, your child and your child's coach follow these instructions carefully.
2. Your child should NEVER return to play if he/she still has ANY symptoms. (Be sure that your child does not have any symptoms at rest and while doing any physical activity and/or activities that require a lot of thinking or concentration).
3. Ohio law prohibits your child from returning to a game or practice on the same day he/she was removed.
4. Be sure that the athletic trainer, coach and physical education teacher are aware of your child's injury and symptoms.
5. Your athlete should complete a step-by-step exercise-based progression, under the direction of a qualified healthcare professional.
6. A sample activity progression is listed below. Generally, each step should take no less than 24 hours so that your child's full recovery would take about one week once they have no symptoms at rest and with moderate exercise.*

Sample Activity Progression*

Step 1: Low levels of non-contact physical activity, provided NO SYMPTOMS return during or after activity. (Examples: walking, light jogging, and easy stationary biking for 20-30 minutes).

Step 2: Moderate, non-contact physical activity, provided NO SYMPTOMS return during or after activity. (Examples: moderate jogging, brief sprint running, moderate stationary biking, light calisthenics, and sport-specific drills without contact or collisions for 30-45 minutes).

Step 3: Heavy, non-contact physical activity, provided NO SYMPTOMS return during or after activity. (Examples: extensive sprint running, high intensity stationary biking, resistance exercise with machines and free weights, more intense non-contact sports specific drills, agility training and jumping drills for 45-60 minutes).

Step 4: Full contact in controlled practice or scrimmage.

Step 5: Full contact in game play.

*If any symptoms occur, the athlete should drop back to the previous step and try to progress again after a 24 hour rest period.

Ohio Department of Health Concussion Information Sheet

For Interscholastic Athletics

I have read the Ohio Department of Health's Concussion Information Sheet and understand that I have a responsibility to report my/my child's symptoms to coaches, administrators and healthcare provider.

I also understand that I/my child must have no symptoms before return to play can occur.

Athlete

Date

Athlete *Please Print Name*

Parent/Guardian

Date



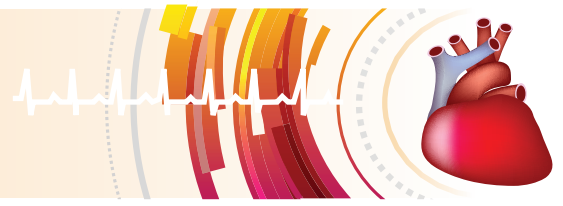
Sudden Cardiac Arrest and Lindsay's Law Information for the Youth Athlete and Parent/Guardian



- **Lindsay's Law** is about Sudden Cardiac Arrest (SCA) in youth athletes. This law went into effect in 2017. SCA is the leading cause of death in student athletes 19 years of age or younger. SCA occurs when the heart suddenly and unexpectedly stops beating. This cuts off blood flow to the brain and other vital organs. SCA is fatal if not treated immediately.
- "Youth" covered under Lindsay's Law are all athletes 19 years of age or younger that wish to practice for or compete in athletic activities organized by a school or youth sports organization.
- Lindsay's Law applies to all public and private schools and all youth sports organizations for athletes aged 19 years or younger whether or not they pay a fee to participate or are sponsored by a business or nonprofit. This includes:
 - 1) All athletic activities including interscholastic athletics, any athletic contest or competition sponsored by or associated with a school
 - 2) All cheerleading, club sports and school affiliated organizations including noncompetitive cheerleading
 - 3) All practices, interschool practices and scrimmages
- Any of these things may cause SCA:
 - 1) Structural heart disease. This may or may not be present from birth
 - 2) Electrical heart disease. This is a problem with the heart's electrical system that controls the heartbeat
 - 3) Situational causes. These may be people with completely normal hearts who are either are hit in the chest or develop a heart infection
- **Warning signs** in your family that you or your youth athlete may be at high risk of SCA:
 - o A blood relative who suddenly and unexpectedly dies before age 50
 - o Any of the following conditions: cardiomyopathy, long QT syndrome, Marfan syndrome, or other rhythm problems of the heart
- **Warning signs** of SCA. If any of these things happen with exercise, see your health care professional:
 - Chest pain/discomfort
 - Unexplained fainting/near fainting or dizziness
 - Unexplained tiredness, shortness of breath or difficulty breathing
 - Unusually fast or racing heart beats
- The youth athlete who faints or passes out before, during, or after an athletic activity **MUST** be removed from the activity. Before returning to the activity, the youth athlete must be seen by a health care professional and cleared in writing.
- If the youth athlete's biological parent, sibling or child has had a SCA, then the youth athlete must be removed from activity. Before returning to the activity, the youth athlete must be seen by a health care professional and cleared in writing.
- Any young athlete with any of these warning signs cannot participate in practices, interschool practices, scrimmages or competition until cleared by a health care professional.

- Other reasons to be seen by a healthcare professional would be a heart murmur, high blood pressure, or prior heart evaluation by a physician.
- Lindsay's Law lists the health care professionals who may evaluate and clear youth athletes. They are a physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist or certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth and family to another health care provider for further evaluation. Clearance must be provided in writing to the school or sports official before the athlete can return to the activity.
- Despite everyone's best efforts, sometimes a young athlete will experience SCA. If you have had CPR training, you may know the term "Chain of Survival." The Chain of Survival helps anyone survive SCA.
- Using an Automated External Defibrillator (AED) can save the life of a child with SCA. Depending on where a young athlete is during an activity, there may or may not be an AED close by. Many, but not all, schools have AEDs. The AEDs may be near the athletic facilities, or they may be close to the school office. Look around at a sporting event to see if you see one. If you are involved in community sports, look around to see if there is an AED nearby.
- If you witness a person experiencing a SCA: First, remain calm. Follow the links in the **Chain of Survival**:
 - ❖ Link 1: Early recognition
 - Assess child for responsiveness. Does the child answer if you call his/her name?
 - If no, then attempt to assess pulse. If no pulse is felt or if you are unsure, call for help "someone dial 911"
 - ❖ Link 2: Early CPR
 - Begin CPR immediately
 - ❖ Link 3: Early defibrillation (which is the use of an AED)
 - If an AED is available, send someone to get it immediately. Turn it on, attach it to the child and follow the instructions
 - If an AED is not available, continue CPR until EMS arrives
 - ❖ Link 4: Early advanced life support and cardiovascular care
 - Continue CPR until EMS arrives
- Lindsay's Law requires both the youth athlete and parent/guardian to acknowledge receipt of information about Sudden Cardiac Arrest by signing a form.

Sudden Cardiac Arrest and Lindsay's Law Parent/Athlete Signature Form



What is Lindsay's Law? Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. It covers all athletes 19 years or younger who practice for or compete in athletic activities. Activities may be organized by a school or youth sports organization.

Which youth athletic activities are included in Lindsay's law?

- Athletics at all schools in Ohio (public and non-public)
- Any athletic contest or competition sponsored by or associated with a school
- All interscholastic athletics, including all practices, interschool practices and scrimmages
- All youth sports organizations
- All cheerleading and club sports, including noncompetitive cheerleading

What is SCA? SCA is when the heart stops beating suddenly and unexpectedly. This cuts off blood flow to the brain and other vital organs. People with SCA will die if not treated immediately. SCA can be caused by 1) a structural issue with the heart, OR 2) a heart electrical problem which controls the heartbeat, OR 3) a situation such as a person who is hit in the chest or a gets a heart infection.

What is a warning sign for SCA? If a family member died suddenly before age 50, or a family member has cardiomyopathy, long QT syndrome, Marfan syndrome or other rhythm problems of the heart.

What symptoms are a warning sign of SCA? A young athlete may have these things with exercise:

- Chest pain/discomfort
- Unexplained fainting/near fainting or dizziness
- Unexplained tiredness, shortness of breath or difficulty breathing
- Unusually fast or racing heart beats

What happens if an athlete experiences syncope or fainting before, during or after a practice, scrimmage, or competitive play? The coach MUST remove the youth athlete from activity immediately. The youth athlete MUST be seen and cleared by a health care provider before returning to activity. This written clearance must be shared with a school or sports official.

What happens if an athlete experiences any other warning signs of SCA? The youth athlete should be seen by a health care professional.

Who can evaluate and clear youth athletes? A physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist, certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth to another health care provider for further evaluation.

What is needed for the youth athlete to return to the activity? There must be clearance from the health care provider in writing. This must be given to the coach and school or sports official before return to activity.

All youth athletes and their parents/guardians must view the Ohio Department of Health (ODH) video about Sudden Cardiac Arrest, review the ODH SCA handout and then sign and return this form.

Parent/Guardian Signature

Student Signature

Parent/Guardian Name (Print)

Student Name (Print)

Date

Date



5327 Hutchinson Road
Clermont Northeastern High School
home of the ROCKETS

Batavia, Ohio 45103

Phone: 513-625-1211

Fax: 513-625-3328

Sports Program Evaluation

Each area will be rated on a scale 1-4 (1=strongly disagree and 4=strongly agree)

*The coach promotes the “Rocket Way” in CNE Athletics _____

*The coach is an outreach of the classroom and cultivates self-discipline, moral values, and sportsmanship _____

*The coach follows the district approved chain of command _____

*The coach meets the duties and expectations as outlined in the coaching handbook _____

*The coach assumed responsibility of the equipment used by his/ her team and maintained proper care of facilities in use _____

*The coach ensured practices were well-organized, rigorous, and helped to build skill as well as game preparation _____

*The coach cooperated and worked to improve with all coaches MS/HS for the betterment of the Varsity team and overall well-being of the program. _____

*The coach met the paperwork duties as assigned and ensured the timely delivery of rosters, payments, and necessary paperwork to the HS secretary _____

*The coach met ALL end of season requirements as outlined in the Coaches Handbook _____

Principal

Mr. TJ Glassmeyer

glassmeyer_t@cneschools.org

Assistant Principal

Mr. Scott Houpp

houpp_s@cneschools.org

Athletic Director

Mr. David Colwell

colwell_d@cneschools.org



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*The coach has individual and team discipline and control at all times, including locker rooms, busses, etc _____

*The coach is making an attempt to improve professionally and continue to grow as a leader _____

*The coach and his or her staff models proper coaching behavior to include appropriate language during games and practices _____

*The coach demands the highest type of respect, good sportsmanship, character, and integrity from his/her athletes and coaches _____

*The coach was diligent in encouraging students to focus on academics first and is proactive in enforcing the expectations of the attendance policy _____

*The coach has created excitement about the program and is actively recruiting to increase participation _____

*Understands and cooperates with the rules set forth by Clermont Northeastern Schools, SBAAC, and OHSAA _____

*The coaches are challenging the players to get their best performance while being positive and not embarrassing or belittling athletes _____

*The coach cooperated with the AD and administrative staff to help prepare for contests and find necessary personnel to assist in game day operations _____

*The coach and team represented the district in a professional manner using appropriate language, cleaning up after themselves, and being overall good citizens _____

Principal
Mr. TJ Glassmeyer
glassmeyer_t@cneschools.org

Assistant Principal
Mr. Scott Houpp
houpp_s@cneschools.org

Athletic Director
Mr. David Colwell
colwell_d@cneschools.org



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*The coach is actively growing and looking to improve professionally each year_____

*Coach maintains good lines of communication with parents and the Clermont Northeastern staff in regards to eligibility, discipline, and school related events_____

*The coach is knowledgeable about the skills required for students to be successful in the sport_____

*The coach maintains positive rapport with athletic boosters, community members, and coaches of all levels including: CNEAA and Middle School_____

*The coach adapts his coaching style, plays, and game plans to the skills and strengths/weakness of his/her players_____

*Overall the coach has grown the program_____

Total Score _____/100

Evaluation Completed by: _____ Date: _____

Evaluation Completed for: _____

Principal
Mr. TJ Glassmeyer
glassmeyer_t@cneschools.org

Assistant Principal
Mr. Scott Houp
houp_s@cneschools.org

Athletic Director
Mr. David Colwell
colwell_d@cneschools.org



2020.2021 COACHING HANDBOOK

Revised May 2020

The Coaches Handbook has been revised in an attempt to coordinate and educate coaches on the philosophy, rules, guidelines, and procedures of the Athletic Department of the Clermont Northeastern Local School District.

