

**School Town of Highland**  
**INDIVIDUALIZED DIABETIC HEALTH CARE PLAN**  
**School Year**

**STUDENT:**

Diabetes:	Type 1	Type 2	Date of Diagnosis:
Teacher:			GRADE:
School:			Bus #

**CONTACT INFORMATION**

Parent/Guardian:		Relationship:
Cell #:	Work #:	Home #:
Parent/Guardian:		Relationship:
Cell #:	Work #:	Home #:
Physician:		Phone #:

It is the goal of the Health Service staff and Volunteer Health Aids to establish and document student’s routine for maintaining blood glucose within the goal range while at school. The IHP will be reviewed with relevant school staff and a copy kept in the nurse’s office.

● **Where to check blood glucose:**

Classroom	Nurse’s Office
Other:	

● **When to check blood glucose:**

Before breakfast	Mid-Morning
Before snack	After snack
Before lunch	After lunch
Before PE	After PE
Before dismissal	Other:

● **How to check Blood glucose:**

Finger stick	CGM (Need physician authorization)
Other:	

● **Student self care skills:**

Independent	Supervision
Full Assistance	Other:

- **Brand/Model of BG Meter/Pump:**

Glucometer will be kept:

- **Brand/Model of CGM:**

School Nurses office has access to CGM app to routinely monitor glucose trends.

Not applicable.

## **Hypoglycemia Management:**

### **Student Will:**

- Check blood glucose when hypoglycemia is suspected.
- Will have a “buddy” accompany student to the nurse’s office.
- Treat hypoglycemia following DMMP.
- Keep quick acting glucose available in:
  - Nurse’s Office
  - Classroom
  - Backpack
  - Gym
  - Other:
- Type:
- Report to and consult with parents/guardian and physician as appropriate.

## **Glucagon:**

- **GLUCAGON is to be given if student is unconscious and experiencing low glucose. Give Glucagon according to physician’s orders. CALL 911 immediately, then parents/guardians.**
- **GLUCAGON stored:**

## **Hyperglycemia Management:**

### **Student Will:**

- Check blood glucose when hyperglycemia is suspected.
- Will have “buddy” accompany student to the nurse’s office.
- Treat Hyperglycemia following DMMP.
- Have ketone strips and bottled water available in the nurse’s office.
- Report to and consult with parent/guardian and physician as appropriate.

## **Transportation:**

Car rider

Walker

Bus rider

Health information given to Transportation when applicable.

**Field Trips:**

Parent will attend field trips

Student is self-sufficient per physician and parent, no chaperone needed.

Other:

**Extra-Curricular Activities:**

Parents will inform the nurse of the student's involvement with extra-curricular activities.

Parents are aware that the school nurse will not be present during after school activities.

Basic training and health information sheets will be provided to the staff in charge of activity.

Parents will provide updated DMMP and the school nurse will update the IHP as needed.

**Acknowledged and received by:**

Student's Parents/Guardian Signature

Date

Student's Parent/Guardian Signature

Date

School Nurse's Signature

Date