As in any program involving the efforts of professional personnel, it is assumed they will bring to their positions skills acquired through training and experience, which will be utilized in accordance with the philosophy of Clermont Northeastern Local Schools. It is also assumed that the coach has a genuine and sincere interest in the development of ALL Clermont Northeastern students, with the understanding that the athletics program at CNE exists not for the coach, but for the student.

The information contained on the following pages will not cover every question or problem that may arise. All personnel involved must use common sense, prudence, and a sense of cooperation to solve unanticipated questions or problems.

I. PHILOSOPHY

The primary purpose of the athletic programs at CNE High School and Middle School is to promote the physical, mental, social, emotional, and moral well-being of the participants. It is expected athletics in our school will be a positive force in preparing youth for an enriching and vital role in society.

- Athletics should build school spirit.
- Athletics should develop, within the student athlete, the ability to function as part of a team and value the team above self.
- Athletics should guide students to have a common goal.
- Athletics should be a learning experience and be an extension of the classroom environment.

The Rocket Way:

Be Respectful,

Be Responsible,

Be Dedicated,

And Display Pride.

Our athletic programs are an integral part of the total school program and are open to all students. Through voluntary participation, the athlete gives time, energy, and loyalty to the program. He/she also accepts the training rules, regulations, responsibilities, and conduct code which are unique to the athletic program. In order to contribute to the welfare of the team, the athlete must willingly assume these obligations.

The role of a student athlete demands that the individual make sacrifices not required of other students.

The student athlete should be committed to the Clermont Northeastern Athletic Program.

In addition to the Rules and Regulations for Students at CNE High School and Middle School, all athletic team participants are also governed by the "Clermont Northeastern Local Schools Athletic Handbook."

A student athlete in the athletic program is a representative of the Clermont Northeastern Local School District. A student athlete's conduct reflects upon his/her fellow team members, coaches and the

District. Conduct which is deemed embarrassing to the athletic program or the Clermont Northeastern Local School District shall be considered grounds for denial of participation from a team or the athletic program.

The Coaches Handbook has been revised in an attempt to coordinate and educate coaches on the philosophy, rules, guidelines, and procedures of the Athletic Department of the Clermont Northeastern Local School District.

Clermont Northeastern High School and Clermont Northeastern Middle School are members of the Ohio High School Athletic Association and the Southern Buckeye Athletic & Academic Conference. The Clermont Northeastern Local School District is proud to offer the following programs:

HIGH SCHOOL

BOYS

AQT
Football
Cross Country
Soccer
Golf
Bowling
Basketball
Wrestling
Baseball
Tennis
Track

GIRLS

AQT
Cross Country
Soccer
Volleyball
Bowling
Tennis
Basketball
Softball
Track
**Coed Cheerleading
(football and basketball)

JUNIOR HIGH

BOYS

Football
Cross Country
Basketball
Co-ed Golf
Wrestling
Track

GIRLS

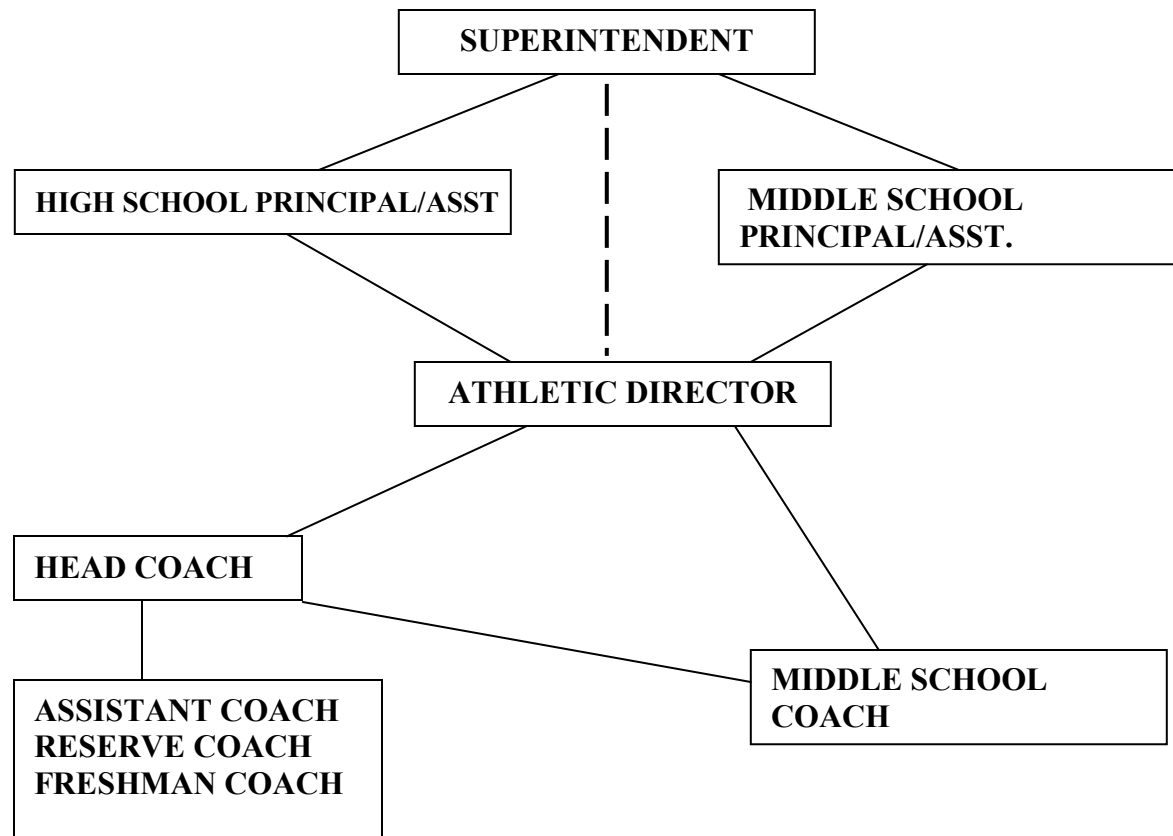
Cross Country
Volleyball
Basketball
Co-ed Golf
Track
**Cheerleading
(football and basketball)

All coaches shall conduct their athletic programs according to the spirit, as well as the letter, of the OHSAA regulations and bylaws; and the SBAAC rules and regulations.

Athletics should be a real life experience, aimed at providing a healthy, safe atmosphere, conducive to the growth of the individual. This experience should promote and develop the competitive spirit, as well as, foster the psychological, emotional, and physical growth of the participants.

To coach is to teach, therefore, sports should be an outreach of the classroom, aimed at cultivating self-discipline, moral values, and sportsmanship. The efforts of every coach should be centered around a concern for the athlete and the athletic program.

II. CHAIN OF COMMAND AND ADMINISTRATIVE ORGANIZATION



A.ATHLETIC DIRECTOR

The athletic director shall be in charge of the supervision of the entire athletic program. The athletic director will work with the building principals in developing all aspects of the athletic program and will represent the school to the athletic booster club.

B.BUILDING PRINCIPALS

The school athletic programs shall be under the direction of the respective building principals, in accordance with the procedures and policies that may be established by the Clermont Northeastern Board of Education, the OHSAA and the SBAAC.

The building principal may delegate responsibilities and duties to those who serve as coaches in his/her building.

C.HEAD COACH

It will be the duty of the head coach in each sport to conduct that sport in keeping with the board adopted duties and responsibilities, the OHSAA regulations and bylaws, the SBAAC rules and regulations, this coaching handbook and the Clermont Northeastern Local Schools Athletic Handbook.

The head coach will be responsible for the total development of his/her program, including the youth programs associated with his/her sport. This will be accomplished in close cooperation with the athletic director and building principal. In sports that require assistant coaches, reserve coaches, freshman coaches, and junior high coaches, the head coach will call staff meetings to coordinate the program in that sport. These meetings will be called at such times that will not interfere with school duties.

Head coach expectations:

- Shall display the ability to motivate players, teach necessary skills, organize effective, efficient practices, and develop "game plans" that will continually provide the best opportunity for his/her team to be competitive.
- Will develop lines of communication with administrators, assistant coaches, players, and parents.
- Will develop lines of communication with his/her building staff members, parents and media outlets.
- Shall prepare the members of his/her staff to properly represent the district in all phases of the athletic program.
- Will assume responsibility for the equipment used by his/ her team and also see to the proper care of all facilities used by his/her teams; with the exception of middle school teams, in which case, the middle school coach assumes the responsibility.
- Will create high expectations of their players to be early to practice and games, work hard, and leave facilities better than they found them.(Home and Away) .
- May delegate some of his duties to assistant coaches in his/ her program; however, the head coach is ultimately responsible for all aspects of the entire program.
- Shall have input into the process of hiring, evaluating, retaining or dismissing members of his/her staff. However, the final authority lies with the athletic director and building principal.
- Will maintain accurate statistics and report scores to media outlets to be available for next day publishing.
- Are expected to be prompt and attend all contests.
- Ensure that practices are well organized, rigorous, and help to build skill as well as game preparation. Guarantee supervision for athletes who stay after school.
- Create a consistent dress code for home and away contests. Dress code needs to be neat and clean and followed throughout.
- Shall exemplify, through his/her own personal speech and actions, the highest type of good sportsmanship, character, and integrity.
- Will demand the highest level of respect, good sportsmanship, character and integrity from his/her athletes and coaches.

D.ASSISTANT COACH

Assistant coach will be used to refer to any coaching position below head coach, including middle school coaches.

The assistant coach will conduct the sport in keeping with the board adopted duties and responsibilities, the OHSAA regulations and bylaws, the SBAAC rules and regulations, this coaching handbook, and the Clermont Northeastern Local Schools Athletic Handbook.

The assistant coach will cooperate, in every way possible; to see the regulations pertaining to the duties and responsibilities of the head coach are carried out.

The assistant coach will be available for practice and staff meetings at such times as the head coach deems advisable. In the case of football, volleyball, cross country, and soccer, this includes practices prior to the start of the school year. For winter sports, practices may be held during Christmas vacation; for spring sports, practices may be held during spring vacation.

Assistant coach expectations:

- Is expected to be loyal to the head coach and the entire CNE Athletic program.
- The assistant coach should be involved in the process of creating harmony and cooperation through his/her actions and decisions.
- Should follow the direction of the head coach as to what skills and techniques to emphasize and what styles of offenses and defenses to teach.
- Is encouraged to keep as many individuals involved in the program as possible. Building interest and teaching fundamentals while developing a competitive attitude should be the primary objectives.
- Shall enhance his/her knowledge of the game. He/She should be willing to share and listen to new and different ideas and approaches to the game. Scouting opponents, clinics, camps, books, and periodicals are all avenues that provide the opportunity for growth.
- Shall exemplify through his/her own personal speech and actions the highest type of good sportsmanship, character, and integrity.
- Will create high expectations of their players to be early to practice and games, work hard, and leave facilities clean(Home and Away) .
- Will demand the highest levels of respect, good sportsmanship, character and integrity from his/her athletes and coaches.

III. PAPERWORK DUTIES OF THE COACH

Coaches are to prepare a handbook for their sport which contains rules and expectations for student athletes in their respective sport. The handbook shall contain, at a minimum, the following:

- board adopted “**ATHLETIC HANDBOOK**”
- requirements to earn a varsity letter in your sport
- your rules, regulations, and expectations of behavior, including attendance requirements and consequences for missed practices and games.
- statement making the athlete aware that he/she is responsible for all his/her personal items, as well as school issued items, even if the items are stolen from a locked locker
- statement about social media expectations and consequences
- a contract page which will be signed by the athlete and the athlete's parents or guardians, indicating they have read and will adhere to the rules and regulations of your team, the CNE Local Schools Athletic Handbook and they understand the potential consequences of a violation. The signed contract is to be kept on file in with the head coach.

All coaches must require all participants to complete the following form on Final Forms

BEFORE THE FIRST PRACTICE:

- (A) properly completed physical form and OHSAA Authorization Form
- (B) Parent / Athlete Handbook Contract, Participation Permission, Insurance Waiver & Concussion Awareness Form
- (C) properly completed emergency medical form (Coach keep this)
- (D) Lindsay’s Law (Sudden cardiac arrest) form
- (E) Completed all other items on Final Forms
- (F) Have no outstanding issues with fees or uniforms

A. OHSAA required Physical Examination form and OHSAA Authorization Form.

- All candidates for CNE High School and Middle School athletic teams and cheer squads must have a physical examination before they are permitted to engage in tryouts, conditioning or practice.
- Athletes can pick up an OHSAA Physical Examination form from the sport coach, Athletic Director or High School Office. They may also go to the athletic department website and print a copy of the form.
- A completed OHSAA Physical form is good for one calendar year. One examination will suffice for all sports.
- Completed physical forms are to be kept in the Athletic Director's office

B. Parent / Athlete Handbook Contract, Participation Permission, Insurance Waiver & Concussion Awareness Form

- All candidates for CNE High School and Middle School athletic teams and cheer squads must hand in a Waiver of Insurance, which has been signed by the parents or guardians and the athlete.
- All candidates for CNE High School and Middle School athletic teams and cheer squads must have an Ohio Department of Health concussion information sheet signed by the athlete and parent/guardian.
- This form shall be kept on Final Forms.
- This form shall be good for one school year

C. Emergency Medical Forms

- All Candidates for CNE High School and Middle School athletic teams and cheer squads must complete emergency forms on Final Forms which has been properly filled out and signed.
- The emergency medical form is to be kept by the coach.
 - Coaches are to carry the E.M.F. with them to every contest.
 - The coach will need an E.M.F. for **ANY** student that travels with the team.

At the end of the season, each varsity coach is to provide the athletic director with:

- A copy of the team's schedule, indicating the won-loss record, as well as the scores of each contest.
- teams that are comprised of individual competition, i.e. tennis and wrestling, should also indicate the won-lost record of each individual.
- in track, the coach should indicate the team record, as well as league winners, placers, and post-season qualifiers.
- Individuals who have failed to return school issued equipment.
- team and individual statistics that are pertinent to the sport.

D. Rosters

- Coaches are responsible to communicate ALL roster changes to the high school secretary and athletic director.
- Rosters need to be submitted once finalized and as updated.
- Rosters should be completed digitally using the provided roster template.
- If an athlete quits, moves, or needs to be removed from a team this communication must happen.

E. Final Forms

- Coaches are responsible to communicate with athletes and parents through Final Forms. Athletes need to be all “green” before they are allowed to participate.
- Coaches are responsible for editing their players on Final Forms and separated between teams.
- Coaches will ensure anyone who is planning to play be registered on final forms. If an athlete is showing up to practice they must be signed up on final forms.

F. Fees and Uniforms

- Athletes who have not returned equipment from previous sports shall not receive a uniform for the next sport.
- Students with extreme outstanding fees the coaching staff needs to check with administration if they are allowed to continue participating.

IV. ATHLETIC FEES

\$100 per student annually

V. PURCHASE AND CARE OF EQUIPMENT

- **NOTHING** is to be purchased without the prior approval of the Athletic Director. If something is purchased without prior approval of the athletic director, the coach shall be

financially responsible.

- The care, cleaning, repair, and storage of all athletic equipment will be under the direction of the head coach of high school teams and the middle school coach of middle school teams.
- Any athlete who does not return all items of equipment issued to him/her shall be required to make monetary restitution prior to participating in the next athletic season. Coaches must communicate missing items with the athletic director.
- The coach is responsible for seeing that all equipment is returned in good condition.
- Each head coach or designee will prepare and turn in an inventory of equipment and a separate "needs" list for his/her sport for the next season. The "needs" list should include new equipment, supplies, and miscellaneous needs. The inventories and "needs" lists are to be turned in to the athletic director within two weeks of the conclusion of your season

VI.COACHING ASSOCIATIONS/COACHING CLINICS

- Coaches are encouraged to participate in Southwest District professional associations. This expense will be covered by the athletic department. Varsity Head Coaches are expected to attend meetings in order to promote players and the school program. Communicate with the athletic director before payment is made!
- Coaching Clinics and professional development is an expectation for growth for the coaching staffs.
- The athletic department will provide funds, when available, to cover some expenses directly related to the clinic.
- It should be noted that the athletic department's ability to fund clinics at these levels may vary from year to year.

VII.TRANSPORTATION

- Athletic teams will travel by bus whenever possible, feasible, and affordable.
- Bus policy requires that a board approved coach or the building principal's designee accompany the team on the bus.
- Coaches are required to have an EMF for all students riding on the bus.
- Coaches shall require athletes to follow rules for bus safety and should cooperate with the bus driver in implementing "bus rules".
- Teams must have a completed seating chart with them on the bus trip.
- Only team members, cheerleaders, stats people, managers, coaches, or others designees of the principal may ride on the bus. People who are not covered by the school district's insurance will not ride the bus.
- All athletes and team personnel are expected to ride the bus to all games.
- Coaches may allow athletes to return home from an away contest with their parents, only after the coach has the parent or guardian fill out the proper sheet, and informed the coach they are leaving.
- Any team traveling to an away contest, by any means other than a bus, must receive clearance from the athletic director or principal.

VIII. AWARDING OF A VARSITY LETTER

The following criteria will be used to determine if an athlete has earned a varsity letter.

- BASEBALL - participate in half of the games played; or one-fourth for a pitcher
- BASKETBALL - participate in ½ of total regular season quarters played
- CROSS COUNTRY – participate the entire season and complete in good standing
- FOOTBALL - participate in 20 quarters of a ten game season
- GOLF - participate in half of the total matches played
- SOCCER - participate in half of the total halves played
- SOFTBALL - participate in half of the games played
- TENNIS - participate in half of the total matches played.
- TRACK - score a season total of at least 15 points
- VOLLEYBALL - participate in half of the total games played.
- WRESTLING – participate in half of the allowed team point total, or participate in the conference and sectional tournaments.
- The athlete must complete the season in good standing as a member of the team.
- If an athlete does not meet the criteria for the specific sport, the coach may ask the rule to be waived in a special case. The athletic director will decide the merits of the coach's request.
- High School athletes will receive their freshman or reserve awards simply by completing the season in good standing as a member of the team.
- Middle School athletes will receive their certificate of participation and specific “N” simply by completing the season in good standing as a member of the team.

IX. ATHLETE SCHOOL ATTENDANCE

- To participate or be present at an athletic contest or engage in a practice session, students must be present for 60% of their regularly scheduled instructional day. For a traditional 7-period day this is in before 10:20am, and must stay until 10:40 am. Special circumstances such as funerals, doctors notes, and school sponsored trips may be granted exceptions by school administration.

The building principal or athletic director may permit attendance or participation if approved for a just cause. (college visit, court, funeral, doctor’s appointment, post-secondary students, etc.)

- It is the expectation that coaches are emphasizing and reinforcing attendance requirements. Coaches should be diligent in gaining information about student attendance and enforcing rules.
- The head coach shall be responsible for enforcing this policy. The high school attendance secretary will prepare these reports daily and email to coaches school email accounts.

X. EXCUSING ATHLETES EARLY TO PARTICIPATE IN ATHLETIC CONTESTS

All home contests must be scheduled so that it will not be necessary for anyone to miss school time in order to participate; unless the contest is to be an assembly for all students to attend.

When it is necessary to excuse athletes for an away contest, the following procedures should be followed by the coach:

- Request permission for the athletes and support personnel to be excused early from the athletic director.
- provide a list of names of all students involved to all teachers at least two days prior to the contest.
- Arrange, in advance, to have students make up homework.

School time lost to athletics should be kept to a minimum.

XI. CARE OF ATHLETES' VALUABLES

Though the school cannot accept the responsibility for the athlete's valuables, the coach should set up a procedure to safeguard the valuables of team members, both at practices and games.

Coaches can help in the process by:

- providing a place for athletes to store valuables.
- encouraging athletes to keep items in their lockers and their lockers padlocked.
- provide needed supervision in the locker room.
- keep athletes together from beginning to end; don't let them filter in and out; a coach should always be in the vicinity if even one athlete is in the locker room.

XII. OUT OF SEASON CONDITIONING. WEIGHT TRAINING. AND OPEN GYM

- Coaches should not allow "in sport" athletes to participate in open gyms of a different sport.
- Coaches are expected to stay abreast of current OHSAA bylaws pertaining to these activities.

- Coaches shall not require attendance at out-of-season activities as a prerequisite to be a candidate for an athletic team; nor can a coach keep attendance at such activities and prescribe punishment for failure to attend.
- A board approved coach must be in attendance to supervise such activities
- The board approved coach will monitor those in attendance at **ALL** times.
- Coaches shall give athletes who have just completed a sports season **A MINIMUM OF THREE SCHOOL DAYS** to rest, recuperate, and relax before beginning a new sports season.
- The coach will not hold this period of time off against the athlete.
- The coach in charge shall be responsible for the athletes, the equipment, and the building at all times. His/her sport will assume financial responsibility for damage that may occur.

XIII. SCHEDULING OF FACILITIES

All persons planning to use the athletic facilities must schedule them in advance with the athletic director. The Athletic Director shall be informed of any changes to the prior approved schedules.

In order to minimize conflicts among athletic groups, and other school activities, a schedule will be worked out by the athletic director.

The head coach or person in charge of the scheduled activity is responsible for seeing to the following:

- permission to use the facility has been secured from the Athletic Director
- individuals or groups are not permitted to use school facilities unless they have the direct supervision of a board approved coach.
- all equipment must be put away immediately after the activity is finished.
- proper safety precautions must be observed.
- persons in street shoes are not allowed on the gymnasium floor, except for specified, approved activities.
- persons should not be permitted to leave the group and roam the building.
- boisterous and unsafe activities in the locker room are not permitted.
- lights must be turned off, the showers checked, and outside doors locked when finished.
- the coach or person in charge is to be the last person to leave the building.

The coach in charge must remember, he/she is responsible for the athletes, the equipment, and the building at all times. His/her sport will assume financial responsibility for damage that may occur.

XIV. GAME PREPARATION

- In order to conduct a home athletic contest, close coordination between the coach and the Athletic Director is necessary.
- In contests where no admission is charged, the responsibility for game preparation rests with the coach.
- In contest, where an admission is charged, the Athletic Director and/or events coordinator are responsible for the supervision of personnel necessary for the production of an athletic contest, such as ticket sellers and ticket takers, police security, and the band boosters will conduct the concession stand.
- It is the expectation that the sport specific teams will assist the athletic director in recruiting volunteers to run the clock/scoreboard, and announce. If volunteers cannot be found to announce. If announcers cannot be found this service will not be provided.
- In sports that require extra hands on the field (i.e. soccer balls retrievers and chain gang) the team may be required to create a rotation of volunteers with parents if necessary.
- Coaches of sports where admission is charged will help in the physical set up and game day preparation of the gym and/or athletic fields.
- Coaches are responsible for making sure that bench areas and facilities are cleaned after each game/practice. It is the expectation that indoor sporting events clean their bench area before exiting to the locker room.
- Those coaches who hold invitational tournaments in their sports will assume a large share of the preparation, paperwork, organization, and management of the event. Out of season events are the sole responsibility of the coaching staffs.

XV. SCHEDULING CONTESTS

- Many factors must be considered in the development of an athletic schedule. The proposed opponent's philosophy of athletics, relations with other schools, proper level of competition, anticipated revenues, playing dates, travel, other school and community functions, etc. must be taken into consideration.
- The schedule should reflect the combined interests of the school administration, athletic director, coaches, and community.
- Coaches are responsible for scheduling all scrimmages and out of season events. These events need to be communicated to the athletic director if officials or bussing is to be scheduled.
- After taking the above factors into consideration, the schedule will be completed through the cooperative efforts of the coach and athletic director, the final decision on the schedule rests with the athletic director and building principal.

XVI. MULTIPLE SPORT COOPERATION

- The success of the Clermont Northeastern Athletic Program depends upon the spirit of cooperation which shall exist among all coaches associated with the Clermont Northeastern Athletic program.
- Coaches shall encourage athletes and students to play multiple sports.

XVII. DUAL SPORT ATHLETES

Any student who is participating in two sports in the same season must sign a form indicating their primary sport in case of a scheduling conflict. This form will be available in the athletic director's office. This form must be signed by the parent, head coaches involved and the athlete. The form will be turned into the athletic director prior to the first contest of either sport.

- Coaches of dual sport athletes shall follow the following guidelines when a conflict arises. If the following doesn't allow for a resolution, the Athletic Director will provide a solution.
- Practice time in the primary sport takes priority over practice time in the secondary sport. Coaches should be agreeable to let athletes get some practice time in both sports.
- SBAAC competition, in either sport, shall take priority over practice time or non-league competitions.

XVIII. FINANCES

- All financial transactions and expenditures will be conducted by the Athletic Director.
- All coaches must share the responsibility for helping the athletic department live within its income. Each head coach and junior high coach should keep the Athletic Director advised of anticipated needs.
- Each head coach or designee will prepare and turn in an inventory of equipment and a separate "needs" list for his/her sport for the next season. The "needs" list should include new equipment, supplies, and miscellaneous needs. The inventories and "needs" lists are to be turned in to the athletic director within two weeks of the conclusion of your season.
- Any funds received for "Athletic Fees" received by the Coach will be given to the High School Secretary within 24 hours of receiving.

XIX. ATHLETIC HANDBOOK

Coaches shall provide each team member with a copy of the athletic handbook. All board approved coaches shall enforce the policies of the coaching handbook, the athletic handbook as well as the Clermont Northeastern Student Code of Conduct.

NOTE:

Policies of the Coaching Handbook take effect May 21st, 2020

Board adopted Athlete Handbook in May 2020



Special Transportation Request
2020-2021 School Year

I, _____ give permission
to my son/daughter _____ to ride with
a parent/friends/coach to certain away sporting
events during the 2020-2021 school year.

Communication of these events will occur based on
recommendation of the Head Coach to the Athletic
Director. Only events approved by the Athletic
Director or Principal will be granted special
transportation privileges.

Approved Family/Friends/Coach to Transport:

Parent/Guardian Signature: _____

Date: _____

HS Principal
Mr. TJ Glassmeyer
glassmeyer_t@cneschools.org

Athletic Director
David Colwell
colwell_d@cneschools.org

MS Principal
Mrs. Laura Nazzarine
nazzarine_l@cneschools.org



Adult/Student Transportation Form

On behalf of the Athletic Department, it is the expectation when transportation is provided for an athletic event, all student athletes will take advantage of transportation provided to an athletic event. In the event a parent/guardian is requesting to transport their child to an athletic event, or allow the athlete to provide their own transportation when transportation is being provided this form must be completed and returned to the coach twenty-four hours prior to the event for school approval.

School _____

Sport _____

☐ Boys

☐ Girls

Level ☐ MS ☐ JV ☐ Varsity

Event _____

Date(s) _____

Location(s) _____

Parent/Guardian Name _____

Student Athlete Name _____ Student Grade _____

As the parent/guardian of the above listed student athlete, I agree to transport said student athlete to the listed athletic event, or allow them to drive themselves. I do understand that this release form only entitles me to transport my own son/ daughter. I will not transport any student athlete other than my own child.

Print Parent/Guardian Name Transporting Student Athlete

Relationship

Signature of Parent/Guardian Transporting Student Athlete

Date

Phone Number

Signature of Head Coach

Date

Signature of School Athletic Director

Date



CNE Athletic Department Parent/Guardian Transportation Request Form

On behalf of the Athletic Department, it is the expectation when transportation is provided for an athletic event, all student athletes will take advantage of transportation provided to an athletic event. In the event a parent/guardian is requesting to transport their child to an athletic event when transportation is being provided this form must be completed and returned to the coach twenty-four hours prior to the event for school approval.

School _____

Sport _____

☐ Boys

☐ Girls

Level ☐ MS ☐ JV ☐ Varsity

Event _____

Date(s) _____

Location(s) _____

Parent/Guardian Name _____

Student Athlete Name _____ Student Grade _____

As the parent/guardian of the above listed student athlete, I agree to transport said student athlete to the listed athletic event. I do understand that this release form only entitles me to transport my own son/daughter. I will not transport any student athlete other than my own child.

Print Parent/Guardian Name Transporting Student Athlete

Relationship

Signature of Parent/Guardian Transporting Student Athlete

Date

Phone Number

Signature of Head Coach

Date

Signature of School Athletic Director

Date

Student Athletic Fee Waiver Form



As part of the budget for the 2020-21 school year, the Clermont Northeastern Board of Education approved an annual athletic fee of \$100 for middle and high school athletes (7-12). The fee is charged once annually, regardless of the number of teams on which the student is a member.

We realize there are some families with unique circumstances and the athletic fee may be a financial burden. If you feel you are unable to pay the student athletic fee due to family financial hardship, you are encouraged to complete the attached waiver form and submit an appeal for a waiver to the school administration.

Return the completed form, prior to the fourth day of practice, to your school's Athletic Director.

In order to receive a uniform this form must be filled out, or payment made.

Student Athletic Fee Waiver Form



Name of Student: _____

Student ID Number: _____ School: _____

Parent/Guardian Name: _____

Check the box below that best matches your household size and circle yearly (or monthly) income:

Check	Household #	Yearly Income Less Than		Monthly Income Less Than
<input type="checkbox"/>	2	\$30,044	OR	\$2,504
<input type="checkbox"/>	3	\$37,777		\$3,149
<input type="checkbox"/>	4	\$45,510		\$3,793
<input type="checkbox"/>	5	\$53,243		\$4,437
<input type="checkbox"/>	6	\$60,976		\$5,082
<input type="checkbox"/>	7	\$68,709		\$5,726
<input type="checkbox"/>	8	\$76,442		\$6,371

☐ We would like to be considered for a waiver based on family financial circumstances. (Complete and submit a waiver appeal to the school administration)

Please describe the reasoning and explanation for your financial hardship.

As parent or legal guardian of the student named above, I affirm the information provided on this form is accurate.

Parent/Guardian Signature: _____ Date: _____

For additional information about athletic fees contact your school's athletic director @
colwell_d@cneschools.org, or contact the CNE Department of Athletics at
513-625-1211 Ext. 115

Clermont Northeastern Local School District
Home School and Non Public School Extracurricular Activity Application
(2020-2021 School Year)

Date _____ Grade Level for 2019/20 School Year _____

Name of Student _____

Parent/Guardian's Name _____ Phone Number _____

Address _____ City _____ Zip _____

Please Note: it is mandatory that you attach some type of proof of residence (lease agreement, utility bill, voter registration card, deed, or settlement) when applying for extracurricular activity participation)

Student Birth Date: _____

School Student Currently Attends _____ Date of Enrollment _____

Address of Current School _____ Phone Number _____

School District of Residence _____ Building _____

Please List All Sports and Activities Interested in _____

In accordance with the Ohio High School Athletic Association or OHSAA, student athletes must meet certain academic and other requirements. Please provide proof of the following.

- Student must have passed a minimum of 5 courses (rated 1 credit or higher) in the most recent grading period. (A report card or other similar official document verifying student's academic progress)
- Students may not turn 15 before Aug. 1 to be eligible for middle school sports, or 19 before Aug.1 to be eligible for high school sports. (Birth Certificate)

Other requirements that must be met before athletic participation may begin.

- Student must have had a physical examination performed by a medical doctor within the past year. (School must have a copy on file)
- Student and parents must register and complete all necessary athletic forms on Final Forms.
- Student and their parent/guardian must read (and sign) the Clermont Northeastern Athletic Department's Student Athlete Handbook.
- Completion of the Clermont Northeastern Local School District's Emergency Medical Form.
- Upon the completion of tryouts, if the student makes a team, athletic fees must be paid in full, this year the fees are \$100 annually.

I certify that all information contained in this application is true and complete, and I understand that the falsification of any of the above information will void this application and/or the enrollment of my child in the Clermont Northeastern Local School District for the purpose of extracurricular activities.

Signature of Parent/Guardian _____ Date _____

FOR OFFICE USE ONLY

Received by: _____ Title: _____

Date: _____ Time: _____

Signature of Building Principal _____

Approved _____ Rejected _____ Reason(s) _____

Superintendent _____

Clermont Northeastern Local Schools



Drug, Alcohol, and Tobacco Policy for
Athletics, Band, and Extracurricular Activities

It is the belief of Clermont Northeastern Schools that there is no such thing as responsible use of controlled substances/mood-altering chemicals, alcohol, or tobacco by any student. Adolescent use is not only against the law, it jeopardizes the student's health and safety, and it inhibits the attainment of individual potential. Therefore, any use of controlled substances/mood-altering drugs, alcohol, or tobacco by student athletes is prohibited.

It is further believed that participation in Athletics, Band, or extracurricular activities is a privilege, not a right. Therefore students who participate in after-school activities will be held to a higher standard for conduct and behavior.

This policy applies to:

- A. Student-Athletes
- B. Members of the Band
- C. Extracurricular activities other than athletics

Violations of Drug, Alcohol, and Tobacco Policy

A student-athlete, band member, or student participating in extracurricular activities who engages in off-campus drug, alcohol, or tobacco use will be subject to the following procedures and penalties:

Procedures

1. The Administration will conduct an investigation and gather information.
2. Based on the results of the investigation the Administration may issue activity/game suspensions.
3. The High School Administration will notify the parents and guardians of any activity/game/performance suspensions.
4. Students will not be penalized academically for off-campus drug, alcohol, or tobacco use.
5. The Administration is defined as the Principal, Assistant Principal, or Athletic Director.

Penalties

First Offense

- The student will be denied participation in 20% of the regularly scheduled games, performances, or activities.
- The student will make an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Department of Health or the

Ohio Department of Alcohol and Drug Addiction Services) for a chemical dependency assessment and then follow the recommendations of the counselor. The parent/guardian/custodian is responsible for all expenses and for providing the Administration with documentation that the student completed all recommendations made by the counselor. The student will not be permitted to return to games, performances, or activities until this has been completed.

- In order to be reinstated the student would need to submit a clean drug test at the expense of the parent/guardian/custodian.
- The student may be permitted to participate in practices but is not able to travel with the team/band to games/performances.

Second Offense

- The student is denied participation for one calendar year.
- The student's penalty may be reduced to 6 months if: The student makes an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Department of Health or the Ohio Department of Alcohol and Drug Addiction Services) for a chemical dependency assessment and then follow the recommendations of the counselor. The parent/guardian/custodian is responsible for all expenses and for providing the Administration with documentation that the student completed all recommendations made by the counselor.
- In order to be reinstated the student would need to submit a clean drug test at the expense of the parent/guardian/custodian.
- Students are not permitted to participate in practices or travel with the team/band to games/performances.

Third Offense

- The student is permanently denied participation in athletics, band, or extracurricular activities.

Violations are accumulative throughout the student's school career.

Self-Referral

- A self-referral is not to be used as a means of avoiding the consequences of a code violation.
- Code violations already reported or pending violations cannot be self-referred.
- This procedure may only be used ONE time during a student's Clermont Northeastern Schools academic and athletic career by the student or by the parent of the student, in order to seek help for their problem.
- A self-referral must be reported the next school day after the occurrence.
- A student cannot be self-referred if police intervention has taken place.
- A self-referral to an administrator must be initiated by a student-athlete or parent of a student athlete and may not occur as a result of information from another source.
- The principal and/or principal designee reserves the right to make final determination concerning acceptance of a self-referral.
- This self-referral will still be considered a first offense as far as the policy is concerned. The student athlete will not be denied participation for their sports season.
- A self-referral can only occur if no other rule violations have occurred within one calendar year.
- The student will make an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Department of Health or the Ohio Department of Alcohol and Drug Addiction Services) for a chemical dependency assessment and then follow the recommendations of the counselor. The parent/guardian/custodian is responsible for all expenses and for providing the Administration with documentation that the student completed all recommendations made by the counselor.

Drug and Alcohol Testing

The Clermont Northeastern Schools Drug Testing Policy was formed because of a concern that alcohol and illicit drugs may be used by Clermont Northeastern Schools students. The Clermont Northeastern Schools Board of Education desires to implement a policy which will attempt to provide this district with safe and healthful student programs. This policy reflects the Clermont Northeastern Schools Board of Education and the community's strong commitment to establish a truly drug and alcohol free school. Because of the pervasive nature of drug use in our local schools, Clermont Northeastern Schools, have selected student athletes, band members, students who participate in select extra-curricular activities, and students who, along with consent from their parents, volunteer to be tested, for inclusion in the testing pool. This policy applies to all athletes, band members and extracurricular activities from grades 7-12.

PURPOSE OF THIS POLICY SHALL BE:

1. To provide a healthy and safe environment to all students participating in the athletic and extracurricular programs.
2. To discourage all students from using drugs and alcohol.
 - a. Students will assume all responsibility for regulating their personal lives in ways that will result in their becoming healthful members of a team and worthy representatives of the school and community.
3. To provide students with the opportunity to become leaders in the student body for a drug free school.
4. To provide solutions for the student who does use drugs and alcohol.
5. To provide the school with positive guidelines and disciplinary policies for violations of the drug free policy.
6. To encourage those students who participate in athletics, drive to school, opt-in and extracurricular programs to remain drug free and alcohol free.

The program does not affect the current policies, practices, or rights of the District regarding student drug and/or alcohol possession or use, where reasonable suspicion is established by means other than drug testing through this policy. The drug testing policy is designed to be non-punitive.

Students involved in extra-curricular activities need to be exemplary in the eyes of the community and other students. The drug testing and education policy is designed to create a safe, drug free environment for students and assist them in getting help when needed. Although students risk the loss of continued participation in extra-curricular activities, a student

may be suspended or expelled from school as a result of any certified "positive" test conducted by his/her school under this program.

Students will not be penalized academically for testing positive for banned substances that occurred outside of school as determined by a thorough investigation.

Any student in grades seven (7) through twelve (12) and his/her parent(s) or legal guardian(s) must first sign a drug testing registration/consent form in order to be eligible to participate in any one (1) or combination of the following:

- A. Athletics
- B. Band – For the purposes of drug testing the Band will be considered “in-season” during the Fall Athletic Season.
- C. Extracurricular Activities other than athletics

DEFINITIONS

1. STUDENT ATHLETE

Any person participating in the Clermont Northeastern Schools athletic program and/or contests under the control and jurisdiction of the Clermont Northeastern Schools and/or the Ohio High School Athletic Association (OHSAA). This policy also includes cheerleaders and members.

2. EXTRACURRICULAR

Any activity of a competitive nature that does not involve a grade and is Board approved.

3. ATHLETIC SEASON

In-season start dates will begin as published by the Ohio High School Athletic Association or sanctioning organization and continue until the completion of awards program for that sport for the Clermont Northeastern Schools. There are three athletic seasons: Fall, Winter, Spring.

4. RANDOM SELECTION

A system of selecting students for drug and alcohol testing in which each student shall have a fair and equitable chance of being selected each time selections are required.

5. ILLEGAL/ILLICIT DRUGS

Any substance included in U.S.C. 802 (6), which an individual may not sell, offer to sell, possess, give, exchange, use, distribute, or purchase under State or Federal Law. This definition also includes all prescribed and over-the-counter drugs being used in any way other than for medical purposes in accordance with the directions for use provided for in the prescription or by the manufacturer. Tests may also include Nicotine and Steroids.

6. ALCOHOL

Any intoxicating liquor, beer, wine, mixed beverage, or malt liquor beverage as defined in the Ohio Revised Code Section 4301.01. The term “alcoholic beverage” includes any liquid or substance, such as “near beer” which contains alcohol in any proportion or percentage. The term “alcoholic beverage” does not include a substance used for medical purposes in accordance with directions for use provided in a prescription or by the manufacturer and in accordance with school district policy and rules related to the use of prescription and non-prescription drugs, provided the substance is a) authorized by a medical prescription from a licensed physician and kept in the original container, which shall state the student's name and directions for use or b) an over-the-counter medicine.

TYPES OF TESTING

1. TEAM TESTING

All eligible students will submit to urine and/or hair follicle drug and alcohol testing at the beginning of their season. The collection process will take place on school property or at a Board of Education approved testing facility. The Head Coach is responsible for ensuring that all student athletes and their parent/guardian/custodian properly sign the INFORMED CONSENT AGREEMENT prior to testing. Any student moving into the District shall be tested prior to the time he/she joins the team.

2. RANDOM TESTING

In-session random testing is done throughout the season. Clermont Northeastern Schools may have up to 20% of its eligible students tested per random selection. A student may be tested more than once per season and/or if there is reasonable suspicion of violation of the Drug Testing Policy. In the event of a positive result, the specimen will be sent to a laboratory for confirmation of results and a certified Medical Review Officer will determine the results.

a. Random selection of student athletes:

The Designated Personnel, under the Principal's supervision, will use a system to ensure that students are selected in a random fashion. This system may include computer generated random numbers or names or by pulling numbers from a pool of numbers equal to the number of eligible student athletes.

b. Scheduling of random testing:

Random testing will be unannounced. The day and date will be selected by the Designated Personnel and confirmed with the building administrator. Random testing may be done at any time.

3. DRUGS FOR WHICH STUDENTS MAY BE TESTED:

LSD, Alcohol, Marijuana, Amphetamines, Methadone, Anabolic Steroids, Methaqualone, Barbiturates, Nicotine (Tobacco), Benzodiazepines, Opiates, Cocaine, Propoxyphene (Darvon), or any substance included in U.S.C. 802 (6), which an individual may not sell, offer to sell, possess, give, exchange, use, distribute, or purchase under State or Federal Law. This definition also includes all prescribed and over-the-counter drugs being used in any way other than for medical purposes in accordance with the directions for use provided for in the prescription or by the manufacturer.

4. COLLECTION PROCESS (Urine and/or hair follicle screens)

The student will be notified to report to the collection site. A specimen from the student will be collected as follows and all students must follow this process:

All students must be identified by the Designated Personnel or Principal. No exceptions will be allowed.

Drug testing area must be secured during the testing.

Only lab technicians, designated school administrator and students will be witness to the test.

Privacy must be kept for all students.

The Designated Personnel is responsible for ensuring that all of the forms are completed and signed by both parent/guardian/custodian and student. No student is to enter the collection site until and proper identifications are completed.

When students arrive and cannot give a urine sample, they will need to start drinking water, pop or juice. After 36 oz. the human body will need to urinate.

No bags, backpacks, purses, cups, containers or drinks will be allowed to enter the collection area. All coats, vests, jackets, sweaters, hats, scarves or baggy clothing must be removed before entering the collection site. Only pants and t-shirts or dresses may be worn in the collection area. Any infringement of the rules will result in the student taking the test over.

Students processed by the lab technician who cannot produce a sample will be kept in a secured area to wait until they can test. If they leave this area they will not be allowed to test. They are not to have contact with anyone until after the sample is given.

Students will be asked to hold out their hands and a sanitizer will be put on their hands or will wash hands with water. The bathroom personnel will add a dye to the toilet.

Students will be asked to urinate directly into the collection cup given to them by the lab personnel. The lab technician will stand outside the stall and listen for normal sounds of urination.

Any and all adulterations of the specimen will be detected and considered the same as a test refusal or first time infraction. (The lab checks every sample for adulteration, such as additives you drink or add to urine to change the sample.)

Adulterations: We will treat adulterations and diluted samples as first time offenses. They are not called positives but have the same consequences. A retest will be required within 24 hours.

Any suspicion of tampering with the sample will be brought to the tester's attention. The sample will be screened or sent to the lab for immediate confirmation of tampering.

The sample must be taken in one attempt and be at least 30 ml in size. The student must hand the cup to the lab technician.

Students are not to flush the toilets or urinals. In the event that a student flushes the toilet he or she will be required to give a new sample immediately or the sample will be invalid.

With a student watching, the lab technician will recap the sample and hand it to the student who must then return it to the intake technician. In the event that the student does not hand the cup directly to the intake technician, the sample is invalid and a new sample must be taken. If the student leaves the collection area or has contact with anyone, the sample will be invalid and the student will have to give another sample.

This collection procedure is subject to change because of procedural requirements by the testing agency. The School Board reserves the right to change the collection procedure to coincide with the testing guidelines set forth by the testing agency.

When using rapid screens, all non-negative screens will be sent out with a chain of custody to a certified laboratory for confirmation. A Certified Medical Review Officer will verify the positive test.

Refusal to take any required drug test will be viewed as a positive test and penalties will be assessed as outlined below.

5. RESULTS OF A POSITIVE TEST

Any positive drug test results will be made known to authorized District Personnel and other District staff on a need-to-know basis. The Superintendent and/or building administrator who in turn will notify the parents/guardians/custodians and student. The student who is in violation of the District Drug/Alcohol Policy may be suspended for ten (10) days out-of-school if it is determined that the drug or alcohol use occurred on school property, during school hours and/or during school related activities. Within three (3) days or as soon as the investigation ends after suspension, a recommendation for expulsion will be made by the building administrator. The suspension may be reduced and/or expunged provided the student enters an approved counseling program and no further violations occur (administrators discretion). NOTE: In addition to the scheduled conference for eligibility, the student, his/her parents and activity advisor or coach are notified of the suspension pending expulsion hearing for violation of the District Drug/Alcohol Policy.

6. IF A POSITIVE TEST OCCURS AND IT IS DETERMINED THAT THE VIOLATION DID NOT OCCUR ON SCHOOL PROPERTY, DURING SCHOOL HOURS AND/OR DURING A SCHOOL RELATED ACTIVITY THEN:

First Offense

- The student will be denied participation in 20% of the regularly scheduled games, performances, or activities.

- The student will make an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Department of Health or the Ohio Department of Alcohol and Drug Addiction Services) for a chemical dependency assessment and then follow the recommendations of the counselor. The parent/guardian/custodian is responsible for all expenses and for providing the Administration with documentation that the student completed all recommendations made by the counselor. The student will not be permitted to return to games, performances, or activities until this has been completed.
- In order to be reinstated the student would need to submit a clean drug test at the expense of the parent/guardian/custodian.
- The student may be permitted to participate in practices but is not able to travel with the team/band to games/performances.

Second Offense

- The student is denied participation for one calendar year.
- The student's penalty may be reduced to 6 months if: The student makes an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Department of Health or the Ohio Department of Alcohol and Drug Addiction Services) for a chemical dependency assessment and then follow the recommendations of the counselor. The parent/guardian/custodian is responsible for all expenses and for providing the Administration with documentation that the student completed all recommendations made by the counselor.
- In order to be reinstated the student would need to submit a clean drug test at the expense of the parent/guardian/custodian.
- Students are not permitted to participate in practices or travel with the team/band to games/performances.

Third Offense

- The student is permanently denied participation in athletics, band, or extracurricular activities.

****Students will not be punished academically for off-campus drug or alcohol use that results in a positive drug or alcohol test.****

Violations are accumulative throughout the student's school career.

INFORMED CONSENT AGREEMENT

We hereby consent to allow the student named on the reverse side to undergo urinalysis and/or hair follicle testing for the presence of illicit drugs, alcohol, or banned substances in accordance with Policy and Procedures for Drug Testing of the Clermont Northeastern Schools District.

We understand that testing will be administered in accordance with the guidelines of the Clermont Northeastern Schools District Drug Testing Policy for students.

We understand that any urine and/or hair sample taken for drug testing will be tested only by a Board approved company.

We hereby give our consent to the company selected by the Clermont Northeastern Schools Board of Education, its employees, or agents, together with any company, hospital, or laboratory designated to perform urinalysis and/or hair follicle testing for the detection of drugs.

We further give our consent to the company selected by the Clermont Northeastern Schools Board of Education, its employees, or agents, to release all results of these tests to designated School District employees or agents. We understand that these results will also be available to us upon request.

I, the student, hereby authorize the release of the results of such testing to my parent/guardian/custodian.

We hereby release the Clermont Northeastern Schools Board of Education, its employees or agents from any legal responsibility or liability for the release of such information and records.

This will be deemed a consent pursuant to the Family Educational Rights and Privacy Act of 1974, 20 U.S.C. 1232g as amended, and the Ohio Revised Code 3319.321, for the release of the test results as authorized by the Informed Consent Agreement or as required by law.

We understand that if any portion of this Informed Consent Agreement and/or Policy is ruled to be illegal due to conflict with State or Federal law, the remainder of this Informed Consent Agreement and/or Policy shall remain in full force and effect.

CLERMONT NORTHEASTERN LOCAL SCHOOLS INFORMED CONSENT AGREEMENT

STUDENT NAME _____

GRADE _____

AS A STUDENT:

- I understand and agree that participation in activities is a privilege that may be withdrawn for violations of the Clermont Northeastern Schools Drug Testing Policy.
- I have read the Drug Testing Policy and thoroughly understand the consequences that I will face if I do not honor my commitment to the Drug Testing Policy.
- I understand that when I participate in any District approved program I will be subject to initial and random urine and/or hair follicle drug & alcohol testing, and if I refuse, I will not be allowed to practice or participate in any activities. I have read the informed consent agreement and agree to its terms.
- I understand this agreement is binding while I am a student in the Clermont Northeastern Schools system.

STUDENT SIGNATURE

DATE

AS A PARENT/GUARDIAN/CUSTODIAN:

- I have read the Clermont Northeastern Schools drug testing policy and understand the responsibilities of my son/daughter/ward as a participant in activities in the Clermont Northeastern Schools District.
- I pledge to promote healthy lifestyles for all students in the Clermont Northeastern Schools system.
- I understand that my son/daughter/ward, when participating in any athletic and/or curriculum related program, will be subject to initial and random urine and/or hair follicle drug and alcohol testing, and if he/she refuses, will not be allowed to practice or participate in any activities. I have read the informed Consent Agreement and agree to its terms.
- I understand this agreement is binding while my son/daughter/ward is a participant in athletics and/or curriculum related activities in the Clermont Northeastern Schools District.

PARENT/GUARDIAN/CUSTODIAN SIGNATURE

DATE

PARENT GUARDIAN/CUSTODIAN PRINTED NAME

PHONE NUMBER



2019-20 Edition

Eligibility Guide For Participation In High School Athletics

Published by the Ohio High School Athletic Association (revised 5/1/19)

Ohio High School Athletic Association Overview

Participating in your school's interscholastic athletics program will provide some of your most memorable and enjoyable moments ever. Since your school is a member of the Ohio High School Athletic Association, there are standards that must be met in order to be eligible to compete.

The essential eligibility requirements in this publication are **only a summary** of some of the regulations affecting student eligibility. OHSAA eligibility requirements are published in the *OHSAA Handbook*, which can be found in the offices of your principal, your athletic administrator and on the OHSAA website (www.ohsaa.org). Your school district also has the authority to establish additional eligibility standards, including academic and codes of student or athletic conduct.

Any questions you have concerning OHSAA standards or your athletic eligibility should be reviewed with your school principal or athletic administrator. **You should also meet with these administrators EVERY TIME before you change your course schedule or drop a course.** If you are a transfer student, you must ensure that you and your school administrators have submitted all forms, if applicable, to the OHSAA Office in Columbus.

The bylaws and regulations, including the eligibility standards, of the OHSAA are annually adopted by each member school as a required condition of membership within the Association. You are urged, as a student-athlete, to review these standards carefully since you are responsible for compliance with these standards.

Best wishes as you learn the valuable lessons that come with your participation in interscholastic athletics!

Student-athletes and parents have the opportunity to ask school administrators questions on OHSAA and school eligibility requirements, the school's Athletic Code of Conduct policy and other issues during preseason meetings that the OHSAA requires schools to hold no later than two weeks after the beginning of each sports season. Meetings should include showing a presentation prepared by the OHSAA that reviews key student eligibility issues, healthy lifestyles, sporting behavior, concussion management and sudden cardiac arrest.

OHSAA Regulations On Scholarship

In order to be eligible for the first grading period upon entrance into grade 9, you must have received passing grades in a minimum of five (5) classes in the immediately preceding grading period.

In order to maintain eligibility for grades 9-12, you must have received passing grades in a minimum of five (5) one credit courses, or the equivalent, in the immediately preceding grading period. In addition:

- Summer school, College Credit Plus and other educational options (e.g. work permitted after the conclusion of the grading period) may not be used to bring a student into compliance with scholarship bylaws, nor can they be used to compensate for lack of courses taken in the preceding grading period.
- Your semester or yearly grades have no effect on OHSAA eligibility (although they could, depending upon your school's official grading periods). OHSAA eligibility is dependent upon grades received in the immediately preceding grading period.
- Those taking postsecondary school courses, including College Credit Plus, must comply with OHSAA scholarship regulations.
- The eligibility or ineligibility of a student continues until the start of the fifth school day of the next grading period, at which time the grades from the immediately preceding grading period become effective. **Note:** Check with your principal or athletic administrator for the exact date that eligibility will be determined.

OHSAA Regulations On Semesters

After establishing ninth-grade eligibility, you are permitted only eight (8) semesters of athletic eligibility.

- The semesters are taken in order of attendance once ninth-grade eligibility has been established.
- Semesters are counted toward eligibility whether you participate in interscholastic athletics or not.
- There are exceptions to this regulation, so please arrange a meeting with your principal or athletic administrator to review these exceptions.

OHSAA Regulations On **Age**

When a high school student (grades 9-12) turns 20 years of age, he/she becomes ineligible for interscholastic athletics.

- There is an exception to this bylaw, so please arrange a meeting with your principal or athletic administrator to review this exception within Bylaw 4-2-1.

OHSAA Regulations On **Residence**

If your parent(s) or legal guardian live outside of Ohio, you are ineligible unless one of the exceptions to the residence bylaw is met. These exceptions to the out-of-state residency bylaws are found within Bylaw 4-6.

OHSAA Regulations On **Non-Enrolled Students**

Legislation permits non-enrolled students (home educated, non-public, community school, STEM students) to have participation opportunities at the public high school that the student would be entitled to attend under the tuition statute, i.e., the school located in the parents' residential district or attendance zone for multiple high school districts. There is an additional option for home-educated and non-public school students. If you are participating via this legislation, note that the language says you shall be given the "same opportunities" to participate – not greater opportunities – and that you must meet the same eligibility requirements as other students. In addition, once you establish eligibility at a high school, a transfer to a different high school means you may lose eligibility for interscholastic athletics for a period of time at your new school.

For more information on participation opportunities for non-enrolled students, go to the Eligibility section of the OHSAA website (www.ohsaa.org).

OHSAA Regulations On **Transfers**

Once your eligibility is established at a high school, a transfer to a different high school may mean you will lose eligibility for interscholastic athletics for a period of time at your new school. For the specifics on the period of ineligibility, visit www.ohsaa.org.

- If you are new to this school as a transfer student, all required paperwork must be submitted to the OHSAA by your school administrator, if applicable, and, depending on your situation, the state office may have to grant approval for eligibility. Immediate eligibility insofar as transfer is concerned will be granted only if one of the exceptions to the OHSAA transfer regulation has been met or if you have not participated in the sport within 12 months immediately preceding your transfer.
- To determine if you qualify for an exception or you have other questions on these regulations, arrange a meeting with your principal or athletic administrator. If questions remain, ask them to contact the OHSAA.

OHSAA Regulations On **International & Exchange Students**

If you are not a United States citizen, you are ineligible unless one of the exceptions to the International & Exchange student bylaw is met. These exceptions to the bylaw are found within Bylaw 4-8.

OHSAA Regulations On **Amateurism/Awards**

You may receive awards valued at \$400 or less from any source as a result from participation in any sport in which you are an interscholastic athlete. You may never accept cash awards, however.

You will lose your amateur status in a sport and forfeit your eligibility if you:

- Compete for money or other compensation.
 - Capitalize on your athletic fame by receiving money, merchandise or services.
 - Sign a contract or make a commitment to play professional athletics.
 - Receive services, merchandise or any form of financial assistance from a professional sports organization.
 - Compete with a professional athletics team even if no pay is received.
 - Enter into an agreement with a sports or marketing agent.
- Expenses for travel, meals and lodging may be accepted provided they are available to all participants and they are not contingent upon your team's and/or your finish. A form is available at www.ohsaa.org to maintain amateur status and must be submitted to the OHSAA.

OHSAA Regulations On **Recruiting**

You may be declared ineligible if you are recruited by a person or group of persons to transfer to or enroll in a high school for athletic purposes. This may include your transferring to a school at which one of your former school coaches has been hired. In addition, any attempt by you to recruit a prospective student-athlete for athletic purposes is also prohibited. A violation may also affect the eligibility of the school team.

OHSAA Regulations On **Open Gyms/Facilities**

School officials may designate open gyms/facilities, the sport to be played, the grade levels involved and may also limit participants to those from your school. You may participate in open gyms/facilities, but remember:

- No one from the respective school may be excluded from participating;
- No one shall be required to attend;
- No school officials may invite selected students or determine the teams;
- No school officials may transport students to or from either school or non-school facilities;
- No timing or written scoring may be kept, and
- No coaching or instruction may be provided.

The OHSAA may impose penalties against you, your school and/or your coach for violating these regulations.

OHSAA Regulations On False Information

If you compete under a name other than your own or provide false information in an attempt to establish athletic eligibility, you may immediately become ineligible.

OHSAA Regulations On Instruction

There are restrictions on the instruction you can receive from school coaches outside of your season. Some of these regulations are also different for team sports vs. individual sports. Before receiving instruction outside the season from your school coaches, visit www.ohsaa.org, go to the General Sports Regulations and review the section on Individual Skill Instruction to ensure all regulations are being followed. Some other key notes on these regulations:

- Besides during the season of your sport, school coaches may also provide team instruction for a maximum of 10 days between June 1 and July 31. This would include such activities as volleyball, field hockey, soccer, basketball, ice hockey, lacrosse, baseball or softball teams competing in tournaments or 'shootouts,' football teams participating in 7-on-7's, or coaches conducting or taking teams to instructional camps.
- Between August 1 and May 31 and outside defined "no contact periods," school coaches may also provide individual instruction outside the season of play. There are restrictions for team sports and some individual sports, so review the OHSAA's Individual Skill Instruction regulations to ensure all standards are being followed.
- Individual skill instruction from non-school coaches may be received in any sport by a squad member at any time in individual or group lessons *provided* that this instruction does not violate any Board of Education, school administrators' or coaches' policies.
- It is a violation if a coach suggests your participation in instructional programs outside the school season is mandatory.

OHSAA Regulations On Non-School Teams

If you compete on a non-school team or in non-school competition as an individual in the same sport during your school team's season (example: non-school soccer during the school's soccer season), you may lose eligibility. There are also certain restrictions regarding tryouts, practices and competitions with non-school teams before, during and after your school season. Before participating with a non-school team, visit www.ohsaa.org, go to the General Sports Regulations and review the sections on Non-School Programs/Teams to ensure all regulations are being followed. Some other key notes on these regulations:

- A member of an interscholastic squad in a team sport (baseball, basketball, field hockey, football, ice hockey, lacrosse, soccer, softball and volleyball) may not

participate in an athletic contest, tryouts or any type of team or group training or practices on or with a non-school squad in the same sport during the school's interscholastic season once you become a member of the school team. **This would include college teams and/or college tryouts.**

- In the individual sports of bowling, cross country, golf, gymnastics, swimming and diving, tennis, track and field and wrestling, however, you may practice and try out for a non-school team but **may not compete in a contest during your school season.**
- A member of an interscholastic squad in a team sport (baseball, basketball, field hockey, ice hockey, lacrosse, soccer, softball and volleyball) may try out, practice and compete on non-school teams before and after the school season from August 1 to May 31 (there are exceptions for baseball and softball) provided:

The OHSAA's '50 percent limitation' regulation is maintained, meaning the number of students from the same school team on the roster of the non-school team is limited to five (5) students in the sports of soccer, field hockey, ice hockey and lacrosse; four (4) students in the sports of baseball and softball; three (3) students in the sport of volleyball, and two (2) students in the sport of basketball. ***School football team members are prohibited from competing on non-school teams except from June 1 to July 31. All football activities during the June 1 to July 31 period must be non-contact and the only football equipment permitted are helmets and cleats.*** **Note:** Seniors are exempt from these limitations after the conclusion of their sport season.

- There is no limit on the number of students from the same school team that may participate on the same non-school team from June 1 to July 31.
- Check the OHSAA Sport-by-Sport Regulations (available at www.ohsaa.org) for the date you must cease participation on non-school teams in order to be eligible for OHSAA tournament competition along with penalties for non-compliance with this date.

OHSAA Regulations/Guidance On Alcohol, Tobacco, Drugs and Steroids

The OHSAA does not permit the use of any form of alcohol, tobacco or illegal drugs at the site of any interscholastic contests. Besides the health risks involved, use of any of these items will result in you being disqualified from contests and likely facing additional school and legal penalties. There are additional issues related to illicit drugs, such as anabolic steroids and some prescription drugs used with the goal of aiding performance. If you use anabolic steroids or other performance-enhancing drugs of which the OHSAA is aware, you are ineligible for interscholastic competition until medical evidence indicates that your system is free of these drugs.

Another prominent issue is the use of supplements. The increased availability of these items allows student-athletes access to a wide variety of products aggressively marketed in fitness and strength training magazines and websites. Often their marketing campaigns include promises, endorsed by faulty research claims, of extraordinary weight loss, explosive power or tremendous strength gains. It is important for coaches, athletic administrators and parents to educate themselves about what substances student-athletes may be using and about the potential risks involved with uneducated supplement use.

The OHSAA website, www.ohsaa.org, offers a wealth of information for parents, coaches and students about these topics and other healthy lifestyles/sports medicine issues.

OHSAA Regulations On Preparticipation Evaluations and Consent Forms

Before the student's first practice (or prior to the student's first participation should he/she join the team after the season has started), each student must have had a physical examination within the past year and an examination form signed by a medical examiner must be on file at your school. Ask your athletic administrator or licensed athletic trainer about the electronic preparticipation evaluation, the PrivIT Profile, that the OHSAA has launched.

- Physical examinations are valid for participation for 13 months from the date of the exam except for those that take place from May 1-June 1. Those exams are valid for one year plus through the end of the next school year's spring sports season.

In addition, no student will be eligible unless that student and his or her parents have signed the OHSAA Authorization Form, the OHSAA Eligibility & Authorization Statement, the Concussion Form and the Sudden Cardiac Arrest Form, all of which must be on file at your school.

OHSAA Regulations and Expectations On Concussion and Sudden Cardiac Arrest Management

It is everyone's responsibility to take the necessary precautions to reduce the likelihood of brain injuries and sudden cardiac arrest.

In Ohio, any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion, such as loss of consciousness, headache, dizziness, confusion or balance problems, shall be immediately removed from the contest or practice and shall not return to play that same day. Thereafter, the student shall not return to practice or competition until cleared with written authorization from a physician or health care provider approved by the local board in accordance with state law.

Sudden Cardiac Arrest (SCA) is the most common

cause of death among student-athletes, and dizziness, loss of breath and a racing heart are often symptoms that are overlooked. In many cases, recognizing the signs of cardiac trouble means student-athletes can continue their athletic participation.

Each school is required to review both its concussion and sudden cardiac arrest management protocols with students and their parents; each student and his or her parent(s) must review and sign both the Ohio Department of Health's "Concussion Information Sheet" and a "Sudden Cardiac Arrest Information Sheet" prior to participation, and parents and students are highly encouraged to review short video presentations on both concussions and sudden cardiac arrest. Check with your school administrators on where to find these videos.

OHSAA Regulations and Expectations On Sporting Behavior

The OHSAA's vision for positive sporting behavior is built on expectations. It calls on the school community — administrators, teachers, coaches, students, parents and fans — to strive for positive sporting behavior in everything they do by teaching the values of ethics, integrity, equity, fairness and respect.

As a student-athlete, you are expected to accept the responsibility and privilege of representing your school and community while participating in school sports. You are expected to:

- Treat opponents, coaches and officials with respect, and
- Ensure your actions do not incite fans or other participants or attempt to embarrass, ridicule or demean others.

The OHSAA has established a policy for students ejected for unsporting behavior or flagrant fouls. If you are ejected:

- You will be ineligible for all contests for the remainder of that day, and
- You will be ineligible for all contests at all levels in that sport until two regular season/tournament contests are played at the same level as the ejection (one contest in football).

If you are ejected a second time in a season, you are subject to additional, more stringent penalties, including a maximum penalty of suspension from play for the remainder of the season in that sport.

As a participant in school sports, you are expected to act with dignity, speak with courtesy and play with pride. In short, Respect The Game!

Note: The complete OHSAA ejection policy for unsporting behavior can be found in the *OHSAA Handbook* and is posted at www.ohsaa.org.

Interscholastic Athletics

Why We Play The Games

For many of you, playing on your school teams may be the last time you will participate in competitive athletics. As a participant, you should work hard, have fun and strive to be the best. But just as important, you should also strive to be the best students, teammates and members of your community in preparation for the next phase of your life as a responsible adult and productive citizen.

The purpose of interscholastic athletics is to enrich your middle school and high school experiences; promote citizenship and sportsmanship; instill a sense of pride in community; teach lifelong lessons of teamwork and self-discipline, and help you grow physically and emotionally. In short, interscholastic athletic programs are educational in nature and therefore complement a student's school experience.

Other sporting organizations promote free player movement, are primarily designed to promote athletic development of the individual, and provide a showcase for the athletic talents of those individuals. However, these organizations do not share the primary educational purposes of OHSAA member schools and therefore cannot provide the unique type of competition created by the OHSAA through our member schools.

Statistics show that students who participate in interscholastic athletics programs tend to have higher grade-point averages, better attendance records, lower dropout rates and fewer discipline problems than the general student population. Statistics also show that only one percent of all high school participants will earn a Division I college athletic scholarship and approximately five percent will play collegiately in any division. Unlike major colleges and professional sports teams, interscholastic athletic programs do not exist to entertain spectators.

As your parents can attest, middle school and high school go by in a blur, but your memories of participating in school sports will stay with you for a lifetime. The OHSAA wants to make sure your time as an interscholastic athlete is meaningful and memorable.

The privilege of participating in educational athletics is one of the most exciting experiences of your life. You must earn the privilege to participate. Please maintain the proper perspective in this journey and remember why we play the games.

A Look At The

Ohio High School Athletic Association

Participating in your school's interscholastic athletics program is not only a privilege, but also provides memorable experiences. The role of the OHSAA is to:

- Help ensure students are provided a positive environment for athletic participation;
- Ensure all rules, regulations and decisions are fair and equitable for all schools and participants;
- Ensure athletes play under safe conditions, and
- Ensure school sports programs remain a vital part of your educational experience.

Like the other 814 public and non-public high schools and approximately 800 7th and 8th grade schools, your school has volunteered to become a member of the OHSAA. Ohio is one of the top ranked states in the country in regards to participation with over 350,000 high school students competing in 26 sanctioned sports.

The OHSAA Executive Director and his staff are based in Columbus and their primary responsibilities are to:

- Interpret the rules and regulations for member schools;
- Conduct tournaments for high schools including sectionals, districts, regionals and state tournaments, and
- Serve as educators for officials, coaches, administrators and student-athletes and their parents.

To continue as a member of the OHSAA, each school's governing boards annually affirm that their schools will follow the OHSAA bylaws and regulations approved by the membership. Any changes to the bylaws must be approved by a majority vote of member school principals. The OHSAA Board of Directors has the authority to change general sports regulation, sport-by-sport regulations and tournament regulations based on recommendations from the Executive Director's staff.

The OHSAA does not charge schools any membership fees or tournament entry fees. Schools are provided rule-books, educational materials and other printed items along with catastrophe insurance coverage for all participants at a cost of approximately \$600,000 annually. Additionally, schools are reimbursed for many of their tournament expenses and in some sports have the opportunity to keep a portion of receipts from the sale of tournament tickets.

Other key programs and initiatives of the OHSAA include:

- Providing annual scholarships totaling over \$100,000 to students who excel in athletics and academics;
- Licensing, registering and training nearly 17,000 contest officials, and
- Ensuring coaches are certified to work with student-athletes through an on-going coach education program.

Ohio High School Athletic Association Eligibility Checklist

For High School Students Enrolled and/or Participating at an OHSAA Member School (Updated 5/1/19)

Before you play, you must be eligible. Please review the following checklist with your parents. Unchecked boxes may mean you are NOT eligible. For questions, see your principal or athletic administrator.

- ☐ I am officially enrolled in an OHSAA member high school or participating in accordance with state law.
- ☐ I am enrolled in at least five one credit courses or the equivalent, each of which counts toward graduation.
- ☐ I received passing grades in at least five one credit courses or the equivalent, each of which count toward graduation, during the immediately preceding grading period.
- ☐ I have a biological and/or adoptive parent who lives in Ohio.
- ☐ I have not changed schools without a corresponding move by my parents or legal guardian or by qualifying for one of the exceptions to the OHSAA transfer regulation.
- ☐ If I have changed schools (transferred), I have followed up with my new school to ensure that all proper forms (if applicable) have been submitted to the OHSAA Office.
- ☐ I understand I am permitted only eight semesters of eligibility taken in order of attendance, whether I play or not, once I have become eligible for athletics at grade 9.
- ☐ I understand I will become ineligible once I turn 20 years old.
- ☐ I have not received an award, equipment or prize in a sport in which I compete interscholastically valued at greater than \$400 per item per source.
- ☐ I was born in the United States, or I have been approved for eligibility under Bylaw 4-8, International Students.
- ☐ I am competing under my true name and have provided my school with my correct home address.
- ☐ I have not competed in a **mandatory** open gym/facility, conditioning or instructional program outside the school season.
- ☐ I have not been coached or provided instruction **by a school coach** in a team sport in which I participate other than during my sport season, during an instructional period approved by the OHSAA outside the season observing the 50% roster limitation, or for no more than 10 days between June 1 and July 31.
- ☐ I am not competing on a non-school team or in non-school competition as an individual **during my school team's season** in the same sport.
- ☐ I have not been recruited for athletic purposes to attend this school.
- ☐ I am not using anabolic steroids or other performance-enhancing drugs.
- ☐ I have had a physical examination within the past year and it is on file at my school.
- ☐ My parents and I attended a preseason meeting at my school which the OHSAA requires to be held no later than two weeks after the beginning of each sports season. We viewed a presentation prepared by the OHSAA to review key eligibility issues, healthy lifestyles and sporting behavior.
- ☐ My school also reviewed with my parents and me its concussion management protocol, we reviewed and signed the Ohio Department of Health's "Concussion Information Sheet" prior to participation and we reviewed a short presentation on concussions available at no cost at www.nfhslearn.com.
- ☐ My school also reviewed with my parents and me the Sudden Cardiac Arrest video, and we reviewed and have signed the Ohio Department of Health's "Sudden Cardiac Arrest Information Sheet" prior to participation and we reviewed a short presentation on Sudden Cardiac Arrest.
- ☐ My parents and I have signed the OHSAA Authorization Form and the OHSAA Eligibility and Authorization Statement, and they are on file at my school.

Student Printed Name

Parent/Guardian Printed Name

Student Signature

Parent/Guardian Signature

Student Date

Parent/Guardian Date

NOTE: This form has been provided as a service to the OHSAA membership for schools to utilize with student-athletes and their parents/guardians. Use of this form is at the sole discretion of each member school.

SAME SEASON/TWO SPORT POLICY

The administration at Clermont Northeastern recognizes that athletes at Clermont Northeastern may like to participate in more than one sport during a particular season. If a student decides to participate in more than one sport at a time, a discussion must be had between the player, parents, coaches, and administration. If it is deemed possible for the athlete to participate in both the following guidelines will be adhered to:

1. The athlete will declare a primary sport and a secondary sport.
2. A contest will always take precedence over practice in the other sport.
3. A league contest will always take precedence over a non-league contest.
4. A league meet (ex-track) will take precedence over any contest.
5. If league contests are scheduled on the same day, the athlete will participate in his/her primary sport. (Unless the primary sport coach and athlete agree to a release)
6. OHSAA tournament events will take precedence over non-league or league events. In the event that two OHSAA tournaments are held on the same day, the primary sport will take precedence as in #5.
7. If non-league contests are scheduled on the same day, the athlete will participate in his/her primary sport. (Unless the primary sport coach and athlete agree to a release)
8. In the event that it would be possible for an athlete to participate in both sports on the same day, he/she will not be allowed to drive to the second contest. Only an athlete's parent or guardian will be allowed to transport the athlete.
9. Coaches are not to discipline an athlete for a missed practice on a day that the athlete is competing in his/her other sport.
10. On days that an athlete is not in competition, he/she should make an effort to practice both sports. If only one sport can be practiced, it should be the primary sport.
11. All eligibility rules will remain the same.
12. An athlete must begin practicing in each of the two sports at the beginning of each sport's season.
13. **Before being allowed to participate in two sports during a season, the athlete, his/her parents/guardian, Athletic Director, and the two coaches involved must meet and sign below.**

(Student Athlete)

(Parent/Guardian)

(Primary Sport)

(Secondary Sport)

(Primary Sport Coach)

(Secondary Sport Coach)

(Athletic Director)



Clermont Northeastern Athletic Department
Communication Consent Form

In order for a coach to communicate with team members via cell phone or text messaging, written consent is required from the parents of a student athlete. Your consent below will give permission for the coaches and/or any assistant coach to utilize the following methods to communicate information about the athletic program: cellular phone or text messaging. Video chat/calling of any kind on a computer or mobile device is prohibited.

All phone calls or texts to or from the coach(es) must directly relate to the program (i.e.: schedule, practice times, bus times, etc.) and must include nothing personal. Coaches will not respond to phone calls or messages about personal information.

Please complete the form below and return it to your coach as soon as possible. Your cooperation regarding this matter is much appreciated.

_____ I give coach(es) _____
permission to communicate with my child via telephone, cellular phone, or text in order
to share information related to the sport in which they are participating.

_____ I do NOT give the coach(es) permission to communicate with my child via cellular phone
or text. The coach(es) may communicate via home telephone or with me.

The coach(es) may utilize the information provided below in order to communicate information regarding the program in which my child is participating. If no information is provided, my signature confirms that my student will utilize other means to acquire program information.

Student Name: _____

Parent name: _____

Parent Signature: _____

Home Phone: _____ Parent Cell #: _____

Student Cell #: _____ (only include if checking first option above)